



SSPP School News

15th May 2026 Issue 31



**GO AND MAKE
MEMORIES
WORTH TELLING**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

admin.sspeterandpauls@redbridge.gov.uk



*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents, Carers and Friends of SSPP,
Due to the fact Year 6 and their support team of staff are on residential from Friday until Monday, the newsletter has been slimmed down this week.

It will return to normal next week.

This week's contains some key information.

Headteacher

Ms Osei

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Wednesday 20th May

Y6 TFL Presentation

Thursday 21st May

Culture Day

Friday 22nd May

Y3 Mass @ SSPP Church 9.30am

Friday 22nd May

Last Day of Summer 1

1.30pm finish for children

Monday 1st June

INSET Day – School closed to pupils.

Tuesday 2nd June

Summer 2 Begins.

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

UNICEF Article 19

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and mistreatment by their parents or anyone else who looks after them.



Gospel Reflection (John 17:1-11)

Jesus needed friends to help him with his mission, just like we need friends to help us in our daily lives. Through friendship, we can show that we are part of God's family, loving and working together to make the world a better place. What does the word 'friendship' mean to you? Which friends do you spend most time with? What is it you like about them? Who is your best friend? As a family, name ways in which you can deepen your friendship with Jesus, who loves and supports us always. Perhaps it's through: reading the gospels; receiving the sacraments; sitting with Jesus in prayer, alone or with others. Share any stories of when you felt loved and supported by your friends and talk about the qualities that make a good friend (e.g. kindness, honesty, trust, loyalty). In what ways can we be a better friend to others this week – could you reach out to someone who may be feeling lonely? Which friends can you especially pray for at this time?

Prayer for the week

Dear Lord Jesus, thank you for your friendship and for all our friends. Help us to choose our friends wisely and to become better friends to them. Amen.

"If Jesus calls us to be friends, let us not leave this call unheeded. Let us welcome it, let us take care of this relationship." Pope Leo XIV



Catholic Social Teaching Pupil Awards

RC	
RM	
1B	
1&2I	
2S	
3B	
3P	
4A	
4W	
5A	
5C	
6R	
6S	

Attendance w/e 15th May 2026

Class	% (Target 95.5%) Class attendance weekly percentages since the 6 th September 2024 Gold = Highest Green = Above 96% Red = Below 96%
RC	
RM	
1&2I	
1B	
2S	
3B	
3P	
4A	
4W	
5A	
5C	
6R	
6S	



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

Historical Britain This week in history...

7th May 1945

Nazi Germany surrendered to the Allies at Rheims and the war in Europe ended. VE Day is celebrated across Europe and North America on the following day.

12th May 1926

Britain's Trades Union Congress called off the General Strike that had brought the nation to a standstill for nine days. Workers across the country had downed tools in support of miners, protesting a wage cut.

Upcoming Dates

Wednesday 20th May

Y6 TFL Presentation

Thursday 21st May

Culture Day

Friday 22nd May

Y3 Mass @ SSPP Church 9.30am / Last Day of Summer 1 – 1.30pm finish for children

Monday 1st June

INSET Day – School closed to pupils.

Tuesday 2nd June

Summer 2 Begins.



House Points Totals

NEWMAN		1355
MANNING		1543
VAUGHAN		1401
WISEMAN		1191



SCHOOL NEWS

Saint of the Week: St Matthias the Apostle (First Century)

Very little is known about Saint Matthias, whom we honor today. He was most likely living in Galilee at the time that Jesus began His public ministry because he fits the description as "...one of the men who accompanied us the whole time the Lord Jesus came and went among us, beginning from the baptism of John until the day on which he was taken up from us..." (Acts 1:21–22). He certainly was among Jesus' first followers.

After Judas betrayed our Lord, the Gospel of Matthew says that Judas "went off and hanged himself" (Matthew 27:5). In the Acts of the Apostles, the Apostle Peter describes Judas' death this way: "...falling headlong, he burst open in the middle, and all his insides spilled out" (Acts 1:18). Regardless of how Judas died, he was one of the Twelve. Twelve is an important number in the Bible because there were twelve sons of Jacob (later given the name Israel) and those twelve sons established the twelve tribes that made up the people of Israel. Therefore, when Judas died, Peter recommended that someone be appointed to replace him so that the Apostles would once again number twelve. Peter quoted Psalm 109 that prophesied, "May another take his office" (Acts 1:20).

