



Dear Fitzwilliam Families

It has been a vibrant and busy week across the year groups, filled with both ancient discoveries and modern-day wellness. Our Year 5 and 6 students stepped back in time for a spectacular Egyptian Day, immersing themselves in the wonders of the Nile — They had a go at writing their names in hieroglyphics, mummifying tomatoes and creating their own pyramids using only scrap paper and tape. They even found some time to 'Walk like an Egyptian!'. Meanwhile, our younger learners received a special visit from the school nursing team for an interactive session on healthy eating. The children had a fantastic time learning how to fuel their bodies with nutritious foods and understanding the importance of a balanced plate. It is wonderful to see our pupils growing both in their academic knowledge and their personal wellbeing.

Have a lovely weekend.  
Swinton Fitzwilliam Team

## REMINDERS

Please order your child's lunch daily.  
Ensure you have added any dietary needs to the Live Kitchen/School Grid

## Attendance

Maintaining good attendance is absolutely vital to children achieving their potential in school. Here at Swinton Fitzwilliam we are striving to meet the target of **97%** attendance across school.

**Whole school this week- 94%**

**Winners: Willow 99%**

### **Class Attendance:**

- Oak - 96%
- Willow - 99%
- Birch -88%
- Beech - 96%
- Rowan - 91%
- Sycamore- 92%
- Acorn- 92%
- Oranges- 88%
- Pear - 94%
- Cherry- 98%
- Apple- 96%



Reflectiveness



Responsibility



Collaboration



# OUR STARS OF THE WEEK

Seedlings	Arlo S	Jasper C	Willow	Aksaya V	Aubree Y
Acorn	Francis W	Isla T	Oak	Thomas R	Georgia P
Oranges	Poppy H	Freddie A	Birch	Ava P	Tashi S
Pear	Grayson K	Elizabeth W	Beech	Lily HR	Bella L
Apple	Riley B	Harry L	Rowan	Jacob H	Dawson B
Cherry	Dylan P	Blair R	Sycamore	Mason C	Ciara T

