

Truth – Being honest
Respect – Being Fair
Unity – Being Friendly
Sincerity – Being Genuine
Tolerance – Being accepting

Brading CE (Controlled) Primary School



We are a Team that Trust each other to unlock potential.
Tel: 01983 407217 email – admin@bradingcepri.iow.sch.uk

News from Brading CE Primary School

Headteacher: Mrs B Gilbert

Our Christian Values: TRUST - TRUTH, RESPECT, UNITY, SINCERITY, TOLERANCE –

This week our focus has been on TRUTH

20th March 2026

Dear Parents and Carers,

As we approach the final week of term, I would like to thank all members of our school community for their continued support and commitment. It has been a term filled with hard work, progress and many memorable moments for our pupils. In this last week we look forward celebrating achievements, enjoying end of term activities and reflecting on that has been accomplished together.

Red Nose Day - Today we came into school wearing spots and stripes in support of the Red Nose Day Appeal. We raised **£39.00** to support this cause, Thank you. I asked the children to take part in a competition and to design a red nose. We had some amazing entries across the school. I have chosen winners from each class and they have all received a prize for doing so well. The winners and some of their entries will be shown further down the newsletter. Well-done everyone!

Attendance Week - Next week we will be having attendance week to finish off this term. Research does show that good attendance in the first week of term sets the tone for the rest of the year. Children who attend regularly right from the start are more likely to do well in school and feel settled and complete. Thank you for your support in this.

To help us have that strong start together on the Spring Term we will

- Every day your child attends school, they'll receive a raffle ticket for a fun prize drawn at the end of the week.
- The class with the highest attendance for the week will also get a separate prize activity.

In addition, we will be talking to the mini governors to hear their ideas on how we can make attendance even better as well as the parent/carer survey which will go out next term on your views and feedback.

Celebration and Easter Service at the Church (Friday 27.03) – I would like to invite parents and carers into school from 11.30am on the last day of term to visit their child's class and look at all of the wonderful work they have got up to this term. You are welcome to bring in a packed lunch with you and this can be eaten with the children at lunchtime from 12am (please be reminded we are a no nut school) Once lunch has finished, you are welcomed to walk up to the church with the children ready for the Easter Service to begin.

Mock SATS week for year 6

From Monday next week year 6 will be sitting their mock SATS in their classroom This is a great way of easing them into SATS Week so they know what to expect when the real testing takes place in May. Mr Baker has asked that all children are to arrive at 8am for this as they will be doing revision practises before the tests begin. If anyone has any further questions please do not hesitate in contacting myself or Mr Baker, we are happy to help.

SATS Week - Year 6 children will be sitting their SATS exams from Monday 11th May until Thursday 14th May. Below is a breakdown of each day.

Monday – SPaG and Spelling

Tuesday – Reading

Wednesday – Arithmetic, Reasoning paper 1

Thursday - Reasoning paper 2

Fun Clubs – An email will be coming out on Monday regarding the new Fun Clubs for next term. If you would like to book your child's place, please either reply to the email or pop into the office by Friday 27th March.

Upcoming events – Please pop the following dates in your Diary

- **Parent/Carer Session (25.03.26) 3pm** – Please pop into the office to book an appointment to see your child's teacher. For Hawaii class, we will contact you with another date soon for the parent/carer session. Antigua's will be held on Tuesday 24th.
- **Easter Service at St Marys Church 1pm start (27.03.26)** – Everyone is welcome to come and join us. If you would like to walk up with your child to church please arrive at school for 12.30pm

Have a fabulous weekend and remember my door is always open.

Mrs Gilbert

P.S – Please don't forget Mrs Willshire and myself are available from 8.30am everyday if you need to discuss anything. All teaching staff are not available in the mornings but will be available after school only

**Collective worship this week – we have been continuing to focus on Sincerity
Bible Reflection –**

School Reminders

Safeguarding Reminders

Safety End of the day Pick up - We have reminded all of the children that they should stay with their adult when they leave. Once you have picked up your child from school please make sure that they stay with you. Year 5 & 6 children who leave school without an adult, please remember you are representing the school and to be safe at all times. All roads are dangerous and I don't want any accidents happening, especially as the evenings are still quite dark. In addition, can I please remind you about parking sensibly. There are residents who also live along this road and we all should be considerate of this. – If your child is not attending their fun club, you will need to let the office know and sign them out. Children attending clubs in Years 5&6 still need to be collected by an adult after. Don't forget that we need to keep the entrance of school clear in case the emergency services need to attend. This includes the yellow zigzag zone is strictly no parking.

Wraparound Care Booking – Remember that there is a new way to book Wraparound. Ideally, we will need a week's notice of any bookings for Wraparound. To make sure the booking is secure for wraparound, we will require you to send us an email and make payment on School Money. Do not assume your child has a place until you receive an acknowledgement from the school office. Any bookings made on school money without contacting the office will be invalid. Without an email sent to the office and a confirmation email back from the school office we cannot book any Wraparound.

