

Truth – Being honest  
Respect – Being Fair  
Unity – Being Friendly  
Sincerity – Being Genuine  
Tolerance – Being accepting

# Brading CE (Controlled) Primary School



We are a Team that Trust each other to unlock potential.  
Tel: 01983 407217 email – admin@bradingcepri.iow.sch.uk

## News from Brading CE Primary School

**Headteacher:** Mrs B Gilbert

**Our Christian Values: TRUST - TRUTH, RESPECT, UNITY, SINCERITY, TOLERANCE -**

**This week our focus has been on RESPECT**

23<sup>rd</sup> January 2026

Dear Parents and Carers,

As we continue through this busy and exciting term I would like to thank everyone for adapting so well over the last few weeks with the enrichment Fridays. Over recent weeks the children have taken part in a wide variety of activities designed to deepen understanding, spark imagination and bring learning to life. Educational visits and visitors play a vital role in enriching our curriculum. This term, the children will be benefiting from trips linked to their learning, as well as visits from authors, performers and community members. These experiences help them see the relevance of what they learn in school and broaden their understanding of the world around them.

This week St Lucia had their very first school trip to Isle Imagine. They all had an amazing time and told me all about it when they got back.

Our second group of children went on their first session of Golf at Westridge today. They had an amazing time and cannot wait to go again next week.

**Our HOOKS for this term -** This term so far it has been wonderful seeing all of the children really engaged when it comes to their topics. Below is a little bit of information of what they have been getting up to so far.

**CUBA** – We have been exploring people who help us. We have had a dress up day and we have been focusing on Doctors.

**ANTIGUA** – We have been looking at people who help us, concentrating on police and fire fighters. We have been talking about calling 999 if we need anyone from the emergency services. Talking about how to put a fire out and why we would call the police.

**ST LUCIA** – We started the half term looking at winter. We painted ice, did an experiment on creating our own ice and went outside to explore changes. We have then moved onto our topic ‘people who help us’ where we came in and found our role play area had become a police station. We then went on our first school trip to isle imagine.

**NEW ZEALAND** – As part of Design and technology we have designing, creating and evaluating large scale cardboard planes. For our topic no place like home we visited all of our class name islands from here at school to make comparisons to our own island (The UK) We have also been making stamps.

**GALAPAGOS** – We have been discussing natural disasters, tornados, volcanos, earthquakes and tsunamis. Children acted out and made music to create a performance to represent a story.

**JAMAICA** – We have been recreating a real-life water cycle in Ziploc bags using blue water and a sharpie pen. This mimics the real-life process of precipitation and condensation. These are on our classroom window and we can watch the water cycle in action every day.

**HAWAII** – Our hook into our new topic Extreme Earth was to create exploding volcanoes! The children created a volcano using Lego. They thought about the texture and colour of their build. They then adding vinegar to baking soda and food colouring and watched the 'lava' flow over their models.

**Collective worship this week –** we have been continuing to focus on Truth

**Bible Reflection –** ‘The sum of your word is truth and every one of your righteous rules endures forever

**Booking Wraparound** - Going forward from today there will be a slightly different way to book Wraparound. Ideally, we will need a **week's notice** of any bookings for Wraparound. If you are unable to know this far in advance, the latest we must know is 3pm on the previous day. To make sure the booking is secure for wraparound, as from Monday 26th January, we will require you to send us an email and make payment on School Money. The latest time you will be able to book is by 3pm on the previous day. eg. book by 3pm on a Wednesday for wraparound on a Thursday. Do not assume your child has a place until you receive an acknowledgement from the school office. Any bookings made on school money without contacting the office will be invalid.

**School Nurse** – we have the school nurse booked in to visit on Thursday 5<sup>th</sup> Feb. This session is booked in from 9am until 11am. Please contact Mrs Willshire if you would like to book in to see her. Your school nurse can support with the following health concerns: Physical Health concerns related to school absences: not chronic or persistent absenteeism. Long term conditions e.g. asthma, eczema, impacting on schooling Support for healthy lifestyles - diet and exercise. Growth concerns Support around Sleep Continence i.e. night/daytime wetting, soiling, constipation

**Absences/Illness** - Please make sure if your child is going to be absent from school due to illness, medical appointments or any other reasons, you need to provide the office with a phone call, email or pop into the office (also any supporting letter you may have) on the day of the absence to inform them. Remember to please keep your child off of school for 48 hours after the last episode of Diarrhoea and vomiting before bringing your child back into school. If we do not hear from you by 9.15am we will ring you. This is part of our duty of care and our safeguarding to ensure everyone is kept safe.

