



Sex Education and Relationship Policy

November 2025

Date of Review: October 2025
Approved by: Trust Board
Next Review Date: October 2026

1 Definition

1.1 Effective Sex Education and Relationship Education:

- is essential if young people are going to make responsible and well informed decisions about their lives;
- should help and support young people through their physical, emotional and moral development and help prepare them for the opportunities, responsibilities and experiences of adult life;
- should recognise the importance and nature of marriage and stable relationships and their importance for family life and for the bringing up of children, where respect, love and care are paramount;
- should help young people respect themselves and others and help them move with confidence from childhood, through adolescence into adulthood, giving them the skills, knowledge and understanding they need to lead healthy and independent lives;
- should provide accurate and relevant information:
 - i. teaching young people about human sexuality and how this applies to sexual relationships.
 - ii. exploring the reasons for delaying sexual activity.
 - iii. provide information about where to find appropriate advice and support on sexual issues.
 - iv. and ensure that the teaching is appropriately set for the age and maturity of the young people.

1.1 The Trust needs to help young people develop confidence in talking, listening and thinking about sex and relationships.

2 Parents' Rights

2.1 Parents are key people in teaching young people about sex, relationships and growing up but sometimes find this task difficult. Vision Multi Academy Trust should support parents working in partnership with them.

2.2 Parents do not have the right to withdraw their child from any part of the Sex and Relationship Education and it is hoped that this document and information made available will encourage parents to support the academy in its teaching of Sex and Relationship Education within a properly structured teaching programme.

3 Provision

3.1 Effective Sex and Relationship Education is an entitlement for all young people and is largely provided by an external organisation which comes into the schools to provide expert advice and guidance.

- No-one (teacher or pupil) will have to answer a personal question.

- No-one will be forced to take part in a discussion.
- Only the correct terms for body parts will be used.
- The meanings of words will be discussed in a sensible and factual way.

3.2 Young people are taught to respect other peoples' opinions, listen without interrupting, and only use language that will not offend others and not to refer to other peoples' personal lives.

3.3 Activities may involve group work, class discussion or debate, sheets, information sheets and leaflets. We also utilise a bank of outside agencies to visit lessons with appropriate expert knowledge and materials on the internet when young people are researching topics.

4 Monitoring and Evaluation

4.1 Visiting Health Professionals will be made aware of the Trust's policy, and agree to be bound by it, before working with a class or individuals. However, when they are in their professional roles they should follow their own professional codes of conduct.

5 Confidential Policy

5.1 Teachers need to be aware that effective Sex and Relationship Education which brings an understanding of what is and what is not acceptable in a relationship, can lead to disclosure of a child protection issue.

5.2 Vision Multi Academy Trust has a child protection and safeguarding policy and designated staff with responsibility for child protection.

5.3 Teachers cannot offer a guaranteed pupil unconditional confidentiality.