

Truth – Being honest  
Respect – Being Fair  
Unity – Being Friendly  
Sincerity – Being Genuine  
Tolerance – Being accepting

# Brading CE (Controlled) Primary School



We are a Team that Trust each other to unlock potential.  
Tel: 01983 407217 email – admin@bradingcepri.iow.sch.uk

## News from Brading CE Primary School

Headteacher: Mrs B Gilbert

**Our Christian Values: TRUST - TRUTH, RESPECT, UNITY, SINCERITY, TOLERANCE –**

**This week our focus has been on TRUTH**

6<sup>th</sup> March 2026

Dear Parents and Carers,

As we move further into the school term, it has been a pleasure to see our school full of energy, curiosity and determination. Our pupils continue to approach their learning with enthusiasm and show great care and respect for one another. It is a pleasure to see their confidence grow as they take on new challenges and celebrate their achievements together.

**Attendance Week** – Last week we had our second attendance week here at Brading. I would just like to say a massive thank you and well done to all of the children who won awards, so proud of you all.

**School Visit** - Cuba class had an amazing trip to Amazon World on Tuesday. All of the children really enjoyed seeing all of the different types of animals and loved spending time in the soft play area. We have 2 classes out on trips next week. St Lucia are visiting Tapnell Farm and Galapagos are going to Brading Roman Villa. Please, if you haven't done so already complete the permission forms and give to the class teacher or the office. Without these your child cannot attend school trips.

**World Book Day** – Today we celebrated World Book Day. It has been so lovely to see all of the children dressing up as their favourite book characters. Also, thank you to the staff for joining in too. As per the email sent out recently, we have some spare book vouchers here in the office if anyone would like to collect for Siblings and Grandchildren.

**Red Nose Day Competitions** – We will be taking part in Red Nose Day on Friday 20<sup>th</sup> of March. This week a competition sheet went home with the children. I am asking the children to design their very own red nose. I would love the children to be as imaginative as they can be. They could choose a sea themed one, a farm, different patterns or just simply a colour. Alongside this I would love the children to come up with their funniest joke. The winners from each class will be able to read their jokes out in Collective Worship on that day. Please can all Red Nose Designs and Funniest Jokes be sent back into school by Monday 16<sup>th</sup> March. There will be prizes given to the winners of each class.

**Upcoming events** – Please pop the following dates in your Diary

- **Mother's Day Service (13.03.26)** – This will be held in the school hall so please arrive at school ready for it to start at 8.40am, everyone is welcome.
- **Red Nose Day (20.03.26)** – Children are welcome to come dressed wearing stars and stripes. We are asking for a £1 donation from each child to wear MUFTI. We will be donating all money raised to the Red Nose Day Appeal.
- **Easter Service at St Marys Church 1pm start (27.03.26)** – Everyone is welcome to come and join us. If you would like to walk up with your child to church please arrive at school for 12.30pm.

**Safety reminder -**

**Parking at The Wheatsheaf Carpark** – We have been advised to inform all parents and carers that you will not be allowed to use their carpark at drop off and pick up times. This is for their customers only. We have parking permits in the office which allows you to park at the top car park by St Marys church. Please pop into the office to collect one.

Have a fabulous weekend and remember my door is always open.

Mrs Gilbert  
Headteacher

**P.S** – Please don't forget Mrs Willshire and myself are available from 8.30am everyday if you need to discuss anything. All teaching staff are not available in the mornings but will be available after school only.

**Collective worship this week** – we have been continuing to focus on Respect  
**Bible Reflection** – "Do to others as you would have them do to you"

### Weekly Focus

**Water Bottles** – Please can I remind you that children should only be bringing water in with their bottles each morning. We have started to see a rise in squash being used.

# School Reminders

## Safeguarding Reminders

**Safety End of the day Pick up** - We have reminded all of the children that they should stay with their adult when they leave. Once you have picked up your child from school please make sure that they stay with you. Year 5 & 6 children who leave school without an adult, please remember you are representing the school and to be safe at all times. All roads are dangerous and I don't want any accidents happening, especially as the evenings are still quite dark. In addition, can I please remind you about parking sensibly. There are residents who also live along this road and we all should be considerate of this. – If your child is not attending their fun club, you will need to let the office know and sign them out. Children attending clubs in Years 5&6 still need to be collected by an adult after. Don't forget that we need to keep the entrance of school clear in case the emergency services need to attend. This includes the yellow zigzag zone is strictly no parking.

**Absences/Illness** - Please make sure if your child is going to be absent from school due to illness, medical appointments or any other reasons, you need to provide the office with a phone call, email or pop into the office (also any supporting letter you may have) on the day of the absence to inform them. Remember to please keep your child off of school for 48 hours after the last episode of diarrhoea and vomiting before bringing your child back into school. If we do not hear from you by 9.15am we will ring you. This is part of our duty of care and our safeguarding to ensure everyone is kept safe.

## Other Reminders

**Headlice** – We have started to see a rise with Headlice in school. It is important to check your child's hair for head lice. The best technique is to use a head lice comb when the hair is wet, leaving in conditioner and combing the hair in sections. When the hair is wet, head lice cannot move so they are easier to comb out. Please note that they do not jump or fly, you can only catch head lice from head to head contact. Treat appropriately: the wet combing technique eradicates the lice and eggs. This should be done every 3 to 4 days over a 2-week period to break the life cycle. If you require further information please have a look at the following website: <https://www.chc.org/how-to-treat-head-lice-and-nits-successfully/> Children who become clear of head lice can be re-infected at school. You can help to tackle this by following good prevention, by being vigilant to spot any new infections or re-infections and by seeking prompt treatment if you find any head lice.