Other Reminders

Absences/Illness - Please make sure if your child is going to be absent from school due to illness, medical appointments or any other reasons, you need to provide the office with a phone call, email or pop into the office (also any supporting letter you may have) on the day of the absence to inform them. Remember to please keep your child off of school for 48 hours after the last episode of diarrhoea and vomiting before bringing your child back into school. If we do not hear from you by 9.15am we will ring you. This is part of our duty of care and our safeguarding to ensure everyone is kept safe. We have changed our answer phone so you are unable to leave a message, you will need to ring the office from 8.45am daily and talk directly to us and let us know the reason your child is unable to attend school.

Headlice – We have started to see a rise with Headlice in school. It is important to check your child's hair for head lice. The best technique is to use a head lice comb when the hair is wet, leaving in conditioner and combing the hair in sections. When the hair is wet, head lice cannot move so they are easier to comb out. Please note that they do not jump or fly, you can only catch head lice from head to head contact. Treat appropriately: the wet combing technique eradicates the lice and eggs. This should be done every 3 to 4 days over a 2-week period to break the life cycle. If you require further information please have a look at the following website: <https://www.chc.org/how-to-treat-head-lice-and-nits-successfully/> Children who become clear of head lice can be re-infected at school. You can help to tackle this by following good prevention, by being vigilant to spot any new infections or re-infections and by seeking prompt treatment if you find any head lice.

Lunch boxes/Bags – Please remember that the children can only use hard plastic lunches boxes in school. Please do not send your child in with a material one. Also, we cannot have rucksacks in the classrooms. Please send your child in with a drawstring bag or a book bag that can fit in their trays.

Weekly Focus

Outstanding payments - We are coming to the end of the financial year, please log on to SchoolMoney to check for any outstanding balances that may be due. Please make sure that all monies owing to school are paid in full. If your child will continue to have school dinners, please make sure you have put enough credit on the account to cover any future payments. If you are experiencing financial difficulties, please do contact the office. All calls will be dealt with in the strictest of confidence.

Dates for Your Diary

March

23rd – Mock SATS Week - Yr. 6 students to arrive in school at 8am (Monday – Thursday)

24th – Antigua's Parent/Carer sessions - Please pop into the office to book

25th – Parent/Carer Sessions – Please pop into the office to book

27th – Parents/Carers in school from 11.30am to visit child's classroom

27th – Easter Service at St Marys Church at 1pm.

27th – Last day of term for Easter

April

13th – First day back at school

May

11th – 14th – Yr. 6 SATS exams

Foodbank Vouchers

Mrs Willshire is able to issue Foodbank Vouchers to anyone who may be struggling. Please email Mrs Willshire to request one if required.

Jo.willshire@bradingcepri.iow.sch.uk

Attendance

Whole School Target: 95%
Current weekly % = 86.05%

Class	% Last Week
Antigua	97.7 %
St Lucia	100 %
Cuba	67.8 %
Hawaii	86.4 %
New Zealand	93.3 %
Galapagos	87.1 %
Jamaica	77.6 %



Penalty Notice Fines for School Attendance are Changing.

As set down by the Department for Education, penalty notices can be issued for unauthorised absence. With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notice Fines issued after 19th August 2024.

Per Parent, Per Child

Penalty Notice Fines will now be issued to each parent, for each child that was absent.

For example:

3 siblings absent for term time leave, would result in each parent receiving 3 separate fines.

5 consecutive days of term time leave

Penalty Notice Fines will be issued for Term Time Leave of 5 or more consecutive days. INSET training days are school days and can be included in the 5 or more consecutive days where there was intent to be absent for term time leave.

10 sessions of unauthorised absence in a 10-week period

Penalty Notice Fines will be considered when there has been 10 sessions of unauthorised absence in a 10 week period.

1 First Offence

The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be:

£160 per parent, per child paid within 28 days.

Reduced to £80 per parent, per child if paid within 21 days.

2 Second Offence

Within 3 years

The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be: £160 per parent, per child paid within 28 days.

3 Third Offence

And Any Further Offence (Within 3 years)

The third time an offence is committed for Term Time Leave or Irregular Attendance a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent, per child.

Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate, due to 'failure to safeguard a child's education'.

Attendance Traffic Light System



90% and below

90 - 95%

96 - 100%

Concern
Drastic affect on academic achievement.

Cause for Concern
We work with our EWS Officer who will conduct home visits when attendance becomes a concern

Excellent attendance!
Keep up the good work.

MISSING SCHOOL = MISSING OUT!
96 – 100% attendance equates to 4- 7 days off each year
90-95 % attendance equates to 9-20 days off each year (50-100 lessons lost)
90% and below equates to 20-30 school days off each year (100-150 lessons lost)

We want our children at Brading CE Primary to enjoy coming to school.
Research proves that there is a high correlation between school attendance and academic performance and success.
Absence from school is often the greatest single cause of poor performance and achievement.
Ensuring children attend school is crucial for the welfare of children and safeguarding their wellbeing.

EVERYDAY MINUTE COUNTS



5 minutes per day

3 school days lost per year



15 minutes per day

10 school days lost per year



25 minutes per day

19 school days lost per year

If you have any safeguarding concerns within the school or the community please see the below poster. These are our school Designated Safeguarding Leaders. They are always here to help.



Safeguarding

is everyone's responsibility



If you have concerns regarding a child in our school or community please report immediately to a DSL or DDSL.

