



SULLY PRIMARY SCHOOL NEWSLETTER 16/01/26

Dear Parents/Carers,

Reading Meeting:

Please note that the correct date for next week's reading meeting is **Thursday 22nd January at 9:00 am**. We look forward to welcoming you into school, and as promised, tea and coffee will be provided.

Spring Term INSET Days:

The INSET days for this term are **Friday 13th February** and **Monday 23rd February**.

Highlights:

A great deal happens within the walls of a primary school in a short space of time. Our activities are always diverse and engaging, from children learning to follow recipes and bake biscuits to developing new hockey skills and enjoying many other exciting experiences. Please see the photos below for a glimpse of this week's learning.

Curriculum Newsletter:

Please follow the link below to access this term's curriculum booklet. This document provides detailed information about your child's programme of study for the spring term and is also available on our school website.

[Curriculum Booklet Spring Term 2025-2026 | Sully Primary School](#)

Inclement Weather

As we experience colder and wetter weather, please ensure your child brings a warm, waterproof, and clearly labelled coat to school each day.

Thank you for your continued support.

Wishing you a lovely weekend,

Andrea Waddington & Staff



**Our attendance this week has been 94.19%
which is below our target of 95.1%**

Dates for your diary...

Dates added/amended this week are in red

22nd Jan – Reading/RWI Parent Meeting – Nursery to Year 3 – 9am with Mr Jarvis (also open to parents)

23rd Jan – PTA - Dydd Santes Dwynwen - wear what you love – suggested donation of £1 or more

26th Jan – Fonmon Castle trip for classes: 1DJ, 1/2RT & 2ES – Please make payment on Parent Pay and consent on Arbor

28th Jan – Fonmon Castle trip for classes: 2/3ALB & 3JE – Please make payment on Parent Pay and consent on Arbor

31st Jan – Year 5 Atlantic College – final instalment due on Parent Pay

9th Feb – Year 5 London Trip – Please consent on Arbor asap

11th Feb - Reception Class – Sherman Theatre trip – Please make payment on Parent Pay and consent on Arbor

13th Feb – Year 6 Abernant Trip – 3rd Instalment due on Parent Pay

13th Feb – INSET DAY

23rd Feb – INSET DAY

1st Mar – Year 6 Abernant Trip – final payment due on Parent Pay

3rd Mar – Year 5 – Parent meeting for the Atlantic College trip – 3.30pm

4th Mar – PTA Silent Disco after school – details to follow

9th Mar – Open Afternoon – Year 5 & Year 6 – 1.30pm – 3pm

10th Mar – Open Afternoon – Year 4 & Year 4 – 1.30pm – 3pm

10th Mar – Year 5 Parent's Evening

11th Mar – Open Afternoon – Year 2 & Year 3 – 1.30pm – 3pm

12th Mar – Open Afternoon – Year 1 & Reception – 1.30pm – 3pm

12th Mar – Year 5 Parent's Evening

17th Mar – Reception, Year 1, 2, 3, 4 & 6 Parent's Evening

17th Mar – Nursery come and play parent sessions

19th Mar – Reception, Year 1, 2, 3, 4 & 6 Parent's Evening

19th Mar – Nursery come and play parent sessions

26th Mar – Colorfoto – Class group photos

Please note - Big Fresh Menu Change:

Thursday, Week 1 – Sliced beef has now changed to chicken in gravy with a Yorkshire pudding.

PTA - Non-Uniform Day – Dydd Santes Dwynwen ❤️

Friday 23rd January

To celebrate **Dydd Santes Dwynwen**, pupils are invited to enjoy a **non-school uniform day** on **Friday 23rd January** as part of a **PTA fundraising event**.

Children are encouraged to **wear something they love** — favourite colours, cosy outfits or fun styles — while still following our usual non-uniform guidelines.

Please remember: **no high heels or jewellery**, and for our **littlest learners**, outfits should be **easy for toilet trips** (zips and buttons that little hands can manage please!).

All funds raised will go towards our target for an exciting new **timber trail for the school**, supporting outdoor learning and play for everyone.

After school, the **kiosk will be open**, selling **jolly bags, crispy crème doughnut and hot chocolates**, so do pop by and support the fundraiser.

