



SSPP School News

24th April 2026 Issue 28



**THERE IS NOTHING
WRONG WITH
BEING PROUD OF
WHO YOU ARE**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

admin.sspeterandpauls@redbridge.gov.uk



*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents, Carers and Friends of SSPP,

What a joyful way to begin the weekend! With the sun shining brightly today, Mrs Grimshaw brought out the big speaker at lunchtime and the playground quickly turned into a dance floor. The children absolutely loved it—there was music, laughter and plenty of energy! The feedback has been positive, so it looks like this might become a regular Fri-yay treat... watch this space!

On Tuesday, Father Andrew warmly welcomed us to SS Peter and Paul's Catholic Church for our special "return to school" Mass. Together, we reflected on the beauty of the Easter season—the joy, hope and new life that comes with Christ's resurrection. It was a lovely opportunity for us, as a school family, to pause and give thanks. A special thank you to Mr Roca-Mas for preparing the children so thoughtfully to lead us in prayer alongside Father Andrew—they did so with great confidence.

This week, Mrs Munro also led two phonics workshops for parents of children preparing for the Phonics Screening Check. These sessions were incredibly helpful in sharing practical ways to support reading at home. If you were unable to attend, please do take a look at the resources on Google Classroom—there is plenty there to guide you over the coming weeks.

Behind the scenes, our Senior Leadership Team have been meeting with class teachers to review pupil progress. These meetings have been really positive, and it has been wonderful to learn just how hard the children are working and how well they are progressing.

I also had a very productive meeting with Mrs Ali, who shared updates on a number of exciting projects. We celebrated the impact of our School Council, who have successfully requested the introduction of sandwiches on the lunch menu on certain days. While we continue to encourage hot meals, we recognise that having a balanced range of options—including sandwiches with vegetables, fruit and a dessert—supports choice and enjoyment. We will continue to monitor this carefully to ensure a healthy balance for all.

Even more excitingly, our Rights Respecting Steering Group's idea of creating "calm spaces" within public areas across Redbridge has been taken forward by Councillor Khan and will now be discussed at a local council meeting. What a powerful reminder that our pupils' voices matter—our children are not only learning about the world, but actively shaping it. We are incredibly proud of them.

Mrs Ali is also busy coaching a group of enthusiastic Year 5 pupils for this year's Geography Bee Competition—we look forward to sharing their progress with you soon! Looking ahead, the summer term is already shaping up to be a vibrant and enriching one, with many opportunities in music, the arts and pupil leadership. I'll be sharing little snippets with you each week so you can follow along with all the excitement.

Today, our Reception classes led us in a wonderful St George's Day assembly. It is always such a pleasure to see our youngest learners take the lead. They shared their reflections through song, dance and creative work, including designing and making their own musical instruments. Thank you to Ms Chandler and Mrs Munro for preparing the children so beautifully—it was a real celebration of creativity and the building of their confidence.

Finally, I was delighted to receive a visit this week from Micajah in Year 6, who proudly showed me the gold medal he won at the London Youth Games for Judo. His dedication and commitment to the sport are truly inspiring, and earning a place on the Barking and Dagenham Judo Team is a fantastic achievement. Please do join me in congratulating him—after speaking with him, I have no doubt we may be witnessing the early steps of a future Olympian!

A reminder for the end of the school day:

We ask all parents and carers to keep a close eye on children once they have been collected, particularly if they are using the gym equipment or playing on the playground. Recently, we had a serious accident, and while thankfully everyone is now okay, it has reminded us how important careful supervision is at this busy time of day. Once children are handed over, they are in the care of their parent or carer, and your support in helping us keep everyone safe is appreciated. We are happy for the children to have a final play before they leave the playground, with the understanding that they are being supervised by an adult.

Wishing you all a restful weekend.

Ms. T M Osei

Headteacher

Headteacher

Ms Osei

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Thursday 30th April

PSHE and RSE changes
Parent Meeting 9am

Friday 1st May

Y5 Library Visits

Monday 4th May

Bank Holiday

Tuesday 5th May

Marian Procession

Wednesday 6th May

EYFS Exploration Morning

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

UNICEF Article 38

Governments must do everything they can to protect and care for children affected by war.

Governments must not allow children under the age of 15 to take part in war or join the armed forces.