Designated Safeguarding Lead



Mrs Beverley Gilbert

Deputy Designated Safeguarding Leads



Mrs Jo Willshire



Miss Clare Matson



Mrs Alison Attwell

Contact information:

Isle of Wight MASH – 01983 823436

LADO – 01983 823723 (only call if urgent otherwise use online form)

Safeguarding Governor – Dave Piggott & Pat Redfern



Wraparound care prices:

Breakfast Club - £4 (from 7.45am)

Wraparound until 4pm - £6

Wraparound until 5pm - £8

Wraparound until 6pm - £12 (this needs to be agreed by Mrs Gilbert with prior notice)

Wrap Around number – 07864599219

All to be booked via SchoolMoney

Class emails:

antigua.class@bradingcepri.iow.sch.uk

cuba.class@bradingcepri.iow.sch.uk

stlucia.class@bradingcepri.iow.sch.uk

newzealand.class@bradingcepri.iow.sch.uk

galapagos.class@bradingcepri.iow.sch.uk

jamaica.class@bradingcepri.iow.sch.uk

hawaii.class@bradingcepri.iow.sch.uk

PE Days:

Cuba - Friday

St Lucia - Wednesday

New Zealand - Wednesday

Galapagos – Thursday/Friday

Jamaica – Tuesday/Thursday

Hawaii – Tuesday

Children are to come in their PE kits on these days.

Coats, Hats and Scarves

Now that the temperature has started to rise can you please ensure children still bring a warm, waterproof coat into school every day, it's not quite warm enough to be wearing only a jumper. Please make sure all items are named to prevent them from getting lost!

Thank you

Fun Clubs:

Mon – Sports Activities at the Bay
for Yr. 5&6

Mon – KS1 Easter Club

KS2 – Gardening Club

Tues – Yr. 6 SATS BOOSTER Club

Wednesday – Yr. 1,2&3 Sports Club

Thursday – New Carnival Club KS 1/2

Please contact the office to book.

Makaton

As part of our ongoing learning here at Brading Primary School we focus on a Makaton symbol every week.

Here is our next Makaton sign.

SCHOOL LUNCH

WHAT'S COOKING?

SCHOOL MENU WEEK COMMENCING 16th March 2026

We also offer Vegetarian options, tomato pasta as well as jacket potatoes, baguettes and sandwiches with a selection of fillings each day.

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pizza Veggie Pizza	Chicken & Broccoli Pasta Bake	Roast Gammon Roast Quorn	BBQ Chicken	Southern Fried Chicken Quorn Nuggets
Chocolate Marble Cake	Chocolate & Pear Slice	Lemon Cookie	Crunchy Chocolate Mousse	Strawberry Jelly

Here are the new menus for SPRING/SUMMER. These will be ready to book from after the last day of term.

SPRING/SUMMER 2026 MENU

WEEK 1

W/C 13/04/2026, 04/05/2026, 01/06/2026, 22/06/2026, 13/07/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🌱	Beef Bolognese with Wholewheat Pasta 🍷🍷	Roast Chicken with Roast Potatoes and Gravy 🍷	I.O.W Pork Sausages with Mashed Potato and Gravy	Fish Fingers with Chips
	OR					
	OPTION 2	BBQ Vegetable Wrap with Wholegrain Rice 🌱🍷🍷	Vegetarian Bolognese with Wholewheat Pasta 🌱🍷🍷	Roast BBQ Quorn with Roast Potatoes and Gravy 🌱	Macaroni Cheese 🍷	Quorn Dippers with Chips 🌱
OR						
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Chocolate Brownie 🌱	Oat Cookie 🌱	Strawberry Shortcake Mousse	Vanilla Slice with Melon Wedges 🌱	Berry Blondie	

BAKED POTATOES SERVED DAILY
With a choice of toppings 🍷🍷

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Chartwells
Schools

🌱 Vegetarian
🍷 Vegan
🍷 Oily Fish
🍷 Fruity!
🍷 Wholegrain
🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

SPRING/SUMMER 2026 MENU

WEEK 2

W/C: 20/04/2026, 11/05/2026, 08/06/2026, 29/06/2026, 20/07/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🍷	Beef Burger with Potato Wedges	Roast Gammon with Roast Potatoes and Gravy	Chicken and Vegetable Korma with Wholegrain Rice 🍷🍷	Fish Fingers with Chips
	OPTION 2	Tex Mex Vegetable Fajita with Wholegrain Rice 🍷🍷🍷	Beany Vegetable Burger with Potato Wedges 🍷🍷	Bean and Cheese Pastry Turnover with Roast Potatoes and Gravy 🍷	Macaroni Cheese 🍷🍷	Quorn Dippers with Chips 🍷
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT		Banana Oat Bite 🍷	Chocolate Cookie	Caramel Mousse	Chocolate Brownie 🍷	Lemon Cookie



BAKED POTATOES SERVED DAILY
With a choice of toppings 🍷🍷



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Chartwells Schools

🍷 Vegetarian 🍷 Vegan 🍷 Oily Fish 🍷 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

