

Truth – Being honest
Respect – Being Fair
Unity – Being Friendly
Sincerity – Being Genuine
Tolerance – Being accepting

Brading CE (Controlled) Primary School



We are a Team that Trust each other to unlock potential.
Tel: 01983 407217 email – admin@bradingcepri.iow.sch.uk

News from Brading CE Primary School

Headteacher: Mrs B Gilbert

Our Christian Values: TRUST - TRUTH, RESPECT, UNITY, SINCERITY, TOLERANCE –

This week our focus has been on TRUTH

13th March 2026

Dear Parents and Carers,

I can't quite believe there is only two school weeks until we break up for Easter. Which means only 10 get ups, time just seems to be running away from us.

What a lovely service we have had to celebrate Mother's Day this morning, thank you so much to everyone who came in to join us, it was lovely to see the children enjoying having you all come in for a special Collective Worship. Also, a big thank you to the church for coming in and leading a lovely worship.

School Visits – We have had two classes out this week. St Lucia went to Tapnell Farm on Tuesday. They all had the best time and their favourite part was feeding the Wallabies. Thank you to Miss Silk, Mrs Lendon, Mr Earley and Mrs Redfern for joining the children on such an amazing visit. Galapagos went on their Brading Roman Villa visit on Wednesday. The children walked from school to the Villa via the Downs route which was exciting. They all had a great time learning key information for their topic and were amazing school ambassadors. Thank you to Miss Fuller, Miss Strickland, Miss Reddall and Mr Pigott for joining the children. I look forward to hearing all about the next ones.

Red Nose Day Competitions – We will be taking part in Red Nose Day on Friday 20th of March. This week a competition sheet went home with the children. I am asking the children to design their very own red nose. I would love the children to be as imaginative as they can be. They could choose a sea themed one, a farm, different patterns or just simply a colour. Alongside this I would love the children to come up with their funniest joke. The winners from each class will be able to read their jokes out in Collective Worship on that day. Please can all Red Nose Designs and Funniest Jokes be sent back into school by Monday 16th March. There will be prizes given to the winners of each class.

Mock SATS week for year 6

The last week of term year 6 will be sitting a mock SATS week in their classroom and with the staff they will be undertaking the SATS week. This is a great way of easing them into the week so they know what to expect when the real testing takes place in May. Mr Baker has asked that all children are to arrive on time for this as they will be doing revision practises before the tests begin. If anyone has any further questions please do not hesitate in contacting myself or Mr Baker, we are happy to help.

SATS Week - Year 6 children will be sitting their SATS exams from Monday 11th May until Thursday 14th May. Below is a breakdown of each day.

Monday – SPaG and Spelling

Tuesday – Reading

Wednesday – Arithmetic, Reasoning paper 1

Thursday - Reasoning paper 2

Outstanding payments - We are coming to the end of the financial year, please log on to SchoolMoney to check for any outstanding balances that may be due. Please make sure that all monies owing to school are paid in full. If your child will continue to have school dinners, please make sure you have put enough credit on the account to cover any future payments. If you are experiencing financial difficulties, please do contact the office. All calls will be dealt with in the strictest of confidence.

Upcoming events – Please pop the following dates in your Diary

- **Red Nose Day (20.03.26)** – Children are welcome to come dressed wearing stars and stripes. We are asking for a £1 donation from each child to wear MUFTI. We will be donating all money raised to the Red Nose Day Appeal.
- **Parent Session (25.03.26) 3pm** – Please pop into the office to book an appointment to see your child's teacher. For Hawaii class, we will contact you with another date soon for the parent/carer session.
- **Easter Service at St Marys Church 1pm start (27.03.26)** – Everyone is welcome to come and join us. If you would like to walk up with your child to church please arrive at school for 12.30pm

Have a fabulous weekend and remember my door is always open.

Mrs Gilbert

P.S – Please don't forget Mrs Willshire and myself are available from 8.30am everyday if you need to discuss anything. All teaching staff are not available in the mornings but will be available after school only

Collective worship this week – we have been continuing to focus on Respect
Bible Reflection –

School Reminders

Safeguarding Reminders

Safety End of the day Pick up - We have reminded all of the children that they should stay with their adult when they leave. Once you have picked up your child from school please make sure that they stay with you. Year 5 & 6 children who leave school without an adult, please remember you are representing the school and to be safe at all times. All roads are dangerous and I don't want any accidents happening, especially as the evenings are still quite dark. In addition, can I please remind you about parking sensibly. There are residents who also live along this road and we all should be considerate of this. – If your child is not attending their fun club, you will need to let the office know and sign them out. Children attending clubs in Years 5&6 still need to be collected by an adult after. Don't forget that we need to keep the entrance of school clear in case the emergency services need to attend. This includes the yellow zigzag zone is strictly no parking.

Other Reminders

Absences/Illness - Please make sure if your child is going to be absent from school due to illness, medical appointments or any other reasons, you need to provide the office with a phone call, email or pop into the office (also any supporting letter you may have) on the day of the absence to inform them. Remember to please keep your child off of school for 48 hours after the last episode of diarrhoea and vomiting before bringing your child back into school. If we do not hear from you by 9.15am we will ring you. This is part of our duty of care and our safeguarding to ensure everyone is kept safe.

