



Dear Parents and Carers,

As we approach the new academic year, we would like to take this opportunity to share some information about our Personal, Social, Health and Economic (PSHE) education programme.

PSHE education plays an important role in supporting pupils' personal development, wellbeing and preparation for life now and in the future. It is the curriculum subject that gives children the knowledge, understanding, strategies and practical skills to live safe, healthy and productive lives to meet their full potential.

As part of PSHE education, we deliver Relationships, Sex and Health Education (RSHE) in line with the DfE statutory requirements to be implemented by September 2026.

RSHE is designed to be age-appropriate, inclusive and respectful, and teaching takes place in a safe and supportive learning environment with familiar school staff, underpinned by our school ethos and values.

Our PSHE & RSHE policy

We encourage all parents and carers to read our updated PSHE policy, which is available on the school website in the PSHE section.

This policy includes:

- our definitions for Relationships and Sex Education, how it is taught and who is responsible for teaching it
- how pupils' questions are handled in the classroom
- how parents can view curriculum materials
- the process for parents to request withdrawal from all or some elements of sex education, in line with statutory guidance
- how content is made accessible to all pupils, including those with special educational needs or disabilities (SEND).

PSHE curriculum and materials

An overview of our updated PSHE education curriculum, along with examples of teaching materials used in lessons, can also be found on our website in the PSHE section. This provides further detail about what pupils will learn in each year group and how some topics are approached.

Questions or queries

We recognise that parents and carers may have questions about PSHE and RSHE education. If you would like to discuss any aspect of the curriculum, policy, materials or teaching methods, please contact the school office in the first instance and your query will be directed to myself.

Roots to grow...wings to fly.

Parent information meeting

As this is a newly developed scheme ready for September 2026, we invite you to attend a parent information meeting on **Monday 6th July, 3pm** at school to find out more about what your child will learn, view the materials being used in lessons and discuss how you can best support your child to discuss these topics at home.

We value working in partnership with our parents and carers and appreciate your continued support in helping our children grow into confident, healthy and respectful young people.

Yours sincerely,

Mrs Gorman

Assistant Headteacher & PSHE Lead