**Wraparound Care Booking** – Remember that there is a new way to book Wraparound. Ideally, we will need a week's notice of any bookings for Wraparound. To make sure the booking is secure for wraparound, we will require you to send us an email and make payment on School Money. Do not assume your child has a place until you receive an acknowledgement from the school office. Any bookings made on school money without contacting the office will be invalid.

**Sharing Worship** – Please remember the change in time for Sharing Worship moving forward. These will take place on Friday mornings from 8.35am. We will always contact you via text inviting you along if your child has received a certificate.

**Lunch boxes/Bags** – Please remember that the children can only use hard plastic lunches boxes in school. Please do not send your child in with a material one. Also, we cannot have rucksacks in the classrooms. Please send your child in with a drawstring bag or a book bag that can fit in their trays.

# Dates for Your Diary

## March

10<sup>th</sup> – St Lucia's trip to Tapnell Farm

11<sup>th</sup> – Galapagos' trip to Brading Roman Villa

13<sup>th</sup> – Mothers Days Service in the Hall at 8.40am

20<sup>th</sup> – Red Nose Day (wear spots and stripes)

27<sup>th</sup> – Easter Service at St Marys Church at 1pm.

27<sup>th</sup> – Last day of term for Easter

## April

13<sup>th</sup> – First day back at school

### Foodbank Vouchers

Mrs Willshire is able to issue Foodbank Vouchers to anyone who may be struggling. Please email Mrs Willshire to request one if required.

[Jo.willshire@bradingcepri.iow.sch.uk](mailto:Jo.willshire@bradingcepri.iow.sch.uk)

# Attendance

**Whole School Target: 95%**  
**Current weekly % = 85.87%**

Class	% Last Week
Antigua	96.1%
St Lucia	84.3%
Cuba	75.6%
Hawaii	90%
New Zealand	85%
Galapagos	96.2%
Jamaica	81%



## Penalty Notice Fines for School Attendance are Changing.

As set down by the Department for Education, penalty notices can be issued for unauthorised absence. With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notice Fines issued after 19th August 2024.

### Per Parent, Per Child

Penalty Notice Fines will now be issued to each parent, for each child that was absent.

#### For example:

3 siblings absent for term time leave, would result in each parent receiving 3 separate fines.

### 5 consecutive days of term time leave

Penalty Notice Fines will be issued for Term Time Leave of 5 or more consecutive days. INSET training days are school days and can be included in the 5 or more consecutive days where there was intent to be absent for term time leave.

### 10 sessions of unauthorised absence in a 10-week period

Penalty Notice Fines will be considered when there has been 10 sessions of unauthorised absence in a 10 week period.

### 1 First Offence

The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be:

**£160 per parent, per child paid within 28 days.**

**Reduced to £80 per parent, per child if paid within 21 days.**

### 2 Second Offence

#### Within 3 years

The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be: £160 per parent, per child paid within 28 days.

### 3 Third Offence

#### And Any Further Offence (Within 3 years)

The third time an offence is committed for Term Time Leave or Irregular Attendance a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent, per child.

Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate, due to 'failure to safeguard a child's education'.

# Attendance Traffic Light System



90% and below

90 - 95%

96 - 100%

**Concern**  
Drastic affect on academic achievement.

**Cause for Concern**  
We work with our EWS Officer who will conduct home visits when attendance becomes a concern

**Excellent attendance!**  
Keep up the good work.

**MISSING SCHOOL = MISSING OUT!**  
96 – 100% attendance equates to 4- 7 days off each year  
90-95 % attendance equates to 9-20 days off each year (50-100 lessons lost)  
90% and below equates to 20-30 school days off each year (100-150 lessons lost)

We want our children at Brading CE Primary to enjoy coming to school.  
Research proves that there is a high correlation between school attendance and academic performance and success.  
Absence from school is often the greatest single cause of poor performance and achievement.  
Ensuring children attend school is crucial for the welfare of children and safeguarding their wellbeing.

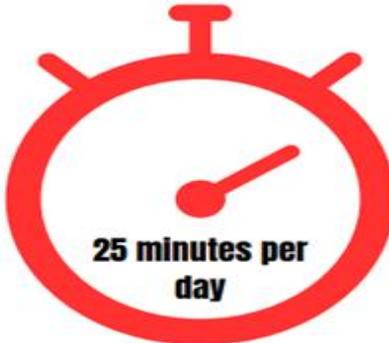
## EVERYDAY MINUTE COUNTS



**3 school days lost per year**



**10 school days lost per year**



**19 school days lost per year**

If you have any safeguarding concerns within the school or the community please see the below poster. These are our school Designated Safeguarding Leaders. They are always here to help.



# Safeguarding

is everyone's responsibility



If you have concerns regarding a child in our school or community please report immediately to a DSL or DDSL.

