



SULLY PRIMARY SCHOOL NEWSLETTER 18/07/25

Dear Parents/Carers,

Today, we bid a heartfelt farewell to our exceptional Year 6 pupils. It has been a privilege to witness their growth into the delightful young adults they are today. We believe they are well-prepared for the next stage of their education, and we wish each of them every success in the future. Remember to seize every opportunity high school offers and always aim high!

We also say goodbye to some valued members of our staff: Mrs Boyle (Year 1 class teacher), Mrs Romans (Year 1/2 LSA), and Mrs Liz Williams (Year 2/3 LSA). We are saddened to see them go and wish them all the best in their future endeavours. A huge thank you to them for their hard work and dedication over the past 20+ years. They will be greatly missed by both staff and pupils. Please don't become strangers to Sully Primary School!

As we have discussed previously, attendance is a critical issue that we cannot overlook. The reality is that if your child is not in school, they are not receiving an education. Our target for this year was 95.1%, but we fell short by 1.3%, with our final attendance for the academic year 2024-2025 standing at 93.8%. While this marks an improvement from last year (2023-2024), we are still seeing many families taking their children out of school for term-time holidays. We kindly ask you to consider the implications of such absences and to plan family breaks during school holidays whenever possible.

Please refer to the term dates on the school website, along with the INSET days listed below, to assist with your holiday planning. I firmly believe that, by working together, we can continue to improve our attendance figures in 2025-2026.

We are grateful for your ongoing support and look forward to collaborating with you in the upcoming year.

Our first day back for pupils is Wednesday, 3rd September, unless your child is starting Nursery or Reception, in which case you will have received a 'staggered start' date.

Wishing you all a wonderful summer break!

Kind regards,

Andrea Waddington & Staff

Dates for your diary...

Dates added/amended this week are in red

03/09/25 – First day back to school for pupils

Details of all trips will be communicated through ParentPay.



**Our attendance this week has been 93.88%
which is well below our target of 95.1%**

INSET DAYS:

Monday 1st September
Tuesday 2nd September
Friday 3rd October
Friday 13th February
Monday 20th July

One further date to be confirmed

Highlights of the week...



We have had our Platinum Flag Award renewed for our continued commitment to the environment. This accolade comes as part of the Eco Schools initiative: a global educational programme run in Wales by Keep Wales Tidy and sponsored by the Welsh Government. This year we have embedded a Nature Based Learning curriculum throughout the school, developed our grounds with more raised beds growing flowers for pollinators and also fruit and vegetables. We also welcomed three chickens to PS1 where the children enjoy collecting eggs and using them to cook and bake every Friday! The platinum flag and plaque will be proudly displayed by the main entrance to celebrate another of our school's wonderful achievements.

We were treated to a fantastic violin recital this week, where our violinists wowed us with their impressive talent!





To celebrate the end of a wonderful year, Nursery had a fun-filled party. The children enjoyed making their own sandwiches, baking cupcakes and assembling colourful fruit kebabs. There was plenty of food, games, giggles and non-stop dancing!





Reception had a wonderful time on Sully Beach. The children searched for shells, rocks, sea glass and crabs. The children were so excited to see and hold crabs. We wrote our names in the sand, explored the rock pools, made rock towers and faces using objects found on the beach! A big thank you to all the adult helpers!



Year 1 and Year 1-2 had a fantastic time at a balloon show by Dr.Bob.
Thank you, Mrs Boyle, for organising such a treat!



Year 1 had a great last week! They showed resilience in learning to tie up laces. They said goodbye to Mr Kou who taught them mandarin. They have been a super group of children. Have an amazing summer everyone!



PIC•COLLAGE

Year 2 have had a fantastic final week in school! They have reflected back on everything they have achieved this year. We are so proud of them and I wish them all the best for next year! ★



Year 2/3 DJ have had a lovely week reflecting on our year and saying goodbye to friends old and new

