

Believe and Achieve



February 2020 to February 2027

PSHE Subject Policy

DATE

DATE TO BE REVIEWED

We aim to offer our children engaging and enriching opportunities to allow them to develop the knowledge, skills and resilience they need to achieve in our everchanging and culturally diverse world.

Policy Context and Rationale

This policy covers Coxhoe Primary School's approach to teaching Personal, Social, Health and Economic Education (PSHE). It was produced by the school's PSHE lead, Sophie Smith, in consultation with parents and pupils of Coxhoe Primary School. Pupils have been involved in the creation of this policy through the use of pupil voice. Pupils identified that this was a key lesson to equip them for life and that the curriculum needed to be relevant to their current (and future) needs. It will be reviewed annually by the subject lead at the time.

Policy availability

This policy is to help teachers in the teaching of PSHE across the school and to inform parents of our approach to PSHE at Coxhoe. The policy is available to parents and carers

through the school website. If you require this policy printed or sent electronically, please contact the school office.

Introduction

At Coxhoe Primary School, our school ethos is based firmly on mutual respect, trust and tolerance. PSHE plays a key role in teaching children foundational concepts in health and wellbeing, relationships, and living in the wider world. We believe in the importance of education for the development of the whole child and PSHE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy independent lives and to become responsible citizens. Our aim is that PSHE will have a positive impact on the children at Coxhoe Primary School that it will help them throughout their entire lives.

Aims and Objectives

Our aims in teaching PSHE are:

- To have happy, well-rounded children
- To develop children's confidence and self esteem
- To develop children's resilience
- To help children make and sustain friendships
- To equip children to build positive and sustainable relationships
- To teach children how to solve problems and manage feelings
- To help children to understand and respect difference and diversity
- To teach children what constitutes a healthy lifestyle
- To teach children how to keep themselves safe, including online
- To encourage children to be responsible active members of the school and wider community
- To give children the essential tools they need to ask for help, and to know where to find this help, in a range of different life experiences, both online and offline.

Statutory Requirements

PSHE is an important and necessary part of all pupils' education. It is a non-statutory subject and the Department for Education doesn't offer a standardised framework or programme of study for PSHE. However, all schools are expected to teach PSHE and to tailor a curriculum that meets the needs of their pupils.

Creating a safe and supportive learning environment

Because PSHE education works within pupils' real-life experiences, it is essential to establish a safe learning environment. PSHE lessons can affect children in different ways and can link very closely to their home life and other experiences. For some children, this can be challenging and it could cause them to become emotional, or to disclose important safeguarding information to teachers or other children. All staff have regular safeguarding training and are well equipped to deal with such disclosures and are particularly mindful of safeguarding procedures when teaching potentially difficult topics in PSHE.

We create a safe and supportive learning environment for all our pupils by using clear ground rules for our PSHE lessons that are understood by all children and adults involved. Where children indicate that they may be vulnerable and at risk, school safeguarding procedures will be followed. Teachers will share such concerns with identified Designated

Safeguarding Leads (DSLs) in the school and swift and proportionate action will be taken where needed.

Entitlement and Equality of Opportunities

PSHE is an essential area of learning for all ages and abilities. At Coxhoe we strive to enable all of our children to benefit from our PSHE lessons and ensure that every child is able to access age-appropriate learning. Teaching will take into account the age, ability, readiness, and cultural backgrounds of children to ensure that all can fully access PSHE education provision.

We will ensure that all pupils' needs are met by adapting lessons where necessary. This is the responsibility of the teacher, who knows the child's needs best. We promote diversity and inclusion in all our PSHE lessons and strive to promote an inclusive culture in every aspect of our school life. The Inclusion Squad – a team of pupils from Year 2 to Year 5 that is helping us as a school to look at ways to become more welcoming and inclusive.

We expect our pupils to consider others' needs in PSHE by being respectful of each other's differences; listening politely to anyone contributing to PSHE lessons; encouraging others to share their opinions and contribute to learning in PSHE and valuing others' opinions even if they differ to their own opinions.

No child will be excluded from the PSHE curriculum. Careful consideration will be given to the level of differentiation needed for children with SEND. In some cases, the content or delivery of PSHE will need to be adapted. Teachers and/or learning support assistants will work with individual pupils where required and this will be supported by the PSHE lead where needed.

Learning and Teaching of PSHE at Coxhoe Primary School

PSHE at Coxhoe is taught in a variety of teaching and learning styles. The teaching method applied will vary according to the age, ability and experience of the children and the concept being taught.

KS1 and KS2 children are taught in discrete, timetables lessons following the Coxhoe PSHE and RSE curriculum. Lessons are taught weekly. Responsive lessons are also taught where needs arise such as friendship issues at break times, online safety concerns or prejudiced related incidents. Resources are available to support such lessons at short notice. We have a wealth of story books around a number of different issues. A list of these books is available to all members of staff and is updated regularly to detail the different themes they address.

PSHE in the Foundation Stage

PSHE plays a key part of the EYFS Statutory Educational Programme. Part 5 of the curriculum guidance 'Development Matters' is concerned with the personal, social and emotional development of children, of which PSHE plays a key part.

