

Flourishing in this subject could mean in the future you could be a/an:
community education coordinator, PE teacher, sports coach, firefighter, horse riding instructor, personal trainer, professional dancer, ski instructor

Year 5 Holly

- **Outdoor and Adventurous Activities - Orienteering**
- **Fundamental Movement Skills games**
- **Dance - critiquing movement and sequence to music**
- **Gymnastics -performance and sequences using apparatus, Net/wall games - badminton**
- **Invasion games - tag-rugby, Swimming**
- **Striking/fielding games - kwik cricket**
- **Athletics - running, throwing, jumping**

Year 3 - Beech

- **Invasion games - skittle ball, Outdoor and Adventurous Activities - teamwork**
- **Invasion Games - Basketball, Circuit training**
- **Invasion games - hockey, Net/wall games - tennis**
- **Invasion games - tag-rugby, invasion games football**
- **Athletics, Striking/fielding games - kwik cricket**

Year 1 - Oak

- **Multi skills, gymnastics - making shapes**
- **Indoor athletics, gymnastics - making shapes and development of balance**
- **Games - rolling, dance - movement through music**
- **Games - overarm throw, games - kicking**
- **Athletics - fundamental movement skills**

