

Truth – Being honest
Respect – Being Fair
Unity – Being Friendly
Sincerity – Being Genuine
Tolerance – Being accepting

Brading CE (Controlled) Primary School



We are a Team that Trust each other to unlock potential.
Tel: 01983 407217 email – admin@bradingcepri.iow.sch.uk

News from Brading CE Primary School

Headteacher: Mrs B Gilbert

Our Christian Values: TRUST - TRUTH, RESPECT, UNITY, SINCERITY, TOLERANCE -

This week our focus has been on TRUTH

17th April 2026

Dear Parents and Carers,

I hope you all had a restful and enjoyable half term. It has been a pleasure to welcome the children back to school this week and to see them settling so quickly into their routines. The school has been full of energy and enthusiasm, with pupils eager to reconnect with their friends and engage in their learning. Classrooms have been buzzing with activity and it has been wonderful to see such positive attitudes across all year groups. I look forward to seeing how well the children progress over the coming weeks.

Topics – This week has been even more amazing as each class has started with their new topics. The hooks can be found further down the newsletter, Please take a look.

Attendance Week – This week we carried out another attendance week. Thank you for supporting us with this. It has been amazing to see everyone's enthusiasm and how it has helped to raise the whole school attendance. We are always looking at ways to further increase our attendance figures. If you have any ideas please come in and see Mrs Willshire.

Seaview Sailing Lessons – On Tuesday our year 5 students went along to Seaview Yacht Club to start their lessons which will be carrying on for this term. This session was about orientating themselves with the dinghy park, collecting and getting all their kit and then putting it on. They wore a wetsuit, splash jacket, buoyancy aid and vest on top. They then learnt how to tack (change direction) whilst in a boat but still on dry land ready for next week.

Our new FREE Breakfast Club – It's been wonderful seeing new faces to our Breakfast Club in the mornings which is now free. We have a variety of breakfast food items for the children to choose from each day if you would like your child to attend please book in via Schoolmoney.

Meeting Royalty – Myself and Miss Matson went along to Brading Roman Villa with 3 pupils to meet HRH The Duke of Edinburgh. To showcase the work that the year 3,4,5&6 children have completed throughout the year with the Roman Villa. The experience was truly amazing and the children represented the school perfectly.

YEAR 6 SATS – With SATS only 3 weeks away our year 6 children have been doing amazing with all of their revision in preparation for this. If you feel your child would benefit from Mr Bakers SATS BOOSTER Club after school on Tuesdays please let him know. I have listed the schedule below:

Monday – SPAG and Spelling

Tuesday – Reading

Wednesday – Maths Paper 21 & 2

Thursday – Maths Paper 3

Children are welcomed to come into school from 8am this week for SATS revision and breakfast club. All children must be in school by 8.20am ready for an 8.30am SATS to start.

Creative Workshop – Today we welcomed Troubadour into school to visit our years 3,4,5&6 children for a creative workshop. The children all had an amazing time and cannot wait for them to return in the autumn

Getting Warmer – Now that the temperature has started to rise can you please ensure children still bring a warm, waterproof coat into school every day, it's not quite warm enough to be wearing only a jumper and we still have the wind and rain making an appearance every now and again. Please make sure all items are named to prevent them from getting lost!

Outstanding payments – We still have debt outstanding from last term. You need to log on to SchoolMoney to check for any outstanding balances that may be due. Please make sure that all monies owing to school are paid in full. If your child will continue to have school dinners, please make sure you have put enough credit on the account to cover any future payments. If you are experiencing financial difficulties, please do contact the office. All calls will be dealt with in the strictest of confidence.

Have a fabulous weekend and see you all on Monday.

Mrs Gilbert

P.S – Please don't forget Mrs Willshire and myself are available from 8.30am everyday if you need to discuss anything. All teaching staff are not available in the mornings but will be available after school only

Collective worship this week – we have been continuing to focus on Tolerance
Bible Reflection - "With all humility and gentleness, with patience, bearing with one another in love."

