



SULLY PRIMARY SCHOOL NEWSLETTER 01/05/26

Dear Parents and Carers,

As you can see from the photographs below, there has been a lot of science-based activities taking place this week. The pupils certainly appear to be enjoying this unit of learning. Please click on the QR Code below to watch Nursery's Minibeasts iMovie (it will make your day).

QR Code:



A huge thank you to Mrs James (our part-time midday supervisor and full-time grandma) who kindly donated plants. Mr Edwards has used them to refresh our outdoor planters — they look wonderful and are already brightening the site.

Miss Harries reports there has been a very positive response to our careers and work-related event, which will take place on 22nd of May. Thank you to everyone who has signed up to take part — we're all looking forward to it.

Wishing you a lovely (and hopefully not too wet!) Bank Holiday weekend.

Kind regards,

Andrea Waddington



**Our attendance this week has been 93.49%
which is below our target of 95.1%**

Dates for your diary...

Dates added/amended this week are in **red**

05-05-26 Reception Class Hearing Test – Please email the office if you do not wish your child to be screened

05-05-26 to 15-05-26 Assessment Fortnight

06-05-26 Y5 Beach School – 1.30pm – 3pm

11-05-26 to 15-05-26 Year 6 Residential Trip to Abernant

12th, 13th & 14th – Scholastic Book Fayre for whole school

18-05-26 to 22-05-26 Careers Week (whole school unit of learning)

20-05-26 Y5 Beach School – 1.30pm – 3pm

21-05-26 Y5 Techniquet trip – Please consent on Parent Pay

22-05-26 Careers Fayre (pm)

HALF TERM HOLIDAY 25-05-26 to 29-05-26

01-06-26 to 19-06-26 Year 5 Swimming (3 days per week for 3 weeks Mon - Wed - Fri)

03-06-26 Y5 Beach School – 1.30pm – 3pm

05-06-26 PTA Sully School Summer Fete (3.30pm-5.30pm) **details below**

04-06-26 Reading Cafes (Rec - Year 6) (9.00 - 9.45am)

08-06-26 Year 6 Singing Event Stanwell Music Department

12-06-26 Year 6 Orchestra Event Stanwell Music Department

19-06-26 PTA Marvellous Men Sale

24-06-26 Y5 Beach School – 1.30pm – 3pm

25-06-26 PS2 (Year 1, 2 and 3) Sports Day (9.30am - 11.30am)

25-06-26 PS3 (Year 4, 5 and 6) Sports Day (1.30pm - 3.00pm)

25-06-26 Stanwell Open Evening

26-06-26 Reception Sports Day (9.30am - 10.30am)

26-06-26 Nursery Sports Day (11.00am - 11.30am and 2.45pm - 3.15pm)

26-06-26 Stanwell Transition Day

30-06-26 Back up Sports Day Reception (9.30am – 10.30am)

30-07-26 Back up Sports Day Nursery (11am – 11.30am and 2.45pm – 3.15pm)

01-07-26 Y6 PE Day at Stanwell School – Parents drop off at 9.15am and coach return to school at 12pm

02-07-26 Back up Sports Day PS2 (9.30am – 11.30am)

06-07-26 Y6 Expressive Arts Event at Stanwell School – Parents drop off at 9.15am and coach return to school at 12pm

Careers Fayre

Thank you to those who have already signed up to our Careers Fayre on 22nd May. We are still on the lookout for more people to sign up so we have a true cross section of occupations. Please sign up [here](#) or contact Mrs Harries for more information.

As part of our ongoing focus on developing a love of reading, we are excited to welcome back the Scholastic Book Fair this summer. Families are invited to visit after school on the 12th, 13th and 14th of May, where you can take advantage of a special 3-for-2 offer on books. Please note that the Fair is cashless, so a valid debit or credit card will be needed for any purchases.



SCHOLASTIC  **TRAVELLING BOOKS**

COME TO OUR BOOK FAIR

and earn
FREE BOOKS
for our school!

**GO
ALL
IN.**

National
Year of
Reading
2026

The poster features a young girl in a superhero costume on the left, with a cartoon superhero dog character below her. The background is a vibrant orange-red gradient.

Sully PTA Summer Fête – Friday 5th June

We are absolutely thrilled to be hosting our annual PTA Summer Fête once again, and we can't wait to welcome you all for an evening of fun, food, and community spirit! Following the fantastic success of last year's Friday evening event (and thanks to the ever-reliable Welsh weather for inspiring the change!), we're delighted to be returning to the same format this year.

This year's fête will take place on Friday 5th June 3.30-5.30pm – slightly later in the term than originally planned due to a clash with the Year 6 trip, but all the more time to get excited!