**Sharing Worship** – Please remember the change in time for Sharing Worship moving forward. These will take place on Friday mornings from 8.35am. We will always contact you via text inviting you along if your child has received a certificate.

#### **Don't Forget** -

**Safety** – If your child is not attending their fun club, you will need to let the office know and sign them out. We have reminded all of the children that they should stay with their adult when they leave. Once you have picked up your child from school please make sure that they stay with you. Year 5 & 6 children who leave school without an adult, please remember you are representing the school and to be safe at all times. All roads are dangerous and I don't want any accidents happening, especially as the evenings are still quite dark. In addition, can I please remind you about parking sensibly. There are residents who also live along this road and we all should be considerate of this.

#### **Other reminders** –

Water Bottles – please can I remind you that children should only be bring water in with their bottles each morning. We have started to see a rise in squash being used.

Have a fabulous weekend and remember my door is always open.

Mrs Gilbert  
Headteacher

**P.S** – Please don't forget Mrs Willshire and myself are available from 8.30am everyday if you need to discuss anything. All teaching staff are not available in the mornings but will be available after school only.

## Dates for Your Diary

### January

- 28<sup>th</sup> – Author in school to read to Galapagos class
- 28<sup>th</sup> – Parents invited in to Cuba to look at Chat boards and visuals
- 29<sup>th</sup> – Nurse in school to see Cuba class - people who help us
- 30<sup>th</sup> – Mixed Year Group - Westridge Golf trip
- 30<sup>th</sup> - Mixed Year Group – Brading Farm Visit

### February

- 2<sup>nd</sup> – Careers week in School
- 3<sup>rd</sup> – Y5/6 Basketball event at Medina
- 5<sup>th</sup> – School nurse in school
- 9<sup>th</sup> – Y1/2 trip to Southampton for Youth Orchestra
- 11<sup>th</sup> – EYFS/KS1 Aurora Orchestra in school
- 13<sup>th</sup> – Last day of term
- 23<sup>rd</sup> – First day back at school after half term.

### March

- 3<sup>rd</sup> – Cuba trip to Amazon World
- 6<sup>th</sup> – World Book Day
- 27<sup>th</sup> – last day of term for Easter

## Attendance

Whole School Target: **95%**

Class	% Last Week
Antigua	97.2
St Lucia	96.3
Cuba	70
Hawaii	77.3
New Zealand	90.8
Galapagos	91.3
Jamaica	82.9

### Foodbank Vouchers

Mrs Willshire is able to issue Foodbank Vouchers to anyone who may be struggling. Please email Mrs Willshire to request one if required.

[Jo.willshire@bradingcepri.iow.sch.uk](mailto:Jo.willshire@bradingcepri.iow.sch.uk)

# WHAT WE HAVE BEEN LEARNING ABOUT THIS WEEK

CUBA	Cuba class are really enjoying their new topic of People who help us. On Monday, we had a dress up day and the children looked amazing. The children have enjoyed exploring the emergency vehicles and people. We have all enjoyed exploring the doctors and dentist role play kits, especially using the bandages. This week we have started to add our own pictures to how we are feeling using the Zones of Regulation boards.
HAWAII	This week in Hawaii class, the children looked for signs of weathering in our local area. We searched through rocks looking for holes, cracks and rust. The children used great description when doing this. We also enjoyed PE learning different ways to roll in gymnastics. The children put 3 different moves together and performed this to the class. Everyone was very respectful and praised each other for their good effort.
ANTIGUA / ST LUCIA	<p>This week in Antigua we have been learning about people who help us. We've focused on the police and firefighters this week. The children have been putting out fires and playing in police and fire truck tents. We made red and orange jelly, then played with it outside to pretend it was fire. We have carried on learning the number two, the children have enjoyed Noah's Ark with the animals going in two by two. We have had a lot of outside fun with our new music wall, playing with water, sand and throwing balls into a bucket. We also saw lots of worms when we made our mud kitchen, it was interesting to see the different lengths and colours of the worms.</p> <p>This week in St Lucia class we have had a very exciting week. We went on our first school trip to Isle Imagine. The children loved exploring the role play areas and learning even more about our People who help us topic. They all made us so proud with their great behaviour and enthusiasm whilst we were out!</p>
NEW ZEALAND	New Zealand class has been busy in maths adding and subtracting across and not across ten. In English, the children have been improving their sentence level work whilst improving their handwriting. We have been looking at letter sizes in relation to one another. In PE, we focussed on balance and coordination - some were easier than others! In PSHE, we discussed people who help us and keep us safe. We are looking at the changes in seasons in science. We have noticed the difference in what the trees look like and how we change what we wear depending on the weather.
GALAPAGOS	This week Galapagos class have been very busy! We have begun the start of our new English learning journey, based on the book 'Escape from Pompeii', the children are absolutely loving our Extreme Earth topic and it's lovely to see them all so engaged and enthusiastic! In science we explored how rocks break down over time through physical weathering, biological weathering and physical weathering. We explored the playground and found examples of each type to sketch. In Topic we discussed why people choose live near volcanoes. When first asked if they would want to live near a volcano nearly every child said no, however after learning about the positives effects of living near volcanoes some of the children were convinced, especially if the volcano was extinct or dormant! Great week Galapagos! Have a nice weekend!
JAMAICA	This week in Jamaica class, we have been studying Charles Darwin as part of our "evolution and inheritance" topic. We studied his work, and looked at the importance of his theories in recognising how people/ animals have evolved through time. In topic, we looked at the different features that make up a river system. We then applied this to our local area and recognised that the river Yar has an oxbow lake. In PE, we used the apparatus to perfect put balance when jumping from varied raised platforms.