Designated Safeguarding Lead



Mrs Beverley Gilbert

Deputy Designated Safeguarding Leads



Mrs Jo Willshire



Miss Clare Matson



Mrs Alison Attwell

Contact information:

Isle of Wight MASH – 01983 823436

LADO – 01983 823723 (only call if urgent otherwise use online form)

Safeguarding Governor – Dave Piggott & Pat Redfern



### Wraparound care prices:

Breakfast Club - £4 (from 7.45am)

Wraparound until 4pm - £6

Wraparound until 5pm - £8

Wraparound until 6pm - £12 (this needs to be agreed by Mrs Gilbert with prior notice)

Wrap Around number – 07864599219

All to be booked via SchoolMoney

### Class emails:

[antigua.class@bradingcepri.iow.sch.uk](mailto:antigua.class@bradingcepri.iow.sch.uk)

[cuba.class@bradingcepri.iow.sch.uk](mailto:cuba.class@bradingcepri.iow.sch.uk)

[stlucia.class@bradingcepri.iow.sch.uk](mailto:stlucia.class@bradingcepri.iow.sch.uk)

[newzealand.class@bradingcepri.iow.sch.uk](mailto:newzealand.class@bradingcepri.iow.sch.uk)

[galapagos.class@bradingcepri.iow.sch.uk](mailto:galapagos.class@bradingcepri.iow.sch.uk)

[jamaica.class@bradingcepri.iow.sch.uk](mailto:jamaica.class@bradingcepri.iow.sch.uk)

[hawaii.class@bradingcepri.iow.sch.uk](mailto:hawaii.class@bradingcepri.iow.sch.uk)

### PE Days:

Cuba - Friday

St Lucia - Wednesday

New Zealand - Wednesday

Galapagos – Thursday/Friday

Jamaica – Tuesday/Thursday

Hawaii – Tuesday

Children are to come in their PE kits on these days.

### Coats, Hats and Scarves

Now that the temperature has dropped, can you please ensure children have a warm, waterproof coat in school every day. Children can wear hats and gloves at break and lunch times, but scarves may only be worn to and from school for health and safety reasons. Please make sure all items are named to prevent them from getting lost!

Thank you

### Fun Clubs:

Mon – Sports Activities at the Bay  
for Yr. 5&6

Mon – KS1 Easter Club

KS2 – Gardening Club

Tues – Yr. 6 SATS BOOSTER Club

Wednesday – Yr. 1,2&3 Sports Club

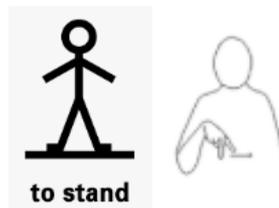
Thursday – New Carnival Club KS 1/2

Please contact the office to book.

### Makaton

As part of our ongoing learning here at Brading Primary School we focus on a Makaton symbol every week.

Here is our next Makaton sign.



# Attendance Traffic Light System



90% and below

90 - 95%

96 - 100%

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**Drastic affect on academic achievement.**

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## EVERYDAY MINUTE COUNTS



**3 school days lost per year**



**10 school days lost per year**



**19 school days lost per year**



# SCHOOL LUNCH

## WHAT'S COOKING?

### **SCHOOL MENU WEEK COMMENCING 9<sup>th</sup> March 2026**

We also offer Vegetarian options, tomato pasta as well as jacket potatoes, baguettes and sandwiches with a selection of fillings each day.

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato Pizza Veggie Meat Feats Pizza	Beef Bolognese	Roast Pork Roast Quorn	Chicken and Vegetable Korma	Fish Fingers Quorn Nuggets
Crunchy Apple Slice	Strawberry Shortcake Mousse	Chocolate Brownie	Strawberry Jelly	Oat Cookie with Fruit

# THIS WEEK AT BRADING

## ANTIGUA

We have had another busy week in Antigua class, our theme this week has been safari animals. We have been out with our clipboards looking for safari animals in our garden, that was great fun. We have had lots of different tuff trays to enjoy with our friends. This week for cookery club we made chocolate nests as we had been out looking for real nests in the garden as part of our scavenger hunt. We really enjoyed eating our chocolate nests! For world book day all the children had fun dressing up and enjoying role play with their friends. We read some of our favourite stories during the day.



## CUBA

This week we have been exploring our safari topic, our book is Animal Boogie. We have enjoyed dancing to the song and exploring wild animals in sensory trays. Today we explored the animal puppets as we read the book. The highlight of our week was our amazing trip to Amazon World, where we saw real animals and explored soft play.



## ST LUCIA

This week in St Lucia class we have been on safari. We started the week going on a 'jeep' to see the animals. We have then been printing animals which turned out beautifully. Finally, we ended the week going to the field and using a range of natural materials like leaves to create our own lion mane masks.



# THIS WEEK AT BRADING

## NEW ZEALAND

This week, we have been looking at the commutativity within multiplication and division. The children have made equal groups through grouping and sharing. In English, we received a letter from Jack and got some magic beans! We decided that the beans needed soil to grow so we gave them to Mrs Cooney and the gardening club. They planted them in the flower bed and we are keeping an eye on whether a beanstalk will grow or not! What do you think? We sequenced the story and acted out the key points of the story. In science, we have been learning about garden and wild plants. In history, we sorted toys from the past and present and discussed how toys and their materials have changed over the decades. In PE, we danced to the beat of 'I just can't wait to be king' from The Lion King. In PSHE, we discussed the school environment both inside and out. We also received individual letters from Councillor Binfield in response to our letters to Brading Town Council. Therefore, a special thank you to him for taking the time to read and reply to our letters!