We will also be trialling a new entry system designed to make things quicker and easier for everyone. Tickets will be available to purchase via ParentPay, giving plenty of time to buy in advance.

In the week of the fête, children will be sent home with an envelope containing paper wristbands (the festival-style kind!) for all tickets purchased through ParentPay. Please bring these wristbands with you on Friday 5th June. When you collect your child, simply put on their wristband (you can put your own on before arriving), and you'll be able to head straight into the fête without needing to leave the school site or queue to re-enter.

Anyone without a wristband on the day will be asked to pay at the event, so please don't forget them. Volunteers will not have access to ParentPay records and won't be able to check purchases or replace lost wristbands. We're doing our best to reduce queues and make the experience more enjoyable for everyone, so your cooperation is very much appreciated.

We are also keen to recruit volunteers to help make the event a success. Whether you can help with pre-event preparation (such as setting up games, packaging prizes, or preparing raffle items), or support on the day with stalls, set-up, or clear-down, any time you can offer will make a huge difference. Even a small amount of help is incredibly valuable – without volunteers, events like this simply wouldn't be possible, and we are so grateful for your support.

There will be plenty on offer to enjoy, including a BBQ, hot dogs, an Indian food stall, drinks and snacks. Alongside this, we'll have our usual popular games, and weather permitting, a bouncy castle and lots more fun for everyone to enjoy!

Tickets are now on sale via Parent Pay and are £2 each – (£2 per adult and £2 per child) , any children aged 2 and under go free.

We can't wait to see you there for what promises to be a fantastic evening for the whole school community! ☺

Raffle tickets are now on sale via Parent Pay for £1 each

Highlights of the week...



Nursery continued with their inquiry “Where do minibeasts live?” by exploring the garden, recording their findings on a tally chart and creating an iMovie. They also shaped clay into models of their favourite minibeasts.

Magic Movie:





Reception have loved being scientists this week. They have been making predictions and finding out which material would be best for a waterproof and strong roof for the Three Little Pigs.



PIC•COLLAGE

PIC•COLLAGE

Year 1DJ had a brilliant time climbing and jumping during our PE. They especially loved exploring the BIG climbing frame in the hall.



In year 1-2 we have enjoyed carrying out investigations about lights and magnets. Enjoyed riding the bikes in the sunshine. We have created beautiful light pictures inspired by Van Gogh.



Year 2 ES enjoyed learning about light this week. They explored how shadows are formed, created their own shadow puppets, and learned how the Sun causes day and night 🌞





This week, our Year 2/3 and Year 3 pupils have thoroughly enjoyed learning about Sir Isaac Newton and his discovery of gravity. 🕒 We explored this concept through a range of engaging, hands-on activities across the curriculum.

In PE, the children investigated how gravity affects movement by comparing how different balls, such as tennis balls and basketballs, bounce, noticing how size, weight and force influence what happens. 🏀 🎾



During our nature-based learning, pupils applied their understanding by building shelters, thinking carefully about how gravity pulls structures down and how to make them strong and stable. 🏠 🌳

It has been wonderful to see the children making meaningful connections across their learning with such enthusiasm.

Year 4 have been exploring the dangers of electricity and have created safety posters to educate others on how to stay safe.





Y5 have been investigating the effect different surfaces have on how a car travels down a ramp. We then used scientific writing skills to explain what we did and what we found out!



Year 6 enjoyed walking to Swanbridge Bay as part of our Nature Based Learning. We explored biodiversity and the geographic features of Sully. We made lots of discoveries including crabs, spiders, sea snails, sandworms and jumping shrimp! 🌊





🌈 Summer Programme 🌈

A friendly neurodiverse youth group for young people aged 9–13 (Years 4, 5, 6 & 7)

What is Spectrum Squad?

Spectrum Squad is a welcoming, inclusive youth group where neurodiverse young people can **be themselves**, make friends, and enjoy spending time with others who understand their experiences. We create a relaxed, supportive environment focused on **connection, confidence and fun**, especially supporting young people as they transition between primary and secondary school.

What happens in sessions?

Each session has a **gentle theme**, with lots of **free-choice activities**, including:

- 🧱 LEGO challenges
- 🎨 Arts and crafts
- 🎮 Games and social activities
- 🍪 Making snacks
- 😌 Relaxed hang-out time

Summer term dates

Sessions will run in Room 1 of Penarth Methodist Church, Woodland Place, Penarth, CF64 2EX from 18:15 – 19:30:

20 April ✅ First session FREE (to try it out) 11 May 📅 £30 per young person for the term

1 June

15 June

29 June

Who runs Spectrum Squad?

Sessions are led by a **qualified youth worker**, supported by **trained, DBS-checked volunteers** with experience of working with neurodiverse young people.

Want to find out more?

