

PARTNERSHIP IN NEURODIVERSITY IN SCHOOLS PROJECT - PINS

Welcome to our 3rd PINs newsletter a bumper edition packed full of information on sessions available to you and your family, through the PINs project.

Information on the sessions are detailed on the following pages, along with who should attend, times/dates and the links to gain access on the day

If you have any questions or trouble accessing the sessions please email us at

pacamkpins@gmail.com

We also have a dedicated PINs page on our website check it out on the details below. If you miss a session check out our website as we may have a recording available for some of our past sessions for you to watch

<https://pacamk.org/pins/>

PARTNERSHIP IN NEURODIVERSITY IN SCHOOLS PROJECT - PINS

**JOIN US ONLINE FOR THE BELOW SESSIONS
DELIVERED BY MKSENDIAS SERVICE**



**MILTON KEYNES
SEND IAS**

Easing the Transition: Helping Your Child Move to a New Year Group

Mon 3rd March – 12pm-1.15pm

**[https://us02web.zoom.us/j/85635519275?
pwd=V4VdrHpQ8FUH7E4GCjclGRKuDaN4R.1](https://us02web.zoom.us/j/85635519275?pwd=V4VdrHpQ8FUH7E4GCjclGRKuDaN4R.1)**

Description: Moving from one year group to another can be a challenging time for children. Join our session designed to provide practical advice and strategies to support your child through this transition. Whether your child is feeling anxious, struggling to adapt, or you simply want to be prepared, this session will provide you with the knowledge and confidence to help your child navigate this important change.

Who Should Attend: Parents and carers of primary-aged children

PARTNERSHIP IN NEURODIVERSITY IN SCHOOLS PROJECT - PINS

Understanding SEN Support: Navigating the Graduated Approach

Tues 25th February-6pm-7.15pm

**[https://us02web.zoom.us/j/81357101110?](https://us02web.zoom.us/j/81357101110?pwd=t1jj0z3lnhcLe31qloaS9PbXt24KlZ.1)
[pwd=t1jj0z3lnhcLe31qloaS9PbXt24KlZ.1](https://us02web.zoom.us/j/81357101110?pwd=t1jj0z3lnhcLe31qloaS9PbXt24KlZ.1)**

or

Mon 24th March – 12pm-1.15pm

**[https://us02web.zoom.us/j/84233098886?](https://us02web.zoom.us/j/84233098886?pwd=PCxheX1bejY8uyzXciDHQxqDXXHUhb.1)
[pwd=PCxheX1bejY8uyzXciDHQxqDXXHUhb.1](https://us02web.zoom.us/j/84233098886?pwd=PCxheX1bejY8uyzXciDHQxqDXXHUhb.1)**

Description: Does your child need extra support with their learning? The SEND Code of Practice says that schools should follow a graduated approach to identify children in need of support, assess their needs, monitor progress, and secure appropriate support. This session provides information on what this process looks like in an educational setting and how schools should support children who do not have an Education, Health and Care Plan (EHCP). Empower yourself with the knowledge to advocate for your child's educational needs.

Who Should Attend: Parents and carers of children on SEN support without an EHCP

PARTNERSHIP IN NEURODIVERSITY IN SCHOOLS PROJECT - PINS

Easing the Transition: Helping Your Child Start Secondary School

Tues 11th March – 12pm-1.15pm

**[https://us02web.zoom.us/j/81475200582?](https://us02web.zoom.us/j/81475200582?pwd=QWug47KGHgkTMDT2d88QI1JVZbNG88.1)
[pwd=QWug47KGHgkTMDT2d88QI1JVZbNG88.1](https://us02web.zoom.us/j/81475200582?pwd=QWug47KGHgkTMDT2d88QI1JVZbNG88.1)**

Description: Starting secondary school is a significant milestone for children and can be a daunting experience for both them and their parents. Join our session designed to provide practical advice and strategies to support your child through this important transition. Whether your child is feeling anxious, struggling to adapt, or you simply want to be prepared, this session will provide you with the knowledge and confidence to help your child navigate this important change