## GALAPAGOS

We have had a lovely week in Galapagos class, we have delved further into our Ancient Egyptians topic by exploring the mummification process as well as parts of a tomb. The children even had a go at turning a friend into a mummy by wrapping them in toilet roll! We have also began writing our Egyptian Cinderella narratives and the children have made a fantastic start! In science we explore opaque, translucent and transparent materials, seeing which ones reflect the most light. After experimenting we decided shiny, opaque materials are best! In PE the children have been loving our dance topic! They even had a go at choreographing their own pieces this week which was a lot of fun! See you next week! Have a great weekend!

## JAMAICA

This week in Jamaica class, we have been exploring sports through the 20th century as part of our topic. We created timelines to show how sport progressed, and recognised the impact that sporting events had on the economy. On Tuesday, we investigated light sources as part of our science topic. We discussed how humans see objects, and linked this to light and reflections.

## HAWAII

In topic this week the children learnt how ancient Egyptians mummified their dead to preserve the body as a recognisable home for the soul to reunite with the afterlife. We then practised mummifying each other! We also wrote instructions on how to make a mummy during English. During computing we learnt how to rotate, resize and crop photos.



# Class HOOKS for this Term

## ANTIGUA

Our topic this week has been Chinese New Year so we had an amazing experience trying a range of Chinese inspired food for our hook including noodles, spring rolls and prawn crackers.

## CUBA

Chinese New Year – We have enjoyed tasting spring rolls and prawn crackers for snack. The children really liked noodle play and spent a long time exploring them.

## ST LUCIA

Our topic this week has been Chinese New Year so we had an amazing experience trying a range of Chinese inspired food for our hook including noodles, spring rolls and prawn crackers.

## NEW ZEALAND

Learning all about the Toys from the Past.

## GALAPAGOS

We have been transforming the classroom into an ancient Egyptian tomb for the children to explore and discover hidden Egyptian Artefacts.

## JAMAICA

Talking about holidays in the 20<sup>th</sup> century.

We looked into Butlins holidays in the 1950s and foreign holidays travelling by aeroplane in the 1980s

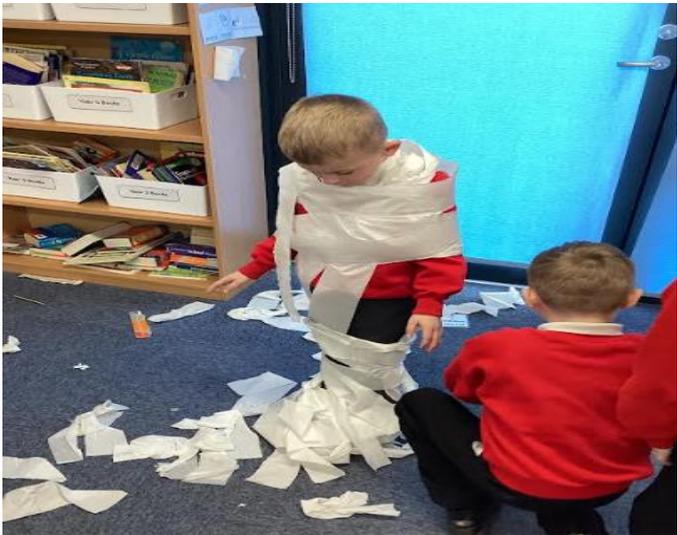
## HAWAII

We have been transforming the sensory room into an ancient Egyptian tomb for the children to explore and discover hidden Egyptian Artefacts.