SPRING/SUMMER 2026 MENU

WEEK 3

W/C: 27/04/2026, 18/05/2026, 15/06/2026, 06/07/2026, 27/07/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Pasta Salad 🍷🍷	All Day Breakfast with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy 🍷	Lasagne with Garlic Bread 🍷🍷	Fish Fingers with Chips
	OPTION 2	Veggie Meat Feast Pizza with Pasta Salad 🍷🍷	Cheesy Bean Burrito with Wholegrain Rice 🍷🍷🍷	Vegetarian Cottage Pie with Gravy 🍷🍷	Vegetable Lasagne with Garlic Bread 🍷🍷🍷	Quorn Dippers with Chips 🍷
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🍷🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷	Baguettes Choice of either Ham, Cheese or Tuna 🍷
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT		Custard Shortbread with Melon Wedges 🍷	Strawberry Jelly	Banana Cake 🍷	Lemon Drizzle Cake	Chocolate Flapjack



BAKED POTATOES SERVED DAILY
With a choice of toppings 🍷🍷



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Chartwells Schools

🍷 Vegetarian 🍷 Vegan 🍷 Oily Fish 🍷 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

THIS WEEK AT BRADING

ANTIGUA

This week in Antigua has been another busy one. We have started our Easter topic, had a St Patrick's Day and Red Nose Day to finish the week. We made hot cross buns.



CUBA

This week our topic is Easter, we have been reading Hop Little Bunnies and sing this song. The children have enjoyed wearing bunny ears to hop like bunnies. We have explored topic trays including shredded wheat with little eggs. They especially liked exploring the shredded paper nests with little chicks. We made mini cheese omelettes to eat for snack, they enjoyed cracking eggs, mixing, sprinkling and pouring.



ST LUCIA

This week in St Lucia we have started our Easter topic. We used lots of our arts and crafts skills to make paper plate Easter bonnets. The children worked hard to paint them, decorate them and then wear them. We have also been enjoying the beautiful sunshine and have been exploring the outside area. It has been great to see the children using their writing and number writing skills to keep score of games they design outside.



THIS WEEK AT BRADING

NEW ZEALAND

New Zealand class have planted seeds in science and eagerly anticipate them growing especially as our beanstalk hasn't grown yet! In maths, we have been dividing by 2, 10 and 5. The children have enjoyed exploring commutativity. In PE, we have created our own routines. In history, we made timelines of toys from the past to the present day. In Design and Technology, we made moving pictures of Jack and the Beanstalk. In English, we are writing instructions to accompany.



GALAPAGOS

This week Galapagos have been super busy! In Topic we looked at Egyptian writing and the children write their names in hieroglyphics. We investigated sun safety in science and are awaiting the results of our sun cream experiment. Finally, in PE we are finalising our dance to 'Rather Be' which the children have thoroughly enjoyed!

JAMAICA

This week in Jamaica class, we have studied refraction this week as part of our science topic. We created an experiment, looking at what happens when we put a pencil in water. We then drafted diagrams to show how the refraction of light can cause us to see objects in different ways. In art, we have also been busy many clay- coil pots. We sculpted the clay and chose different designs to form our pots. We then used foam clay to create a fins piece, based on our previous design.

HAWAII

In Hawaii this week we did an investigation into how we can keep safe in the sun. During topic the children learnt how to write and decode hieroglyphics and in PE we made a group dance to mission impossible.

Class HOOKS for this Term

ANTIGUA

Our topic this week has been Chinese New Year so we had an amazing experience trying a range of Chinese inspired food for our hook including noodles, spring rolls and prawn crackers.

CUBA

Chinese New Year – We have enjoyed tasting spring rolls and prawn crackers for snack. The children really liked noodle play and spent a long time exploring them.

ST LUCIA

Our topic this week has been Chinese New Year so we had an amazing experience trying a range of Chinese inspired food for our hook including noodles, spring rolls and prawn crackers.

NEW ZEALAND

Learning all about the Toys from the Past.

GALAPAGOS

We have been transforming the classroom into an ancient Egyptian tomb for the children to explore and discover hidden Egyptian Artefacts.

JAMAICA

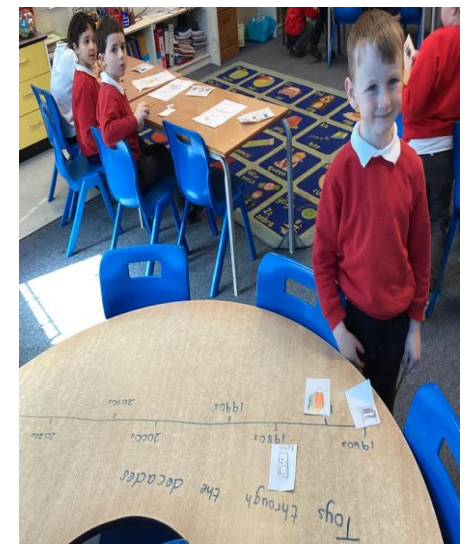
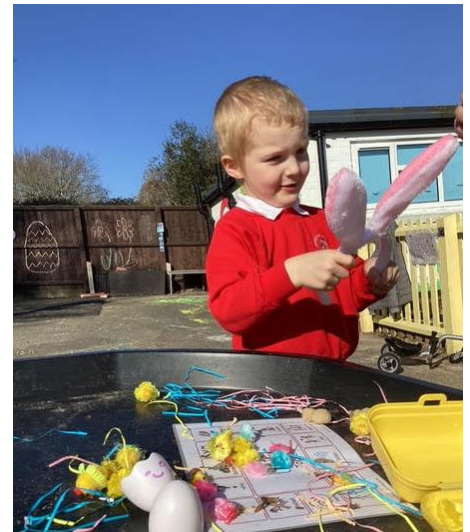
Talking about holidays in the 20th century.