School Reminders

Safeguarding Reminders

Safety End of the day Pick up - We have reminded all of the children that they should stay with their adult when they leave. Once you have picked up your child from school please make sure that they stay with you. Year 5 & 6 children who leave school without an adult, please remember you are representing the school and to be safe at all times. All roads are dangerous and I don't want any accidents happening, especially as the evenings are still quite dark. In addition, can I please remind you about parking sensibly. There are residents who also live along this road and we all should be considerate of this. – If your child is not attending their fun club, you will need to let the office know and sign them out. Children attending clubs in Years 5&6 still need to be collected by an adult after. Don't forget that we need to keep the entrance of school clear in case the emergency services need to attend. This includes the yellow zigzag zone is strictly no parking.

Wraparound Care Booking – Remember that there is a new way to book Wraparound. Ideally, we will need a week's notice of any bookings for Wraparound. To make sure the booking is secure for wraparound, we will require you to send us an email and make payment on School Money. Do not assume your child has a place until you receive an acknowledgement from the school office. Any bookings made on school money without contacting the office will be invalid. Without an email sent to the office and a confirmation email back from the school office we cannot book any Wraparound.

Other Reminders

Absences/Illness - Please make sure if your child is going to be absent from school due to illness, medical appointments or any other reasons, you need to provide the office with a phone call, email or pop into the office (also any supporting letter you may have) on the day of the absence to inform them. Remember to please keep your child off of school for 48 hours after the last episode of diarrhoea and vomiting before bringing your child back into school. If we do not hear from you by 9.15am we will ring you. This is part of our duty of care and our safeguarding to ensure everyone is kept safe. We have changed our answer phone so you are unable to leave a message, you will need to ring the office from 8.45am daily and talk directly to us and let us know the reason your child is unable to attend school.

Headlice – We have started to see a rise with Headlice in school. It is important to check your child's hair for head lice. The best technique is to use a head lice comb when the hair is wet, leaving in conditioner and combing the hair in sections. When the hair is wet, head lice cannot move so they are easier to comb out. Please note that they do not jump or fly, you can only catch head lice from head to head contact. Treat appropriately: the wet combing technique eradicates the lice and eggs. This should be done every 3 to 4 days over a 2-week period to break the life cycle. If you require further information please have a look at the following website: <https://www.chc.org/how-to-treat-head-lice-and-nits-successfully/> Children who become clear of head lice can be re-infected at school. You can help to tackle this by following good prevention, by being vigilant to spot any new infections or re-infections and by seeking prompt treatment if you find any head lice.

Weekly Focus

Lunch boxes/Bags – Please remember that the children can only use hard plastic lunches boxes in school. Please do not send your child in with a material one. Also, we cannot have rucksacks in the classrooms. Please send your child in with a drawstring bag or a book bag that can fit in their trays.

Dates for Your Diary

May

4th – Bank Holiday

11th – 14th – Yr. 6 SATS exams

22nd – End of Term

June

1st – First day back at school

Foodbank Vouchers

Mrs Willshire is able to issue Foodbank Vouchers to anyone who may be struggling. Please email Mrs Willshire to request one if required.

Jo.willshire@bradingcepri.iow.sch.uk

Attendance

Whole School Target: 95%
Current weekly % = 86.47%

Class	% Last Week
Antigua	100 %
St Lucia	100 %
Cuba	92.2 %
Hawaii	77.3 %
New Zealand	87.6%
Galapagos	88.6%
Jamaica	83.8%



Penalty Notice Fines for School Attendance are Changing.

As set down by the Department for Education, penalty notices can be issued for unauthorised absence. With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notice Fines issued after 19th August 2024.

Per Parent, Per Child

Penalty Notice Fines will now be issued to each parent, for each child that was absent.

