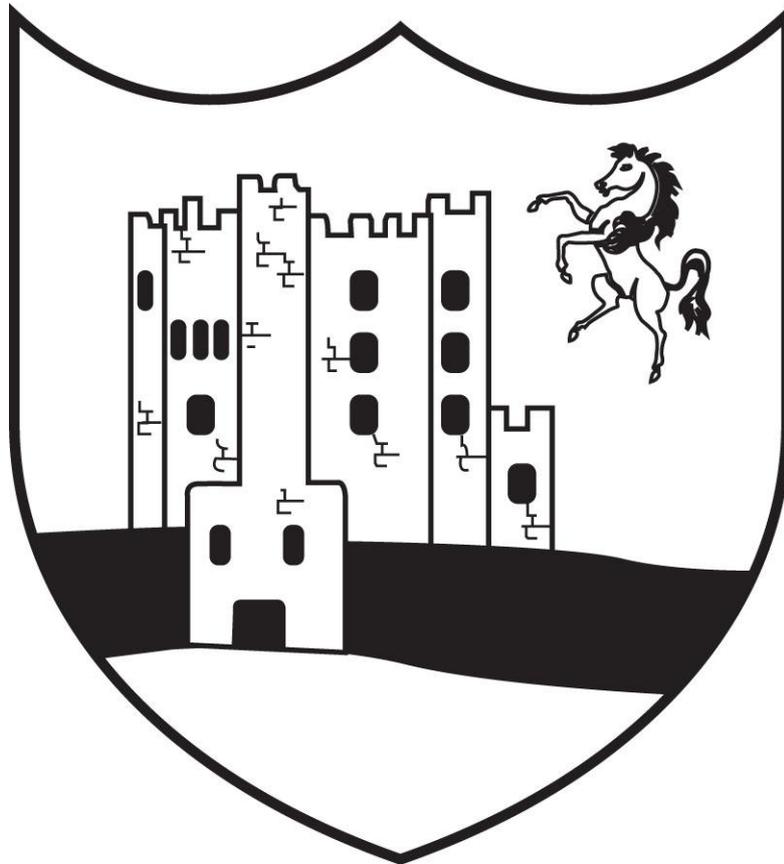


# Balfour Infant School

## Active Travel



Date Written: September 2025

Next Review: September 2026

At Balfour Infant School, the health and welfare of children is fundamental to everything that we do. The choices that we make in the way we travel to school can benefit children's physical and mental health. We encourage staff, pupils, parents and carers to travel to school by cycling, scooting and walking (active travel) wherever possible. For pupils and staff who are unable to walk, cycle or scoot their whole journey to and from school, we encourage the use of public transport, car share or park and stride.

The benefits of active travel are:

- Improving both mental and physical health through physical activity
- Establishing positive active travel behaviour
- Promoting independence and improving safety awareness
- Reducing congestion, noise and pollution in the community
- Reducing the environmental impact of the journey to school

To encourage pupils to cycle or scoot to school frequently the school will:

- Actively promote cycling and scooting as a positive way of travelling
- Celebrate the achievements of those who cycle and scoot to school
- Provide cycle and scooter storage on the school site
- Where possible, provide cycling and scooting workshops and opportunities

As a school to promote active travel:

- All local school trips where possible are made on foot.
- We encourage all members of our school community to walk, scoot, cycle or travel by public transport to school.
- Where a car must be used, we ask all parents to drive only part of the way, park away from the school and walk the last few minutes of the journey ('park and walk').
- We promote safe and active travel as much as possible by using our newsletter and website.
- We participate in local and national schemes to promote active travel.
- Active travel as part of being healthy forms part of the PSHE curriculum.
- We will teach the children about road safety as part of the PSHE curriculum.

For the wellbeing of our pupils, we expect parents and carers to:

- Encourage their child to walk, cycle or scoot to school whenever possible.
- Encourage their child to take up opportunities to develop their competence and confidence in cycling or scooting.
- Provide their child with equipment such as high-visibility clothing, lights, a lock and cycle helmet as appropriate.
- Ensure that the bicycles and scooters ridden to school are roadworthy and regularly maintained.

*Parents and carers are reminded that they are responsible for the safety of their child on the journey to and from school.*

Please note that:

- The decision as to whether a child is competent to cycle, scoot or walk safely to and from school rests with the parent(s)/carer(s). The school has no liability for any consequences of that decision
- Parents are advised to consider appropriate insurance cover (check home insurance) as the school is not liable for, and its insurance does not cover, any loss or damage to bicycles and scooters being used on the way to or from school.

#### Linked Policies

Travel Plan

Physical Activity Policy

#### Monitoring and Evaluation

We will discuss this policy with the pupils and re-visit it periodically to ensure its relevance. This policy has been agreed by Head teacher and governors.