We looked into Butlins holidays in the 1950s and foreign holidays travelling by aeroplane in the 1980s

HAWAII

We have been transforming the sensory room into an ancient Egyptian tomb for the children to explore and discover hidden Egyptian Artefacts.

This week in photos







Jamaica Class this week have been investigating everything about the refraction of light.



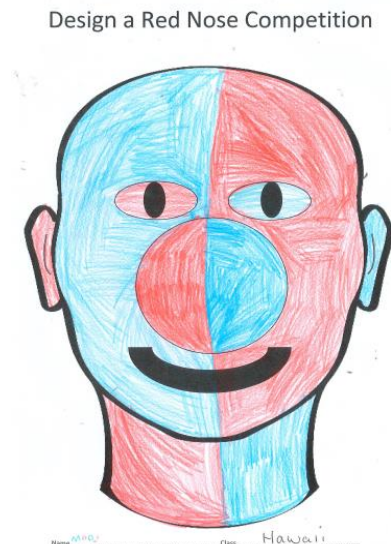
QUAY ARTS EXHIBITION

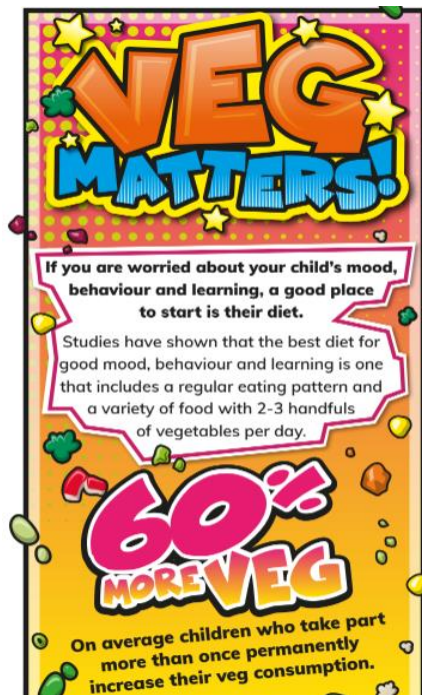
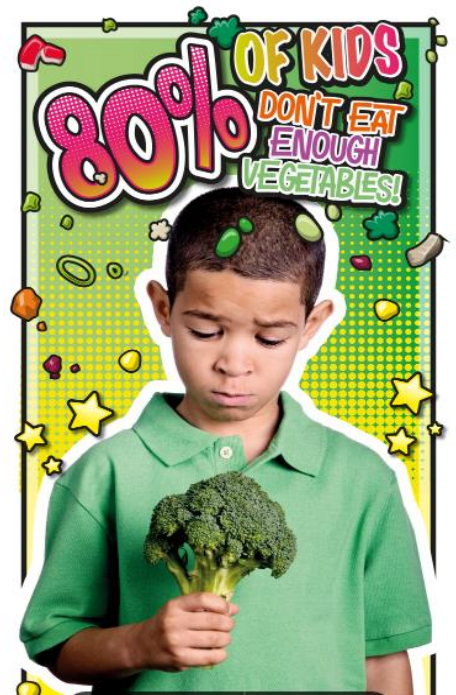
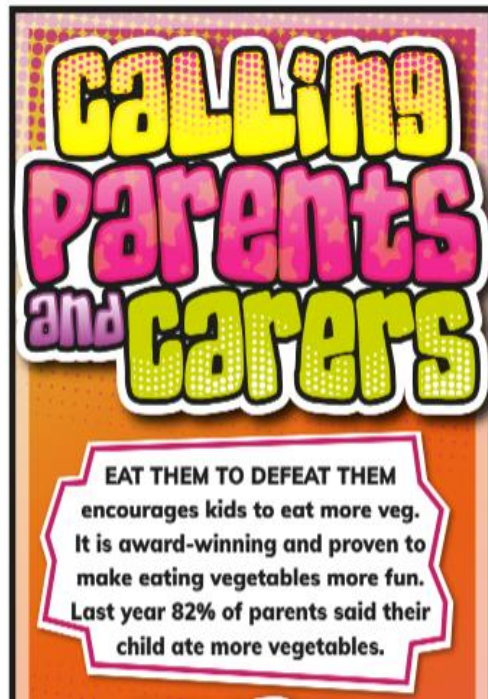
Three pieces of artwork have been selected from Jamaica class for display at Quay Arts over Easter. The children made waterfalls from collage materials and will be displayed in a gallery called 'ENERGY'. Well done Ellerson, Keira and Amiel, you should be very proud of yourselves. Mrs Cooney

Design a Red Nose Competition

Below are the winners from each class who participated.
Well done everyone.