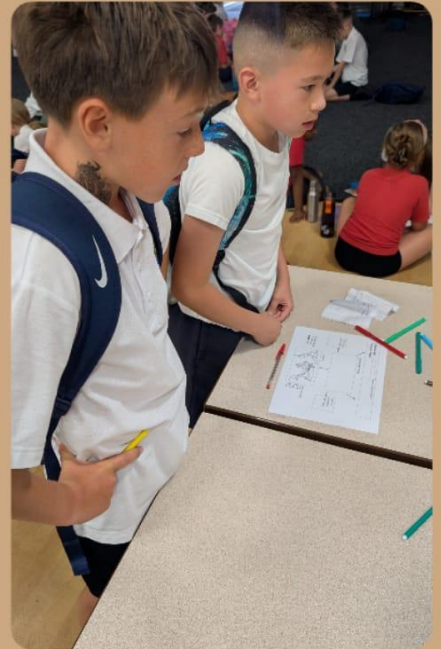




Year 4 have had a brilliant year! This week we made podcasts for Year 3 moving into Year 4. We celebrated our end of NBL by cooking vegetarian hotdogs and making the much wanted smores!!! Have a wonderful holiday and see you when you are in Year 5.



Year 5 enjoyed a visit to Stanwell this week designing their own chocolate bar as part of an enterprise workshop, where they also got to work with other Year 5 children from the cluster!



It is time to say goodbye and good luck to our wonderful Year 6 pupils. They performed brilliantly in our Leavers Service and have enjoyed getting their shirts signed, playing their favourite games and spending time with their friends before they move on to their next chapter. We will miss you!



All pupils enjoyed watching the Year 6 Vs teacher netball match!



Free creative nature workshops!

13 July - nature walk and creative activity
2-4pm

8 August clay tile making and decorating
2-4pm

Sharing themes with sculptor Alan
Goulbourne's seed pod public artworks,
discover the nature in your local area
and make your own tile to take away!

Free, all welcome, all ages. Look for the orange
gazebo in the playground off Melrose Walk



Funded through the Vale of Glamorgan Council's Section
106 Public Art Contribution from Taylor Wimpey Homes



SUMMER CAMPS 2025



Sparks is running creative filmmaking camps for ages 7-14. Students will work together to script, shoot, and edit their very own short films!

HOWELLS SCHOOL
CARDIFF ROAD
LLANDAFF



Mon - Fri 9-3pm

21-28 July, 2025

4-8 Aug, 2025

www.sparksarts.co.uk

Summer at the Senedd

19 July to 31 August / Free Entry

Join us at the Senedd this summer for a lineup of exciting activities!

- ◆ Celebrate the Gypsy and Traveller community with West Monmouth School's **Wanderlust** exhibition
- ◆ Experience the beauty of Somali heritage in **Rooted In Our Dhaqan**, a new exhibition by Hayaat Women Trust and Al Naaem magazine
- ◆ **Creative workshop** with Al Naaem Magazine
- ◆ **Activity Booklets** – Senedd Explorers and Fflam's Pierhead Adventure
- ◆ **Play Area, Café and Craft**



For more information visit: senedd.wales/visit

SUMMER

Adventure Challenge



Tŷ Hafan

CHILDREN'S HOSPICE
HOSBIS I BLANT



Take part in fun adventures and activities
and keep busy over the summer holidays
while raising money for Tŷ Hafan!

We'll be here to give you ideas along the way.



Activity book



Stickers



Facebook group



Certificate



Medal

SCAN ME



Sign up today

Free entry with a £30 fundraising target

www.tyhafan.org/events/summeradventurechallenge

Registered in Wales no: 3077406. Registered charity no: 1047912

ANIMAL ENCOUNTERS

For kids and grown ups
1 Adult Per Child

Join the wild party at
Sully Old School for
an afternoon packed
with furry fun and
Animal Antics!

A Sully Library
organised event

Friday 8th of August - 3pm

Call to book - spaces limited 02920 531 267

Sully & Lloverock
**Community
Library**



Llyfrgelloedd
www.valeofglamorgan.gov.uk/libraries



VALE PLAY TEAM



PLAYFUL LIBRARIES SUMMER SESSIONS

CELEBRATE THE SUMMER READING
CHALLENGE AND JOIN VALE PLAY TEAM
FOR OUR FREE FAMILY CRAFT SESSIONS
AT YOUR LOCAL LIBRARY FOR AGES 5+

TUESDAY 5TH AUGUST

10:30AM - 12PM

**THE OLD SCHOOL,
SULLY**

TEL. 02920 531267

PLACES ARE LIMITED, SO PLEASE
CONTACT YOUR LOCAL LIBRARY TO BOOK

Libraries
Llyfrgelloedd



Prosiect Gwyliau Gwaith Chwarae
Playworks Holiday Project

**THE
READING
AGENCY**

Please use SULLY20 code for a special discount!