In order to pick a suitable successor, the approximately 120 disciples who were gathered together at that time in Jerusalem, perhaps in the upper room where the Last Supper had been celebrated, elected two who had been with Jesus from the beginning. Most likely these men were among the seventy-two disciples that Jesus had sent out on a mission of evangelization during His public ministry. The Acts of the Apostles describes it this way: "So they proposed two, Joseph called Barsabbas, who was also known as Justus, and Matthias. Then they prayed, 'You, Lord, who know the hearts of all, show which one of these two you have chosen to take the place in this apostolic ministry from which Judas turned away to go to his own place.' Then they gave lots to them, and the lot fell upon Matthias, and he was counted with the eleven apostles" (Acts 1:23–26).

Even though there were about 120 disciples gathered together, the Twelve were singled out as Apostles. This election of Matthias took place prior to Pentecost, so when the Holy Spirit came, it came upon Matthias as an Apostle, and the Twelve as a united body, along with the rest of the disciples.

Read more here: <https://mycatholic.life/saints/saints-of-the-liturgical-year/may-14--saint-matthias-the-apostle/>



Rights Respecting / Global Action – Mrs Ionita & Ms Ali's Weekly Information

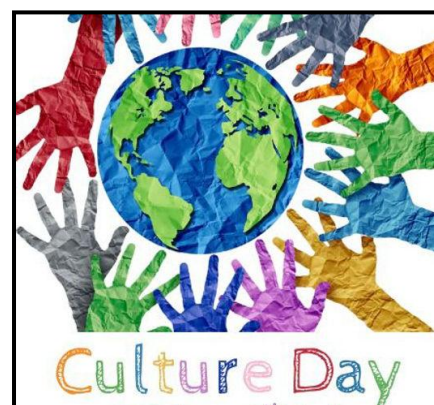
Almost Here...

Next Thursday (**21st of May**) is Culture Day! On this special day, pupils are encouraged to come to school wearing traditional cultural outfits that represent their heritage. Throughout the day, pupils will take part in a number of activities - learning about and celebrating other cultures.

This will be a wonderful opportunity for us to recognise and celebrate the rich diversity within our school community.

We would also like to invite parents to take part by hosting a table at the end of the school day, where they can showcase aspects of their culture, such as food, clothing, or traditions.

We look forward to a vibrant and inclusive celebration shared by pupils, staff, and families.



West Ham Corner



It is going down the wire isn't it?

The controversy at the end of the game against Arsenal shows just how much is at stake and how it might look (to an impartial observer) that there is an agenda to keep the marketable 'Big 6' Tottenham in the league at the expense of West Ham.

The team did so well against the Champions-elect, so it was a bitter pill to see their 95th minute equaliser ruled out.

It has since been even more jarring to hear the VAR audio, where it looked like they wanted to find any reason they possibly could to disallow the goal, focussing solely on Pablo's 'foul' on the Arsenal goalie. This went hand in hand with instant dismissal of looking at anything prior to this 'foul' including Trossard manhandling Pablo, Rice doing the same to both Summerville and Mavrapanos and Gabriel having a handful of Pablo's shirt as he tried to jump.

There could still be some twist and turns in the last two games, but it is now a plain shootout between us and Spurs.

Latest Result: West Ham United 0 – 1 Arsenal

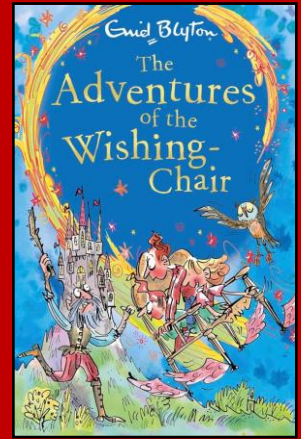
League Position: 18th

Times Tables Rockstars Top Ten

Most correct answers over the last 7 days:

Rank	Name	Year Group	Correct Answers
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Recommended Read Y3



When Mollie and Peter go to buy their mother a birthday present, they discover the most extraordinary thing: a chair that can fly and grant wishes! The Wishing-Chair takes them on some marvellous adventures - to a castle where they narrowly escape from a giant and rescue Chinky the pixie, to the Land of Dreams, and to a disappearing island!

