

Brading CE (Controlled) Primary School



We are a Team that Trust each other to unlock potential.

Tel: 01983 407217

News from Brading CE Primary School

Headteacher: Mrs B Gilbert

Friday 19th July 2024

Office Administrators: Mr Campbell, Ms Barnard

Our Christian Values: Trust

Truth, Respect, Unity, Sincerity, Tolerance

This week our focus has been on JUSTICE.



Dear Parents/Carers

What can I say it's the last day of this academic year! It really has flown but there have been so many wonderful things that have been achieved by everyone.

This week for example Jamaica and Hawaii Class have been out on their leavers trips with Iceland Class joining them for their mainland trip as well as today having Mr Randini in to look at being safe over the holidays.

I would like to thank all the amazing staff for all the amazing support they undertake for your children as well as our Governors who also work behind the scenes and firstly you as parents and carers.

We are obviously saying goodbye to the year 6 and wish them well on their next journeys at secondary schools and to those staff leaving as to their next amazing journeys.

It does make me feel old saying that I have been here for 20 years but as always, I am so proud to be headteacher here working with so many amazing people who tirelessly work to make every minute better for your little ones, to me we are truly a TEAM that TRUST each other.

Have a fabulous summer break everyone, and I look forward to seeing you all on Tuesday 3rd September.

Mrs Gilbert
Headteacher

Collective Worship this week...

In Collective Worship this week we are continuing our theme of justice.

On Monday we talked about being a TEAM that TRUST each other especially as we break for the summer holidays.

Bible reflection

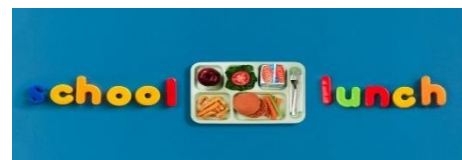
Psalm 139:18

"And when I wake up, you are still with me"

P.S. – Don't forget to see our reminder for September in the Newsletter if you are buying things now for September!

SCHOOL MENU WEEK COMMENING 3rd September 2024:

We also offer tomato pasta as well as jacket potatoes and sandwiches with a selection of fillings each day.



Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Chocolate Brownie & Fruit	Beef Burger Strawberry Jelly	Roast Chicken Banana cake	Cottage Pie Lemon Sicilian Cookie	Fish Finger or Meat Free Nugget Vanilla Sponge

Dates for your diary:

Diary Dates



September	2 nd - School Development Day – staff only. 3 rd – Welcome Back to school everyone 19 & 20 th – Bikeability YR** 19 th – YR6 Open Evening Christ the King College 5.30 – 7.30pm 26 th – YR6 Open Evening medina College 5pm – 8pm
October	1 st – YR6 Open Evening Cowes Enterprise College (CEC) – booking via CEC throughout October) 3 rd – YR6 The Bay CE School Open Evening 5 – 8pm 9 th – YR6 Open Evening Ryde Academy Open Evening 5 – 8pm 10 th – YR5 Space Dome Trip 18 th – last day of term 21 st – 1 st November – half term holidays
November	4 th – back to school

Iceland Class Collective Worship last week

Thank you all for a very insightful Collective Worship, we all learned so much about working together as a TEAM that TRUST each other – thank you Iceland Class



What we have been learning this week...

