

SEND Newsletter

The Concept

I have had the idea of creating a SEND Newsletter which I will collate and share roughly each month. My plan is to align the focus of each newsletter with national and international awareness dates and celebration. I am hopeful it will be a nice opportunity to raise more awareness and offer support information in order to help you as parents and carers and the children too.

Please do let me know how you find the Newsletters- I am always open to suggestions!

Miss Fogarty 😊

What's Happening This Month

September

1st-15th September: Transition Awareness and Support

wb. 14th September: Jeans for Genes Awareness and Celebration Week

Looking ahead:

Wednesday 14th October at 2:30pm: SEND Parent Session (referrals and external support)

What we do in school:

In school, we acknowledge the importance of transition and how difficult this can be- especially for SEND Pupils. This is why we have a huge focus on it and in a number of ways.

Transition Days:

We have the annual transition day which allows for the children to visit their new classroom, teacher and class group.

In Class Visits:

All new teachers visited the children in their old class before summer, this allowed for new teachers to see the children in their settled space to see the support they were receiving and how it looked in action. It also allowed for relationships to be built in a safe space.

SENCO & Teacher Meetings:

Old and new teachers meet to go through lots of details. I have also met with all class teachers to ensure a thorough transition of SEND needs has been carried out. I have gone through Support Plans, EHCPs, current referrals and stages as well as any parent concerns that we are monitoring.

Social Stories/Timetable/Visuals:

We utilise the aforementioned a lot to prepare the children as much as possible for the upcoming changes and these will follow the children to continue to support them in their new yeargroup.

Reassurance:

Both myself and class teachers ensure the children are aware that the things that they need to support them will follow them and that as much as possible, things will remain the same!

Contact

If you still have any concerns or questions, please do not hesitate to contact email me- send@stacksteads.lancs.sch.uk

General Support

Supportive Language: keep discussions positive and acknowledge feelings and the normality of anxiety and nervousness.

Making an Anxiety Iceberg: drawing or writing worries can provide more clarity or understanding of what the worry is.

Timetable: ask the classteacher for the weekly timetable to provide clarity each day.

Looking ahead: create a list of things that make the children happy, make sure they are included into daily routines.

Morning Routine: A good and predictable morning routine is helpful and can reduce stress.

Online Support:

MyHappyMind has a whole transition section to support the childrens emotional wellbeing.

CalmPals App: for children age 3+ providing regulation tools to support transition anxieties.

GrowTale: a website with lots of social stories about various topics including transition.

Local Support:

-Cafe&Connect at Rossendale Family Hub offer chances to connect with support in the area. 02.10.26, 9:30-11am @ The Maden Centre

-SENDIAS Parent/Carer forum: 09.10.26, 9:30-11am @ The Maden Centre

-InsideOut (emotional support): Thursdays 5:30-7:30pm @ Rawtenstall Family Hub