### Wraparound care prices:

Breakfast Club - £4 (from 7.45am)

Wraparound until 4pm - £6

Wraparound until 5pm - £8

Wraparound until 6pm - £12 (this needs to be agreed by Mrs Gilbert with prior notice)

All to be booked via SchoolMoney

### Class emails:

[antigua.class@bradingcepri.iow.sch.uk](mailto:antigua.class@bradingcepri.iow.sch.uk)

[cuba.class@bradingcepri.iow.sch.uk](mailto:cuba.class@bradingcepri.iow.sch.uk)

[stlucia.class@bradingcepri.iow.sch.uk](mailto:stlucia.class@bradingcepri.iow.sch.uk)

[newzealand.class@bradingcepri.iow.sch.uk](mailto:newzealand.class@bradingcepri.iow.sch.uk)

[galapagos.class@bradingcepri.iow.sch.uk](mailto:galapagos.class@bradingcepri.iow.sch.uk)

[jamaica.class@bradingcepri.iow.sch.uk](mailto:jamaica.class@bradingcepri.iow.sch.uk)

[hawaii.class@bradingcepri.iow.sch.uk](mailto:hawaii.class@bradingcepri.iow.sch.uk)

### PE Days:

Cuba - Friday

St Lucia - Wednesday

New Zealand - Wednesday

Galapagos – Thursday/Friday

Jamaica – Tuesday/Thursday

Hawaii – Tuesday

Children are to come in their PE kits on these days.

### Coats, Hats and Scarves

Now that the temperature has dropped, can you please ensure children have a warm, waterproof coat in school every day. Children can wear hats and gloves at break and lunch times, but scarves may only be worn to and from school for health and safety reasons. Please make sure all items are named to prevent them from getting lost!

Thank you

### Fun Clubs:

Mon – Y1,2&3 Sports Club

Tues – Yr. 6 SATS BOOSTER Club

Tues - KS1 Science Club

Tues – KS2 Sewing Club

Tues - KS1 Cooking Club

Wednesday – Y4,5&6 Sports Club

Thursday - New Carnival Dance sessions for KS2

Please contact the office to book.

### Makaton

As part of our ongoing learning here at Brading Primary School we focus on a Makaton symbol every week.

Here is our next Makaton sign.



More

# Attendance Traffic Light System



**Concern**  
Drastic affect on academic achievement.

**Cause for Concern**  
We work with our EWS Officer who will conduct home visits when attendance becomes a concern

**Excellent attendance!**  
Keep up the good work.

## MISSING SCHOOL = MISSING OUT!

96 – 100% attendance equates to 4- 7 days off each year

90-95 % attendance equates to 9-20 days off each year (50-100 lessons lost)

90% and below equates to 20-30 school days off each year (100-150 lessons lost)

We want our children at Brading CE Primary to enjoy coming to school.

Research proves that there is a high correlation between school attendance and academic performance and success.

Absence from school is often the greatest single cause of poor performance and achievement.

Ensuring children attend school is crucial for the welfare of children and safeguarding their wellbeing.