# This week in photos





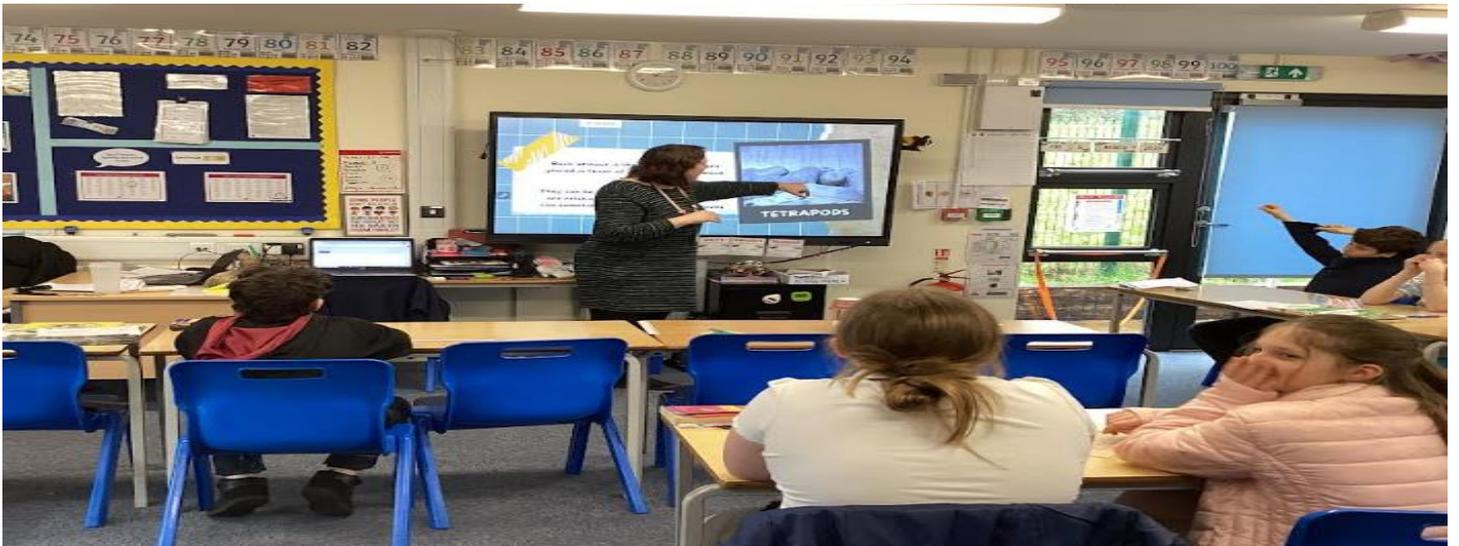
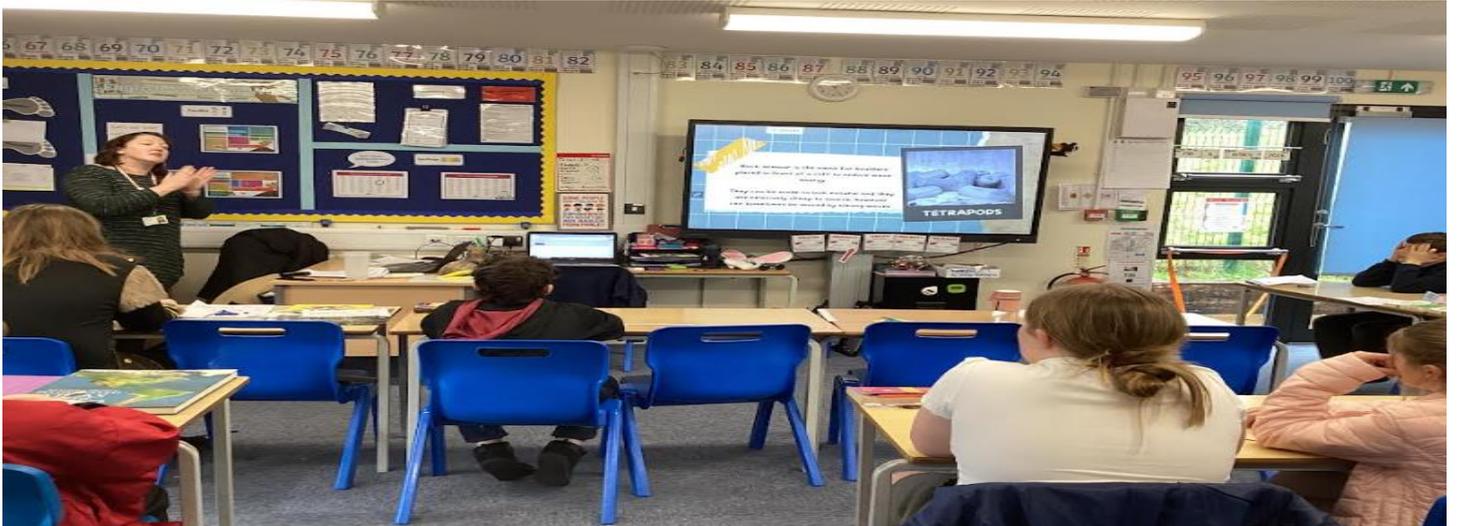