You should not have to join the army or fight in wars.
© UN, Committee on the Rights of the Child (CRC) 2010

Gospel Reflection (John 10:1-10)

Do you know what 'to follow someone' means. Who impresses you? Who sets you a good example which you would like to follow? How has that person made life better for you, for someone else or for the community?

We can follow Jesus in the simple things we do in our lives every day, and make life better for all the family and everyone around us. How can we follow Jesus the Good Shepherd this week? Perhaps we can: be kind and contact a friend to see how they are doing at this time; go out of our way to help out at home; show others how to do the right thing and avoid what is wrong; listen carefully to wise and good people; show our gratitude to all those who teach and lead us through life.

Prayer for the week

Dear Lord Jesus, you are the Good Shepherd who knows us by name and guides us through life. Please help us to hear your voice and follow you always. Amen.

"To follow Jesus means to share his merciful love for every human being." Pope Francis



Catholic Social Teaching Pupil Awards

RC	Whole Class
RM	Whole Class
1B	Michael D
1&2I	Solomiia
2S	Prabh
3B	Ashriel
3P	Aarzu
4A	Jorawar
4W	Carla
5A	Angel
5C	Harlyn
6R	Isabella
6S	Joao

Attendance w/e 24th April 2026

Class	% (Target 95.5%) Class attendance weekly percentages since the 6 th September 2024 Gold = Highest Green = Above 96% Red = Below 96%
RC	
RM	
1&2I	
1B	
2S	
3B	
3P	
4A	
4W	
5A	
5C	
6R	
6S	



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

Historical Britain This week in history...

21st April 1509

Henry VIII becomes King of England, following the death of his father Henry VII.

22nd April 1838

The first steamship to cross the Atlantic, the British ship Sirius, arrived at New York; it made the crossing in 18 days.

23rd April 1616

Death of William Shakespeare, playwright and poet, aged 52.



Upcoming Dates

Thursday 30th April

PSHE and RSE changes - Parent Meeting 9am

Friday 1st May

Y5 Library Visits

Monday 4th May

Bank Holiday

Tuesday 5th May

Marian Procession





Wednesday 6th May

EYFS Exploration Morning



House Points Totals



NEWMAN		1270
MANNING		1491
VAUGHAN		1369
WISEMAN		1152



SCHOOL NEWS

Saint of the Week: St Adalbert (c. 956–997)

Duke Slavnik and his wife Střezislava, the parents of today's saint, both came from noble ruling families in the Duchy of Bohemia, present-day Czech Republic. They had five sons, one of whom was Vojtěch. As a youth, Vojtěch became quite ill, so his faith-filled parents dedicated him to God as a priest if God would heal him. Vojtěch did recover and was sent to Magdeburg, Germany, to study under Bishop Adalbert, the first bishop of that diocese. During his ten years of study, Vojtěch grew in knowledge and holiness. He spent long hours in prayer and was very devoted to the care of the poor. Vojtěch had such a great respect for the Bishop of Magdeburg that he took his name when he received the Sacrament of Confirmation. Bishop Adalbert of Magdeburg was later canonized a saint, as was his student, Saint Adalbert of Prague.

When the Bishop of Magdeburg died in 981, the young Adalbert returned home to Bohemia and was ordained a priest two years later by the Bishop of Prague. Soon after, the Bishop of Prague became quite ill and on his deathbed was filled with a fear of hell. He had lived a worldly life, seeking riches and comfort rather than holiness. The bishop's dying witness had an effect upon Father Adalbert, causing him to deepen his commitment to the pursuit of holiness through penance, prayer, and simplicity of life. Shortly thereafter, Father Adalbert was chosen as the next bishop of Prague. Though resistant at first, he eventually accepted and was ordained a bishop in 983. It is said that once he became a bishop, Adalbert rarely smiled. He later remarked, "It is an easy thing to wear the mitre and a cross; but it is a most dreadful circumstance to have an account to give of a bishopric to the Judge of the living and the dead." He truly felt the weight of his responsibility.

Bishop Adalbert was, at first, joyfully welcomed in Prague. From the beginning of his bishopric, he embraced a life of simplicity, prayed and fasted often, slept on the floor as penance, preached almost every day, and frequently visited the sick and imprisoned. Though the people in his diocese were Christian, they had not been Christian for long, and many of them held on to their former pagan ways.

