



Health

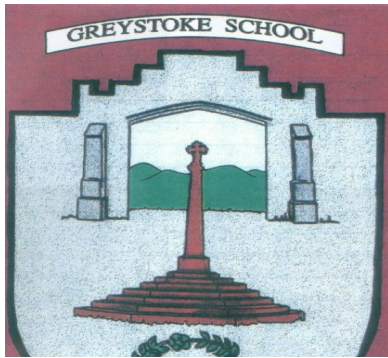


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Friday 15th May 2026
Dear Parents,

Gowbarrow Hall Farm: Farm, Food and Landscape

As part of our science and geography work, I would like to take the children to Gowbarrow Hall Farm. The project 'Farm, Food and Landscape' is intended to further children's understanding of how food is produced, the impact of food production on the landscape and how it gets from farm or market garden to table. The timetable for this project is:



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Tuesday 2nd June : Gowbarrow Hall Farm focusing on map reading and land use; exploring the human and physical characteristics of the landscape, environmental impact and changes over time. The field work will be to find how glacial development created the landscape.

Tuesday 9th June : Gowbarrow Hall Farm focusing on regenerative farming, tending to livestock and the impact this has on the landscape; an exploration of bio-diversity and using microscopes to determine healthy soil



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Tuesday 16th June :Basecamp North Lakes focusing on categorising and sorting ingredients according to food miles; cooking and tasting produce using Gowbarrow Hall minced beef and harvested vegetables; an opportunity to learn about sustainability.

The children will need to wear suitable outdoor clothing and have wellingtons or sturdy waterproof boots. They will travel by coach and return back to school in time for lunch. Our Brass lesson will still be on in the afternoon so please can children bring their instruments and school uniform for the afternoons.



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There will be no charge for these trips as everything has been fully funded by the project. Please email to confirm that you are happy for your child to go on the trip by Monday 18th May 2026.

Thank you,
Jeanette Matthews



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