For example:

3 siblings absent for term time leave, would result in each parent receiving 3 separate fines.

5 consecutive days of term time leave

Penalty Notice Fines will be issued for Term Time Leave of 5 or more consecutive days. INSET training days are school days and can be included in the 5 or more consecutive days where there was intent to be absent for term time leave.

10 sessions of unauthorised absence in a 10-week period

Penalty Notice Fines will be considered when there has been 10 sessions of unauthorised absence in a 10 week period.

1 First Offence

The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be:

£160 per parent, per child paid within 28 days.

Reduced to £80 per parent, per child if paid within 21 days.

2 Second Offence

Within 3 years

The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be: £160 per parent, per child paid within 28 days.

3 Third Offence

And Any Further Offence (Within 3 years)

The third time an offence is committed for Term Time Leave or Irregular Attendance a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent, per child.

Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate, due to 'failure to safeguard a child's education'.

Attendance Traffic Light System



90% and below

90 - 95%

96 - 100%

Concern
Drastic affect on academic achievement.

Cause for Concern
We work with our EWS Officer who will conduct home visits when attendance becomes a concern

Excellent attendance!
Keep up the good work.

MISSING SCHOOL = MISSING OUT!
96 – 100% attendance equates to 4- 7 days off each year
90-95 % attendance equates to 9-20 days off each year (50-100 lessons lost)
90% and below equates to 20-30 school days off each year (100-150 lessons lost)

We want our children at Brading CE Primary to enjoy coming to school.
Research proves that there is a high correlation between school attendance and academic performance and success.
Absence from school is often the greatest single cause of poor performance and achievement.
Ensuring children attend school is crucial for the welfare of children and safeguarding their wellbeing.

EVERYDAY MINUTE COUNTS



5 minutes per day

3 school days lost per year



15 minutes per day

10 school days lost per year



25 minutes per day

19 school days lost per year

If you have any safeguarding concerns within the school or the community please see the below poster. These are our school Designated Safeguarding Leaders. They are always here to help.



Safeguarding

is everyone's responsibility



If you have concerns regarding a child in our school or community please report immediately to a DSL or DDSL.

Designated Safeguarding Lead



Mrs Beverley Gilbert

Deputy Designated Safeguarding Leads



Mrs Jo Willshire



Miss Clare Matson



Mrs Alison Attwell

Contact information:

Isle of Wight MASH – 01983 823436

LADO – 01983 823723 (only call if urgent otherwise use online form)

Safeguarding Governor – Dave Piggott & Pat Redfern



Wraparound care prices:

FREE Breakfast Club (from 7.45am)

Wraparound until 4pm - £6

Wraparound until 5pm - £8

Wraparound until 6pm - £12 (this needs to be agreed by Mrs Gilbert with prior notice)

Wrap Around number – 07864599219

All to be booked via Schoolmoney and email sent to admin with 24 notice

Class emails:

antigua.class@bradingcepri.iow.sch.uk

cuba.class@bradingcepri.iow.sch.uk

stlucia.class@bradingcepri.iow.sch.uk

newzealand.class@bradingcepri.iow.sch.uk

galapagos.class@bradingcepri.iow.sch.uk

jamaica.class@bradingcepri.iow.sch.uk

hawaii.class@bradingcepri.iow.sch.uk

PE Days:

Cuba - Friday

St Lucia - Wednesday

New Zealand - Wednesday

Galapagos – Thursday/Friday

Jamaica – Tuesday/Thursday

Hawaii – Tuesday

Children are to come in their PE kits on these days.

Coats, Hats and Scarves

Now that the temperature has started to rise can you please ensure children still bring a warm, waterproof coat into school every day, it's not quite warm enough to be wearing only a jumper. Please make sure all items are named to prevent them from getting lost!

Thank you

Fun Clubs:

Mon – Sports Activities at the Bay
for Yr. 5&6

Tues – Yr. 6 SATS BOOSTER Club

Tues – KS1 Geography Club

Tues – KS1 Netball Club

Tuesday – KS2 Cooking Club

Please contact the office to book.

