



**All Souls CE Primary School  
School Newsletter Summer Term 1 Week 4**

**Friday 8th May  
2026**  
HEALTHY SCHOOLS LONDON  
GOLD AWARD



*Our School Vision: Experiencing life in all its fullness,  
we grow to be the best that we can be – Based on John  
10:10*

*Dear Parents and Carers,*

*With the Bank Holiday on Monday, this week feels like it has flown by but with lots happening as usual. The final set of children from Y4 and Y5 continue to enjoy the work they are doing for the Hero's Journey project and we have had lots of positive feedback from the organisers about their engagement and enthusiasm for the project.*

*Every day this week, we have been greeted with boxes of new sports and playground equipment which have been arriving in to school thanks to last year's participation in Run All Souls Run and all your amazing fundraising. A reminder that this year's event is taking place a week on Sunday, the 17th May. Thank you to all those families who have already signed up and good luck with all your sponsorship efforts, which can be done via this website: <https://superkind.org/campaign/all-souls-primary-school-run-kids-run-2025>.*

*Regarding all things sports, I must apologise to all parents, but due to a clash of events and unforeseen circumstances, we are having to reschedule both the KS1 and KS2 sports days to after half term. Apologies for any inconvenience this may cause, particularly for our working parents; we will let you know the new dates as soon as we are allocated new slots.*

*I would like to end this week's newsletter by wishing our wonderful Y6 children the very best of luck for next week's SATs. They have all been working so hard in the last few months and we are so proud of them. Remember Y6, YOU HAVE GOT THIS! Take a breath, read the questions carefully and most importantly believe in yourselves - we believe in you!*

*On that note, have a restful weekend and we look forward to seeing you all on Monday,*

*Jo Plesniak - Head of School*





# Top Wellbeing Tips for the weekend before SATs

## Reducing stress

- 1 The weekend before SATs should be spent doing something that your child finds relaxing. The key is to remove as much stress as possible from your child's weekend routine!

## Remaining positive

- 2 This could be the first time your child may be experiencing anxiety or stress so they may not know how to describe what they are feeling. The best thing to do is to simply sit with your child and help them articulate anything they may be feeling and reassuring them.

## Using the right language at home

- 3 There should be no mentions of "passing" or "failing" in the run up to, or during the SATs. It is up to you to set the right tone around your home.

## Eating well

- 4 Eat a healthy diet during the week and encourage your child to have a good, healthy breakfast and a drink before school. We will be offering them a SATs breakfast every morning next week, too.

## Having a good night's sleep

- 5 Try to help your child relax the night before the tests with a good, well-practised sleep routine. Ensure that they wake up nice and early so that they have plenty of time in the morning and don't have to rush.

*Finally, and most importantly, remind your child that they have worked hard for these tests and all they can do now is try their best.*

*Their best is always good enough.*

*"I can do all this through him who gives me strength." Philipians 4:13*



RUN  
KIDS  
RUN

# RUN ALL SOULS RUN



**SUNDAY 17 MAY 2026**  
11AM - 1PM | LEWIS CUBITT SQUARE

SCAN ME



JOIN US FOR FUN, FITNESS &  
FUNDRAISING FOR OUR SCHOOL

**KINGS  
CROSS**

The Standard

ARES

GPE  
Greater together

BC|CAP  
Blue Coast Capital



SONY MUSIC

HAMMERSON



The  
Langham  
Estate

[www.runkidsrun.org](http://www.runkidsrun.org)



Crabtree Fields

**TEA IN  
THE PARK**

3-6pm, Friday 15th May

Tea and cake • Second hand book stall  
• Children activities • Tombola

Please contact the Crabtree Fields Friends group  
[crabtreefriends@gmail.com](mailto:crabtreefriends@gmail.com) if you can help or want more  
information. We would love to have more volunteers!



Butterflies 93%	Year One 98%	Year Two 97%	Year Three 93%	Year Four 96%	Year Five 95%
Year Six 93%	Willow 97%	Sycamore 75%			

**Well done to Year 1 and Willow for their excellent attendance this week.**

**Please use the email [absent@allsoulsprimary.co.uk](mailto:absent@allsoulsprimary.co.uk) to let us know if your child is unwell or is unable to attend school**



## UPCOMING EVENTS



**Monday 11th May - Christian Aid Week**

**Monday 11th May - SATs Week for Y6**

**Sunday 17th May - Run Kids Run at Kings Cross**

**Tuesday 19th May - Poetry Recital at 2:45pm in RHH followed by Handwriting Workshop for Parents (finishing at 3:25pm)**

**Wednesday 20th May - Wondermaths Competition for some of Y5**

**Wednesday 20th May - SEN Mini Marathon - Village and some mainstream children**

**Friday 22nd May - INSET Day - School closed for training**

**Monday 1st June - Y5/6 School Journey to Treginnis Farm**

Please join us in Riding House Hall **at 1:30pm on Monday afternoon**

**Red on the Rainbow: Josephine (Y6), Amelia (Y5),  
Wajiha (Y3) and Ayan (R)**

## **This Week's Commendations go to...**

**Butterflies: Zion and Oliver**

**Year One: Elliot and Brienne**

**Year Two: Ayanah and Oliver**

**Year Three: Bogdan and Amira I**

**Year Four: Sheku and Aya**

**Year Five: Letian and Melina**

**Year Six: Leana-Mae and Rhea**

**Willow: Ali**

**Sycamore: Joseph**



## **Whole school focus - Effort and Engagement in RE and Collective Worship Awards:**

**R: Kiran and Dawud**

**Y1: Grayson and Sharina**

**Y3: Roel, Atena and Umaima**

**Y4: Sheku and Hugo**

**Y5: Shima**

**Y6: Adele and Shanice**

## **Homework Awards:**

**Y1: Jun Tao, Bibi, Brienne and Isadora**

**Y2: Ayanah and Cora**

**Y4: Nora, Mohammed, Hugo and Umar**

**Y5: Lizzie, Melissa and Ted**

**Y6: Iraaz**

**BE**  
the best  
YOU CAN BE

This week in pictures:

