

# Swim Bike Run

everyone  
ACTIVE



**Tuesday**

**4.30pm - 6pm**

**8 -14 year olds**

**£4 per session**

## Weekly Sessions

For children and young people, to build confidence and take part in triathlon style activities.

Whether it's learning new skills, staying active or the start of the journey to competition.

No experience needed, there will be coaches on the day to guide you through activities.

Bikes and helmets will be provided or you're welcome to bring your own.

Bring a water bottle.



For more information contact

[JessicaBurtenshaw@everyoneactive.com](mailto:JessicaBurtenshaw@everyoneactive.com)

To make a booking see our reception staff or call 01332 414310.

Pre-booking is required and spaces are limited.

Moorways Sports Village  
Moor Lane  
Allenton  
Derby  
DE24 9HY