For more, read: <https://mycatholic.life/saints/saints-of-the-liturgical-year/april-23-saint-adalbert-bishop-and-martyr/>



Rights Respecting / Global Action – Mrs Ionita & Ms Ali's Weekly Information

April is home to the world's largest Earth Day celebration, a global event that encourages people to take action to protect the environment. It is a time when millions of individuals, schools, and communities come together to think about issues such as pollution, climate change, and the importance of caring for our planet. Students can get involved by reducing waste, recycling, saving energy, and learning more about how their choices affect the Earth. Earth Day reminds us that even small actions can make a big difference in protecting the world for future generations.

This links to Article 13, which supports children's right to share ideas and information, Article 14, the right to freedom of thought, belief and religion, Article 15, the right to meet with others and join groups, and Article 17, the right to access reliable information from media and sources that help them learn about the world.

Let your voice be heard.



West Ham Corner



Having seen Spurs drop two vital points from a winning position at the weekend, we were desperate to get something from the trip to European Semi-Finalists Crystal Palace.

It was quite an evenly matched game, with Palace, fresh from their post-Europe partying not playing at their best level.

With both Bowen and Summerville a little out of sorts, and an inability to really bring them into the game, it was a tough ask to take all three points (although some could argue they were there for the taking).

The game ended with a 0-0 stalemate. On the positive side it means we stay two points above Tottenham after an away game to their home one; on the negative side they play now-relegated Wolves next whilst we come up against former Manager's (and Europe-chasing) Everton.

The end of the weekend ahead could see us switch places once more.

Latest Result: Crystal Palace 0 – 0 West Ham United

League Position: 17th

Recommended Read Y6



Sim and his mum never live anywhere long. When dangerous strangers appear one night, Sim discovers why. His mum has been keeping secrets: she has the power to open doors in time. Running for their lives, Sim and his friends are determined to outwit the sinister Council of Keys and be the first to find Nefertiti's lost tomb and a powerful door to Ancient Egypt. They must piece together long-hidden clues if they are to solve the mystery of her golden heart scarab. Can they find it before the Council finds them?

If you liked this then try:
+ 'The Legend of Viking Thunder' by M G Leonard
+ 'Chimeseekers' by Ross Montgomery

Times Tables Rock Stars Top Ten

Most correct answers over the last 7 days:

Rank	Name	Year Group	Correct Answers
1	Kirishanth	Year 4	11306
2	Aaron	Year 4	8302
3	Emilia	Year 4	5904
4	Jorawar	Year 4	3563
5	Daniel	Year 4	3081
6	Vedha	Year 4	1202
7	Hareem	Year 4	870
8	Josiah	Year 4	866
9	Muhammad	Year 4	762
10	Dhiya	Year 4	668

Recent Tweets – @SSPP_Primary



SSPPCatholicPrimary
@SSPP_Primary



Happy St George's Day!

Did you know? - St George is truly an international saint and England is not the only country or region to claim him as its patron.

England shares him with Venice, Genoa, Portugal, Ethiopia and Catalonia among others as their patron saint. #SSPP



#BOOKMATCH

© The Reader Teacher

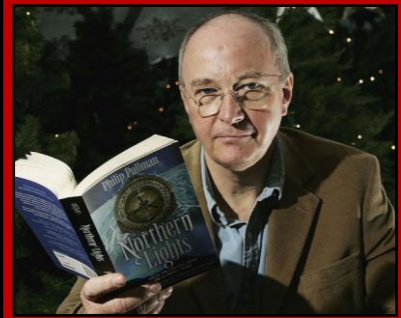
Books for fans of His Dark Materials by Philip Pullman



IF YOU LIKE HIS DARK MATERIALS, READ THESE

For more #BookMatch & similar suggested reads, visit TheReaderTeacher.com

Author Book Match



'Philip Pullman'

- + 'His Dark Materials'
- + 'Clockwork'
- + 'The Book of Dust'
- + 'The Firework Maker's Daughter'

Pupil Safety – A Reminder

Once children are dismissed to parents at the end of the day, the responsibility for their well-being and safety transfers back to their parent/guardian. If you then allow them to use equipment such as the Infant or Junior gym equipment, then they should be doing so under your close supervision only.

Having monitored footage recently, there are a number of children unsupervised using pieces, some of whom are actually eating as they do so – we do not need to spell out the risks in doing this. Please ensure they remain with you at all times.