## EVERYDAY MINUTE COUNTS



**3 school days lost per year**

**10 school days lost per year**

**19 school days lost per year**

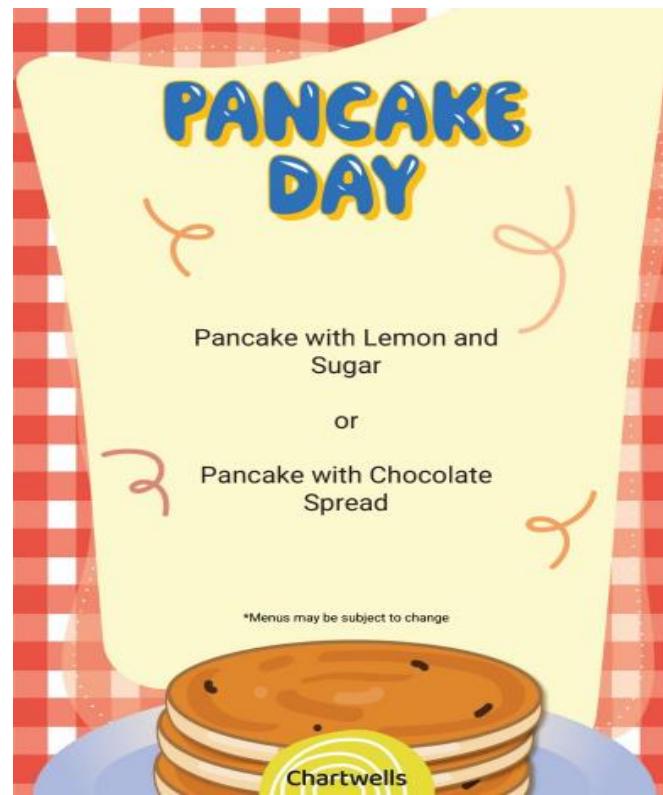
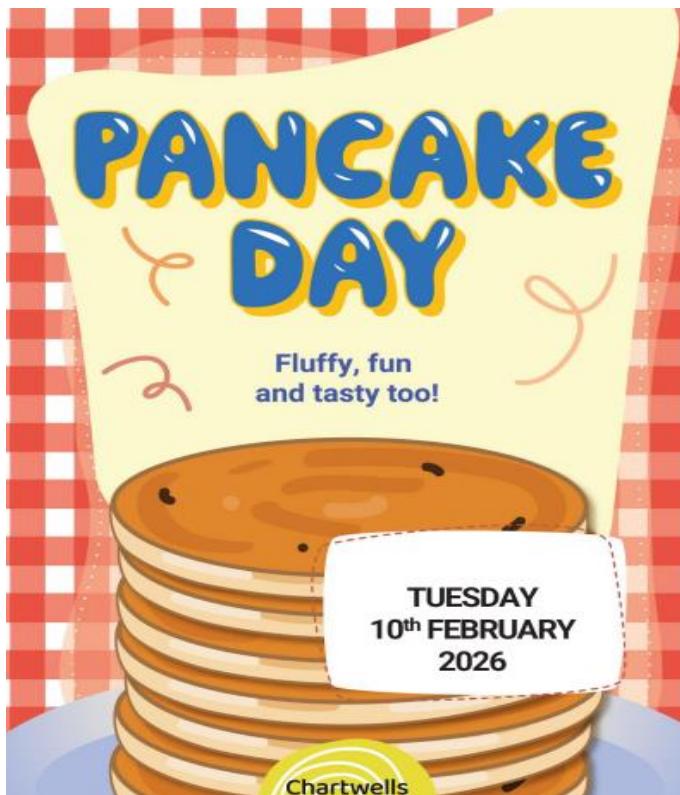
# SCHOOL LUNCH WHAT'S COOKING?

## SCHOOL MENU WEEK COMMENCING: 26<sup>th</sup> January 2026

We also offer Vegetarian options, tomato pasta as well as jacket potatoes, baguettes and sandwiches with a selection of fillings each day.

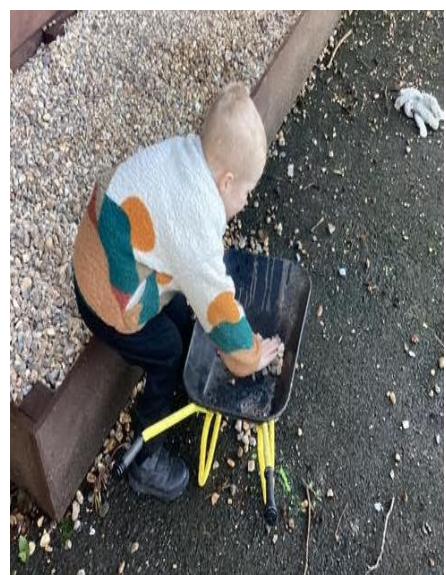
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Pork Sausages	Roast Chicken Roast Quorn	Cheese & Tomato Pizza	Fish Fingers Quorn Nuggets
Chocolate Caramel Crunch	Banana Flapjack	Chocolate Brownie	Raspberry Jelly	Lemon Drizzle Muffin