Makaton

As part of our ongoing learning here at Brading Primary School we focus on a Makaton symbol every week.

Here is our next Makaton sign.



SCHOOL LUNCH

WHAT'S COOKING?

SCHOOL MENU WEEK COMMENCING 20th April 2026

We also offer Vegetarian options, tomato pasta as well as jacket potatoes, baguettes and sandwiches with a selection of fillings each day.

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pizza Tex Mex Vegetable Fajita	Beef Burger Beany Vegetable Burger	Roast Gammon Bean & Cheese Pastry Turnover	Chicken & Vegetable Korma Macaroni Cheese	Fish Fingers Quorn Nuggets
Banana Oat Bite	Chocolate Cookie	Caramel Mousse	Chocolate Brownie	Lemon Cookie

THIS WEEK AT BRADING

ANTIGUA

Our first week back after Easter has been a busy one. Our topic is springtime growing, we have been planting cress seeds and watching them start to grow. We have also started to plant some beans, which has been fun as the book we are reading is Jasper's beanstalk. The children have been able to retell the story and have enjoyed measuring themselves to see how tall they are. We have had a few different tuff trays with some vegetables and a farm to pretend to plant them.

We have also done some lovely beanstalk pictures.



CUBA

This week we have been busy exploring spring and growing, our book is Jack and the Beanstalk. We have been painting beans, flowers and vegetable, leaf printing. The children have enjoyed lots of sensory trays involving shaving foam, compost and flour. Our favourite activity was exploring real flowers, we enjoyed smelling them, scrunching and touching. The children have continued to learn about the zones of regulation and our emotions.



ST LUCIA

This week in St Lucia class we started our topic Spring time, Growing time! We have been reading the story Jack and the Beanstalk and the children have drawn and written some amazing sentences and words about Jack climbing the huge beanstalk! We also talked about signs of spring and went for a walk around the school grounds to look for these, the children worked together to create a large sticky frame filled with signs of spring. Finally, we ended the week with doing some leaf and bark rubbings and planting our own beanstalks. We can't wait to see how big our own beanstalks grow!



THIS WEEK AT BRADING

NEW ZEALAND

New Zealand have been comparing lengths and heights and using this to solve problems. In English, we have been reading The Lighthouse Keepers Lunch and will be writing the story. In science, we have been identifying and naming animals. In PSHE, we have been looking at healthy eating and different food groups.



GALAPAGOS

What a great first week back we have had in Galapagos class! We had a very exciting start to the week with our hook into our new topic 'The UK'. We explored famous landmarks of London and then each child created their own piece of art on one of the landscapes, we have put them all together to create our very own London skyline. In science we started our Plants topic and we set up an investigation exploring 'Does light affect plant growth?' We will observe our plants over the half term and then draw a conclusion from our results. Linking to our topic The UK we also explored the counties and cities that make up the UK as well as have a go describing the cities locations. Well done Galapagos class, have a lovely weekend!

JAMAICA

This week in Jamaica class, we have been busy preparing for SATs week. In maths, we have been revising topics that we have learnt across the year. We have looked at multiplication and division. In English, we have started a plan for our diary entry which will be written about a day in our life at school. In year 5, we have started our new topic: Trading and economics. We learnt what import and export mean, and applied this to countries that trade with the UK.

HAWAII

This week in Hawaii Class the children started their new topic all about the UK. We looked at London on a map and said what we already knew about it. Next, we looked up famous London landmarks and what they are used for. We used this information to make a map of London with its famous landmarks.



Class HOOKS for this Term

ANTIGUA

Spring time, growing time - Spring in our community walk.

