



# SEX AND RELATIONSHIPS POLICY

Adopted by Governors

Signature ...K.Emery..... Date ...6.2.19.....

Signature A.TURNER..... Date 05.05.21.(POINT 07)

Signature ..... Date .....

## Policy for Sex and Relationships Education

### Introduction

We have based our school's sex and relationships education policy on the DfEE guidance document "Sex and Relationship Education Guidance" (ref DfEE - 0116/2000) and on Derbyshire's SRE guidance document.

### What is meant by Sex and Relationship Education? (SRE)

Sex and relationship education includes such concepts as growing and changing, feelings, relationships and responsibilities and how we care for each other. Sex and relationships education is delivered through the PHSE and Citizenship framework and within elements of the National Curriculum for Science at Key Stage 1 (5-7 year olds).

Central to the SRE programme, is the growth of self-esteem and taking responsibility for oneself and one's actions. The development of pupils' self-esteem is essential to an effective health education programme. If pupils feel positive about themselves, they are more likely to take care of themselves, think positively of other people and therefore develop caring relationships. They are also less likely to be exploited by others.

### Objectives for SRE

\* Statements marked with an asterisk are part of the National Curriculum for Science requirements.

**By the end of the Key Stage (year 2) –**

**Pupils will be able to:-**

- Recognise and compare the main external parts of the bodies of humans\*
- Recognise similarities and differences between themselves and others and treat others with sensitivity\*
- Identify and share their feelings with others
- Recognise safe and unsafe situations
- Identify and be able to talk with someone they trust
- Be aware that their feelings and actions have an impact on others
- Make a friend, talk with them and share feelings
- Use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk.

**Pupils will know and understand:-**

- That animals, including humans, grow and reproduce\*
- That humans and animals can produce offspring and that these grow into adults\*
- Basic rules for keeping themselves safe and healthy
- About safe places to play and safe people to be with
- The needs of babies and young people
- Ways in which they are alike and different from others
- That they have some control over their actions and bodies
- The names of the main external parts of the body\*
- Why families are special for caring and sharing

**Pupils will have considered:-**

- Why families are special
- The similarities and differences between people
- How their feelings and actions have an impact on other people

**Among the values promoted are:-**

- Respect for oneself and other people
- Taking responsibility for one's actions in all situations
- Honesty and loyalty in relationships
- The importance and responsibilities of the family unit for all members
- Sensibility towards the needs and views of others
- To recognise the physical, emotional and moral implications, and risks, of certain types of behaviour
- To recognise and accept the differences of others

Particular care is taken to match the approach to the maturity of the children.

## **Organisation**

Objectives for SRE are planned as a separate unit of work within the whole school long term framework for PHSCE for each year group and where appropriate, links are made within other curriculum areas. This enables us to provide a planned spiral curriculum where SRE is addressed each year in a continuous and progressive way.

In Science, aspects of SRE are taught within the “Life and Living Processes” strand of the National Curriculum for Science for Key Stage 1 (5-7 years) and are linked within the half-termly topic themes of:

- All about me (Spring term I)
- Houses and homes (Spring term II)
- Our environment (Summer term II)

## **The role of parents.**

The Governors and staff of Corfield C of E Infant School recognise that parents are the key figures in helping their child cope with the emotional and physical aspects of growing up. The school aims to support and complement this role. In promoting this objective we:

- Will inform and consult with parents about the school’s Sex and Relationship Policy and practice
- Answer any questions that parents may have concerning this
- Take seriously any issue that parents raise with teachers or governors about the policy or arrangements for SRE.

Parents have the right to withdraw their children from all or part of the Sex and Relationship education provided at the school except those parts included in the statutory National Curriculum for Science at Key Stage 1.

If a parent wishes their child to be withdrawn from these, they should discuss this with the Headteacher and make it clear which aspects of the programme they do not wish their child to participate in.

## **Monitoring and review**

The Headteacher will be responsible for monitoring the implementation of this policy and where necessary, provide training to enable staff to teach it effectively. The Headteacher will report to governors, when requested, on the effectiveness of the policy.

The Curriculum Committee of the Governing body will monitor the policy on an annual basis. It will report its findings and recommendations to the full governing body, as necessary, if the policy needs amendment.

The Curriculum Committee will pay due regard to any comments received from parents about the Sex and relationships Education programme when reviewing policy and provision.