A **suggested donation of £1** is welcomed, but **any contribution you are able to make will be very gratefully appreciated**.

Donations can be made via **ParentPay**.

Thank you, as always, for your continued support 🤝

The PTA Team

Sully Primary School will now be using the ARBOR MIS System for all messaging, clubs, trips and attendance.

Parent Pay will still be used for school lunches.

If not already done so, to set up your account, you just need to set a password. You can do this by going to <https://sully-primary-school.cymru.arbor.education/> clicking on '**Forgotten Password?**' and following the instructions on screen.

Your username is your email address.

If you have trouble setting up your password or have general questions, please contact Sully Primary 02920 530377.

Reporting your child's absence:

You can now report your child's absence via our new MIS system called ARBOR.

Once logged on, click on the orange box 'Quick Actions' then click attendance and then click the green box (on top right) 'Log absence' or alternatively you can email us on office@sullyschool.co.uk or telephone: 02920 530377

Please remember to cancel any pre-booked meals on Parent Pay if your child is unwell – thank you.

Please send all other communication to our email address at office@sullyschool.co.uk not via our Arbor messaging system, thank you.

Highlights of the week...

Nursery had lots of fun making their own gingerbread men. First, they weighed the ingredients and mixed and stirred them together.

Then they rolled out the dough and carefully cut out their gingerbread men. Into the oven they went! We watched closely, but luckily our gingerbread men did not run away when they came out of the oven.





The rain did not stop play in Reception! Kitted out in welly boots and waterproof trousers, the children were able to take part in their outdoor learning activities! We walked around the school grounds looking for signs of Winter. We listened carefully to the sea, birds and wind blowing in the trees. We checked on the planters and pulled out some weeds and looked to see if our bulbs were pushing up through the soil yet. We drew pictures of the trees, created pictures using natural materials and everyone's favourite - splashing in the puddles!



Year 1DJ have absolutely loved taking part in the Big Schools Birdwatch 2026. They have spotted goldcrests, blue tits, great tits, magpies and pies wagtails.



Year 1-2 used wonderful drama skills to act out the Billy Goats Gruff story.



Year 2 have thoroughly enjoyed reading a new traditional tale this week, Jack and the Beanstalk. The children loved bringing the story to life by building the giant's castle and the beanstalk using Lego, as well as creating their own 'Wanted' posters. They also had great fun making crafts during their Mandarin lesson 📄 🏰 🍷



This week, pupils in Year 2/3 ALB demonstrated excellent confidence when learning the basic skills of hockey. 🏑!
Pupils learnt how to hold the hockey stick correctly and pass the ball with accuracy.
We are looking forward to developing these skills in the upcoming weeks! 🏑!





Year 3 have been exploring the story of Alice in Wonderland and they've used their imaginative skills to create their own version of Wonderland. They also loved the challenge of inventing their own characters for Alice in Wonderland, showing fantastic writing skills!



Year 4 have been continuing to explore portraits. They have looked at famous self-portraits by Vincent Van Gogh and responded and compared some of his work. We then tried our hand at using mud to create portraits outdoors. Do you recognise any?



This week, Year 5 have been exploring photography. We learned what makes a good photograph and discovered how including a foreground, background and subject can make images more interesting. We took photographs in nature and are now combining them with artwork by tearing our photos and drawing the other half.





Year 6 studied the work of Welsh artist Nathan Wyburn this week and created their own amazing art from everyday materials - fantastic effort Y6!!!



Sully residents needed for research!

I am local resident **Jackie Strawbridge**, a final year MSc Occupational Therapy student at Cardiff University.

I need **adult volunteers (18+)** living in **Sully, Vale of Glamorgan** to complete a short online questionnaire for my research project.

What's it about?

How **winter affects our everyday activities** — from self-care, to leisure, to work. Do our routines change with the seasons? Do we enjoy activities less in winter?

Why does it matter?

This study has been developed in response to a call from Public Health Wales to better understand the link between winter and wellbeing.

Who can take part?

- Adults aged 18+
- Living in Sully (>50% of the year)

Please scan the QR code or follow the link to complete the survey!

