

Flourishing in this subject could mean in the future you could be a/an:
community education coordinator, PE teacher, sports coach, firefighter, horse riding instructor, personal trainer, professional dancer, ski instructor

Year 5 Holly

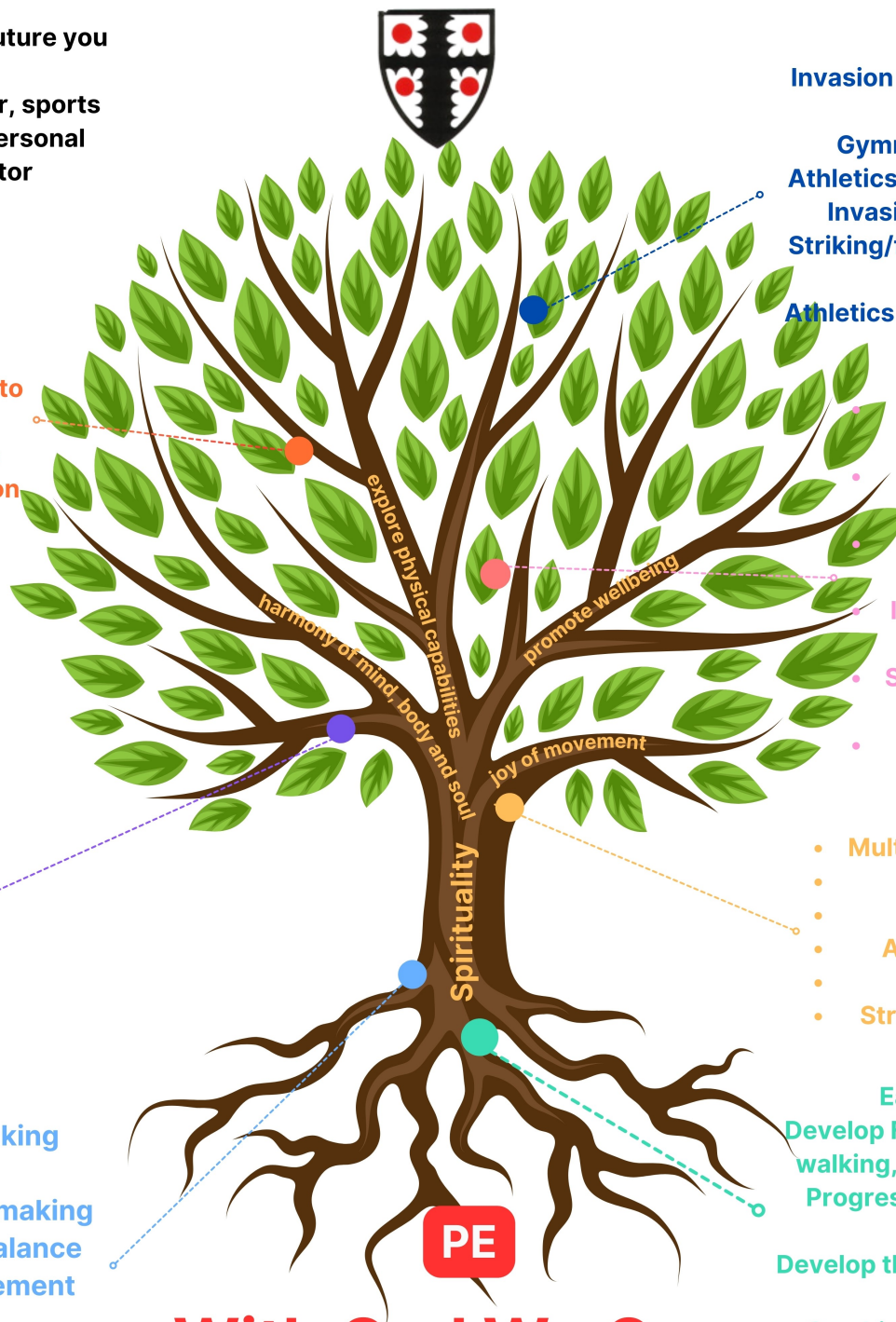
- Outdoor and Adventurous Activities - Orienteering
- Fundamental Movement Skills games
- Dance - critiquing movement and sequence to music
- Gymnastics - performance and sequences using apparatus, Net/wall games - badminton
- Invasion games - tag-rugby, Swimming
- Striking/fielding games - kwik cricket
- Athletics - running, throwing, jumping

Year 3 - Beech

- Invasion games - skittle ball, Outdoor and Adventurous Activities - teamwork
- Invasion Games - Basketball, Circuit training
- Invasion games - hockey, Net/wall games - tennis
- Invasion games - tag-rugby, invasion games football
- Athletics, Striking/fielding games - kwik cricket

Year 1 - Oak

- Multi skills, gymnastics - making shapes
- Indoor athletics, gymnastics - making shapes and development of balance
- Games - rolling, dance - movement through music
- Games - overarm throw, games - kicking
- Athletics - fundamental movement skills



Year 6 - Elder

Invasion Games - basketball, Outdoor and Adventurous Activities - orienteering
Gymnastics - sequencing, Dance - performance
Athletics - indoor athletics, Net/wall games - badminton
Invasion Games - netball, Net/wall games - tennis
Striking/fielding games - kwik cricket, Invasion Games - hockey
Athletics - running, jumping, throwing, Invasion Games - tag-rugby

Year 4 - Silver Birch

- Invasion - netball, Outdoor and Adventurous Activities - map skills and orientation
- Circuit training, Gymnastics - developing mirroring
- Dance - dance routines, Net/wall games - badminton
- Invasion games - basketball, Invasion games - hockey
- Striking/fielding games - kwik cricket, Invasion Games - tag-rugby
- Athletics - running, jumping and throwing skills, Net and wall - tennis

Year 2 - Elm

- Multi-skills, outdoor and adventurous activities
- gymnastics - building a sequence
- Dance expression of movement
- Athletics - development through athletics
- Invasion games - hockey, handball
- Striking and fielding - kwik cricket, athletics - fundamental movement skills

Early Years - Reception - Ash and Willow

Develop Fundamental movement skills: rolling, crawling, walking, jumping, running, hopping, skipping, climbing
Progress towards a more fluent style of moving, with developing control and grace.
Develop the overall body strength, co-ordination, balance and agility

Combine different movements with ease and fluency
Confidently and safely use a range of large and small apparatus indoors and outside,
Further develop and refine a range of ball skills

With God We Grow