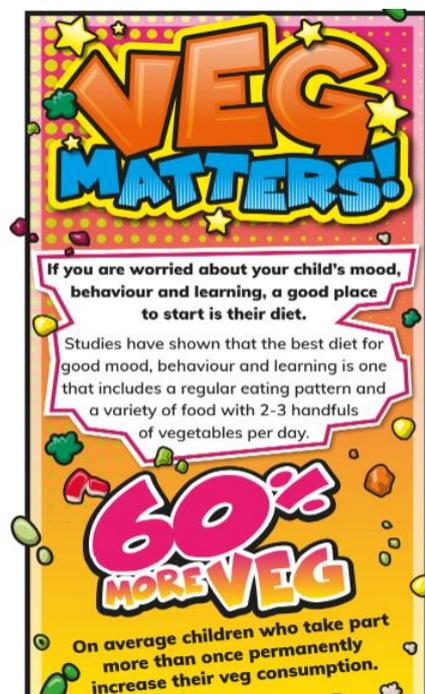
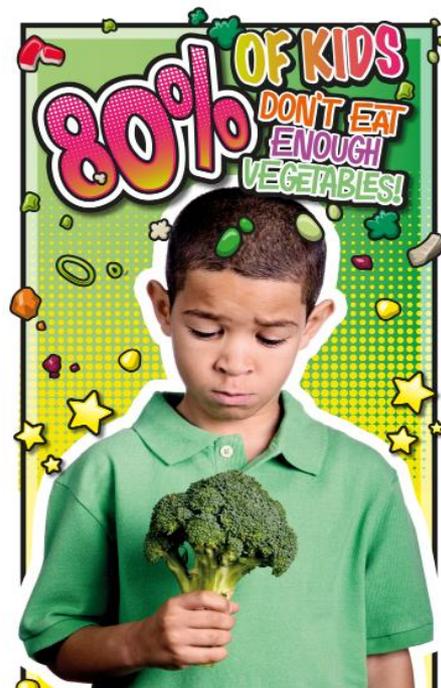
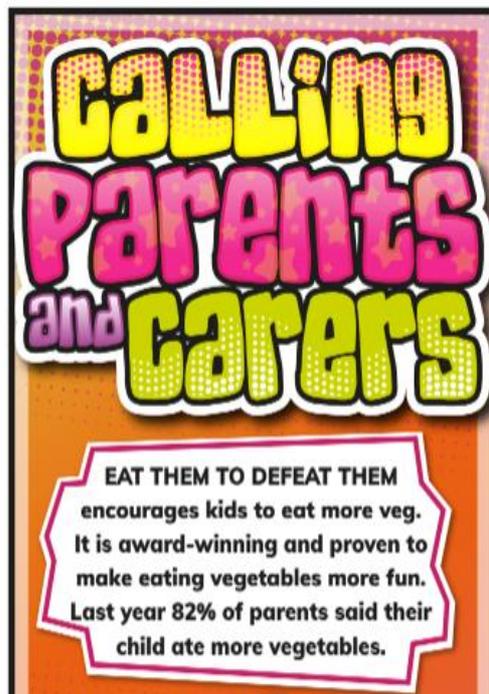
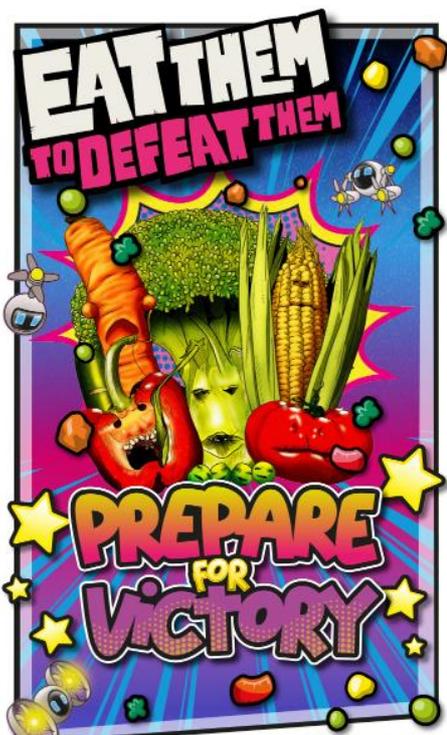


This week in Gardening Fun Club the children planted Magic Beans. We cannot wait to see what they grow into.



Jamaica Class took part in a Coastal Management Workshop on Friday.





The children were sent home with an eat them to defeat them pack this week. This is to encourage children to eat more vegetables. We would love it if you could get your children involved at home.



# Friends of Brading

If you would like to support the school and the children by arranging some fun, exciting events while raising much needed funds, please let the office know! Absolutely anyone who has a connection with Brading Primary can become a 'Friend of Brading'. Mums, Dads, Guardians, Carers, Grandmas, Grandads – you are all welcome to join

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



## What parents need to know about SCREEN ADDICTION



### HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults, showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

### LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

### LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



### CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

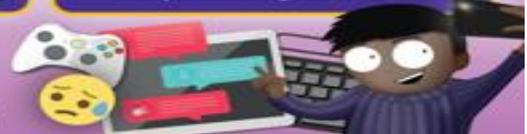
### APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



**National Online Safety**

## Top Tips for Parents



### LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

### LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their devices, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

### REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

### LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

### STATISTICS

**52%** of children aged 3-4 go online for nearly 9hrs a week

**82%** of children aged 5-7 go online for nearly 9.5hrs a week

**93%** of children aged 8-11 go online for nearly 13.5hrs a week

**99%** of children aged 12-15 go online for nearly 20.5hrs a week

### ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their outdoor activities to show your support.

### MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

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**NHS**

**Hampshire and  
Isle of Wight Healthcare**  
NHS Foundation Trust

The school nurse will be offering drop-in sessions each term bookable via school.

The slots are for 30 minutes and these are bookable through Mrs Willshire, please

email: [jo.willshire@bradingcepri.iow.sch.uk](mailto:jo.willshire@bradingcepri.iow.sch.uk)

Next session: This will be Nutrition sessions followed by clinic

Date: Wednesday 18<sup>th</sup> March 2026

Time: 9am – 11am

Your school nurse can support with the following health concerns:

Physical Health concerns related to school absences: not chronic or persistent absenteeism.

Long term conditions e.g. asthma, eczema, impacting on schooling.

Support for healthy lifestyles - diet and exercise.

Growth concerns

Support around Sleep

Continence i.e. night/daytime wetting, soiling, constipation



# Chartwells

So much more than fantastic food

Have a passion for catering, would like to join our team of School Caterers?

Chartwells are the leading school meal providers, and we have an opportunity for the following positions:

## **Brading Primary School – Kitchen Assistant**

**7.5hrs – daily of 1.5hrs or 3 days of 2.5hrs**

### **Interested read on.....**

You would be helping the School Cook with food preparation, serving the pupils and general kitchen duties.

Always an opportunity to increase if interested in catering too.