Curiosity



Resilience

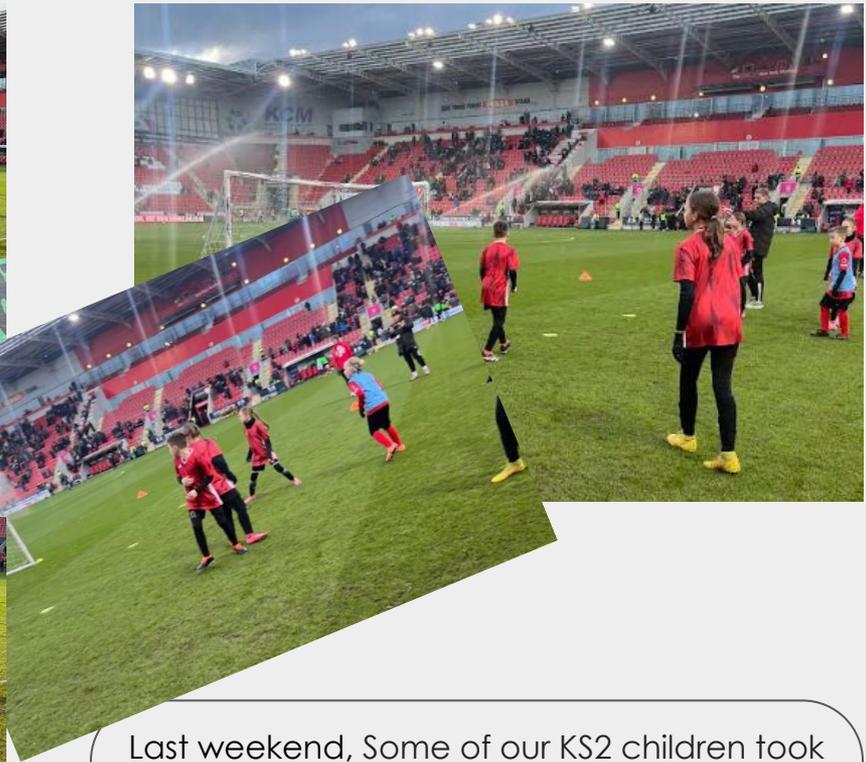


Creativity



Kindness

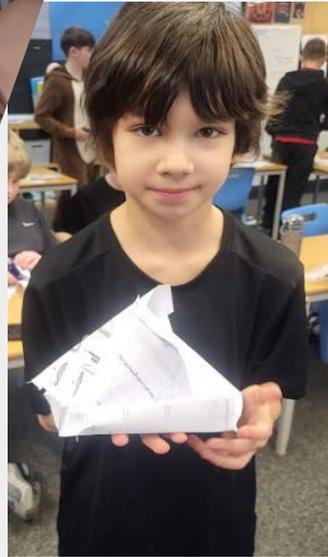




Last weekend, Some of our KS2 children took part in RUCT's half time cup on Saturday at the Rotherham game. We lost 1-0 but showed true resilience and great sportsmanship. They played really well and made us so proud! We also "enjoyed" having front row seats to watch Rotherham play against Wimbledon.



# Walk like an Egyptian!





## South Yorkshire FIRE & RESCUE

197 Eyre Street  
Sheffield  
S1 3FG

Tel: 0114 2727202  
Fax: 0114 2632266

Chris Kirby  
Chief Fire Officer & Chief Executive

Date: Winter 2025/2026

Dear Parents,

South Yorkshire Fire and Rescue would like to bring to your attention the dangers of young people playing on frozen water as well as entering icy open water.

### Our key messages for children across the county are:

- **Frozen water:** Do not go on to frozen lakes, ponds, canals and reservoirs under any circumstances. Children and pets are particularly at risk when tempted to play on the ice formed on open water during cold weather. Do not walk or climb onto the ice to attempt a rescue and certainly don't get into the water. You may become the next casualty.
- **Cold water shock:** The UK is a cold water country which means no open water is above 15 degrees. A public swimming pool is between 26-28 degrees. Many fatalities are caused by the cold temperature and how it affects someone when they enter the water. Firstly, it causes a deep intake of breath, during which dirty water will usually be mixed with the air breathed in. Blood will be directed to the core to protect major organs, restricting supply to their arms and legs which are needed for swimming. This makes it very difficult for someone to swim and is often how lives are lost.
- **Pets:** Should be kept on leads when near frozen water and owners should refrain from throwing objects onto the ice for them to retrieve.

Don't give in to peer pressure from your friends, the ice may look solid from the surface but will not hold your weight and could crack when stood on. It could be the last thing you do.



[www.syfire.gov.uk](http://www.syfire.gov.uk)

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## South Yorkshire FIRE & RESCUE

### What to do if you or your friends get into trouble in the water

- If someone can't climb out of the water, it is not advisable, as many people think, to move about in the water to keep warm while waiting for help. Instead, they should conserve their energy by keeping as still as possible.
- If you see someone fall through ice or in trouble in the water call 999 and ask for the fire service. Keep your eyes on them until we arrive. Do not walk or climb onto the ice to attempt a rescue.
- If you fall into the ice keep calm and shout for help. Spread your arms across the surface of the ice in front of you. If the ice is strong enough, kick your legs to slide onto the ice. Lie flat and pull yourself towards the bank. If the ice breaks, work your way to the bank by breaking the ice in front of you away. If you cannot climb out, wait for help and keep as still as possible. Press your arms by your side and keep your legs together. Keep your head clear of the water. Once you are safe, go to hospital immediately for a check-up.
- **What3Words:** Please make all young people aware of this location app. Download it to their smartphone so that if they do get into difficulty we can locate them efficiently, even if they are in a remote area.

For more advice on enjoying the water safely go to [www.riss.org.uk](http://www.riss.org.uk) or [www.rnli.org](http://www.rnli.org)

Kind Regards,

C. Huxley



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