

# Believe and Achieve



## YOUNG CARERS POLICY

J Bartle

N Hill

HEAD TEACHER

CHAIR OF GOVERNORS

DECEMBER 2025

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DATE

DATE TO BE REVIEWED

# Young Carers Policy

At Coxhoe Primary School we believe that all children and young people have the right to learn, enjoy and achieve, regardless of what is happening at home.

We have developed our Young Carers Policy to show how we will support any pupil who helps to look after someone at home and to demonstrate how we will try to relieve some of the worries which young carers have about home and their school work.

## Defining a Young Carer

A young person under 18 years of age who helps to look after a family member who is disabled, physically or mentally ill or has a substance misuse problem.

Caring can involve physical or emotional care, or being responsible for someone's safety and wellbeing. The level of responsibility assumed by a young carer is often inappropriate to their age and beyond the level of simply helping out at home as part of the process of growing up.

Our Young Carer's Policy was developed with help from children who volunteered to be part of a Caring Crew and members of the teaching staff.

Coxhoe Primary School acknowledges that there are likely to be young carers among its pupils, and that being a young carer can have an adverse effect on their education.

## Young carers might experience:

- \* Being late or absent because of responsibilities at home
- \* Concentration problems, anxiety or worry in school
- \* Emotional distress
- \* Tiredness in school
- \* Lack of time for homework
- \* Poor attainment
- \* Becoming angry or frustrated

\* Isolation – feeling no-one understands

\* Bullying

\* Low self esteem

**We will:**

\* Have a designated member of staff with special responsibility for young carers.

(Miss Armstrong)

\* Let all new pupils know who the designated member of staff is

\* Put young carers in touch with the local Young Carers Service.

\* Run PSHE lessons on the challenges faced by young carers

\* Respect the right to privacy and only share information with people who need to know in order to help a young carer

\* Follow child protection procedures regarding any young carer at risk of significant harm due to inappropriate levels of caring

\* Allow young carers to telephone home during breaks and lunchtime

\* Ensure that staff are aware of the warning signs which may indicate that a pupil is a young carer

\* Be accessible to parents/carers who have mobility/communication difficulties and involve them in parents' evenings, etc.

**Support may include:**

- A named Young Carers Lead.
- Quiet spaces for rest or study.
- Emotional support, mentoring, or check-ins.
- Priority access to pastoral or wellbeing services.
- Support with transitions (e.g., between key stages).
- Referrals to external agencies such as Young Carers Services or SENDIASS.
- Ensuring young carers receive their statutory needs assessment where appropriate

### Aims of this policy:

- Identify young carers as early as possible.
- Ensure young carers feel safe, valued, and listened to (aligned with UNCRC Articles 12, 19, and 29).
- Remove barriers to learning and participation.
- Provide tailored academic, emotional, and practical support.
- Work collaboratively with families and external agencies.
- Ensure young carers know their rights, including the right to a needs assessment under the Children Act 1989 and Care Act 2014

# COXHOE PRIMARY SCHOOL

**Believe and Achieve**

*We aim to offer our children engaging and enriching opportunities to allow them to develop the knowledge, skills and resilience they need to achieve in our everchanging and culturally diverse world.*

Head Teacher: Mrs J Bartle BA(Hons)Education

Tel No: 0191 3770294 Fax: 0191 3773816

E-mail: [coxhoe@durhamlearning.net](mailto:coxhoe@durhamlearning.net)

Web-Site: [www.coxhoe.durham.sch.uk](http://www.coxhoe.durham.sch.uk)