We will be exploring signs of spring in our school community and will be making signs of spring nature pictures to show where we found spring. Minibeasts - making bug hotels - the children will have to collect lots of natural materials to make their own bug hotels and then keep observing to see what's living in them. Dinosaurs - what's in the egg? A large egg has appeared in our classroom but the children will have to work out how to crack it open to find out what's inside.

CUBA

Springtime/ growing- we will be looking for signs of spring on a walk and planting seeds in our class pots. Mini beasts/ lifecycles - We will be exploring a mystery egg in a tuff tray and hatching caterpillars, watching them turn into butterflies. Discovering dinosaurs- we will be exploring sensory trays with dinosaurs and hatching our very own dinosaur.

ST LUCIA

Spring time, growing time - Spring in our community walk.

We will be exploring signs of spring in our school community and will be making signs of spring nature pictures to show where we found spring. Minibeasts - making bug hotels - the children will have to collect lots of natural materials to make their own bug hotels and then keep observing to see what's living in them. Dinosaurs - what's in the egg? A large egg has appeared in our classroom but the children will have to work out how to crack it open to find out what's inside.

NEW ZEALAND

In Summer 1, New Zealand class is exploring 'Coast to Coast.' We will be learning about the countries and seas in the United Kingdom. For our hook, we are visiting the RNLI at Bembridge.

GALAPAGOS

Our hook for our topic the UK is to explore and identify London landmarks and then create our own London skyline artwork with silhouettes of the London landmarks.

JAMAICA

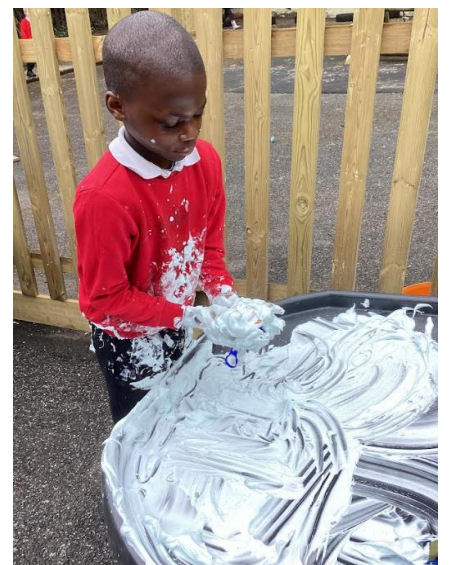
Jamaica class will be doing the trading game- the children will each make up part of a country and will have to use the skills and knowledge on trading built up over the half term to work out how to strategically trade with other countries.

We will be switching our hook to the end of the topic this half term due to SATs

HAWAII

Hawaii Class researched famous landmarks in London and what they are used for and then created a bird's eye view of London using lego, k'nex and drawing. Some of the landmarks we made were the London Eye, Big Ben, Buckingham Palace and the O2.

This week in photos









Meeting HRH Prince Edward at Brading Roman Villa



Friends of Brading

If you would like to support the school and the children by arranging some fun, exciting events while raising much needed funds, please let the office know! Absolutely anyone who has a connection with Brading Primary can become a 'Friend of Brading'. Mums, Dads, Guardians, Carers, Grandmas, Grandads – you are all welcome to join



Social media has its benefits for connecting with friends, sharing experiences and widening their understanding of broader issues beyond their local community. The challenge with connecting and sharing experiences via social media is that these shared experiences are often via images. Wanting to fit in and caring about their physical appearance is a perfectly normal part of adolescence. However, with the easy access of image changing software and filters, this physical appearance is often not the reality, further increasing the pressure for young people to gain or portray unreal perceptions.



What parents need to know about SOCIAL PRESSURES LINKED TO 'APPEARANCE'



ONLINE APPEARANCE AND MENTAL HEALTH

The opportunity to change physical appearance through social media apps is creating a high level of perfectionism for children to portray themselves (and compare themselves to images which are sometimes unreal). This can lead to anxiety, depression and poor self image and an overall sense of never feeling good enough. Having poor self image can affect the way that your child interacts with others and how we care for ourselves.