Headlice – We have started to see a rise with Headlice in school. It is important to check your child's hair for head lice. The best technique is to use a head lice comb when the hair is wet, leaving in conditioner and combing the hair in sections. When the hair is wet, head lice cannot move so they are easier to comb out. Please note that they do not jump or fly, you can only catch head lice from head to head contact. Treat appropriately: the wet combing technique eradicates the lice and eggs. This should be done every 3 to 4 days over a 2-week period to break the life cycle. If you require further information please have a look at the following website: <https://www.chc.org/how-to-treat-head-lice-and-nits-successfully/> Children who become clear of head lice can be re-infected at school. You can help to tackle this by following good prevention, by being vigilant to spot any new infections or re-infections and by seeking prompt treatment if you find any head lice.

Sharing Worship – Please remember the change in time for Sharing Worship moving forward. These will take place on Friday mornings from 8.35am. We will always contact you via text inviting you along if your child has received a certificate.

Water Bottles – Please can I remind you that children should only be bringing water in with their bottles each morning. We have started to see a rise in squash being used.

Lunch boxes/Bags – Please remember that the children can only use hard plastic lunches boxes in school. Please do not send your child in with a material one. Also, we cannot have rucksacks in the classrooms. Please send your child in with a drawstring bag or a book bag that can fit in their trays.

Weekly Focus

Wraparound Care Booking – Remember that there is a new way to book Wraparound. Ideally, we will need a week's notice of any bookings for Wraparound. To make sure the booking is secure for wraparound, we will require you to send us an email and make payment on School Money. Do not assume your child has a place until you receive an acknowledgement from the school office. Any bookings made on school money without contacting the office will be invalid.

Dates for Your Diary

March

20th – Red Nose Day (wear spots and stripes)

23rd – Mock SATS Week

25th – Parent Sessions – Please pop into the office to book

27th – Easter Service at St Marys Church at 1pm.

27th – Last day of term for Easter

April

13th – First day back at school

May

11th – 14th – Yr. 6 SATS exams

Foodbank Vouchers

Mrs Willshire is able to issue Foodbank Vouchers to anyone who may be struggling. Please email Mrs Willshire to request one if required.

Jo.willshire@bradingcepri.iow.sch.uk

Attendance

Whole School Target: 95%
Current weekly % = 86.03%

Class	% Last Week
Antigua	95.7%
St Lucia	100%
Cuba	88.2%
Hawaii	88.2%
New Zealand	93.3%
Galapagos	82.9%
Jamaica	81.4%



Penalty Notice Fines for School Attendance are Changing.

As set down by the Department for Education, penalty notices can be issued for unauthorised absence. With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notice Fines issued after 19th August 2024.

Per Parent, Per Child

Penalty Notice Fines will now be issued to each parent, for each child that was absent.

For example:

3 siblings absent for term time leave, would result in each parent receiving 3 separate fines.

5 consecutive days of term time leave

Penalty Notice Fines will be issued for Term Time Leave of 5 or more consecutive days. INSET training days are school days and can be included in the 5 or more consecutive days where there was intent to be absent for term time leave.

10 sessions of unauthorised absence in a 10-week period

Penalty Notice Fines will be considered when there has been 10 sessions of unauthorised absence in a 10 week period.

1 First Offence

The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be:

£160 per parent, per child paid within 28 days.

Reduced to £80 per parent, per child if paid within 21 days.

2 Second Offence

Within 3 years

The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be: £160 per parent, per child paid within 28 days.

3 Third Offence

And Any Further Offence (Within 3 years)

The third time an offence is committed for Term Time Leave or Irregular Attendance a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent, per child.

Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate, due to 'failure to safeguard a child's education'.

Attendance Traffic Light System



90% and below

90 - 95%

96 - 100%

Concern
Drastic affect on academic achievement.

Cause for Concern
We work with our EWS Officer who will conduct home visits when attendance becomes a concern

Excellent attendance!
Keep up the good work.

MISSING SCHOOL = MISSING OUT!
96 – 100% attendance equates to 4- 7 days off each year
90-95 % attendance equates to 9-20 days off each year (50-100 lessons lost)
90% and below equates to 20-30 school days off each year (100-150 lessons lost)

We want our children at Brading CE Primary to enjoy coming to school.
Research proves that there is a high correlation between school attendance and academic performance and success.
Absence from school is often the greatest single cause of poor performance and achievement.
Ensuring children attend school is crucial for the welfare of children and safeguarding their wellbeing.

EVERYDAY MINUTE COUNTS



3 school days lost per year



10 school days lost per year



19 school days lost per year

If you have any safeguarding concerns within the school or the community please see the below poster. These are our school Designated Safeguarding Leaders. They are always here to help.



Safeguarding

is everyone's responsibility



If you have concerns regarding a child in our school or community please report immediately to a DSL or DDSL.