ANTIGUA	This week in Antigua class we have had a super fun filled summer party style week! We have made kites that we flew, learning the song "let's go and fly a kite!" Ball rolling down the ramp was hit as we raced to see what balls were fastest! We made sand castles "at the beach!" And decorated beach balls using finger prints in paint. We made some super colourful cupcakes for our end of preschool party which tasted so yummy! Our Friday party day was full of laughs, dancing and so much fun had by all. We are so proud of all our school leavers and can't wait to see what they get up to in their new big school adventure!
ST LUCIA	This week in St Lucia, the children's final week in reception!! I can't believe how fast the time has gone! It has been a very busy week! The children have loved our summer party theme, making ice creams and counting the items on the beach! Hope you all have a great summer!
MALDIVES	Year one have been busy finishing time in maths. We have been doing lots of assessments to see just how amazing we are after our time in year one. I am so proud of all that every child has achieved. I cannot believe this is my last newsletter to you all and I shall really miss you and the children. Have a lovely summer.
NEW ZEALAND	This week in New Zealand Class, we have been busy exploring the world of expanded noun phrases in English. They enjoyed creating vivid descriptions of characters and settings, bringing their stories to life with colourful adjectives. In Math's, we revisited division, practising sharing and grouping to solve problems. The pupils demonstrated their understanding through fun, hands-on activities. In PE, excitement was high as we played football rounders, combining the skills of both sports. The children worked on teamwork and coordination, making it a fantastic week of learning and play.
MALTA	This week in Malta class we have had an amazing final week to round off the year. On Monday, we spent the day researching our dream holiday. The children researched their destination and designed a flag, created a brochure and packed a bag appropriate for the weather. On Tuesday, the children published their final English piece which was a persuasive letter containing modal verbs and conjunctions. I am so proud off all of the children for their hard work this year, keep smashing it! Mr Baker :)
GALAPAGOS	Galapagos have had a really fun end to year 4! We've played rounders, made pancakes and made the most incredible Lego structures from scratch! I would personally love to wish all year 4's and their parents/carers the best summer break and I can't wait to have them all back again in September!
ICELAND	This week has been filled with coaches, fun and lots of Science. Everyone hopped on the coach, went to the ferry and drove all the way to Winchester. That's right the year 5 & 6's went on a cool trip to Winchester Science Museum. We got to handle so many impressive gadgets and learn about physics. My favourite was a 3D printed hand. By Sophia S
JAMAICA	On Monday we went on the first of 3 trips. The trip was at Ryde Superbowl where we went bowling. At first, we sat in the minibus and got ready to go. On the way to Superbowl we played yellow car. Then after 10 mins we arrived. After that we went inside where we got checked in and started to play. We played the first round normally then had a drink and carried on. The next round was fun and in general it was a good trip. By Szymon

What we have been learning this week...

On Tuesday the year 6's went to Winchester Science Museum and Planetarium. There was a massive guitar there and lots of other cool stuff. We also went in the planetarium which lit up and taught us about space. We could also play on lots of interactive things to learn about Science and it was really fun. The best bit was that we got to make and fly rockets. The lady put methylated spirits in our rockets, warmed it and then lit them. They shot across the room. Overall, I would rate it 5 stars. By Ewan

On Wednesday the 17th July we went to Blackgang Chine for a school trip. First, we went on the minibus. When we got there the first thing we did was run to the Extinction ride. Some people went on it more than once because it was so fun. However, the adults didn't go on it because they just wanted to watch. After that we went to the water slides. It was a lot of fun. Some people got wet while others stayed dry. When everyone had had a turn, it was time for a snack so everyone took out their snacks and drinks and started eating.

Then we went on the barrels (also known as teacups), Blackgang beach and the shipwreck ride, before long it was time for lunch so we found some benches and started eating. When we had finished we went off to the cowboy area and when we got there we were set free to do whatever we wanted to do there. Before long it was time to move onto the next part which was Rumpus Mansion.

Some people found it scary while others found it funny. When we finished we headed off to the Underwater Kingdom (which everyone loved and had so much fun in).

Then we went to have an ice-cream of our choice that Mr Barnes bought us. Thank you Mr Barnes. After that we went to the pirate ship to have some more fun. Finally we went through the maze and when we had all got out we left and headed to school for home time. By Jess

CUBA

This week in Cuba we have been doing our Summer Topic. We have lots of fun making paper plate beachballs. The children really enjoyed making them and playing with them afterwards. We hope you all have a lovely summer break.