AIRBRUSHING

Refers to the retouching done to an image that changes the reality of the photo. It may include removing people, objects, altering body shapes or creating identities like acne or scars. The digital technology to enable airbrushing is now widely and easily available for desktop computers and social media apps. It is sometimes known as 'Photoshop'.



FILTERS

Filters applied to manipulate a photograph are another way of creating a distortion of what is real. Software within social media apps reconfigure your face and skin to look more aesthetically pleasing. As innocent and fun as these filters may seem, they are sending a message that we are more attractive when our features are modified.



APPS WHICH CHANGE APPEARANCE

These relate to free downloadable apps or options within social media apps which create a fun and easy way to alter your appearance. They are designed to be fun and can become addictive because once an altered image is used, it is very difficult to revert back to an unaltered version of themselves.



MULTIPLE PHOTOS FOR THE PERFECT IMAGE

Taking multiple shots to capture the perfect image to put onto social media is another way of disguising reality. Creating an image which receives approval from peers through multiple comments and likes exacerbates the desire for a perfect picture and the approval for continuing to achieve the perfect image.



Safety Tips for Parents

QUESTIONS TO CONSIDER BEFORE TALKING TO YOUR CHILD

- Do most of their social media photos have a filter/image changing app on them?
- How often do they talk about their physical image in a negative way?
- Do they often talk about wanting to gain comments and 'likes'?
- Are they excessively anxious about their physical appearance, to the point it impacts on their every day life?

If you have answered yes to most of these questions, then it would be a good idea to have a discussion about their use of image altering apps.

DON'T GO COLD TURKEY

Talk with your child about taking one unfiltered image of themselves and sharing it with family first and then posting on social media. Perhaps ask other members of the family to send or post an unfiltered picture of themselves.



BE COMPLIMENTARY

Whilst improving body image starts with the child's image of themselves, complimenting them daily on their personality and qualities will provide external, positive encouragement about themselves, away from just their physical appearance.



DAILY APPRECIATION

When we have the sense that we are not good enough, we can feel like we are always falling short. You and your child together might want to create a gratitude journal, board with post-it's or a wise board where you write down things that you are grateful for or appreciate. This could range from the weather to a kind deed or to a piece of work that went well.

CHANGE THE STORY

We all have a narrative or a story we've created about ourselves that shapes our own self-image. Sometimes automatic negative thoughts like 'you're fat' or 'you're ugly' can be repeated in your mind so often that you start to believe they are true. These thoughts are learned, which means they can be unlearned. You can start with helping your child rewrite the story into a more positive assertion or story. This will link to complimenting and daily appreciation.



WHEN TO GET HELP

If your child becomes overly dependent, withdrawn or there is a change in behaviour over a prolonged period of time, they may need some professional support to help them. <http://www.bacp.co.uk/search/therapists> <http://www.theeatc.org.uk/> is good organisation as a source of support if your child wants to reach out for support themselves.



Meet our expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.





School Readiness Workshop

Starting primary school is an exciting time for your child and your family. The 'School Readiness Workshop' can help your whole family prepare and be ready for school life.



Dates:

Ryde Family Hub – Thursday 23rd April 9.30am to 11.30am

Newport Family Hub – Thursday 4th June 12.30pm to 2.30pm



To book a free place on the workshop, please scan the qr code or book via the Eventbrite link.

<https://iowfamilycentres.eventbrite.co.uk>

Drop-in Sessions

For parents of Early years children with emerging



SEND

Please scan the QR code for more information and to book

Come and join us for a friendly and informal drop in session, designed to provide support, advice, and a chance to connect with other parents and carers.

