

## **Policy for Physical Education (PE)**

### **Introduction**

This policy outlines the teaching, organisation and management of the Physical Education taught and learnt at Shelton Infant School.

### **Intent**

At Shelton Infant School our intent when teaching Physical Education (PE) is to:

- promote and develop healthy lifestyles using a combination of teacher-led PE lessons, specialist practitioners and coaches, daily physical activity and access to high quality outdoor resources (including the adventure playground, the Nursery garden, the reception outdoor area, the Forest Schools area and a varied selection of playground equipment).—
- develop pupils' competence to excel in a broad range of physical activities;
- ensure pupils are physically active for sustained periods of time;
- engage pupils in competitive sports and activities;
- teach children how to lead healthy, active lives;
- allow children to enjoy participating in sports, learning to work together as teams, to celebrate success and to develop resilience in times of challenge.

### **Implementation**

We progressively cover the aims of the Physical Education National Curriculum and the statutory framework for the Early Years Foundation Stage Profile (Physical Development). Our whole school progression of skills document and half termly knowledge and skills organisers for PE have been created by teachers working together using the *Complete PE* scheme as a framework. This ensures learning is broken down into small steps and shows clear progression. Our long-term plan is an overview of PE taught across the year in all year groups. It is informed by the Complete PE Scheme who have validated our curriculum progression document and knowledge and skills organisers. PE medium term planning is based on the National Curriculum, EYFS Curriculum and Complete PE schemes of learning for each unit. Weekly plans are informed by the Complete PE scheme, using their Suggested Sequences of Learning per unit. These documents are used to ensure that the knowledge and skills that teachers want the children to know, remember and use are clearly identified and carefully sequenced from Nursery to Year 2. This also ensures continuity and progression of teaching and learning.

All children have the opportunity to participate in PE at their own level of development, with teachers ensuring that lessons cater for individual needs. As well as securing and building on a range of skills, children develop knowledge of the basic rules of a range of games and sports. Children learn in a safe environment and develop a foundation for lifelong physical activity. Children will build their physical, mental and emotional resilience and confidence across a range of PE disciplines and be provided with fun and engaging opportunities to develop their gross motor and fundamental movement skills, as well as their agility, balance and coordination. The children will learn to evaluate their own

and others performances, providing thoughtful and constructive feedback to encourage progress.

PE provision is further enhanced by after-school clubs delivered by Derby County Community Trust.

### **Assessment**

Assessments form an integral part of the teaching process as they inform and guide future planning. Informal assessments are used for day to day planning in the form of annotations on weekly PE planning, by the class teacher or teaching assistants.

Teachers regularly assess children's knowledge and skills using ongoing formative assessment and complete summative assessments at three points during the year.

### **Impact**

The PE subject leader monitors weekly and medium term planning regularly through Share Point. Teaching is monitored through lesson observations and learning walks by both the PE subject leader and the Headteacher. Pupil discussions are also carried out termly. Staff are included in the development and evaluation of planning, teaching, learning and assessment of PE during staff meetings and INSET days. Staff attend regular CPD provided through the Derby County Community Trust amongst other providers. Moderation happens in year groups, key stage and whole school meetings and alongside other primary schools.

### **Equal Opportunities**

All children will be given equal access to our PE curriculum.

### **Parental Involvement**

Parents are kept informed about their child's learning in PE throughout their time at Shelton Infant School. This is done in a number of ways.

- Half termly newsletters inform parents of the areas of focus in Physical Education.
- In the spring term parents have the opportunity to take part in our Mini Morning Motivator sessions, showcasing some of the skills and knowledge that the children have been learning about, followed by a healthy breakfast snack.
- An overview of our Physical Education curriculum is available on the school website.
- The Physical Education policy is available on the school website.
- Parents evenings.
- School Sports Day and Nursery Sports Day events are held annually. Parents are invited to spectate.