Library Opening – Summer 1 Dates

We are opening our LRC **each Thursday** after school to allow children with their parents the chance to use it like a library.

It will be open from **3:30pm** as the children are dismissed, **until 4:00pm**.

This opening time will allow parents and children the chance to access the Library, read with/to your child and possibly take out a book on 'loan'.



Thursday:	16.4.26	23.4.26	30.4.26	7.5.26	14.5.26	21.5.26
Year Groups:	Rec/Y1	Y2/Y3	Y4/Y5/Y6	Rec/Y1	Y2/Y3	Y4/Y5/Y6

Roblox – Reminders

We have seen a rise in children having issues using particular online gaming sites such as Roblox. This is happening in some of our youngest year groups.



Whilst Roblox does have an 'under 9' age setting as one of its options - please ensure these gaming times are supervised to avoid any problems. The National Online Safety Guide for parents has been attached to the Year 1, 2 and 3 Google Classrooms.

Reception Daily Supervised Toothbrushing Programme

Over the last few weeks, the children in reception have been learning about the importance of dental hygiene. Through a series of activities, they have explored the importance of looking after their teeth and the essential skill of daily toothbrushing.

Each day, after lunch, the children take part in supervised toothbrushing sessions. Using their own toothbrushes and toothpaste, they practise brushing their teeth under guidance. This daily schedule encourages children to develop this skill and support a consistent routine at home. The activity has been significant in fostering healthy toothbrushing habits and has brought real enjoyment to all involved!



Roblox – Reminders

Thank you taking part in The Big Walk and Wheel. The final results are shown below and SS Peter and Paul's did very well!

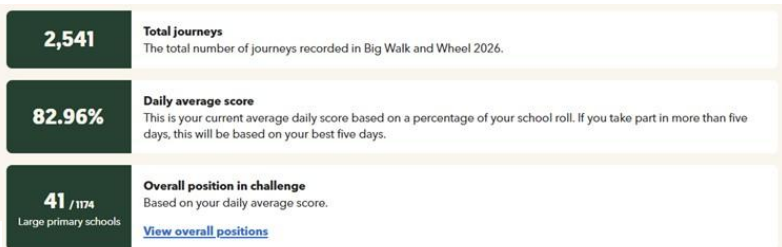


We were in the top 4% of the 1174 large primary schools that took part which shows that we are brilliant at travelling actively to school! This is good for both our health and the environment.

Well done to 4A for recording the most active journeys. The children in 4A each received a reflective key ring to hang on their school bag.

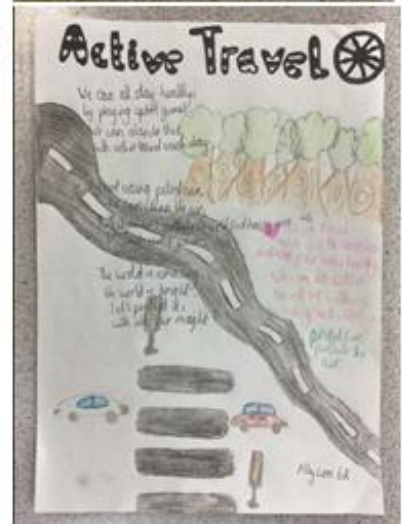


The overall leading class badge is held by...
4A with 228 Journeys



Junior Travel Ambassadors' Active Travel Competition

Thank you to all the children who entered the competition. The winners are: Adam RM, Liam RC, Ryan 1B, Agamjot 4W, Aayla 4W, Leah 5C, Allyson 6R, Yasvika 6R, Rishitha 1/2I, David 1/2I, Enzo 2S, Love-Jane 3B, Harleen 3B, Chloe 3P. Well done everyone!



South Park Wildlife Centre

Do you enjoy going to South Park after school, at the weekend or in the school holidays? Are you interested in helping to keep our local green spaces clean and welcoming? If so, the South Park Users Group hold fortnightly Action Days, undertaking litter picking, gardening and other maintenance tasks. The next is on Saturday 25th April from 11am; meet at the Wildlife Centre by the lake to collect tools, refreshments and chat from 12pm.