21st April 2026- Newport Family Centre

21st May 2026- Sandown Family Centre

22nd June 2026- Ryde Family Centre

21st July 2026- Newport Family Centre

***9.30am - 10.30am or
10.30am - 11.30am***



**Isle of Wight
Council**

NHS
Hampshire and
Isle of Wight Healthcare
NHS Foundation Trust



Never miss school notifications

Download the School Jotter Mobile App today and you'll get:

-  News and message notifications
-  School calendar access
-  Other links to useful resources



Download APP from one of the above APP Stores

Go in as guest

Click Search

Type in Brading in the search bar at the top

Click on Brading

Click Select

You won't need to do this each time

Raise funds for us for FREE

with  easyfundraising



Join as our supporter today at:

www.easyfundraising.org.uk/support-a-good-cause

Just search for:

The Friends of Brading - Sandown

8,000+ retailers will donate to us whenever you shop with them



JOHN
LEWIS



Plus, you'll get...



Exclusive retailer offers



Competitions



A warm feeling inside!

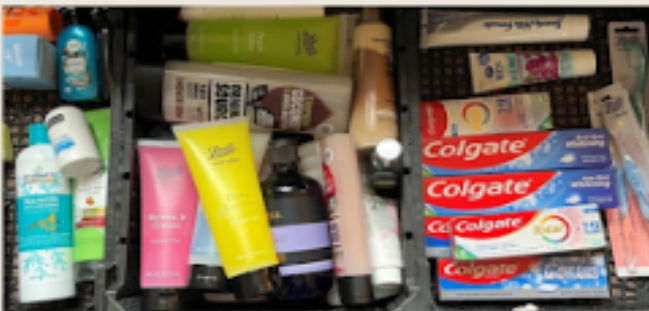
Over
£60m
raised for UK good causes

£0
extra cost to anyone



The Isle of Wight Salvation Army

Working together to fight against hygiene poverty



Providing people with essential hygiene and household cleaning items.

If you are experiencing financial difficulties and as a result experiencing hygiene poverty please speak with a professional. Your GP, children's school, social worker etc and request a hygiene bank referral.

If you do not have a professional contact please contact the Isle of Wight Salvation Army hygiene bank on the details below .

Contact Us

📞 01983 526312

✉️ IsleofWight@salvationarmy.org.uk

📍 72 Pyle Street, Newport,
Isle of Wight, PO30 1UJ

Please contact Mrs Willshire via email: jo.willshire@bradingcepri.iow.sch.uk if you require this service.

Occupational therapy

Parent advice sessions

The NHS Occupational Therapy Team will be running monthly parent advice sessions. These sessions are open to any families which don't have an existing referral.

The sessions will be with an Occupational Therapist and an Assistant.

The team will be able to give advice, signpost to other services / charities and support with completing a full referral to Occupational Therapy if it is felt the needs discussed require a full assessment.

The team will be able to support with advice around:

- Self Care tasks - e.g. washing, dressing, using cutlery, toileting
- Fine motor skill development
- Play skills
- Preschool / school readiness



Session Dates for 2026

(more dates and locations may be added if required):

15 Jan, 19 Feb, 19 March, 16 April, 21 May and 18 June.

Slots will be available at 9am, 10am and 11am.

Appointments will last for 45mins.

To book, contact the department on **01983 534520** or via email to **iownt.paediatric-ot-mailbox@nhs.net**

Sessions will take place at the Childrens Therapies Department,
St Mary's Hospital, Newport, Isle of Wight

Scan for our Padlet's
and information

Additional Information and Services



We have created a number of Online Notice Boards, known as Padlet's, full of information and guidance on a range of topics, including:

Best Start in Life

Early Language

Oral health

**Infant Feeding
Support**

**Nutrition and
Healthy Eating**

**Neurodiverse
Information, Resources
and Services**

Toileting

**School
Readiness**

**Health Visitor
Drop-in Clinics**



Parent and Caregiver Peer Support Sessions

Where: Gunville Methodist Church Hall

When:



11th September 2025 (10am - 12 noon)

6th November 2025 (10am - 12 noon)

15th January 2026 (10am - 11am)

5th March 2026 (10am - 12 noon)

7th May 2026 (10am - 12 noon)

Come along to meet with other parents / caregivers for an informal meet up and chat about your neurodiversity journey. Refreshments provided. No need to book, just turn up.