<https://forms.office.com/e/Eg99w82i4B>



Any questions/concerns, please contact strawbridgej1@cardiff.ac.uk

As we approach the winter season, the Welsh Blood Service is looking for more blood donors to give the best gift.

This year we are telling the story of Hannah, who received blood and platelet transfusions during her childhood cancer treatments. Hannah has now made a full recovery and wants to share her story.

Hannah's story: <https://www.welsh-blood.org.uk/seeing-is-believing-25-26/>

Hannah's story (video): <https://youtu.be/UbEVjdSUZSU>



Currently, blood stock levels of O-, the universal blood type, are lower than we'd like. So, we really need support to get the word out.

Key Facts to remember:

- *1 blood donation can save 3 lives, or 6 newborn babies.*
- *Our hospitals need us to collect 350 donations every day.*
- *Only 3% of the eligible population in Wales donate blood.*

You, or someone you know, may need blood one day.

Booking link: <https://wbs.wales/ValeofGlamorgan>

If you'd like to support us, please let me know and I can send over personalised content, and a personalised booking link 😊

Thanks,
Laura

January donation clinics:

Mon 19 Jan 26

Leisure Centre, Cowbridge



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sign up
here!



- Top quality instrumental and vocal tuition in schools across Cardiff and the Vale of Glamorgan
- More than 15 ensembles for every ability and instrument
- Whole class projects at primary and secondary level
- Young Musicians' Academi



Mae cofrestru ar
gyfer 2025-26 nawr
ar agor!

Enrolment for
2025-26 is now
open!

Contact us: cfmusiceducation@cardiff.gov.uk

www.cfmusiceducation.co.uk

Meet your instrument Day

A CHANCE TO TRY OUT
YOUR NEW INSTRUMENT -
FOR FREE!

1 CHOOSE WHICH INSTRUMENT YOU WOULD LIKE TO TRY

Bassoon, Cello, Clarinet, Cornet, Flute, Oboe,
Recorder, Trombone, Trumpet, Viola, Violin

2 SIGN UP THROUGH THE CF MUSIC EDUCATION WEBSITE

3 TRY OUT YOUR INSTRUMENT AND PLAY WITH OUR STARTERS ENSEMBLE



Whitchurch High School, Lower School Site.

Thursday 26th February 4.15-5.15pm

For all enquiries please email us at
cfmusiceducation@cardiff.gov.uk





Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.



We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes



SINGING LESSONS

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

www.AscendenceTheatreArts.co.uk
AscendenceTheatreArts@gmail.com



Harp lessons from Year 2 and up:
If you would like your child to take part in harp lessons please contact Eluned on:

elunedtheharpist@btinternet.com

We also have a school harp for pupils to practice with.

Week 1

Monday

Main Meal: Cheesy Pasta Bake served with a Medley of Green Vegetables & Garlic Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding of the day: Welsh Yogurt served with Fruit Slices

Tuesday

Main Meal: Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly and Fruit Slices

Thursday

Main Meal: Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream & Peach Slices

Friday

Main meal: Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing

2/6/25, 30/6/25, 1/9/25, 29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26



Week 2

Monday

Main meal: Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Bolognaise or Vegetarian Bolognaise served with Pasta, Broccoli & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad

Pudding: Chocolate Cake with Fruit Slices

Wednesday

Main meal: Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi Grain Rice & Peas

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes, Carrots, Green Beans, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: American Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Crispy Cake served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3/26



Week 3

Monday

Main meal: Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream served with Fruit Slices

Friday

Main meal: Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips, Peas, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw

Pudding: Date & Orange Brownie served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

16/6/25, 14/7/25, 15/9/25, 13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26



Week 4

Monday

Main meal: Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Fruit Yoghurt served with Fruit Slices

Wednesday

Main meal: Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Cheese & Crackers served with Fruit Slices

Thursday

Main meal: Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baked Beans & Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

23/6/25, 21/7/25, 22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



**Allergen information to accompany this menu
is held in the Kitchen and available upon request.**

**Please contact your school for a special diet request form if your child has
specialist dietary needs.**

We aim to provide a healthy balanced school meal for every pupil.