Designated Safeguarding Lead



Mrs Beverley Gilbert

Deputy Designated Safeguarding Leads



Mrs Jo Willshire



Miss Clare Matson



Mrs Alison Attwell

Contact information:

Isle of Wight MASH – 01983 823436

LADO – 01983 823723 (only call if urgent otherwise use online form)

Safeguarding Governor – Dave Piggott & Pat Redfern



Wraparound care prices:

Breakfast Club - £4 (from 7.45am)

Wraparound until 4pm - £6

Wraparound until 5pm - £8

Wraparound until 6pm - £12 (this needs to be agreed by Mrs Gilbert with prior notice)

Wrap Around number – 07864599219

All to be booked via SchoolMoney

Class emails:

antigua.class@bradingcepri.iow.sch.uk

cuba.class@bradingcepri.iow.sch.uk

stlucia.class@bradingcepri.iow.sch.uk

newzealand.class@bradingcepri.iow.sch.uk

galapagos.class@bradingcepri.iow.sch.uk

jamaica.class@bradingcepri.iow.sch.uk

hawaii.class@bradingcepri.iow.sch.uk

PE Days:

Cuba - Friday

St Lucia - Wednesday

New Zealand - Wednesday

Galapagos – Thursday/Friday

Jamaica – Tuesday/Thursday

Hawaii – Tuesday

Children are to come in their PE kits on these days.

Coats, Hats and Scarves

Now that the temperature has dropped, can you please ensure children have a warm, waterproof coat in school every day. Children can wear hats and gloves at break and lunch times, but scarves may only be worn to and from school for health and safety reasons. Please make sure all items are named to prevent them from getting lost!

Thank you

Fun Clubs:

Mon – Sports Activities at the Bay
for Yr. 5&6

Mon – KS1 Easter Club

KS2 – Gardening Club

Tues – Yr. 6 SATS BOOSTER Club

Wednesday – Yr. 1,2&3 Sports Club

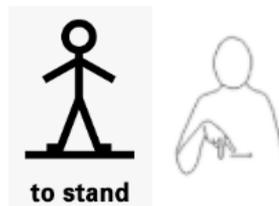
Thursday – New Carnival Club KS 1/2

Please contact the office to book.

Makaton

As part of our ongoing learning here at Brading Primary School we focus on a Makaton symbol every week.

Here is our next Makaton sign.



Attendance Traffic Light System



90% and below

90 - 95%

96 - 100%

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EVERYDAY MINUTE COUNTS



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SCHOOL LUNCH

WHAT'S COOKING?

SCHOOL MENU WEEK COMMENCING 16th March 2026

We also offer Vegetarian options, tomato pasta as well as jacket potatoes, baguettes and sandwiches with a selection of fillings each day.

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Pork Sausages	Roast Chicken Roast Quorn	Cheese & Tomato Pizza	Fish Fingers Quorn Nuggets
Chocolate Caramel Crunch	Banana Flapjack	Chocolate Brownie	Raspberry Jelly	Lemon Drizzle Muffin

THIS WEEK AT BRADING

ANTIGUA

This week in Antigua we have been busy with science week and our farm animal theme. We have had lots of different art activities and matching games for our farm animals. We have had a different science experiment every day, we've looked at how things float and sink. How yeast and warmth made our bread rolls grow and then we enjoyed eating our rolls! We have looked at rain and rainbow experiments as well. We have still been going on our scavenger hunt, one of the things we looked for this week was something that smells, we hunted in the garden for a lavender bag. We then drew some lovely lavender pictures and finished by making some lavender biscuits.



CUBA

This week we have really enjoyed our farm topic, we have been reading Farmyard Jamboree and exploring animals. The children have particularly loved exploring the farm tray with soil and shredded wheat. For Science week we have explored floating and sinking. We have especially enjoyed tracing over patterns with chalks outside



ST LUCIA

This week in St Lucia class we had a super exciting trip to Tapnell Farm for our farm topic. We were very lucky and were able to feed the wallabies from our hands and helped to make some parts for Tapnell's new bug hotel which we will be able to go back and see when it is finished. The grown-ups were so impressed with how well the children behaved all day and the amazing questions they asked about the animals.



THIS WEEK AT BRADING

NEW ZEALAND

This week we have been looking at expanded noun phrases and writing our own Jack and the Beanstalk stories. In maths, we have been looking at division and how multiplication is the inverse operation. In science, we sorted plants by their leaves and put them into evergreen and deciduous trees. It has also been science week so our curiosity question was to find out whether toast always lands butter side down. In PSHE, we discussed our needs.



GALAPAGOS

This week Galapagos have been very busy! We started the week completing an investigation into how mirrors reflect light. We explored kaleidoscopes, high visibility materials and used mirrors to reflect light in different directions. In Topic this week we explored the discovery of Tutankhamun by Howard Carter. The children then designed their own masks of Tutankhamun. We then had our school trip to the Roman Villa, where the children had a go at being archaeologists and digging up artefacts from the past. Finally, we completed our investigation for science week, exploring the question can we tell a sharks age by their length? Have a great weekend!

JAMAICA

This week in Jamaica class, we have been studying music throughout the decades in the 20th century. We looked at different types of media throughout time and even had a go at using a record player (thanks to Mrs Cooney!) We created a poster to show the advances in music, and looked at some live performances throughout history which changed the music industry. In English, we have been busy drafting a recount, with a specific focus on dialogue and how we can integrate this into our work.