Antigua – Elias
Cuba – Lilah
St Lucia – Everly
New Zealand – Asher
Galapagos – Maiya
Jamaica – Sienna
Hawaii - Maddie





The children were sent home with an eat them to defeat them pack. This is to encourage children to eat more vegetables. We would love it if you could get your children involved at home.



Friends of Brading

If you would like to support the school and the children by arranging some fun, exciting events while raising much needed funds, please let the office know! Absolutely anyone who has a connection with Brading Primary can become a 'Friend of Brading'. Mums, Dads, Guardians, Carers, Grandmas, Grandads – you are all welcome to join

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Social media has its benefits for connecting with friends, sharing experiences and widening their understanding of broader issues beyond their local community. The challenge with connecting and sharing experiences via social media is that these shared experiences are often via images. Wanting to fit in and caring about their physical appearance is a perfectly normal part of adolescence. However, with the easy access of image changing software and filters, this physical appearance is often not the reality, further increasing the pressure for young people to gain or portray unreal perceptions.



What parents need to know about SOCIAL PRESSURES LINKED TO 'APPEARANCE'



ONLINE APPEARANCE AND MENTAL HEALTH
The opportunity to change physical appearance through social media apps to creating a high level of perfectionism for children by posting flawless and curated themselves to images which are sometimes unreal. This can lead to anxiety, depression and poor self image and overall sense of never feeling good enough. Having your self image can affect the way that your child interacts with others and how we care for ourselves.

AIRBRUSHING
Before the final retouching there is an image that changes the reality of the photo. It may include removing people, objects, altering body shapes or creating elements like stars or scars. The digital technology to enable airbrushing is now widely and easily available for desktop computers and social media apps. It is sometimes known as 'Photoshop'.



FILTERS
Filters applied to manipulate a photograph are another way of creating a different view of what is real. Software within social media apps can enhance your face and skin to look more aesthetically pleasing. As innocent as they are these filters may mean they are sending a message that we are more attractive when our features are modified.

APPS WHICH CHANGE APPEARANCE
These relate to free downloadable apps or systems within social media apps which create a fun and easy way to alter your appearance. They are designed to be fun and can become addictive because once an altered image is used, it is very difficult to resist back to an unaltered version of themselves.

MULTIPLE PHOTOS FOR THE PERFECT IMAGE
Taking multiple shots to capture the perfect image for post onto social media is another way of disguising reality. Creating an image which receives approval from peers through multiple comments and likes exacerbates the desire for a perfect picture and the approval for continuing to achieve the perfect image.

Safety Tips for Parents

QUESTIONS TO CONSIDER BEFORE TALKING TO YOUR CHILD

- Do most of their social media photos have a filter/image changing app on them?
- How often do they talk about their physical image in a negative way?
- Do they often talk about wanting to gain comments and 'likes'?
- Are they excessively anxious about their physical appearance, to the point it impacts on their every day life?

If you have answered yes to most of these questions, then it would be a good idea to have a discussion about their use of image altering apps.

DON'T GO COLD TURKEY
Talk with your child about taking one unfiltered image of themselves and sharing it with family first and then posting on social media. Encourage all other members of the family to send or post an social media unaltered pictures of themselves.

BE COMPLIMENTARY
Whilst improving body image starts with the child's image of themselves, complimenting them daily on their personality and qualities will provide external, positive encouragement about themselves, away from just their physical appearance.

DAILY APPRECIATION
When we have the sense that we are not good enough, we can feel like we are always falling short. You and your child together might want to create a gratitude journal, board with post-it's or even find where you write down things that you are grateful for or appreciate. This could range from the weather for a bird dead or a piece of work that went well.

CHANGE THE STORY
We all have a narrative or a story we've created about ourselves that shapes our own self image. Sometimes automatic negative thoughts like 'you're fat' or 'you're ugly' can be repeated in your mind so often that you start to believe they are true. These thoughts are learned, which means they can be unlearned. You can start with helping your child reframe the story into a more positive assertion or story. This will link to complementing and daily appreciation.

WHEN TO GET HELP
If your child becomes overly dependent, withdrawn or there is a change in behaviour over a prolonged period of time, they may need some professional support to help them.
<https://www.bacp.co.uk/search/therapists>
<https://www.thewell.org.uk/> is good organisation as a source of support if your child wants to reach out for support themselves.

Meet our expert
Anna Salaman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



School Readiness Workshop



Starting primary school is an exciting time for your child and your family. The 'School Readiness Workshop' can help your whole family prepare and be ready for school life.



Dates:

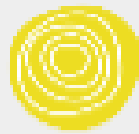
Ryde Family Hub – Thursday 23rd April 9.30am to 11.30am

Newport Family Hub – Thursday 4th June 12.30pm to 2.30pm



To book a free place on the workshop, please scan the qr code or book via the Eventbrite link.

<https://iowfamilycentres.eventbrite.co.uk>



Chartwells

So much more than fantastic food

Have a passion for catering, would like to join our team of School Caterers?

Chartwells are the leading school meal providers, and we have an opportunity for the following positions:

Brading Primary School – Kitchen Assistant

7.5hrs – daily of 1.5hrs or 3 days of 2.5hrs

Interested read on.....