Marian Procession

Our annual procession to Mary will take place on the afternoon of **Tuesday 5th May**. As is tradition, we ask children to bring in flowers on that day to process and then leave as an offering to Mary in our prayer garden which will be set up for the occasion. The leaving of their flowers will take place after a short service of worship in school, and the crowning of the statue of Our Lady. Please ensure all flowers are either purchased or taken from your own gardens rather than any public space.



REDBRIDGE RECORDER FESTIVAL 2026

Date: Tuesday 16th June 2026

Venue: Sir Hawkey Hall

Invitation for Year 3 & 4 pupils

We are delighted to invite our Year 3 and Year 4 pupils to take part in this year's Redbridge Recorder Festival on Tuesday 16th June 2026 held at Sir James Hawkey Hall.

This exciting event brings together young musicians from across the borough for an afternoon of rehearsals, followed by a special concert for friends and family at 6:00pm. It is a wonderful opportunity for children to develop their musical skills, build confidence and experience performing as part of a large ensemble.

There are 30 spaces available allocated on a first-come, first-served basis.

To prepare, participating pupils will be required to attend weekly lunchtime rehearsals in school. All music and learning materials will be provided, and participation is free of charge.

Please note: Parents/carers will need to collect their children from the concert venue at the end of the evening.

If your child would like to take part, please collect a sign-up form from Mrs Ayisah in 4A.



REDBRIDGE MUSIC FESTIVAL 2026

Date: Wednesday 3rd June 2026

Venue: SSPP Main Hall

Invitation for Year 2 & 3 pupils

Our school is delighted to announce that we will be hosting the Redbridge Music Festival this year. We are excited to invite our Year 2 and Year 3 pupils to take part in this special event, which will take place on **Wednesday 3rd June**, from 1:30pm to 3:00pm in the SSSPP Main Hall.

This festival is a wonderful opportunity for our children to showcase their musical talents and perform alongside pupils from four other schools. We are very excited to be part of this special collaborative event.

To take part, children will need to **commit to a weekly lunchtime rehearsal**, where they will learn and practise the festival songs. *If your child loves to sing and would enjoy performing as part of a large group, this is a fantastic opportunity for them to get involved.*

Please note that the event will finish at **3:00pm**, and pupils will return to class as normal.

Children should be **collected at the usual time of 3:20pm**.

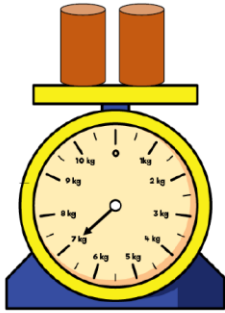
If your child would like to participate, **please collect a sign-up form from Mrs Ayisah in 4A**.

If you have any questions or would like further information, please do not hesitate to get in touch.



The answer to the KS2 problem seen in our last Newsletter:

1 Mary measures the mass of 2 cylinders.



What is the mass of 10 of these cylinders?

2 Jack and Dora each have some money.



I spent half of my money.

I spent £12



They have the same amount left.

Dora spent £20

How much money did Jack have at the start?



1 Jack and Dora each have some money.



I spent $\frac{1}{3}$ of my money.

I spent $\frac{1}{4}$ of my money.



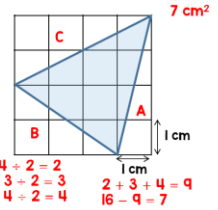
They have the same amount left.

Dora spent £72

How much money did Jack spend?

Jack spent £48

2 What is the area of the triangle?



$$A = 1 \times 4 \div 2 = 2$$

$$B = 2 \times 3 \div 2 = 3$$

$$C = 2 \times 4 \div 2 = 4$$

$$2 + 3 + 4 = 9$$

$$9 - 2 = 7$$

3 Write down all the common multiples of 4 and 6 that are less than 50. Show or explain your method.

12, 24, 36, 48



Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at:

<https://nationalonlinesafety.com/>

With millions of apps available and children accessing them from an increasingly young age, app stores can present a range of risks. From malware and copycat apps to inappropriate content and persuasive in-app purchases, this guide highlights how easily young users can encounter issues – even when using official platforms.