In the Early Years stage at Coxhoe, we teach PSHE through regular circle times and discussions. These are often centred around a variety of stories that are carefully selected to introduce children to our diverse world and help embed a culture of inclusivity at Coxhoe.

Responsive teaching is also key in the early years and teachers are quick to respond to issues in class to embed key PSHE principals across the year.

Curriculum Planning

Currently at Coxhoe we are using the Kapow Primary PSHE programme for our school. This program is adapted as needed to meet the needs of our children at Coxhoe. This was done in consultation with the children and pupil voice plays a key role in its continued review.

The Kapow curriculum is taught in a spiral fashion. This means that similar key themes are revisited in each year group with learning progressing each year in an age-appropriate way. This enables children to build on their learning each year and helps teachers to know where children should be starting with their knowledge so far.

The curriculum is split into the six half terms of the school year and a different topic is taught in each half term:

- Autumn 1: Family and Relationships
- Autumn 2: Health and Wellbeing
- Spring 1: Citizenship
- Spring 2: Economic Wellbeing
- Summer 1: Safety and the Changing Body
- Summer 2: Transition (Year 6: Identify and Transition)

Each year group follows the same topic each term. This continuity across all age groups allows us to come together as a school at key parts of the year (for example anti-bullying week in November and children's mental health week in February) whilst tying into our PSHE curriculum.

Across the year all children will take part in Skills Builder Mini Lessons. These will help the children master 8 essential skills: listening, speaking, problem solving, creativity, staying positive, aiming high, leadership and teamwork.

During Summer 2 some year groups will develop life skills as well as their transition unit:

In Year 3 and 4 the children will take part in the Mini Minds scheme. This is a deep dive into self-discovery and understanding the world around us.

In Year 5 the children will take part in a Decider Skills workshop. This will teach them 12 life skills developing a proactive mental health.

Contribution of PSHE to the wider life of the school and areas of the curriculum

PSHE contributes in many ways to the wider life of the school. Each year group learns about topics of diversity and inclusion, and this directly feeds into our school aim of "celebrating diversity in all aspects of life and promoting inclusivity in all that we do."

The PSHE curriculum covers issues of friendships and bullying in detail and helps pupils to identify bullying and equips them with the tools and vocabulary needed to report it. This contributes to our anti-bullying policy and our no-bullying stance at Coxhoe.

Additionally, life online is covered at every stage through PSHE. Pupils are taught how to keep safe online and what to do if they have concerns about something online. Our Acceptable Use Policy is signed by all pupils in the school and is stuck in PSHE books or in class books to show that all children understand it.

There are also links to other areas of the curriculum. Our English Spine of Core texts is carefully designed to promote diversity and inclusivity across the school. In addition to this,

whole school texts are carefully selected to encourage children to think about important PSHE issues.

Other areas of the curriculum also cover some of our PSHE themes such as:

- Environmental issues taught in geography lessons;
- Exercise and healthy eating in science;
- The human body and adolescent changes also in science;
- Issues linked to diversity and inclusion in history

Assessment and recording of PSHE

Teachers assess PSHE at Coxhoe by recording after every lesson feedback for the children in a form of a shout out (something they have done well), a check (something the teacher might need to check their knowledge on) and a deepen (a question linked to deepening their understanding). Task Design activities are used during PSHE lessons to assess children's understanding during lessons. For example, Show Me What You Know.

Monitoring and reviewing PSHE

Monitoring of the standards of children's work and the quality of teaching in PSHE is the responsibility of the Head-teacher and the PSHE Lead. The intention of monitoring it to assess the progress in teaching and learning, to support colleagues in the teaching of the subject and to identify areas of development. This can then be addressed.

The monitoring process may include:

- Lesson observations
- Work scrutiny
- Discussions with staff
- Learning walks
- Analysis of teacher planning
- Analysis of pupil assessment sheets "A healthy Child"
- Pupil voice
- Assessment data for PSHE

Resources available for the teaching of PSHE

At Coxhoe, we subscribe to Kapow Primary. Kapow Primary brings together PSHE Education, compulsory Relationships and Health Education, emotional literacy, mindfulness, social skills and spiritual development. It is designed as a whole school approach, with all year groups working on the same topic at the same time at their own level.

In addition to this online resource, we also have a number of story books available in our Coxhoe School Library. These books cover a range of PSHE themes, such as the LGBTQ+ community, racism and inclusion. A list of these books is available to staff and is updated regularly to help teaching staff to have quick access to books that link to particular areas and when they are needed.

Parents right to withdraw their child from the Sex Education part of the RSE curriculum

Parents have the right to withdraw their children from some or all of sex education that is taught in upper KS2. We encourage any parent who has questions or concerns about the content their child will be taught to get in touch with the class teacher. Relationships

education is part of the statutory guidance from the Department for Education and parents cannot withdraw children from these lessons. The DfE says: “There is no right to withdraw

COXHOE PRIMARY SCHOOL

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from Relationships Education at primary or secondary as we believe the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught”

Policy review

This policy is reviewed yearly and is next due to be reviewed in January 2026

Hollie Watkins Date: February 2026