If you liked this then try:
 + 'The Adventures of the Wishing Chair' Series by Enid Blyton
 + 'The Faraway Tree' by Enid Blyton



Recent Tweets – @SSPP_Primary



SSPPCatholicPrimary
@SSPP_Primary

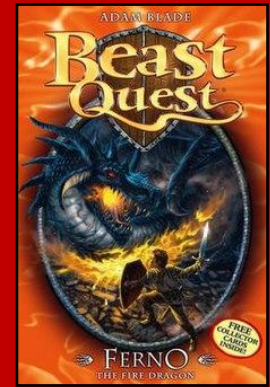


Another morning where Year 6 were met by a plethora of breakfast options. #SSPP #Year6 #SATs2026





Author Book Match



'Adam Blade'

Beast Quest is a best-selling series of children's fantasy/adventure novels produced by Working Partners Ltd and written by several authors all using the house name Adam Blade.

Key Dates Approaching:

Friday 15th – Monday 18th May

Year 6 Residential.

Those not attending are expected in school on Friday and Monday at the normal time. Those children should wear their PE kit on Friday as a session has been arranged for them.

Thursday 21st May

Culture Day.

See poster details elsewhere in the newsletter. It is a day of cultural dress (for a small donation of 50p). There will be an after-school event with music, colour and food.

Friday 22nd May

Last day of Summer 1

The day will finish at 1.30pm for children.

Monday 25th May – Friday 29th May

Half Term

Monday 1st June

INSET Day – School closed to pupils.

Tuesday 2nd June

Summer 2 begins for pupils.

Tuesday 9th June

Rights Respecting Gold Reaccreditation Visit

Culture Day

May 21st



Please come along at **3.20pm on Thursday 21st May** to celebrate with us the **lovely culture and traditions** in our diverse community!

Everyone welcome!

Get involved by notifying the office if you could run a stall to show to others your culture (maybe food, history or traditions) and of course, **DRESS UP!**

Pupils can **arrive to school in cultural outfits** in exchange for a 50p contribution that will go towards SSPP funds

PS: For some of the stalls, small, monetary donations will be greatly appreciated!



1 The diameter of a 10p coin is 24.5 mm. The diameter of a 5p coin is 18 mm. Some coins are laid out end to end.



What is the distance marked *b* in the diagram?

2 Mrs Green bakes muffins. She sells them in her shop.



- On Monday she bakes 200 and sells 70% of the them.
- On Tuesday she bakes twice as many muffins but has the same amount left.

What percentage of the muffins did she sell on Tuesday?



The answer to the KS1 problem seen in our last Newsletter:

1 Tim has two packs of pop. Each pack holds 24 cans.



Sally has five smaller packs. Each of her packs holds 6 cans.



How many more cans of pop does Tim have? **Tim has 18 more cans of pop.**

2 Here is some money.



The money is shared between 5 girls and 2 boys.

Each girl receives £3

How much money does each boy receive? $5 \times 3 = 15$
 $29 - 15 = 14$
 $14 \div 2 = 7$

Each boy receives £7



Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at:

<https://nationalonlinesafety.com/>

Online grooming is a growing and deeply concerning threat, with thousands of offences recorded each year in the UK. This edition explores how offenders build trust with children through fake identities, flattery, gifts and group chats before exploiting that relationship. It also examines the rise of sextortion and how gaming platforms and social media can become gateways for harm.

Beyond sexual exploitation, the guide highlights criminal grooming and radicalisation, helping adults recognise that manipulation can take many forms. With practical advice on spotting warning signs, creating open conversations and understanding the platforms children use, this resource empowers parents and educators to intervene early and keep young people safer online.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

ONLINE GROOMING

Online grooming is when someone builds a relationship with a child or young person online to gain their trust for the purpose of sexual abuse, exploitation, radicalisation, or criminal activity – such as county lines or financial scams. According to the NSPCC, police in the UK recorded over 7,000 offences involving sexual communication with a child in a single year – an increase of 89% since 2017/18.

WHAT ARE THE RISKS?

STRANGERS USING FAKE IDENTITIES

Groomers often pose as children or teenagers online to build trust. They may create convincing fake profiles, share photos stolen from real people, or mimic the interests of the child. By pretending to be someone their age, they make conversations feel safe and reliable. Over time, they may ask for personal details, photos, or suggest meeting in person, exposing children to significant emotional and physical harm.

EXPLOITATION THROUGH GIFTS AND FLATTERY

To gain trust quickly, groomers often send gifts, gaming credits, or money. Alongside material offerings, they use excessive compliments, affection, and attention to create emotional dependency. These tactics make children feel valued and special, lowering their defences. Once trust is secured, groomers may escalate their requests, often asking for photos or private conversations, making the child feel pressured or indebted to continue.

GROUP CHATS AS HIDDEN PATHWAYS

Unmonitored group chats on platforms like WhatsApp or Discord provide a cover for groomers. They can watch how children interact, identify those who seem vulnerable, and then move conversations into private messaging. This transition makes detection difficult for trusted adults. The seemingly harmless group setting often masks the presence of predators, giving children a false sense of security.