Job Type: Term Time only

Position availability: Now after DBS clearance

Hourly rates: Upon application

If you are interested, please apply by ringing the ICW office 01983 550500

Good luck and we will be in touch very soon.

# Parenting Puzzle

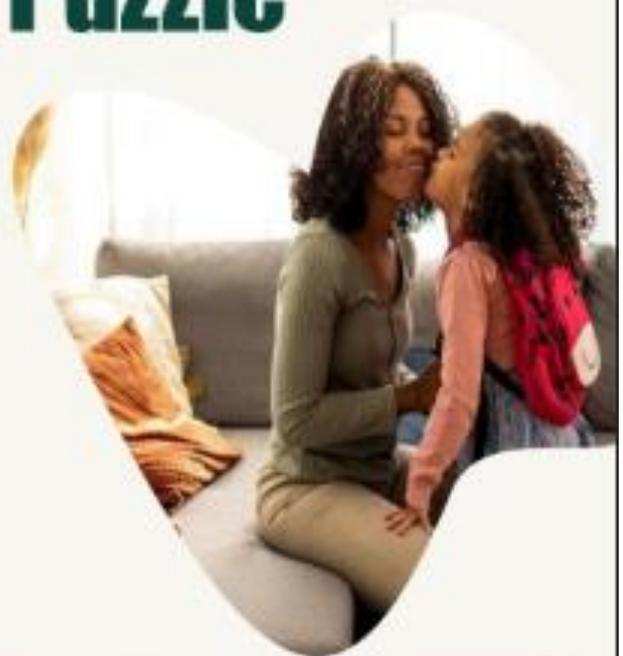
**Are you a parent or carer of a child aged 3-5 years?**  
Parenting can be challenging... but you don't have to figure it out alone.

Join our **FREE 5-week Parenting Puzzle Programme**, developed by the **Centre for Emotional Health** and based on proven strategies that really work.

Our 5<sup>th</sup> week includes our **Preschool and School Readiness workshop**.

This relaxed and supportive course will help you:

- ✔ Understand your child's emotional needs
- ✔ Build stronger communication and connection
- ✔ Manage behaviour positively
- ✔ Reduce stress for the whole family
- ✔ Feel more confident in your parenting



## Up coming dates:

Face to face at Ryde Family Hub

**Starting 12<sup>th</sup> January 2026 for 5 consecutive**

**Mondays, ending 9<sup>th</sup> February 2026**

**9.30am until 11.30am**

Or

Online via Microsoft Teams

**Starting 27<sup>th</sup> February 2026, for 5 consecutive**

**Fridays, ending 27<sup>th</sup> March 2026**

**9.30am until 11.30am**



You don't have to be struggling to benefit – the Parenting Puzzle is packed with strategies and insights that are valuable for **all** parents and carers of children age 3-5 years.

You'll meet other parents and carers, share experiences, and discover practical tools to make family life calmer and happier.

**For more information check out our website** [Parenting Puzzle & The 10 Week Nurturing Programme : Isle Of Wight Family Centres](#)



Scan the QR code to Contact us now : [Contact Us : Isle Of Wight Family Centres](#)



## Never miss school notifications

Download the School Jotter Mobile App today and you'll get:

-  News and message notifications
-  School calendar access
-  Other links to useful resources



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Type in Brading in the search bar at the top

Click on Brading

Click Select

You won't need to do this each time

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LEWIS



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Exclusive retailer offers



Competitions



A warm feeling inside!

Over  
**£60m**  
raised for UK good causes

**£0**  
extra cost to anyone



# The Isle of Wight Salvation Army

Working together to fight against hygiene poverty



Providing people with essential hygiene and household cleaning items.

If you are experiencing financial difficulties and as a result experiencing hygiene poverty please speak with a professional. Your GP, childrens school, social worker etc and request a hygiene bank referral.

If you do not have a professional contact please contact the Isle of Wight Salvation Army hygiene bank on the details below .

## Contact Us

📞 01983 526312

✉️ [IsleofWight@salvationarmy.org.uk](mailto:IsleofWight@salvationarmy.org.uk)

📍 72 Pyle Street, Newport,  
Isle of Wight, PO30 1UJ

Please contact Mrs Willshire via email: [jo.willshire@bradingcepri.iow.sch.uk](mailto:jo.willshire@bradingcepri.iow.sch.uk) if you require this service.

# Occupational therapy

## Parent advice sessions

The NHS Occupational Therapy Team will be running monthly parent advice sessions. These sessions are open to any families which don't have an existing referral.

The sessions will be with an Occupational Therapist and an Assistant.

The team will be able to give advice, signpost to other services / charities and support with completing a full referral to Occupational Therapy if it is felt the needs discussed require a full assessment.

The team will be able to support with advice around:

- Self Care tasks - e.g. washing, dressing, using cutlery, toileting
- Fine motor skill development
- Play skills
- Preschool / school readiness



### Session Dates for 2026

(more dates and locations may be added if required):

15 Jan, 19 Feb, 19 March, 16 April, 21 May and 18 June.

Slots will be available at 9am, 10am and 11am.

Appointments will last for 45mins.

To book, contact the department on **01983 534520** or via email to **[iownt.paediatric-ot-mailbox@nhs.net](mailto:iownt.paediatric-ot-mailbox@nhs.net)**

Sessions will take place at the Childrens Therapies Department,  
St Mary's Hospital, Newport, Isle of Wight



# The Nurturing Programme



If you have a child aged 3 to 13 years,  
then this programme is for you.