You would be helping the School Cook with food preparation, serving the pupils and general kitchen duties.

Always an opportunity to increase if interested in catering too.

Job Type: Term Time only

Position availability: Now after DBS clearance

Hourly rates: Upon application

If you are interested, please apply by ringing the IOW office 01983 550500

Good luck and we will be in touch very soon.

Parenting Puzzle

Are you a parent or carer of a child aged 3-5 years? Parenting can be challenging... but you don't have to figure it out alone.

Join our **FREE 5-week Parenting Puzzle Programme**, developed by the **Centre for Emotional Health** and based on proven strategies that really work.

Our 5th week includes our Preschool and School Readiness workshop.

This relaxed and supportive course will help you:

- ✔ Understand your child's emotional needs
- ✔ Build stronger communication and connection
- ✔ Manage behaviour positively
- ✔ Reduce stress for the whole family
- ✔ Feel more confident in your parenting



Up coming dates:

Face to face at Ryde Family Hub

Starting 12th January 2026 for 5 consecutive

Mondays, ending 9th February 2026

9.30am until 11.30am

Or

Online via Microsoft Teams

Starting 27th February 2026, for 5 consecutive

Fridays, ending 27th March 2026

9.30am until 11.30am

You don't have to be struggling to benefit – the Parenting Puzzle is packed with strategies and insights that are valuable for **all** parents and carers of children age 3-5 years.

You'll meet other parents and carers, share experiences, and discover practical tools to make family life calmer and happier.

For more information check out our [website Parenting Puzzle & The 10 Week Nurturing Programme : Isle Of Wight Family Centres](#)



Scan the QR code to Contact us now : [Contact Us : Isle Of Wight Family Centres](#)

Drop-in Sessions

For parents of Early years children with emerging



SEND

Please scan the QR code for more information and to book

Come and join us for a friendly and informal drop in session, designed to provide support, advice, and a chance to connect with other parents and carers.

21st April 2026- Newport Family Centre

21st May 2026- Sandown Family Centre

22nd June 2026- Ryde Family Centre

21st July 2026- Newport Family Centre

***9.30am - 10.30am or
10.30am - 11.30am***



**Isle of Wight
Council**

NHS
Hampshire and
Isle of Wight Healthcare
NHS Foundation Trust



Never miss school notifications

Download the School Jotter Mobile App today and you'll get:

-  News and message notifications
-  School calendar access
-  Other links to useful resources



Download APP from one of the above APP Stores

Go in as guest

Click Search

Type in Brading in the search bar at the top

Click on Brading

Click Select

You won't need to do this each time

Raise funds for us for FREE

with  easyfundraising



Join as our supporter today at:

www.easyfundraising.org.uk/support-a-good-cause

Just search for:

The Friends of Brading - Sandown

8,000+ retailers will donate to us whenever you shop with them



JOHN
LEWIS



Plus, you'll get...



Exclusive retailer offers



Competitions



A warm feeling inside!

Over
£60m
raised for UK good causes

£0
extra cost to anyone



The Isle of Wight Salvation Army

Working together to fight against hygiene poverty



Providing people with essential hygiene and household cleaning items.

If you are experiencing financial difficulties and as a result experiencing hygiene poverty please speak with a professional. Your GP, children's school, social worker etc and request a hygiene bank referral.

If you do not have a professional contact please contact the Isle of Wight Salvation Army hygiene bank on the details below .

Contact Us

☎ 01983 526312

✉ IsleofWight@salvationarmy.org.uk

📍 72 Pyle Street, Newport,
Isle of Wight, PO30 1UJ

Please contact Mrs Willshire via email: jo.willshire@bradingcepri.iow.sch.uk if you require this service.

Occupational therapy

Parent advice sessions

The NHS Occupational Therapy Team will be running monthly parent advice sessions. These sessions are open to any families which don't have an existing referral.

The sessions will be with an Occupational Therapist and an Assistant.

The team will be able to give advice, signpost to other services / charities and support with completing a full referral to Occupational Therapy if it is felt the needs discussed require a full assessment.

The team will be able to support with advice around:

- Self Care tasks - e.g. washing, dressing, using cutlery, toileting
- Fine motor skill development
- Play skills
- Preschool / school readiness



Session Dates for 2026

(more dates and locations may be added if required):

15 Jan, 19 Feb, 19 March, 16 April, 21 May and 18 June.

Slots will be available at 9am, 10am and 11am.

Appointments will last for 45mins.

To book, contact the department on **01983 534520** or via email to **iownt.paediatric-ot-mailbox@nhs.net**

Sessions will take place at the Childrens Therapies Department,
St Mary's Hospital, Newport, Isle of Wight



The Nurturing Programme

If you have a child aged 3 to 13 years,
then this programme is for you.



The Nurturing Programme offers strategies to add to your parenting toolkit, giving you positive ways of helping children handle their feelings and behaviour.