HAWAII

This week in art the children are continuing with the next step which is to papier-mâché their sarcophagus ready for painting next week. In topic the class learnt about King Tutankhamun's tomb and that it was discovered on November 4th 1922 by Howard Carter and we also got the chance to make an Ancient Egypt Death Masks. In ICT we were learning about recolouring digital images. They chose a photo and then had to change colour, hue, brightness and shade.



Class HOOKS for this Term

ANTIGUA

Our topic this week has been Chinese New Year so we had an amazing experience trying a range of Chinese inspired food for our hook including noodles, spring rolls and prawn crackers.

CUBA

Chinese New Year – We have enjoyed tasting spring rolls and prawn crackers for snack. The children really liked noodle play and spent a long time exploring them.

ST LUCIA

Our topic this week has been Chinese New Year so we had an amazing experience trying a range of Chinese inspired food for our hook including noodles, spring rolls and prawn crackers.

NEW ZEALAND

Learning all about the Toys from the Past.

GALAPAGOS

We have been transforming the classroom into an ancient Egyptian tomb for the children to explore and discover hidden Egyptian Artefacts.

JAMAICA

Talking about holidays in the 20th century.

We looked into Butlins holidays in the 1950s and foreign holidays travelling by aeroplane in the 1980s

HAWAII

We have been transforming the sensory room into an ancient Egyptian tomb for the children to explore and discover hidden Egyptian Artefacts.

This week in photos





Science Week

This week has been British Science week based on the theme 'Curiosity - what's your question?'. We decided that each class would choose a question and carry out an investigation to find themselves the answer. The questions chosen were:

Cuba - What floats?

St Lucia - Can we paint with bubbles?

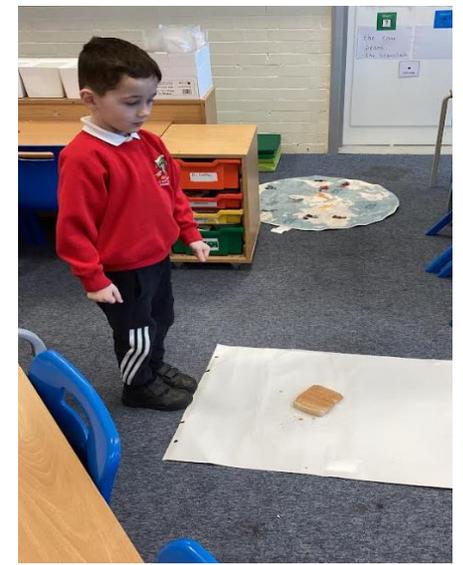
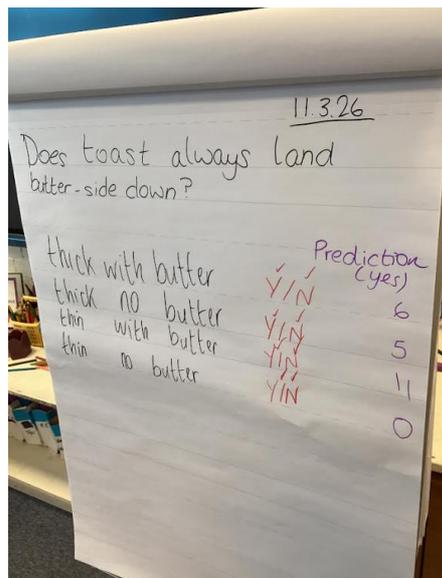
New Zealand - Does toast always land butter side down?

Galapagos - Can you tell a shark's age by its length?

Jamaica - How do space engines produce enough power to boost a rocket to space?

Hawaii - How is light reflected from mirrored surfaces?

New Zealand Class have been finding out if toast always falls butter side down for Science.



St Lucia's visit to Tapnell Farm



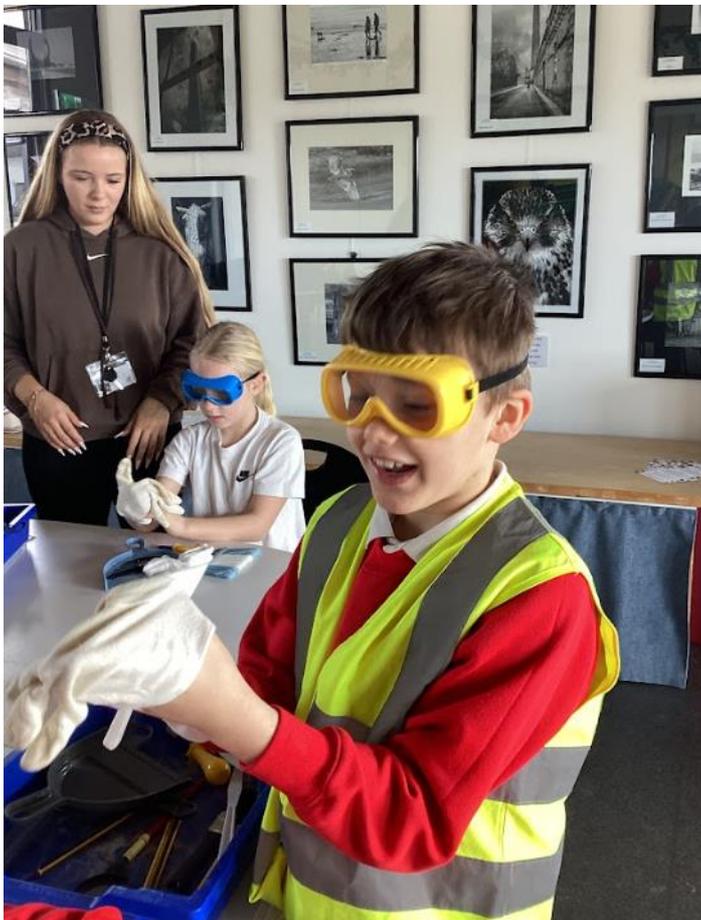
'Say Cheese!'