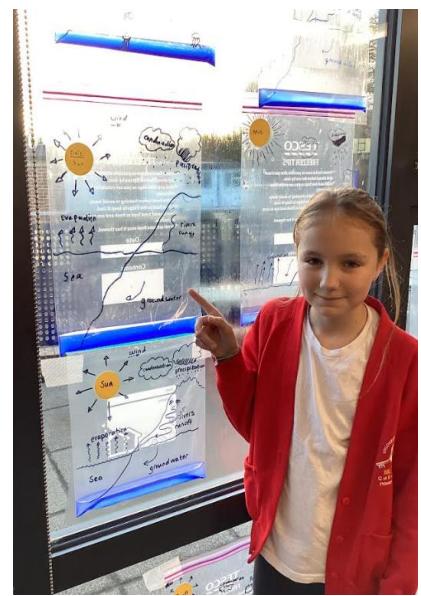
We now have some vegetarian options available each week. These are all available on School Money



# This Week in Pictures:









## St Lucia's 1<sup>st</sup> School Trip to Isle Imagine



BIRTHDAYS AT BRADING PRIMARY THIS WEEK ARE:



ARCHIE  
HAPPY  
BIRTHDAY



# School Jotter

## Never miss school notifications

Download the School Jotter Mobile App today and you'll get:

- News and message notifications
- School calendar access
- Other links to useful resources



Download APP from one of the above APP Stores

Go in as guest

Click Search

Type in Brading in the search bar at the top

Click on Brading

Click Select

You won't need to do this each time

ATTEND TODAY  
ACHIEVE TOMORROW

## Penalty Notice Fines for School Attendance are Changing.

As set down by the Department for Education, penalty notices can be issued for unauthorised absence. With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notice Fines issued after 19th August 2024.

### Per Parent, Per Child

Penalty Notice Fines will now be issued to each parent, for each child that was absent.

#### For example:

3 siblings absent for term time leave, would result in each parent receiving 3 separate fines.

### 5 consecutive days of term time leave

Penalty Notice Fines will be issued for Term Time Leave of 5 or more consecutive days. INSET training days are school days and can be included in the 5 or more consecutive days where there was intent to be absent for term time leave.

### 10 sessions of unauthorised absence in a 10-week period

Penalty Notice Fines will be considered when there has been 10 sessions of unauthorised absence in a 10 week period.

### 1 First Offence

The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be:

**£160 per parent, per child paid within 28 days.**

Reduced to £80 per parent, per child if paid within 21 days.

### 2 Second Offence

#### Within 3 years

The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be: £160 per parent, per child paid within 28 days.

### 3 Third Offence

#### And Any Further Offence (Within 3 years)

The third time an offence is committed for Term Time Leave or Irregular Attendance a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent, per child.

Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate, due to 'failure to safeguard a child's education'.

# Parenting Puzzle

**Are you a parent or carer of a child aged 3-5 years?**

Parenting can be challenging... but you don't have to figure it out alone.

Join our **FREE 5-week Parenting Puzzle Programme**, developed by the **Centre for Emotional Health** and based on proven strategies that really work.

Our 5<sup>th</sup> week includes our Preschool and School Readiness workshop.

This relaxed and supportive course will help you:

- Understand your child's emotional needs
- Build stronger communication and connection
- Manage behaviour positively
- Reduce stress for the whole family
- Feel more confident in your parenting



You don't have to be struggling to benefit – the Parenting Puzzle is packed with strategies and insights that are valuable for **all** parents and carers of children age 3-5 years.

You'll meet other parents and carers, share experiences, and discover practical tools to make family life calmer and happier.

