

FREE WORKSHOPS FOR PARENTS & CARERS



Let's Talk- simple tools for building early language

TUESDAY 25TH NOV 7-8.30PM, ON ZOOM

Join Leigh, one of the Clinical Directors, and Speech and Language Therapists, at Insight Clinic for a session exploring how children learn to communicate, from first sounds to fluent conversations.

Hear Me, See Me, Know Me

WEDNESDAY 3RD DECEMBER, 7-8.30PM, ON ZOOM

A workshop for parents of children who are being assessed or are diagnosed as autistic, delivered by Elaine McGreevy- Speech & Language Therapist.

Surviving the Season: Fussy Eating & Autism Made Easier

WEDNESDAY 10TH DECEMBER, 7-8.30PM, ON ZOOM

A session on fussy eating and autism with Dr Kirsty Porter, Children's Dietitian at Nutrition4kidsNI.

CALL 0808 8020 400 NOW FOR MORE
INFORMATION OR TO BOOK YOUR PLACE



Let's Talk- simple tools for building early language



Join Leigh, one of the Clinical Directors, and Speech and Language Therapists, at Insight Clinic for a session exploring how children learn to communicate, from first sounds to fluent conversations.

We'll cover what's typical at different stages, when to seek support, and simple, practical ways to build language through everyday play and routines. You'll leave with realistic milestones, tips, and confidence to nurture your child's communication journey.

When: Tuesday 25th November

Time: 7-8.30pm, on Zoom

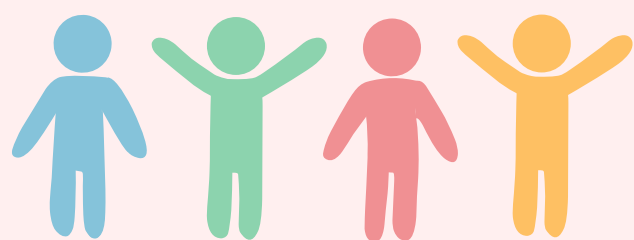
To book a place call free

0808 8020 400

Insight
Clinic

ASSESSMENT AND THERAPY





Hear me, See me, Know me

A workshop for parents of children who are being assessed or are diagnosed as autistic-delivered by Elaine McGreevy- Speech & Language Therapist

- Support communication preferences
- Understand sensory experiences & attention
- Communicate with a child/young person in distress

When: Wednesday 3rd December

Time: 7-8.30pm, on Zoom

**To book a place call
free 0808 8020 400**





Surviving the Season: Fussy Eating & Autism Made Easier

Join our session on fussy eating and autism, led by
Dr Kirsty Porter a Children's Dietitian from
Nutrition4kidsNI.

Discover practical strategies to help master fussy
eating including mealtime challenges, sensory
eating and food acceptance tips.

When: Wednesday 10th December

Time: 7-8.30pm, on Zoom

To book a place call free

0808 8020 400



NUTRITION
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