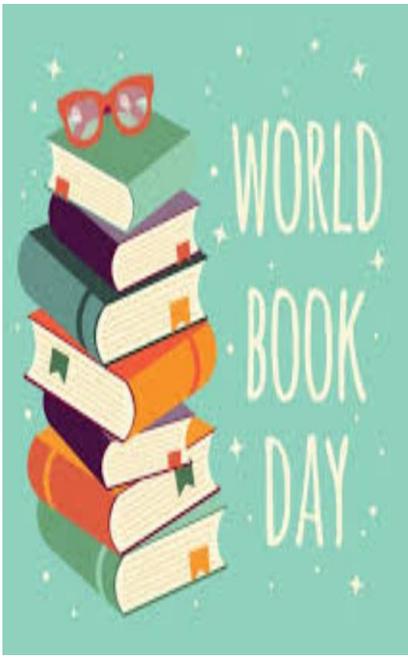
The children at the Wallabies enclosure

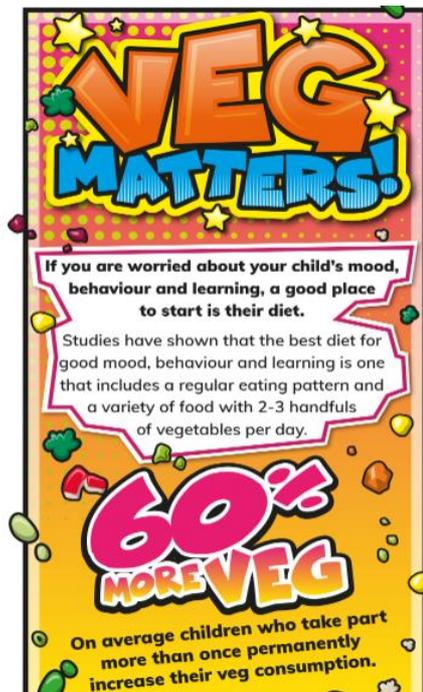
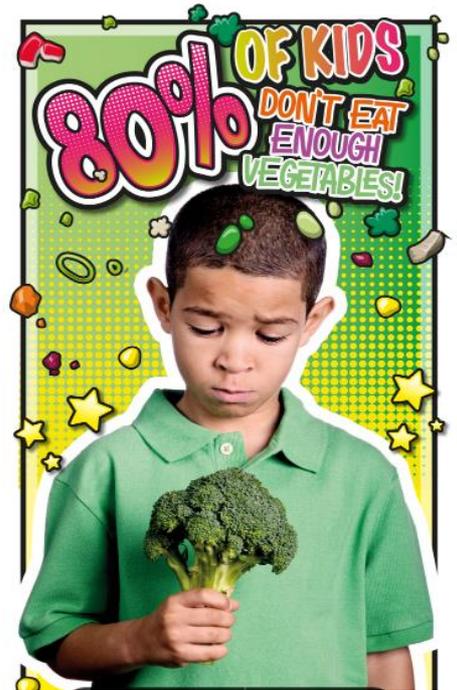
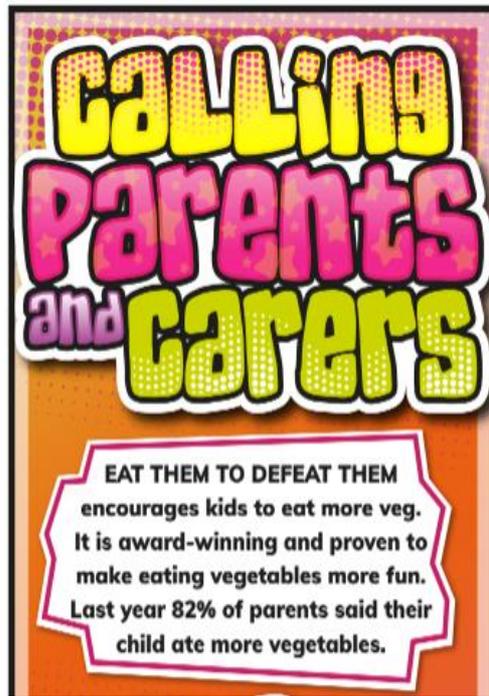
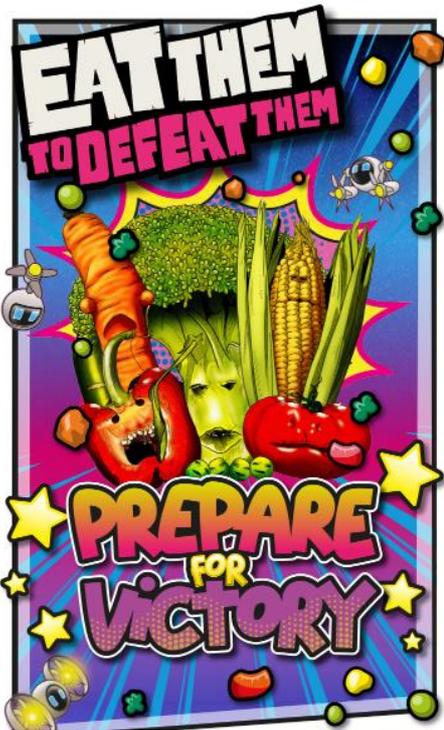