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WORKSHOPS
COMPETITION WINNERS
WELSH ACTS
GAMING ZONE
NEW TO 2025
NEW WAVE WEST LINDS ACADEMY

UNDER 3'S FREE ENTRY
ALL UNDER 18'S MUST BE ACCOMPANIED BY AN ADULT

SINGLE TICKETS JUST £17.50 **FAMILY PASS £55**

*Ts & Cs Apply - Lineup May be subject to change - Please see website for Ts & Cs and more information

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Vale of Glamorgan Council

01446 400 105
8 Play Clusters, Cwm Trehaf, Barry

SCAN ME

Vale Sports & Play
Chwaraeon a Chwarae y Fro

WE WANT TO HEAR FROM YOU... HELP US SHAPE OUR SUMMER

VALE of GLAMORGAN
BRO MORGANNWG



Summer is almost here and we would love to hear about the sports/activities you'd like to try so that we can provide some of them.

Please complete the below quick survey with your child/children.

 <https://forms.office.com/e/dSXiiMzNXz>

 
@valesportsteam1

Cardiff & Vale Schools Football Association | 2025/26 Season

Prynhawn da | Good afternoon,

We're excited for what the new season will have in store at Cardiff & Vale Schools Football Association.

For the 2025/26 season, we're delighted to share that we will be:

⚽ Growing our Girls programme, with the addition of an U7 | U8 Girls age group (current year 1 & year 2).

Please share the following link with parents / guardians of interested players, so that they can sign up for the opportunity: <https://bookwhen.com/cvsfatrials>.

Trials take place this Sunday 29th June 2025.

🏟 Increasing the number of our Primary Fives festivals on offer & launching a new season long Super Seven (7-a-side) competition for primary schools, with access to play games at Ocean Park Arena indoor pitches.

To ensure you're able to access all on offer with Cardiff & Vale SFA & to make sure you receive all our future correspondence for trials & festivals, please complete the following affiliation form for the new 2025/26 season: [School Affiliation Form](#).

We look forward to working with you again, providing you & your students with the best football opportunities in the area.

If you have any queries or if there's any ideas you'd like to discuss, please don't hesitate to get in touch.

Diolch yn fawr | Many thanks as always for your continued support.

Cardiff & Vale SFA | CBD Caerdydd a'r Fro

**CBD YSGOLION & COLEGAU
CAERDYDD A'R FRO**



Below is a link to a short film from the School Nursing Service for school to use at parental nursery to reception transition events.

In the past the School Nursing service have tried to attend in person, but with the recent implementation of the Welsh Government Strategy - *Healthy Child Wales Programme: for school aged children (April, 2024)*, there are limited School Nurses available to be able to deliver a face to face session in all settings.

The short video (2 mins), describes what School Nursing can offer a child throughout their school years, please feel free to view.

https://youtu.be/-goO80d_W0

CARDIFF AND VALE UHB

School Nursing Newsletter | Summer 2025



GIG
CYMRU
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WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board



Keeping children's eyes healthy (Specsavers advice)

While it's not possible for your child to stop using screens altogether- there are a few things you can do to help protect your child's eye health.

- To help set a reasonable limit you should think about the needs of your child and how much the use of screens seems to interrupt their other activities (Like social activities or sleep) Set a realistic screen time
- Follow the 20:20 rule- your child should look away from their screen every 20 minutes and look at something 20 feet away for at least 20 seconds. This will relax their eye muscles and help reduce the risk of digital eye strain
- Adjust their screen positioning- make sure all digital devices or screens are at the correct distance for your child. The screen should be slightly below their eye level as looking at screens widens their eyes and dries them out quicker
- Schedule some outside time- children should make the most of their outside breaks
- Stay Hydrated- water is important for every aspect of your health- and eye health isn't any different. Staying hydrated will help avoid dry eyes
- Establish media free times- to help reduce your child eye fatigue and remove fixation or reliance on digital services – establish 'screen free' time in the evenings. Parents need to lead by example
- Book annual eye exams- It is recommended that children have their eyes tested every year to ensure their eyes remain healthy during this important developmental stage. This is a FREE service for all children



Sunscreen and Sun Safety

Sunburn increases your risk of skin cancer. Sunburn does not just happen on holiday. You can burn in the UK, even when it is cloudy.