**For more information check out our website** [Parenting Puzzle & The 10 Week Nurturing Programme : Isle Of Wight Family Centres](http://ParentingPuzzle.IOWFamilyCentres.org)



## Up coming dates:

Face to face at Ryde Family Hub

**Starting 12<sup>th</sup> January 2026 for 5 consecutive**

Mondays, ending 9<sup>th</sup> February 2026

**9.30am until 11.30am**

Or

Online via Microsoft Teams

**Starting 27<sup>th</sup> February 2026, for 5 consecutive**

Fridays, ending 27<sup>th</sup> March 2026

**9.30am until 11.30am**



Scan the QR code to Contact us now : [Contact Us : Isle Of Wight Family Centres](http://ContactUs.IOWFamilyCentres.org)

# Toileting Workshop

We are here for every step of your child's journey, especially when they are learning new skills such as using the toilet or potty. This workshop contains tips and guidance as your child begins to navigate this important part of their development.



- ❖ 2-hour sessions
- ❖ Face-to-face and online sessions available from:  
24/02/2026 – 27/02/2026
- ❖ For parents of children aged from 12 months

★ We are delighted to have Sunni from ERIC (The Bowel and Bladder Charity) delivering these sessions. ★



To book a free place on any available workshop, use the link or QR code.

[Isle of Wight Family Centres Events - 18 Upcoming Activities and Tickets | Eventbrite](#)

**PLEASE NOTE:** We are unable to accommodate children at the face-to-face sessions.



Changing childhoods.  
Changing lives.



Isle of Wight  
Council



The school nurse will be offering drop-in sessions each term bookable via school.

The slots are for 30 minutes and these are bookable through Mrs Willshire, please

email: [jo.willshire@bradingcepri.iow.sch.uk](mailto:jo.willshire@bradingcepri.iow.sch.uk)

Next session:

Date: Thursday 5<sup>th</sup> February 2026

Time: 9am – 11am

Your school nurse can support with the following health concerns:

Physical Health concerns related to school absences: not chronic or persistent absenteeism.

Long term conditions e.g. asthma, eczema, impacting on schooling.

Support for healthy lifestyles - diet and exercise.

Growth concerns

Support around Sleep

Continence i.e. night/daytime wetting, soiling, constipation

## SNAP STREAK

97

### WHAT ARE THE RISKS?

#### ARTIFICIAL INTELLIGENCE

Snapchat's use of artificial intelligence (AI) includes features like the 'My AI' chatbot and AI-powered filters, offering interactive experiences that can be fun but also pose risks. These tools may share unfiltered or inaccurate responses, promote unrealistic beauty standards, and collect personal data. Advanced filters and deepfake-style lenses can distort reality, potentially leading to manipulation, impersonation, or inappropriate content.

#### SCREEN ADDICTION

Snapchat boosts user engagement and daily use with features like streaks (daily Snapchat exchanges between you and a friend). When a streak's been going for a few days, users will see a 🎉 emoji. The number alongside it shows the number of days, but if users miss a day and break the streak, the easy way to restore it is to pay. This encourages daily use habits, and frequent notifications can keep users returning to the app even more often.

#### SEXTORTION

Because Snapchat's disappearing messages feature may foster a sense of safety, users may become targets of sextortion. For example, a predator may pressure someone into sending nude images, then somehow capture those images to threaten and intimidate the victim. This might involve claiming they will share the images with friends or family unless money is paid.

## What Parents & Educators Need to Know about

# SNAPCHAT

AGE RESTRICTION  
13+

With over 800 million active monthly users and billions of 'Snaps' sent each month, Snapchat is a popular messaging app among children and young people. It allows users to share fun, spontaneous pictures and videos with friends and family while using playful filters. One of Snapchat's unique features is that pictures, videos and messages are only viewable for a short period of time.

#### SNAPCHAT+

Snapchat+ is the platform's premium subscription service, offering early access to new and exclusive features. In June 2019, Snapchat introduced a new tier called 'elite', giving subscribers access to hundreds of lenses and AR experiences for playing, creating, and sharing Snaps. These paid features may encourage young users to spend money to access exclusive content, increasing the risk of overspending or feeling pressured to make in-app purchases.

#### ACCESSIBILITY

Snapchat is now accessible from a web browser, meaning children can use it on a laptop or tablet without downloading the app. This can make activity harder to monitor, reduce the effectiveness of parental controls, and increase the risk of unsupervised communication or exposure to inappropriate content.

#### INAPPROPRIATE CONTENT

Some content on Snapchat isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's disappearing messages feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

## Advice for Parents & Educators

#### ACCESS THE SNAPCHAT FAMILY SAFETY HUB

Created with guidance from Common Sense Media, Snapchat has developed a Family Safety Hub that explains how the app works and how to use its in-app protections for teens. It's recommended that you review this guidance before allowing a child to download Snapchat. Remember, the app is only intended for children aged 13 and over.