All the children got to feed the Wallabies by hand

Galapagos's visit to Brading Roman Villa







The children were sent home with an eat them to defeat them pack. This is to encourage children to eat more vegetables. We would love it if you could get your children involved at home.



Friends of Brading

If you would like to support the school and the children by arranging some fun, exciting events while raising much needed funds, please let the office know! Absolutely anyone who has a connection with Brading Primary can become a 'Friend of Brading'. Mums, Dads, Guardians, Carers, Grandmas, Grandads – you are all welcome to join

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



What parents need to know about SCREEN ADDICTION



HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognized gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



Top Tips for Parents



LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focused the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, canoeing, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

STATISTICS

- 52%** of children aged 3-4 go online for nearly 9hrs a week
- 82%** of children aged 5-7 go online for nearly 9.5hrs a week
- 93%** of children aged 8-11 go online for nearly 13.5hrs a week
- 99%** of children aged 12-15 go online for nearly 20.5hrs a week

SOURCE: National Online Safety, 'Life in Likes' report. Available at: www.nationalonlinesafety.com. Copyright © 2018 National Online Safety. All rights reserved. National Online Safety is a registered charity (1138766) and a company (02053484) in England. Registered office: 100, Victoria Road, Brighton, BN1 9JF, UK. Tel: 01323 630000. Email: info@nationalonlinesafety.com

The background of the poster is a soft pink color, decorated with various floral and gift-related elements. In the top left, there is a white gift box with a pink ribbon and small heart-shaped decorations. In the top right, there are pink tulips with green leaves. At the bottom, there are white and pink roses and green foliage. Small pink hearts are scattered throughout the background. The entire content is framed by a white border.

Mother's Day

MESSAGES

.....

READ YOUR CHILD'S
MESSAGE ON
FRIDAY, 13th MARCH 2026

IN YOUR

Isle of Wight
County Press



NHS

**Hampshire and
Isle of Wight Healthcare**
NHS Foundation Trust

The school nurse will be offering drop-in sessions each term bookable via school.

The slots are for 30 minutes and these are bookable through Mrs Willshire, please

email: jo.willshire@bradingcepri.iow.sch.uk

Next session: This will be Nutrition sessions followed by clinic

Date: Wednesday 18th March 2026

Time: 9am – 11am

Your school nurse can support with the following health concerns:

Physical Health concerns related to school absences: not chronic or persistent absenteeism.

Long term conditions e.g. asthma, eczema, impacting on schooling.

Support for healthy lifestyles - diet and exercise.

Growth concerns

Support around Sleep

Continence i.e. night/daytime wetting, soiling, constipation



Chartwells

So much more than fantastic food

Have a passion for catering, would like to join our team of School Caterers?

Chartwells are the leading school meal providers, and we have an opportunity for the following positions:

Brading Primary School – Kitchen Assistant

7.5hrs – daily of 1.5hrs or 3 days of 2.5hrs

Interested read on.....

You would be helping the School Cook with food preparation, serving the pupils and general kitchen duties.

Always an opportunity to increase if interested in catering too.

Job Type: Term Time only

Position availability: Now after DBS clearance

Hourly rates: Upon application

If you are interested, please apply by ringing the IOW office 01983 550500

Good luck and we will be in touch very soon.

Parenting Puzzle

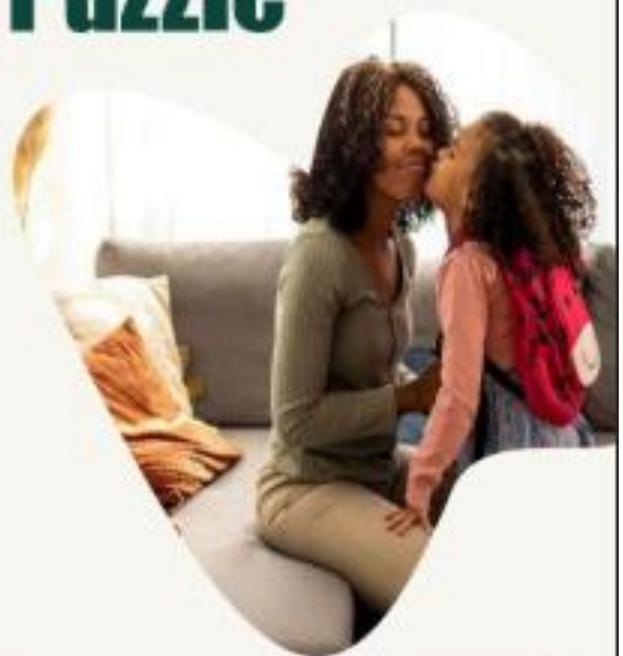
Are you a parent or carer of a child aged 3-5 years?
Parenting can be challenging... but you don't have to figure it out alone.