We have 2 new courses starting in January at our Newport Family Hub

Wednesdays - 7th January until 18th March

(no session in February half-term)

9:30am till 11:30am

Or

Mondays - 12th January until 23rd March

(no session in February half-term)

9:30am till 11:30am



Please visit our website and complete the contact us form to register your interest:

www.isleofwightfamilycentres.org.uk/contact-us



For any questions or support booking on, please email iowfamilycentres@barnardos.org.uk
or call 01983 529208



Barnardo's Registered Charity No. 216230 and SC037605 044230420

HOME OF FAMILY LINKS



Hampshire
SENDIASS

Y6 SECONDARY TRANSITION

Join Lisa for our SEN Support Workshop

- Learn what a smooth transition looks like
- Explore practical SEN strategies
- Make the most of the time before September
- Get signposted to extra guidance

March 2026

Friday 6th 13:00

Tuesday 10th 17:00

Thursday 12th 10:30



JOIN US VIA
TEAMS



WWW.HAMPSHIRESENDIASS.CO.UK/WORKSHOPS

Scan for our Padlet's
and information

Additional Information and Services



We have created a number of Online Notice Boards, known as Padlet's, full of information and guidance on a range of topics, including:

Best Start in Life

Early Language

Oral health

**Infant Feeding
Support**

**Nutrition and
Healthy Eating**

**Neurodiverse
Information, Resources
and Services**

Toileting

**School
Readiness**

**Health Visitor
Drop-in Clinics**



Parent and Caregiver Peer Support Sessions

Where: Gunville Methodist Church Hall

When:



11th September 2025 (10am - 12 noon)

6th November 2025 (10am - 12 noon)

15th January 2026 (10am - 11am)

5th March 2026 (10am - 12 noon)

7th May 2026 (10am - 12 noon)

Come along to meet with other parents / caregivers for an informal meet up and chat about your neurodiversity journey. Refreshments provided. No need to book, just turn up.

Free onsite parking.

Webinars

We host a range of webinars, that all parents and caregivers are welcome to join:

- Accepting Adolescence
- Break-Through 'Behaviour'
- Child to Parent Violence
- Feel without Fear
- Navigating Neurodivergence
- Reestablishing Routines
- Seasonal Sensory Awareness
- Sleep

Parent Peer Support Groups

We host regular parent peer support groups and drop in sessions. (Details available upon request).



Isle of Wight Neurodiversity Team

Let's Walk Together on This Journey

- Celebrate neurodiversity.
- Understand strengths and differences.
- Support each child's growth every step of the way on the Isle of Wight.



If you have difficulty understanding this document, please contact us on 01983 821000 and we will do our best to help you.

Isle of Wight Neurodiversity Team

Parent Information Leaflet

2025/2026

Delivered by the Isle of Wight
Neurodiversity Team

Neurodiversity Team – Embracing Strengths, Supporting Journeys (0–19 years, Isle of Wight)

We value each child's unique neurotype and collaborate to provide respectful, practical support for families, schools, and professionals across the Isle of Wight.

Our Team

We bring together a network of specialists including:

- Family Support Workers
- Neurodiversity Practitioners
- Sleep Practitioners

Each professional contributes to a holistic, strengths-based approach co-created with families and settings.

What Is Neurodiversity?

Innate differences (e.g., autism, ADHD, dyslexia, dyspraxia, Tourette's, sensory needs): natural variations in brain function.

Acquired differences: brain changes arising from life experiences like trauma or health conditions.

Our Vision & Mission

- A **needs-led, island-wide response**, with clear pathways for support.
- A **system-wide approach**, involving health, education, local services, and community partners.
- Promoting **timely, meaningful strategies** at home and in educational settings.
- **Empowerment through awareness** of evidence-based, affirming support.

How We Support You

Signposting & Universal Guidance No diagnosis needed—access support, resources, and community links.

30-Minute 1:1 Consultations Confidential support sessions to explore needs and co-develop tailored strategies.

Neurodiversity Profiling Tool A collaborative visual assessment across nine developmental areas to spotlight strengths and areas for support.

Training & Workshops For families, schools, and organisations—building neuro-knowledge and inclusive practices.

Inclusion & Impact

- **Strength-Based & Neuro-Affirming** We celebrate and validate neurodivergent ways of being.
- **Collaborative Co-Production** Families, schools, professionals, and young people partner in decisions and support planning.
- **Evidence-Informed, Practical Strategies** Tools that work in real life—home, school, and community.

Accessing Support

- Contact us directly to discuss needs or book consultations.
- Referrals welcome from families, schools, health professionals, or community organisations.



Parent and Caregiver Peer Support Sessions

11th June 2026 (9am – 11am) Cowes Family Centre

16th July 2026 (9am – 11am) Carisbrook & Gunville
Church

16th September 2026 (9am – 11am) Ventnor Family Centre

16th October 2026 (9am – 11am) Sandown Family Centre

18th November 2026 (9am – 11am) Carisbrook & Gunville
Church

13th January 2027 (9am – 11am) Carisbrook & Gunville
Church

10th February 2027 (9am – 11am) Carisbrook & Gunville
Church



Drop in for a chat, a cuppa and
shared experiences

No booking needed



Isle of Wight
Neurodiversity
Team

Cowes Family Centre –
Love Lane, Cowes PO31 7ET
Carisbrook & Gunville Church
Gunville Road, Newport
PO30 5LS

Ventnor Family Centre
Albert Street, Ventnor PO38 1EZ
Sandown Family Centre
The Fairway, Sandown PO36 9EQ