



Asthma Policy

Pupils with Asthma are welcome in school and will be encouraged to take a full part in all the activities of the school.

The school accepts the responsibility of advising all its staff (teachers, teaching assistants and lunch-time welfare assistants etc.) in practical asthma management. We will seek to make close links with the school nursing service, who will play an important role in educating the staff in asthma management and we will encourage their involvement.

The school will undertake to ask all parents if their child has asthma or is very wheezy and if they have to use an inhaler. This is done when a child starts at the school and then updated every year during the Autumn term. Parents will be asked to meet with the head teacher (Sarah Bashora). The school will maintain a record of all pupils with asthma and will endeavour to obtain details of every child's treatment from parents, together with *clear guidance on correct usage* and known triggers. A list of pupils who have asthma is kept in the school office and all teachers have a copy of the list. A list is also kept in the school registers to inform supply teachers. Parents should ensure that inhalers are clearly labelled with the child's name. Teachers should inform parents when an inhaler is empty or out of date.

Pupils with asthma, who need a reliever inhaler, should be encouraged to have two inhalers, one at home and the other kept in school. Pupils need instant access to reliever inhalers at all times. Delay in taking relief treatment can lead to a severe asthma attack and can in rare cases be fatal. The school will try to ensure that any pupil has easy access to his/her inhaler at all times whether in the classroom, the playground, the sports field, the pool, during lunch-time and breaks and on school educational visits. This will be discussed and agreed by school staff and parents.

All **risk assessments** for visits off site must include arrangements for pupils who have asthma and require inhalers. Teachers leading extra-curricular clubs should ensure that they are aware of pupils needing inhalers before the club starts.

The school will liaise with individual parents about whether the child or the adult should hold the inhaler. The school will aim to allow the pupil with asthma to take a full part in all school activities unless the pupil is severely affected.

During games and P.E. activities the teacher or sports coach will be aware of pupils with asthma who need to use an inhaler either before or during exercise. Pupils will not be forced to participate in games or exercise if they say they are too wheezy to continue. The teacher will ensure that the pupil takes the inhaler to the pool or the sports field. Any teacher who feels that a pupil is becoming too over-reliant on their reliever inhaler or has poorly controlled asthma must report their feelings to either the parents or the head teacher, who will contact the parents. The school does not allow smoking to take place, as passive smoking may be responsible for triggering an asthma attack.



With God We Grow

Headteacher: Mrs S Bashora

If a child with severe asthma needs to use a nebuliser to deliver his/her drugs, the head teacher will liaise with the parents and the school nurse to ensure correct management of the nebuliser.

If classroom pets are likely to cause problems for children with asthma, the school will ensure that the asthma sufferer does not come into contact with the pets.

If a child has an asthma attack at school

If a child has an attack they should be treated according to their individual health care plan if they have one or the '**Action flowchart**' (**APPENDIX 3**) included within this policy. Parents will be informed if a child has an asthma attack at school.

An ambulance should be called if:

- The symptoms do not improved sufficiently in 5 – 10 minutes.
- The child is too breathless to speak.
- The child is becoming exhausted.
- The child looks blue.

Use the following links to access external information on this subject :

www.asthma.org.uk

www.nhsdirect.nhs.uk



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APPENDIX 1 Symptom and action flowchart for asthma attack





Clayton le Woods C E Aided Primary School

With God We Grow

Headteacher: Mrs S Bashora

Policy to reviewed January 2027