Join our **FREE 5-week Parenting Puzzle Programme**, developed by the **Centre for Emotional Health** and based on proven strategies that really work.

Our 5th week includes our **Preschool and School Readiness** workshop.

This relaxed and supportive course will help you:

- ✔ Understand your child's emotional needs
- ✔ Build stronger communication and connection
- ✔ Manage behaviour positively
- ✔ Reduce stress for the whole family
- ✔ Feel more confident in your parenting



Up coming dates:

Face to face at Ryde Family Hub

Starting 12th January 2026 for 5 consecutive

Mondays, ending 9th February 2026

9.30am until 11.30am

Or

Online via Microsoft Teams

Starting 27th February 2026, for 5 consecutive

Fridays, ending 27th March 2026

9.30am until 11.30am



You don't have to be struggling to benefit – the Parenting Puzzle is packed with strategies and insights that are valuable for **all** parents and carers of children age 3-5 years.

You'll meet other parents and carers, share experiences, and discover practical tools to make family life calmer and happier.

For more information check out our website [Parenting Puzzle & The 10 Week Nurturing Programme : Isle Of Wight Family Centres](#)



Scan the QR code to Contact us now : [Contact Us : Isle Of Wight Family Centres](#)

Drop-in Sessions

For parents of Early years children with emerging



SEND

Please scan the QR code for more information and to book

Come and join us for a friendly and informal drop in session, designed to provide support, advice, and a chance to connect with other parents and carers.

21st April 2026- Newport Family Centre

21st May 2026- Sandown Family Centre

22nd June 2026- Ryde Family Centre

21st July 2026- Newport Family Centre

***9.30am - 10.30am or
10.30am - 11.30am***



**Isle of Wight
Council**

NHS
Hampshire and
Isle of Wight Healthcare
NHS Foundation Trust



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Just search for:

The Friends of Brading - Sandown

8,000+ retailers will donate to us whenever you shop with them



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easyfundraising
website or app

Click out
to where you'd
like to shop



Checkout:
prices are exactly
the same!

The retailer sends
a % of your spend
to easyfundraising



They pass
it on to us
:)

Plus, you'll get...



Exclusive retailer offers



Competitions



A warm feeling inside!

Over
£60m
raised for UK good causes

£0
extra cost to anyone



The Isle of Wight Salvation Army

Working together to fight against hygiene poverty



Providing people with essential hygiene and household cleaning items.

If you are experiencing financial difficulties and as a result experiencing hygiene poverty please speak with a professional. Your GP, children's school, social worker etc and request a hygiene bank referral.

If you do not have a professional contact please contact the Isle of Wight Salvation Army hygiene bank on the details below .

Contact Us

☎ 01983 526312

✉ IsleofWight@salvationarmy.org.uk

📍 72 Pyle Street, Newport,
Isle of Wight, PO30 1UJ

Please contact Mrs Willshire via email: jo.willshire@bradingcepri.iow.sch.uk if you require this service.

Occupational therapy

Parent advice sessions

The NHS Occupational Therapy Team will be running monthly parent advice sessions. These sessions are open to any families which don't have an existing referral.

The sessions will be with an Occupational Therapist and an Assistant.

The team will be able to give advice, signpost to other services / charities and support with completing a full referral to Occupational Therapy if it is felt the needs discussed require a full assessment.

The team will be able to support with advice around:

- Self Care tasks - e.g. washing, dressing, using cutlery, toileting
- Fine motor skill development
- Play skills
- Preschool / school readiness



Session Dates for 2026

(more dates and locations may be added if required):

15 Jan, 19 Feb, 19 March, 16 April, 21 May and 18 June.

Slots will be available at 9am, 10am and 11am.

Appointments will last for 45mins.

To book, contact the department on **01983 534520** or via email to **iownt.paediatric-ot-mailbox@nhs.net**

Sessions will take place at the Childrens Therapies Department,
St Mary's Hospital, Newport, Isle of Wight



The Nurturing Programme

If you have a child aged 3 to 13 years,
then this programme is for you.



The Nurturing Programme offers strategies to add to your parenting toolkit, giving you positive ways of helping children handle their feelings and behaviour.

