



## February 2026

Theme: Healthy & Happy

### Learning Experiences:

- Develop an awareness of keeping healthy through exercising.
- To learn about people who help us and extend our vocabulary.

**Tissues** - We are running low on tissues and would be grateful if you could send a box in with your children.

### Nursery Dates:

#### **Tuesday 3<sup>rd</sup> February - Visit to Carntall Primary School, Clogher**

The Nursery have been invited to visit Carntall Primary to attend their special performance of 'Peter Pan'. The children will travel by bus, and we will be back in time for dinner.

#### **2<sup>nd</sup> - 6<sup>th</sup> February- Children's Mental Health Week**

This week we will be reading the story 'Have you filled a bucket today?' and completing some bucket filling challenges!

**Friday 6<sup>th</sup> February - Non-Uniform ~Pyjama Day~ Please see information on School Jotter App.**

**Monday 9<sup>th</sup>- Friday 13<sup>th</sup> February**  
Half Term Holidays- School closed.

### **Wednesday 25<sup>th</sup> February- ASPIRE - Shared Education.**

We are looking forward to a visit from Banyan Theatre. Mullanaska Pre-school will be travelling to visit us, and we will be taking part in a puppet making workshop.

### People who help us

We are looking forward this month to visits from a local Nurse. We will be learning about their job and how to keep healthy.



### **Pencil Pals Pack**

Thank you all for coming to our Getting Ready to Write Session. We hope you have been enjoying your 'Pencil Pals Pack'. Please return these after the half term holidays.

### **Big Bedtime Read:**

Book bags will be sent out again on Friday 30<sup>th</sup> January. Please return these to school on or before Thursday so that a new set of books can be sent home with your child.

### **GRTL Early Language Booklet**

We have sent out our Term 2 booklet on Music, Movement and Memory. We hope you found this booklet useful.

# Rhymes & Songs

## Miss Polly had a Dolly

Miss Polly had a dolly who was sick, sick, sick.

So she phoned for the doctor to come quick, quick, quick.

The doctor came with his bag and his hat, And knocked at the door with a rat-a-tat-tat.

He looked at the dolly and shook his head, And said "Miss Polly put her straight to bed.

He wrote a paper for a pill, pill, pill. I'll be back in the morning yes I will, will, will.



## Brush, Brush, Brush

To the tune of "Row, Row, Row Your Boat"

Brush, brush, brush your teeth gently round your gums. Merrily, merrily, merrily, merrily, brushing is such fun!!

Brush, brush, brush your teeth  
brush them every day.  
The front, the sides, the back, the top  
To keep decay away!



## Pancake Rhyme

Mix a pancake, stir a pancake, pop it in the pan.

Fry the pancake, toss the pancake, catch it if you can!

## Doctor Foster

Doctor Foster went to Gloucester  
In a shower of rain;  
He stepped in a puddle  
Right up to his middle  
And never went there again.



## Boa Constrictor

I'm being swallowed by a boa constrictor,  
a boa constrictor, a boa constrictor,  
I'm being swallowed by a boa constrictor  
And I don't like it one little bit.

Oh no (oh no) he swallowed my toe  
(he swallowed my toe)

Oh me (oh me) he swallowed my knee  
(he swallowed my knee)

Oh fiddle (oh fiddle) he's up to my middle  
(he's up to my middle)

Oh heck (oh heck) he swallowed my neck  
(he swallowed my neck)

Oh dread, he's up to my  
(slurp gulp)