The Nurturing Programme offers strategies to add to your parenting toolkit, giving you positive ways of helping children handle their feelings and behaviour.

**We have 2 new courses starting in January at our Newport Family Hub**

**Wednesdays - 7<sup>th</sup> January until 18<sup>th</sup> March**

(no session in February half-term)

9:30am till 11:30am

Or

**Mondays - 12<sup>th</sup> January until 23<sup>rd</sup> March**

(no session in February half-term)

9:30am till 11:30am



Please visit our website and complete the contact us form to register your interest:

[www.isleofwightfamilycentres.org.uk/contact-us](http://www.isleofwightfamilycentres.org.uk/contact-us)



For any questions or support booking on, please email [iowfamilycentres@barnardos.org.uk](mailto:iowfamilycentres@barnardos.org.uk)  
or call 01983 529208





Hampshire  
SENDIASS

# Y6 SECONDARY TRANSITION

Join Lisa for our SEN Support Workshop

- Learn what a smooth transition looks like
- Explore practical SEN strategies
- Make the most of the time before September
- Get signposted to extra guidance

March 2026

Friday 6<sup>th</sup> 13:00

Tuesday 10<sup>th</sup> 17:00

Thursday 12<sup>th</sup> 10:30



JOIN US VIA  
TEAMS



[WWW.HAMPSHIRESENDIASS.CO.UK/WORKSHOPS](http://WWW.HAMPSHIRESENDIASS.CO.UK/WORKSHOPS)

Scan for our Padlet's  
and information

# Additional Information and Services



We have created a number of Online Notice Boards, known as Padlet's, full of information and guidance on a range of topics, including:

**Best Start in Life**

**Early Language**

**Oral health**

**Infant Feeding  
Support**

**Nutrition and  
Healthy Eating**

**Neurodiverse  
Information, Resources  
and Services**

**Toileting**

**School  
Readiness**

**Health Visitor  
Drop-in Clinics**



## Parent and Caregiver Peer Support Sessions

Where: Gunville Methodist Church Hall

When:



11<sup>th</sup> September 2025 (10am - 12 noon)

6<sup>th</sup> November 2025 (10am - 12 noon)

15<sup>th</sup> January 2026 (10am - 11am)

5<sup>th</sup> March 2026 (10am - 12 noon)

7<sup>th</sup> May 2026 (10am - 12 noon)

Come along to meet with other parents / caregivers for an informal meet up and chat about your neurodiversity journey. Refreshments provided. No need to book, just turn up.

Free onsite parking.

### Webinars

We host a range of webinars, that all parents and caregivers are welcome to join:

- Accepting Adolescence
- Break-Through 'Behaviour'
- Child to Parent Violence
- Feel without Fear
- Navigating Neurodivergence
- Reestablishing Routines
- Seasonal Sensory Awareness
- Sleep

### Parent Peer Support Groups

We host regular parent peer support groups and drop in sessions. (Details available upon request).



## Isle of Wight Neurodiversity Team

### Let's Walk Together on This Journey

- Celebrate neurodiversity.
- Understand strengths and differences.
- Support each child's growth every step of the way on the Isle of Wight.



If you have difficulty understanding this document, please contact us on 01983 821000 and we will do our best to help you.

## Isle of Wight Neurodiversity Team

### Parent Information Leaflet

2025/2026

Delivered by the Isle of Wight  
Neurodiversity Team

# Neurodiversity Team – Embracing Strengths, Supporting Journeys (0–19 years, Isle of Wight)

We value each child's unique neurotype and collaborate to provide respectful, practical support for families, schools, and professionals across the Isle of Wight.

## Our Team

We bring together a network of specialists including:

- Family Support Workers
- Neurodiversity Practitioners
- Sleep Practitioners

Each professional contributes to a holistic, strengths-based approach co-created with families and settings.

## What Is Neurodiversity?

**Innate differences** (e.g., autism, ADHD, dyslexia, dyspraxia, Tourette's, sensory needs): natural variations in brain function.

**Acquired differences:** brain changes arising from life experiences like trauma or health conditions.

## Our Vision & Mission

- A **needs-led, island-wide response**, with clear pathways for support.
- A **system-wide approach**, involving health, education, local services, and community partners.
- Promoting **timely, meaningful strategies** at home and in educational settings.
- **Empowerment through awareness** of evidence-based, affirming support.

## How We Support You

**Signposting & Universal Guidance** No diagnosis needed—access support, resources, and community links.

**30-Minute 1:1 Consultations** Confidential support sessions to explore needs and co-develop tailored strategies.

**Neurodiversity Profiling Tool** A collaborative visual assessment across nine developmental areas to spotlight strengths and areas for support.

**Training & Workshops** For families, schools, and organisations—building neuro-knowledge and inclusive practices.

## Inclusion & Impact

- **Strength-Based & Neuro-Affirming** We celebrate and validate neurodivergent ways of being.
- **Collaborative Co-Production** Families, schools, professionals, and young people partner in decisions and support planning.
- **Evidence-Informed, Practical Strategies** Tools that work in real life—home, school, and community.

## Accessing Support

- Contact us directly to discuss needs or book consultations.
- Referrals welcome from families, schools, health professionals, or community organisations.