**We have 2 new courses starting in January at our
Newport Family Hub**

Wednesdays - 7th January until 18th March

(no session in February half-term)

9:30am till 11:30am

Or

Mondays - 12th January until 23rd March

(no session in February half-term)

9:30am till 11:30am



Please visit our website and complete the contact us form to
register your interest:

www.isleofwightfamilycentres.org.uk/contact-us



For any questions or support booking on, please
email iowfamilycentres@barnardos.org.uk
or call 01983 529208





Hampshire
SENDIASS

Y6 SECONDARY TRANSITION

Join Lisa for our SEN Support Workshop

- Learn what a smooth transition looks like
- Explore practical SEN strategies
- Make the most of the time before September
- Get signposted to extra guidance

March 2026

Friday 6th 13:00

Tuesday 10th 17:00

Thursday 12th 10:30



JOIN US VIA
TEAMS



WWW.HAMPSHIRESENDIASS.CO.UK/WORKSHOPS

Scan for our Padlet's
and information

Additional Information and Services



We have created a number of Online Notice Boards, known as Padlet's, full of information and guidance on a range of topics, including:

Best Start in Life

Early Language

Oral health

**Infant Feeding
Support**

**Nutrition and
Healthy Eating**

**Neurodiverse
Information, Resources
and Services**

Toileting

**School
Readiness**

**Health Visitor
Drop-in Clinics**



Parent and Caregiver Peer Support Sessions

Where: Gunville Methodist Church Hall

When:



11th September 2025 (10am - 12 noon)

6th November 2025 (10am - 12 noon)

15th January 2026 (10am - 11am)

5th March 2026 (10am - 12 noon)

7th May 2026 (10am - 12 noon)

Come along to meet with other parents / caregivers for an informal meet up and chat about your neurodiversity journey. Refreshments provided. No need to book, just turn up.

Free onsite parking.

Webinars

We host a range of webinars, that all parents and caregivers are welcome to join:

- Accepting Adolescence
- Break-Through 'Behaviour'
- Child to Parent Violence
- Feel without Fear
- Navigating Neurodivergence
- Reestablishing Routines
- Seasonal Sensory Awareness
- Sleep

Parent Peer Support Groups

We host regular parent peer support groups and drop in sessions. (Details available upon request).



Isle of Wight Neurodiversity Team

Let's Walk Together on This Journey

- Celebrate neurodiversity.
- Understand strengths and differences.
- Support each child's growth every step of the way on the Isle of Wight.



If you have difficulty understanding this document, please contact us on 01983 821000 and we will do our best to help you.

Isle of Wight Neurodiversity Team

Parent Information Leaflet

2025/2026

Delivered by the Isle of Wight
Neurodiversity Team

Neurodiversity Team – Embracing Strengths, Supporting Journeys (0–19 years, Isle of Wight)

We value each child's unique neurotype and collaborate to provide respectful, practical support for families, schools, and professionals across the Isle of Wight.

Our Team

We bring together a network of specialists including:

- Family Support Workers
- Neurodiversity Practitioners
- Sleep Practitioners

Each professional contributes to a holistic, strengths-based approach co-created with families and settings.

What Is Neurodiversity?

Innate differences (e.g., autism, ADHD, dyslexia, dyspraxia, Tourette's, sensory needs): natural variations in brain function.

Acquired differences: brain changes arising from life experiences like trauma or health conditions.

Our Vision & Mission

- A **needs-led, island-wide response**, with clear pathways for support.
- A **system-wide approach**, involving health, education, local services, and community partners.
- Promoting **timely, meaningful strategies** at home and in educational settings.
- **Empowerment through awareness** of evidence-based, affirming support.

How We Support You

Signposting & Universal Guidance No diagnosis needed—access support, resources, and community links.

30-Minute 1:1 Consultations Confidential support sessions to explore needs and co-develop tailored strategies.

Neurodiversity Profiling Tool A collaborative visual assessment across nine developmental areas to spotlight strengths and areas for support.

Training & Workshops For families, schools, and organisations—building neuro-knowledge and inclusive practices.

Inclusion & Impact

- **Strength-Based & Neuro-Affirming** We celebrate and validate neurodivergent ways of being.
- **Collaborative Co-Production** Families, schools, professionals, and young people partner in decisions and support planning.
- **Evidence-Informed, Practical Strategies** Tools that work in real life—home, school, and community.

Accessing Support

- Contact us directly to discuss needs or book consultations.
- Referrals welcome from families, schools, health professionals, or community organisations.



Parent and Caregiver Peer Support Sessions

11th June 2026 (9am – 11am) Cowes Family Centre

16th July 2026 (9am – 11am) Carisbrook & Gunville
Church

16th September 2026 (9am – 11am) Ventnor Family Centre

16th October 2026 (9am – 11am) Sandown Family Centre

18th November 2026 (9am – 11am) Carisbrook & Gunville
Church

13th January 2027 (9am – 11am) Carisbrook & Gunville
Church

10th February 2027 (9am – 11am) Carisbrook & Gunville
Church



Drop in for a chat, a cuppa and
shared experiences

No booking needed



Isle of Wight
Neurodiversity
Team

Cowes Family Centre –
Love Lane, Cowes PO31 7ET
Carisbrook & Gunville Church
Gunville Road, Newport
PO30 5LS
Ventnor Family Centre
Albert Street, Ventnor PO38 1EZ
Sandown Family Centre
The Fairway, Sandown PO36 9EQ