Free onsite parking.

Webinars

We host a range of webinars, that all parents and caregivers are welcome to join:

- Accepting Adolescence
- Break-Through 'Behaviour'
- Child to Parent Violence
- Feel without Fear
- Navigating Neurodivergence
- Reestablishing Routines
- Seasonal Sensory Awareness
- Sleep

Parent Peer Support Groups

We host regular parent peer support groups and drop in sessions. (Details available upon request).



Isle of Wight Neurodiversity Team

Let's Walk Together on This Journey

- Celebrate neurodiversity.
- Understand strengths and differences.
- Support each child's growth every step of the way on the Isle of Wight.



If you have difficulty understanding this document, please contact us on 01983 821000 and we will do our best to help you.

Isle of Wight Neurodiversity Team

Parent Information Leaflet

2025/2026

Delivered by the Isle of Wight
Neurodiversity Team

Neurodiversity Team – Embracing Strengths, Supporting Journeys (0–19 years, Isle of Wight)

We value each child's unique neurotype and collaborate to provide respectful, practical support for families, schools, and professionals across the Isle of Wight.

Our Team

We bring together a network of specialists including:

- Family Support Workers
- Neurodiversity Practitioners
- Sleep Practitioners

Each professional contributes to a holistic, strengths-based approach co-created with families and settings.

What Is Neurodiversity?

Innate differences (e.g., autism, ADHD, dyslexia, dyspraxia, Tourette's, sensory needs): natural variations in brain function.

Acquired differences: brain changes arising from life experiences like trauma or health conditions.

Our Vision & Mission

- A **needs-led, island-wide response**, with clear pathways for support.
- A **system-wide approach**, involving health, education, local services, and community partners.
- Promoting **timely, meaningful strategies** at home and in educational settings.
- **Empowerment through awareness** of evidence-based, affirming support.

How We Support You

Signposting & Universal Guidance No diagnosis needed—access support, resources, and community links.

30-Minute 1:1 Consultations Confidential support sessions to explore needs and co-develop tailored strategies.

Neurodiversity Profiling Tool A collaborative visual assessment across nine developmental areas to spotlight strengths and areas for support.

Training & Workshops For families, schools, and organisations—building neuro-knowledge and inclusive practices.

Inclusion & Impact

- **Strength-Based & Neuro-Affirming** We celebrate and validate neurodivergent ways of being.
- **Collaborative Co-Production** Families, schools, professionals, and young people partner in decisions and support planning.
- **Evidence-Informed, Practical Strategies** Tools that work in real life—home, school, and community.

Accessing Support

- Contact us directly to discuss needs or book consultations.
- Referrals welcome from families, schools, health professionals, or community organisations.



Parent and Caregiver Peer Support Sessions

11th June 2026 (9am – 11am) Cowes Family Centre

16th July 2026 (9am – 11am) Carisbrook & Gunville Church

16th September 2026 (9am – 11am) Ventnor Family Centre

16th October 2026 (9am – 11am) Sandown Family Centre

18th November 2026 (9am – 11am) Carisbrook & Gunville Church

13th January 2027 (9am – 11am) Carisbrook & Gunville Church

10th February 2027 (9am – 11am) Carisbrook & Gunville Church



Drop in for a chat, a cuppa and shared experiences

No booking needed



Cowes Family Centre –
Love Lane, Cowes PO31 7ET
Carisbrook & Gunville Church
Gunville Road, Newport
PO30 5LS
Ventnor Family Centre
Albert Street, Ventnor PO38 1EZ
Sandown Family Centre
The Fairway, Sandown PO36 9EQ

Isle of Wight
Neurodiversity
Team