#### BLOCK AND REPORT

If a stranger connects with a child on Snapchat and makes them feel uncomfortable by pressuring them to send or receive unwanted or inappropriate images, the child can tap the three dots on that person's profile to report or block them. There are options to state why they're reporting that user, with a tailored reporting section under the 'Nudity and Sexual Content' category. In this category, there's the option to report somebody for threatening to leak sexually explicit images, or 'nudes'.

#### ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgmentally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

#### USE PRIVACY SETTINGS TOGETHER

Sit down with the children in your care and explore Snapchat's privacy settings as a shared activity. You can help them adjust who can contact them, view their stories, or see their location on Snap Map. It's a good opportunity to explain why some settings are safer than others, reinforcing their understanding of online boundaries. Encourage them to regularly review these settings, especially after app updates or changes in their friendship groups.

#### Meet Our Expert

Dr Claire Butterland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

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to where you'd  
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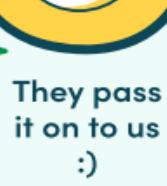


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a % of your spend  
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They pass  
it on to us  
:)



Plus, you'll get...



Exclusive retailer offers



Competitions



A warm feeling inside!

Over  
**£60m**  
raised for UK good causes

**£0**

extra cost to anyone

# Occupational therapy

## Parent advice sessions

The NHS Occupational Therapy Team will be running monthly parent advice sessions. These sessions are open to any families which don't have an existing referral.

The sessions will be with an Occupational Therapist and an Assistant.

The team will be able to give advice, signpost to other services / charities and support with completing a full referral to Occupational Therapy if it is felt the needs discussed require a full assessment.

The team will be able to support with advice around:

- Self Care tasks - e.g. washing, dressing, using cutlery, toileting
- Fine motor skill development
- Play skills
- Preschool / school readiness



### Session Dates for 2026

(more dates and locations may be added if required):

15 Jan, 19 Feb, 19 March, 16 April, 21 May and 18 June.

Slots will be available at 9am, 10am and 11am.

Appointments will last for 45mins.

To book, contact the department on **01983 534520** or via email to [iownt.paediatric-ot-mailbox@nhs.net](mailto:iownt.paediatric-ot-mailbox@nhs.net)

Sessions will take place at the Childrens Therapies Department,  
St Mary's Hospital, Newport, Isle of Wight



# The Nurturing Programme

If you have a child aged 3 to 13 years,  
then this programme is for you.



The Nurturing Programme offers strategies to add to your parenting toolkit, giving you positive ways of helping children handle their feelings and behaviour.

**We have 2 new courses starting in January at our  
Newport Family Hub**

**Wednesdays - 7<sup>th</sup> January until 18<sup>th</sup> March**

(no session in February half-term)

9:30am till 11:30am

Or



**Mondays - 12<sup>th</sup> January until 23<sup>rd</sup> March**

(no session in February half-term)

9:30am till 11:30am

**Please visit our website and complete the contact us form to  
register your interest:**

[www.isleofwightfamilycentres.org.uk/contact-us](http://www.isleofwightfamilycentres.org.uk/contact-us)



For any questions or support booking on, please  
email [iowfamilycentres@barnardos.org.uk](mailto:iowfamilycentres@barnardos.org.uk)  
or call 01983 529208



Isle of Wight  
Council

THE CENTRE FOR  
**EMOTIONAL  
HEALTH**  
HOME OF FAMILY LINKS

**BARNARDOS**

Changing childhoods.  
Changing lives.

- Free impartial advice relating to SEND for 0-25 years.
- Confidential sessions not recorded.
- Peer support, talking to others experiencing a similar journey.
- A dedicated session with an experienced support worker

**2  
FEB  
13:00**

Responding to a draft  
EHCP

If you are in that critical  
time frame having  
received your draft

**4  
FEB  
12:00**

Considering an EHC Plan?

Independent and  
impartial information to  
guide you through the  
process

**10  
FEB  
17:30**

Alternative Provision

What constitutes as a  
suitable education in  
relation to section 19 of  
the education act

**11  
FEB  
12:00**

Ordinarily Available  
Provision and SEN Support

Looking at support  
available for those who do  
not have an EHCP

**17  
FEB  
11:00**

Responding to a draft  
EHCP

If you are in that critical  
time frame having  
received your draft

**18  
FEB  
13:00**

Appeals to SEND Tribunal

A step-by-step guide  
through the appeals  
process

# Y6 SECONDARY TRANSITION

Join Lisa for our SEN Support Workshop

- Learn what a smooth transition looks like
- Explore practical SEN strategies
- Make the most of the time before September
- Get signposted to extra guidance