THE RISE OF SEXTORTION

Sextortion involves pressuring children into sharing explicit content, then blackmailing them for more. Offenders may claim to have hacked a child's device, threaten to share images with friends or family, or demand money. Many victims remain silent out of fear and shame. This growing crime is particularly dangerous because children often feel trapped, believing there's no safe way to escape the situation.

GAMING PLATFORMS AS GROOMING GATEWAYS

Games like Roblox, Fortnite, or Call of Duty, which include live chat features, are frequent targets for groomers. Conversations often start casually during gameplay and can become manipulative over time. Groomers may offer in-game gifts, credits, or exclusive add-ons to build rapport. Children using headsets or private chat features are especially at risk, as conversations are harder for adults to monitor.

CRIMINAL & RADICALISATION RISKS

Grooming is not always sexual. Some offenders manipulate children into criminal activities such as drug running or online fraud. Others attempt to radicalise young people with extreme ideologies. Groomers often use fear, money, shame, or promises of belonging to control their victims. These forms of exploitation can be just as harmful as sexual grooming, and often leave lasting psychological and social consequences.

Advice for Parents & Educators

KEEP CONVERSATIONS REGULAR

Rather than having one "big talk" about online safety, weave conversations into everyday life. Ask questions about children's online friendships and interests. Share real-life examples to make discussions relatable and encourage honesty instead of secrecy. When children feel comfortable discussing their digital lives, they are far more likely to share concerns or admit when something feels wrong, reducing the chance of risky interactions going unnoticed.

UNDERSTAND THE PLATFORMS CHILDREN USE

Take time to learn about the apps, games, and social platforms children are on. Familiarise yourself with privacy settings, parental controls, and group chat features. Use resources like The National College guides or conduct quick searches to stay updated. By understanding how these platforms operate, you'll be better equipped to set boundaries, guide safe use, and notice any unusual or concerning online behaviour early.

CREATE A "TELL ME" CULTURE

Children often keep silent because they fear being punished or losing access to their devices. Reassure them that coming forward with concerns won't get them into trouble. Emphasise that you are there to help, not judge. Creating a safe, open environment encourages children to speak up if something feels wrong, and helps to ensure they don't suffer in silence when facing potential grooming risks.

STAY ALERT TO WARNING SIGNS

Be attentive to both behavioural and digital red flags. Sudden secrecy, mood swings, or new online contacts may signal a problem. Watch for unexplained gifts, new social media profiles, or changes in sleep patterns. Increased anxiety or reluctance to attend school can also be indicators. Regularly checking in and showing interest in those whom they communicate with online help prevent small issues from escalating into serious risks.

Meet Our Expert

Staffordshire Police is dedicated to keeping people safe and tackling crime across both the physical and digital world. The force continues to strengthen its digital investigation and safeguarding capabilities to protect children and vulnerable people online, working in partnership with local, regional and national organisations, schools, and the wider community.



See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.03.2026



**SATURDAY 6, SUNDAY 7 &
SUNDAY 14 JUNE 2026**

Calling all beginner instrumentalists in Redbridge!

FREE TO ALL

**Come along and play with
musicians from the London
Symphony Orchestra!**

Sign up for your chance to play your
instrument in one of three workshops
with other young players and
professional musicians from the
London Symphony Orchestra!

LSO London
Symphony
Orchestra

Fill out the form on the link below:
[LSO/RMS Workshop Form](#)



**REDBRIDGE
MUSIC
SERVICE**

Supported using public funding by
Department for Education
ARTS COUNCIL
ENGLAND

ELMA
BEST LONDON
MUSIC ALLIANCE

London Borough of
Redbridge

**child
friendly
Redbridge**

**VISION
ISMUSIC**

Redbridge Mental Health Support Team presents...

PARENT AND CARERS IN MIND: WEBINARS FOR WELLBEING

Hear from mental health professionals about how to promote your child's emotional health and wellbeing. Our summer webinar offer continues with three popular topics

REGISTER NOW!

ENCOURAGING POSITIVE BEHAVIOUR WITH YOUR PRIMARY AGED CHILDREN

In this webinar, we look at behaviour as a form of communication and how testing boundaries is a normal part of child development. Learn to enhance your child's emotional regulation and promote positive behaviour through play, boundary setting and clear expectations.