Who Should Attend: Parents and carers of Year 6 children

PARTNERSHIP IN NEURODIVERSITY IN SCHOOLS PROJECT - PINS

Understanding EHCPs: A Workshop for Parents and Carers

Thursday 20th March -12pm-1.15pm

**[https://us02web.zoom.us/j/82454821973?](https://us02web.zoom.us/j/82454821973?pwd=4W0ib5Nt3aAc91NAuxlP7gwrZQg97G.1)
[pwd=4W0ib5Nt3aAc91NAuxlP7gwrZQg97G.1](https://us02web.zoom.us/j/82454821973?pwd=4W0ib5Nt3aAc91NAuxlP7gwrZQg97G.1)**

Description: Are you a parent or carer looking to understand the Education, Health, and Care Plan (EHCP) process better? Join us for an informative workshop where we will delve into the EHCP process and what's included in an EHCP. Guidance on preparing for your first EHCP draft/ annual review meeting. What happens once you receive your draft and final EHC plan. We will also cover the key components of a good EHCP.

Who Should Attend: parents and carers, whether you're new to the EHCP process or preparing for an upcoming review, this workshop will provide valuable insights and practical advice to help you navigate the process effectively.

PARTNERSHIP IN NEURODIVERSITY IN SCHOOLS PROJECT - PINS**Sensory Wellbeing for SEND Families.****MONDAY 3rd MARCH 7pm - 8.30pm****[https://us02web.zoom.us/j/82776124527?](https://us02web.zoom.us/j/82776124527?pwd=2HsmSVHO4xttQxp2MYdDDJV1bAEfQd.1)****[pwd=2HsmSVHO4xttQxp2MYdDDJV1bAEfQd.1](https://us02web.zoom.us/j/82776124527?pwd=2HsmSVHO4xttQxp2MYdDDJV1bAEfQd.1)****or****MONDAY 17th MARCH 10.30am - 12pm****[https://us02web.zoom.us/j/84680752018?](https://us02web.zoom.us/j/84680752018?pwd=shRzwzN5BnfvNhTO3zfQ670UxplRZv.1)****[pwd=shRzwzN5BnfvNhTO3zfQ670UxplRZv.1](https://us02web.zoom.us/j/84680752018?pwd=shRzwzN5BnfvNhTO3zfQ670UxplRZv.1)**

Do you need more support with your sensory child? Are you neglecting your own sensory needs as a parent carer?

Alice Hoyle Author of Becoming a Sensory-Aware School:

A Toolkit to Develop a Whole School Approach for Sensory Wellbeing and sensory Mum of a sensory+ child is offering an interactive workshop on sensory wellbeing for the whole family.

We will consider our 8 senses (we have more than 5!), what Sensory Wellbeing is, reflect on the sensory profiles within our family, consider the window of tolerance and our sensory thresholds. We will explore what Sensory Wellbeing is and adopting a 'common sensory approach', along with how to advocate for our child's sensory needs at school.

If possible you will also need a secondary internet enabled device with a touch screen i.e a phone or tablet to enable to you to interact with the presentation (you can switch between screens but some people find it easier to have two). Bring a notepad and pen to note down some of the signposting and a hand out will be sent out after the session. The session will not be recorded and will not be made available afterwards.



Parent / Carer Webinars

An Introduction to Neurodiversity

In this session we will explore key characteristics of neurotypes such as ADHD, Autism and Dyslexia, cooccurring conditions, executive functioning and support strategies.

Wednesday 15th
January 2025,
1pm

Understanding and Supporting my Child's ADHD

In this session we will explore elements including ADHD subtypes and presentations, executive functioning difficulties, with strategies to support.

Friday 24th
January 2025,
1pm

Understanding and supporting Dyslexia and Dyscalculia

We will explore how dyslexia and dyscalculia may present at home and strategies to support.

Tuesday 28th
January 2025,
1pm
Thursday 6th
February 2025,
1pm

Understanding and Supporting my Child's Mental Health

We will explore potential mental health challenges, identify what to look out for and discuss strategies to support.

Tuesday 11th
February 2025,
1pm

Supporting Neurodiversity in the Home Environment

We will explore how environments can impact our ND child and discuss strategies to adjust elements of the environment to support regulation.

Wednesday 26th
February 2025,
1pm

Neurodiversity and Girls

We will explore prevalence and disparity in diagnosis rates for girls and boys and we will explore how ND may present differently in girls.

Thursday 6th
March 2025,
1pm

Understanding and supporting my child's Dyspraxia

We will explore how dyspraxia may present and strategies to support daily life.