HAWAII

This week in Hawaii Class the children celebrated International Cherry Day by tasting, feeling and smelling cherries. We also finished off our topic of the Isle of Wight vs Hawaii by using bicarbonate of soda and vinegar to make volcanoes. The children enjoyed seeing the 'lava' exploding out of the bottles. We then experimented with it by adding more vinegar and shaking the bottles to create a big explosion!

Reminders for September: Looking forward to September can I please remind you:

- Lunch boxes need to be plastic or tin – no soft ones thank you.



- Reading – we will provide a plastic reading cover to put reading bits in. All reading records will be online and we will be using Boom Reader. For EYFS / KS1 we will also be using Collins Little Wandle for our online reads. Children will bring home a sharing book. Mrs Attwell will send out more information in September.
- Water bottles – please make sure these are in daily, during lesson times children are encouraged to drink water to keep them hydrated. If they wish to drink juice they can do so at lunch time only.
- PE kits will continue to be worn into school on PE days – timetables will come out in September.
- I know it is difficult when carrying everything to school and unfortunately, we don't have room for rucksacks, however if your child would like to bring in a draw string bag or a cloth shopping bag that they can hang on their peg they are more than welcome to from September.

Message from Chartwells:

Dear Parents/Guardians,

As you will be aware and has been widely reported, the cost of food has continued to rise significantly. We care deeply about the pupils we serve and we have been working hard to manage soaring inflation by absorbing costs and adapting our menus. Despite our best efforts, the continued, and unprecedented high levels of inflation, now require us to raise the meal price at your child's school to £2.90. This increase will ensure that we can continue to deliver a service that meets the School Food Standards. As always, our menus will continue to provide children a choice of nutritious meals, while catering for those with allergies. Once again, the decision has not been taken lightly. We will continue to do all that we can to mitigate inflation, and provide you the best value for money.

This week in pictures...



Iceland & Jamaica Class at the Winchester Science Hub...



What Parents & Educators Need to Know about WORRY AND ANXIETY

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

UNDERSTANDING WORRY AND ANXIETY

Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential misfortune, while anxiety is characterised by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.

DIFFERENTIATING WORRY FROM ANXIETY

While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more constant and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognise when the former crosses into the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.

WHAT ARE THE RISKS?

LONG-TERM CONSEQUENCES

Untreated worry and anxiety in childhood can have potentially lifelong impacts on a person's mental health and wellbeing. Chronic anxiety may increase the risk of developing anxiety disorders, depression or other mental health conditions later in life. Additionally, unresolved worry and anxiety can negatively impact self-esteem, confidence and overall resilience. It's essential to address these concerns proactively and provide appropriate support and intervention.

THE IMPACT ON CHILDREN

Excessive worry and anxiety can have profound effects on children's mental and emotional health. It may interfere with their ability to concentrate, sleep or participate in daily activities. Chronic worry and anxiety can also lead to physical symptoms such as headaches, stomach aches or difficulty breathing. Left unchecked, these concerns can escalate and potentially contribute to the development of anxiety disorders later in life.

THE EMOTIONAL TOLL

The emotional impact of worry and anxiety on children can be significant, affecting their overall quality of life and wellbeing. Children experiencing chronic worry or anxiety may feel overwhelmed, irritable or helpless. They may also withdraw from social activities or avoid situations that trigger their anxiety, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.

ACADEMIC & SOCIAL IMPACTS

Impacts on the academic performance and social interactions of children and young people are very possible. Frequent worry or anxiety may impair concentration, memory and problem-solving skills, making it difficult for children to succeed in education. Anxiety can also hinder social development by causing children and young people to avoid social situations or to struggle with communication and interpersonal relationships, potentially leading to feelings of isolation or exclusion.