WED 20.05.26 7-8PM

TALKING WHEN IT MATTERS: STRATEGIES FOR SUPPORTING YOUR CHILD'S IDENTITY

Join this webinar exploring how identity develops through an LGBTQIA+ perspective and the impact of minority stress. The session includes practical tips and strategies to help you navigate challenging conversations with confidence, supporting you and your child to feel emotionally safe.

TUES 16.06.26 7-8PM

DEVELOPING BETTER RELATIONSHIPS WITH TEENAGERS

In this webinar, we focus on working together with your teenagers to support positive communication. We will look at the development of the teenage brain and implications for emotional regulation. You can learn strategies for giving effective instructions using a "connection before correction" approach.

THURS 16.07.26 7-8PM

SCAN ME!



FOR MORE INFORMATION & TO SIGN UP

CLICK HERE,

VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST'

OR GO TO LINKTR.EE/REDBRIDGEMHST

London Borough of
Redbridge
#BREAKTHESTIGMA



Active Stars

Managed by Vision Redbridge Culture & Leisure

Free



Learn about healthy eating

Join in with fun activities and games

Create long term positive change

Discover delicious new recipes

Win prizes to help your healthy habits

For more information:

Scan the QR code

vrcl.uk/visionrclactivestars
activestars@visionrcl.org.uk



Find out from our Stars...

sharan 😊
I made new friends and enjoyed Active stars.
I got a certificate to

samreet ❤️
I enjoyed coming to Active Stars. I liked completing quizzes and taking part in all the activities.

Who is it for?

Children aged 5-11 who live, go to school or have a GP in Redbridge. Their families can come too!

Free Esol and Conversation Classes

Every Thursday

11:00 - 11:45 Beginners ESOL

11:45 - 13:00 Conversation Classes

Refugee and Migrant Justice
Cardinal Heenan Centre
326 High Road
Ilford, IG1 1QP



Refugee & Migrant Justice

rmjustice.org.uk

Come along and play with musicians from the London Symphony Orchestra!

Workshop Information

Who is this for?

- Year 2+
- Any beginner instrumentalists who can play a few notes on their instrument confidently, up to about Grade 1 standard. (Pianists will be invited to play percussion.)
- You must be having lessons on your instrument with a music teacher.
- You must live or go to school in Redbridge.

LSO Workshop times:

Choose to attend one of three workshops listed below:

1. Saturday 6 June - Redbridge Music Service
John Savage Centre, Fencepiece Road, Hainault, Ilford, IG6 2NB
• 14:30 - 16:30
2. Sunday 7 June - Cleveland Road Primary School
Cleveland Rd, Ilford, IG1 1EW
• 14:30 - 16:30
3. Sunday 14 June - Nightingale Primary School
Ashbourne Avenue, South Woodford, E18 1PL
• 14:30 - 16:30



What is the Cost?

There is no charge to attend this workshop. We ask that once your place is confirmed you let us know if you are not able to attend. Spaces are limited and we want as many children as possible to benefit from this experience.

Closing date for application?

Please apply by 17:00 on Monday 18 May to avoid missing this opportunity.

If you have any questions regarding these workshops, please send us an email at: admin.musicservice@visionrcl.org.uk



<https://forms.office.com/Pages/ResponsePage.aspx?id=F1yLk04uzk2pe6CzToA6liF9VMBt4RFHl5UbqW9x3NUOUSMlpeMNDZPQic1T1FCOFpLWTU1SxRQTC4>



VISION IS MUSIC

Redbridge Emotional Wellbeing Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

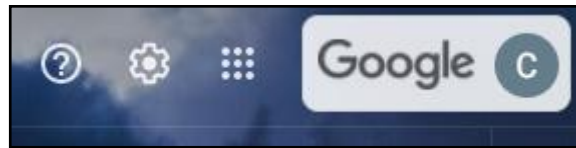
What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

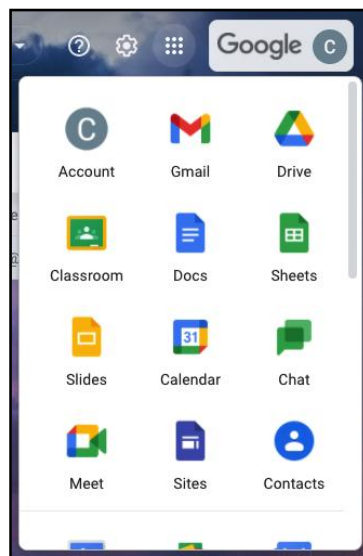
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app. As your child's Google Classroom password is also required to log onto our school network in lessons, please *do not change the password*.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.