Monday 10th
March 2025,
1pm

Understanding and supporting my child's Autism

We will explore elements including presentations, masking and strategies to support.

Friday 21st
March 2025,
1pm

Empowering my ND Child

This session will explore how to empower your child with strength-based information about neurodiversity and discuss strategies to support from diagnosis to daily life.

Wednesday 26th
March 2025,
1pm

Collaborating with other professionals supporting my Child

This session will focus on advocating for your child, and building collaborative relationships with professional to ensure positive outcomes for your child.



Scan QR code for
tickets or click on the
link here



MENTAL HEALTH SUPPORT for children/young people with SEND in MK

**Do you have experience of accessing
mental health support for your child or
young person?**

**If your answer is "yes", we would like to
hear from you!**

In 2022, PACA MK and Healthwatch Milton Keynes published a report about the experiences of CAMHS and Mental Health support for children and young people with Special Educational Needs and Disabilities (SEND) in Milton Keynes.

We aim to update this report and need your help by sending us your feedback. The final report will be shared with service managers in the NHS.

Individuals will not be identified and your answers will be kept confidential.

Please contact us if you need support to complete the survey, or to receive it in an alternative format.

Here is the link to the
survey
<https://bit.ly/40P7fjQ>
or scan the QR code



The survey will
close on 28th
February.



healthwatch
Milton Keynes

PACA Myth-Buster



**Parents and Carers
Alliance MK**

Who Are We?

- ▶ We are an independent forum for parent carers of children and young people aged 0 - 25yrs with disabilities or additional needs in Milton Keynes.

What Do We Do?

- ▶ We focus on listening to what matters to parent carers.
- ▶ We hold meetings and events, and share questionnaires and surveys.
- ▶ We use social media to share our successes and issues.
- ▶ We share information about resources, events and activities

"We Heard, We Did"

We gather and share feedback via:

- ▶ Updates on our website and social media, newsletters and email bulletins, steering group meetings, face to face forum meetings, events and workshops
- ▶ We feedback to service providers, MK Council and Health about what families have said and that shapes the work we do.

What we DON'T do

- ▶ We're not a protest group.
- ▶ We don't directly provide services, although we do run family events and activities.
- ▶ We do not take on individual cases. However, we do highlight issues to service providers if we receive similar experiences from parents and carers.
- ▶ We're not in the pocket of the Council. Our funding comes from the DfE via the Parent Participation Grant and it is a condition that we remain independent.

We Coproduce

- ▶ We believe that change happens when we all work together.
- ▶ We work with a variety of organisations and local groups
- ▶ We believe that working in partnership is the most effective way to improve the lives of children and young people with SEND.



**"AN INDEPENDENT VOICE INFLUENCING
CHANGE BY REPRESENTING
WHAT MATTERS TO SEND FAMILIES IN MK"**

To find out more, see our website www.pacamk.org.uk



parentsandcarersalliancemk



pacamk



pacamk

SEND Local Offer website!

Special Educational Needs and Disabilities Local Offer

What is the Local Offer?

The Local Offer provides information, support and signposting for children and young people with special educational needs and disabilities (SEND) and their families.



SEND Support Line

Can't access the internet or find what you're looking for on the Local Offer?

Email us on:

SENDSupport@milton-keynes.gov.uk

Regular information, events and support can be found on our Facebook page at:
www.facebook.com/MKSEND



What can I find on the Local Offer?

- A calendar with information on clubs, activities and events in the local area for children and young people with special educational needs or disabilities (SEND) and their families
- A mental health and wellbeing hub, coproduced with our health colleagues
- Information about the Short Breaks scheme and how to apply
- SEND Support advice and information for parents, carers, schools and settings
- Information on EHCPs, including information on processes and how to make an application
- A directory of services in and around Milton Keynes

AND MUCH MORE!!!!

For more information, please visit our website

<https://www.mksendlocaloffer.co.uk/>

SEND Newsletter

Milton Keynes SEND team and Parents and Carers Alliance (PACA MK) work together to produce a half termly SEND newsletter.

The newsletters includes information about:

- Local events, holiday time events, where to use Short Breaks vouchers
- The team - profiles of new and existing staff
- Resources for parents and carers

To sign up visit the link below and enter your email address:

<https://public.govdelivery.com/accounts/UKMK/signup/32649>



MK Milton Keynes
City Council