It also offers clear, practical advice to help parents and educators manage these risks. From setting up parental controls and checking app credibility to having open conversations about safe usage, the guide supports adults in building children's awareness, encouraging safer choices and promoting more balanced, responsible app use.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

APP & PLAY STORES

Since the introduction of Apple's App Store and Google's Play Store, an estimated two million apps have been made available on each. Ofcom's 2025 media use and attitudes report states that more than half of children aged between 3 and 7 use apps or sites to communicate with each other, and, by the ages of 10 to 12, 45% of children are playing games on their mobile phones. This guide will help you ensure that children use the app stores and their content safely.

WHAT ARE THE RISKS?

MALICIOUS APPS WITH MALWARE

Although Google and Apple must approve the apps on their official stores, inappropriate content sometimes slips through the net. For example, in 2025, the security company Kaspersky found that multiple iOS and Android apps contained screen-reading software, primed to look for passwords and stealing crypto-wallet recovery phrases captured in screenshots.

UNOFFICIAL COPYCAT APPS

Both official app stores contain copycat apps – often games – designed to look like popular rivals, mimicking their branding, layout and logos. While these will usually just offer a poor experience packed with ads as a quick money-making exercise, they're also more likely to be vessels for malware than the products they're counterfeiting.

INAPPROPRIATE CONTENT

As the App Store and Play Store are for all ages, there's a lot of content available that's inappropriate for children. Examples include apps that have references to alcohol, drugs, sex, violence or gambling. In general, these are sensibly age-rated, but social media sites such as YouTube and TikTok, which both have an App Store age rating of 12+, can be gateways to adult material.

PREDATORY IN-APP PURCHASES

App-making is a business, and most creators have found that 'freemium' software is the way to make money. That means the app will be free initially but will either require the user to watch ads or rely on them making in-app purchases. Some 'free' apps can be predatory, and there are plenty of examples reported where parents have racked up huge bills on behalf of their children's app activity.

ADDICTIVE BY DESIGN

Phone addiction is fast becoming recognised as a real concern, and apps are a big part of this. Freemium apps have a real incentive to keep children checking in every day in order to generate more ad views or secure extra in-app purchases. This can interfere with schoolwork and other offline hobbies.

SIDLOADED BANNED APPS

'Sideloading' – the more complicated practice of installing applications on a device from sources other than the official app stores – bypasses Google's and Apple's security procedures; however, it is possible for tech-savvy users. This opens up huge risks – not just apps that would be forbidden by Apple and Google, but pirate ones packed with malware too.

Advice for Parents & Educators

ACTIVATE PARENTAL CONTROLS FOR APPS

Both Google and Apple have apps that can give adults greater control over children's phone activity. 'Screen Time' (iPhone) and 'Family Link' (Android) have a range of features, such as letting you set age-related restrictions on the app stores, require permission to download an app, set daily time limits on specific apps, and control real-world spending.

DO YOUR RESEARCH

If children ask permission to download an app, do your due diligence and research it. Read the app summary and search the internet for reviews and discussions to establish its legitimacy, safety and appropriateness – if it doesn't seem to be appropriate, look for safer alternatives instead.

LOOK BEYOND THE REVIEWS

App store reviews are helpful, but they are easily gamed, and some unscrupulous developers will pay for quick reviews to give their work perceived legitimacy. Take more than a cursory glance at listings by digging into the one- and two-star reviews and looking closely at the developer – for example, if they've published a lot of unrelated apps, that's a red flag.

TALK TO YOUR CHILD

Talk to children and make sure they're aware that apps can be risky. As part of a wider talk about internet literacy, ensure they don't download apps outside of the official channels, nor grant apps permission to access their camera, microphone, or photos without a good reason. Make sure they understand that in-game currency costs real-world money.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



#WakeUpWednesday

The National College

Redbridge Emotional Wellbeing Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

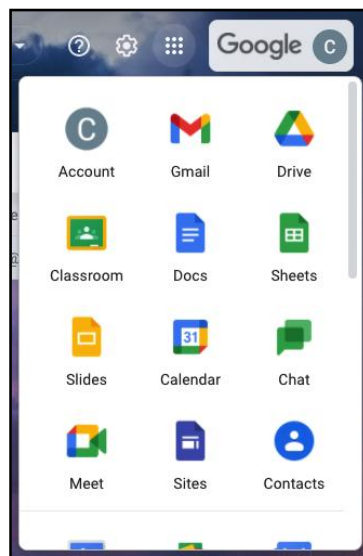
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app. As your child's Google Classroom password is also required to log onto our school network in lessons, please *do not change the password*.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.