

Preparing for Adulthood Guide

An online guide to the support available to help young people become more independent - prepare for and find employment, be as healthy as possible and develop friendships and relationships.

All young people face big changes when they leave school and move towards adulthood. These changes can be especially challenging if you have special educational needs and/or disabilities (SEND).

Visit www.lancashire.gov.uk/SEND or scan the QR code



Young People and
Adulthood

The guide shows what support may be available to you at different stages of the journey to adulthood from age 3 through to age 25.