Advice for Parents & Educators

ENCOURAGE OPEN COMMUNICATION

Parents and educators can foster a supportive environment by encouraging children to express their worries and anxieties openly. Actively listening and acknowledging young people's emotions can help them feel understood and supported, reducing the situation's intensity. Creating opportunities for regular check-ins and discussions about one's feelings can promote healthy coping strategies and strengthen communication bonds.

CREATE A SUPPORTIVE ENVIRONMENT

Parents and educators play a crucial role in creating a supportive environment that promotes emotional wellbeing. Establishing routines, providing predictability and offering reassurance can help relieve anxiety and create a sense of security for children. Foster a culture of empathy and understanding, where children feel safe enough to express their emotions and seek support when needed.

TEACH COPING STRATEGIES

Empowering children with effective coping strategies is essential for managing worry and anxiety. Encourage the use of relaxation techniques such as deep breathing, mindfulness or progressive muscle relaxation to calm anxious thoughts and promote a sense of composure. Additionally, teaching positive self-talk and problem-solving skills can help children develop resilience and confidence in managing challenging situations.

SEEK PROFESSIONAL HELP

Recognising when to seek professional help is vital for addressing significant or persistent worry and anxiety in children. If worry or anxiety significantly impacts a child's daily functioning, interferes with their relationships or academic performance, or causes significant distress, it may be necessary to consult with a mental health practitioner. Early intervention can prevent long-term consequences and promote positive outcomes for children's psychological wellbeing.

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which collaborates with schools on improving their mental health provisions.



The National College®

NOTICE BOARD

In partnership with Isle of Wight Music Hub



Clarinet Choir

For players of all ages from grade 3 standard and above.



Saturday mornings during term time

9.30 – 11.30am

At Osborne House

York Avenue, East Cowes, PO32 6JT
Membership fees - tbc

If you are interested in joining from September 2024 please contact us using the details below
music@southampton.gov.uk
023 8083 3648



music@iowmusicclub.org
iowmusicclub.org

023 8083 3648
@MusicHubSouth



ISLE OF WIGHT ATHLETICS CLUB QUADKIDS CHAMPIONSHIPS

"ISLE IMPIX"



At the Ray Scovell Athletic Centre,
Fairway, Sandown
Saturday 10th August 10.30am



Multi-events which includes 75m Sprint, Long Jump, Vortex Howler Throw and 600m Race. Points scored for each individual performance the highest score is crowned Champion



2023/24 School Years 4 and 5 Boys
and Girls
IWAC members £2 entry, non-
members £4
Closing date for entries Wed 8th
August

for application details contact iowathleticclubmembership@gmail.com

SUMMER HOLIDAYS ON THE ISLE OF WIGHT

**FIND
SUMMER
HOLIDAY
FUN
ON
THE ISLE OF
WIGHT ROCKS
ROCKS**



Visit the Isle of Wight Rocks this summer to find fun things to do with the kids.

With community events, places to visit, parks and walks and much more, we'll take the hassle out the holidays.

**CLICK HERE TO
TAKE A LOOK**

LOCAL EVENTS




FREE THINGS TO DO

PLACES TO VISIT



PARKS AND WALKS

ATTENDANCE	
Class	Attendance
Antigua	89.9%
St Lucia	90.8%
Maldives	92.2%
Cuba	86.8%
New Zealand 	93.6%
Malta	92.5%
Galapagos	90.7%
Iceland	89.9%
Jamaica	93.3%
Hawaii	84.9%

SchoolMoney Payments:

It is important to log on to SchoolMoney to check for any outstanding balances that may be due before the academic year ends. Please make sure that all monies owing to school are paid in full. If your child will continue to have school dinners, please make sure you have put enough credit on the account to cover any future payments. If you have arrears with wraparound care then unfortunately we will not be able to provide any further sessions until this is paid. If you are experiencing financial difficulties, please do contact the office. All calls will be dealt with in the strictest of confidence.



ATTENDANCE MATTERS



Every school day counts BUT every minute is equally important!

Reflection of the week...