To protect children in the sun, make sure to:

- Encourage children to spend time in the shade between 11am and 3pm
- Never allow children to burn
- Ensure they are wearing suitable clothing and sunglasses
- Apply sunscreen 30 minutes before going out

Know your sunscreen! When buying sunscreen make sure to read the label. Ensure your sunscreen is at least a factor 30 to protect against UVB and has at least 4-star UVA protection.

Did you know? Sunscreen has an expiry date, make sure to check this before applying.



5 ways to keep your child safe this Summer

1. Water Safety

Maintain consistent eye contact on kids in and around water, without distraction

2. Child safety helmet

Make sure your child wears a properly fitted bike or multi sports helmet every time they ride

3. Hydration

Encourage children to stay well hydrated by drinking plenty of water before during and after play

4. Playground safety

Visit parks with impact absorbing material under equipment and actively supervise them while they play

5. Hot cars

Never leave your child alone in a car, not even for a minute

CARDIFF AND VALE UHB

School Nursing Newsletter | Summer 2025



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Sports libraries

Do you know about them?

Sports libraries are a great initiative to increase physical literacy for young people of all ages. It encourages young people to get outside more, improving concentration and memory, learning new skills, and increasing self-confidence.

Sports libraries allow members of the public to borrow sports equipment from the library such as,

- Table Tennis Sport Equipment
- Inclusive Multisport Equipment
- Boccia Sports Equipment
- Athletic Equipment
- Badminton Equipment
- Cricket Sports Equipment

They will be available at the following hubs,

- Fairwater
- Ely
- Grange town
- STAR
- Llanrumney
- Powerhouse
- Rumney
- St Mellons

These items will be free to loan from the Hubs and libraries as long as they are a member of the library. It is quick and easy to sign up to the library if not.

Sports libraries | Cardiff Hubs : Cardiff Hubs

parent line

If you're a parent or carer of a 5-11 Year Old

Text your school nurse on

07312 263178

For confidential advice and support



Available during
school holidays

If your child is being electively home educated, please remember you can still access the school nursing service for support and advice on the contact numbers below.

Useful Contacts

EAST Cardiff School Nursing Team
WEST Cardiff School Nursing Team
VALE School Nursing Team

- 029 2183 3114
- 029 218 32204
- 014 4670 4114



Nursio Ysgol | School Nursing
BP Caerdydd a'r Fro | Cardiff & Vale UHB

Social Media



ICAV_SNTEAM



STANDARD CYCLING COURSES – SUMMER 2025

With funding from the Welsh Government, the road safety department is providing three National Standard Cycling courses during July and August in Rhws, Wenvoe and Penarth for children aged 10/11 years living within the Vale of Glamorgan and who have not completed this training.

National Standards Cycle Training (NSCT) courses are designed to give children the skills to undertake a safe cycle journey to and from school or to a known place of leisure and during this summer, courses are being held for children **aged 10 and 11 years** who have not completed this training and live within the Vale of Glamorgan. Delivered through the Vale of Glamorgan Council and funded by the Welsh Government, these NSCT courses are free and will be held at the following locations:

- *Rhoose - Monday 21 until Thursday 24 July - 0930/1300hrs
- *Wenvoe - Monday 4 until Friday 8 August - 1000/1300hrs
- *Penarth - Monday 11 until Friday 15 August - 1000/1300hrs

Places for each course are limited and for more information and to register please go to:
<https://www.eventbrite.com/cc/national-cycle-standards-training-summer-2025-4404633>

Please note that this booking is for the registered participant only, cyclists cannot be accompanied during training sessions

The Summer Reading Challenge - will be launching on Saturday 5th July and will be running until Saturday 13th September. It is free to join, and there are prizes as incentives, plus a medal and certificate for all those who read at least six books over the summer. This is a brilliant programme and we encourage you to get your child involved in this initiative over the summer.

<https://summerreadingchallenge.org.uk/>

Summer Reading Challenge:

1. Sign up Click 'Join now' to create your account. 2. Read books Set your own goal and read anything you like. Add your books to your profile, with a review! 3. Earn digital rewards Unlock special online badges and a certificate when you reach your Challenge goal!*

*Physical rewards like medals are only available when taking part at select libraries.
summerreadingchallenge.org.uk