March 2026

Friday 6<sup>th</sup> 13:00

Tuesday 10<sup>th</sup> 17:00

Thursday 12<sup>th</sup> 10:30



JOIN US VIA  
TEAMS



[WWW.HAMPSHIRESENDAIASS.CO.UK/WORKSHOPS](http://WWW.HAMPSHIRESENDAIASS.CO.UK/WORKSHOPS)



Scan for our Padlet's  
and information



## Additional Information and Services

We have created a number of Online Notice Boards, known as Padlet's, full of information and guidance on a range of topics, including:

Best Start in Life

Early Language

Oral health

Infant Feeding  
Support

Nutrition and  
Healthy Eating

Neurodiverse  
Information, Resources  
and Services

Toileting

School  
Readiness

Health Visitor  
Drop-in Clinics



Changing childhoods.  
Changing lives.





## Parent and Caregiver Peer Support Sessions

Where: Gunville Methodist Church Hall



When:

**11<sup>th</sup> September 2025 (10am - 12 noon)**

**6<sup>th</sup> November 2025 (10am - 12 noon)**

**15<sup>th</sup> January 2026 (10am - 11am)**

**5<sup>th</sup> March 2026 (10am - 12 noon)**

**7<sup>th</sup> May 2026 (10am - 12 noon)**

Come along to meet with other parents / caregivers for an informal meet up and chat about your neurodiversity journey. Refreshments provided. No need to book, just turn up.

Free onsite parking.

### Webinars

We host a range of webinars, that all parents and caregivers are welcome to join:

- Accepting Adolescence
- Break-Through 'Behaviour'
- Child to Parent Violence
- Feel without Fear
- Navigating Neurodivergence
- Restablishing Routines
- Seasonal Sensory Awareness
- Sleep

### Parent Peer Support Groups

We host regular parent peer support groups and drop in sessions. (Details available upon request).

## Isle of Wight **Neurodiversity** Team

### Let's Walk Together on This Journey

- Celebrate neurodiversity.
- Understand strengths and differences.
- Support each child's growth every step of the way on the Isle of Wight.



If you have difficulty understanding this document, please contact us on 01983 821000 and we will do our best to help you.

## Isle of Wight **Neurodiversity** Team

### Parent Information Leaflet

**2025/2026**

Delivered by the Isle of Wight Neurodiversity Team



# Neurodiversity Team – Embracing Strengths, Supporting Journeys (0–19 years, Isle of Wight)

We value each child's unique neurotype and collaborate to provide respectful, practical support for families, schools, and professionals across the Isle of Wight.

## Our Team

We bring together a network of specialists including:

- Family Support Workers
- Neurodiversity Practitioners
- Sleep Practitioners

Each professional contributes to a holistic, strengths-based approach co-created with families and settings.

## What Is Neurodiversity?

**Innate differences** (e.g., autism, ADHD, dyslexia, dyspraxia, Tourette's, sensory needs): natural variations in brain function.

**Acquired differences:** brain changes arising from life experiences like trauma or health conditions.

## Our Vision & Mission

- A **needs-led, island-wide response**, with clear pathways for support.
- A **system-wide approach**, involving health, education, local services, and community partners.
- Promoting **timely, meaningful strategies** at home and in educational settings.
- Empowerment through **awareness** of evidence-based, affirming support.

## How We Support You

**Signposting & Universal Guidance** No diagnosis needed—access support, resources, and community links.

**30-Minute 1:1 Consultations** Confidential support sessions to explore needs and co-develop tailored strategies.

**Neurodiversity Profiling Tool** A collaborative visual assessment across nine developmental areas to spotlight strengths and areas for support.

**Training & Workshops** For families, schools, and organisations—building neuro-knowledge and inclusive practices.

## Inclusion & Impact

- **Strength-Based & Neuro-Affirming** We celebrate and validate neurodivergent ways of being.
- **Collaborative Co-Production** Families, schools, professionals, and young people partner in decisions and support planning.
- **Evidence-Informed, Practical Strategies** Tools that work in real life—home, school, and community.

## Accessing Support

- Contact us directly to discuss needs or book consultations.
- Referrals welcome from families, schools, health professionals, or community organisations.



# **PARENT ENGAGEMENT AND HEALTH PROMOTION DAY**

Saturday 24 January 2026

Join our special event  
dedicated to supporting  
children's development  
and wellbeing.



**THE RIVERSIDE  
CENTRE, NEWPORT**