For a friendly, no-pressure chat, contact **Hannah Woods**

☎ 07896 863174

✉ hannah@outofthewoods.ltd.uk

👉 Or join our **Spectrum Squad Facebook Group** [here](#) for updates and information.

Free swimming times for Under 16s at Penarth Leisure Centre. They also offer two extra sessions during the school holidays.

School Holiday times: Monday, 14:00 to 15:00, Wednesday, 14:00 to 15:00.



PENARTH
LEISURE CENTRE

Nofio am ddim
Free Swimming times

O dan 16
Under 16

Dydd Sul 11:30 - 12:30
Sunday 11:30 - 12:30

 

*Legacy Leisure yn gweithio
mewn partneriaeth â Bro Morgannwg*
Legacy Leisure working in
partnership with the Vale of Glamorgan

Ymunwch â'n gwersi Nofio

O 3 mis oed hyd at oedolion

Join our Swimming lessons

From 3 months old to adults

Sign up online or call our team
on 01446 403 000

PENARTH
LEISURE CENTRE



PENARTH
LEISURE CENTRE

ROOKIE LIFEGUARD INTENSIVES

Monday - Wednesday
25/26/27 May
2 - 3pm

Sign up online or speak to the team on
01446 403000

LeisureCentre.com



PENARTH
LEISURE CENTRE

DISTANCE DAY

2 - 3pm
Friday 29 May

Join us to complete your distance
swims from 25m+ and earn your
badges and certificates with our
qualified swimming instructors

Sign up online or speak to the team on
01446 403000

LeisureCentre.com



PENARTH
LEISURE CENTRE

MAY HALF TERM INTENSIVE COURSES

25 - 29 May
Monday - Friday

Wave 5&6 - 8:30am
Wave 4 - 9am
Wave 3 - 9:30am
Wave 2 - 10am
Wave 1 - 10:30am

Sign up online or speak to the team on
01446 403000

LeisureCentre.com





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Save 10% with code **INTAKE26** at checkout



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www.myclothing.com

*offer excludes bundles, clearance items and events hoodies



SAVE 15% ON BULK ORDERS



USE CODE
SCHOOLBULK15

This is available for Evenlode, Cogan, Sully
and St Joseph's Primary Schools

Free Welsh at Home

Course at Ysgol Evenlode, Penarth



Calling the parents, carers and grandparents of Ysgol Evenlode school children!

Would you like to learn Welsh to help your child/ren? Join our 15 week Learn Welsh Entry level course designed for adults to use at home with children.

Mondays 9.15-10.45am

from 2nd of March 2026

Ysgol Evenlode School [YYF26-01-M1](#)

To find out more or to register please contact Olwen on olm25@aber.ac.uk

Cyrsiau ar gyfer rhieni a theuluoedd i gefnogi plant i siarad Cymraeg.



dysgucymraeg.cymru
learnwelsh.cymru
Y Fro / The Vale

LISTENING Lunch



Come along to our online support group for parent and carers of children experiencing emotional wellbeing and mental health needs.



Every fourth Wednesday
of the month, 12pm to 1pm

SCAN ME!



For more information about this service, email CharlotteW@familylives.org.uk or scan the QR code to sign up

We build better family lives together

www.familylives.org.uk

 @familylives



GIG
CENTRE
NHS
WALLES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

CYPF PPIT



Emotional Wellbeing
& Mental Health
Lles Emosïynol ac
Iechyd Meddal

Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD



Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.



We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes

EVERY SCHOOL DAY COUNTS

Don't miss out on the education you deserve.





SINGING LESSONS

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

www.AscendanceTheatreArts.co.uk
AscendanceTheatreArts@gmail.com



Harp lessons from Year 2 and up:
If you would like your child to take part in harp lessons please contact Eluned on:

elunedtheharpist@btinternet.com

We also have a school harp for pupils to practice with.

Week 1

Monday

Main Meal: Cheesy Pasta Bake served with a Medley of Green Vegetables & Garlic Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding of the day: Welsh Yogurt served with Fruit Slices

Tuesday

Main Meal: Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly and Fruit Slices

Thursday

Main Meal: Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream & Peach Slices

Friday

Main meal: Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing

2/6/25, 30/6/25, 1/9/25, 29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26

Week 2

Monday

Main meal: Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Bolognese or Vegetarian Bolognese served with Pasta, Broccoli & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad

Pudding: Chocolate Cake with Fruit Slices

Wednesday

Main meal: Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi Grain Rice & Peas

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes, Carrots, Green Beans, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: American Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Crispy Cake served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3/26

Week 3

Monday

Main meal: Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream served with Fruit Slices

Friday

Main meal: Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips, Peas, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw

Pudding: Date & Orange Brownie served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

16/6/25, 14/7/25, 15/9/25, 13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26

Week 4

Monday

Main meal: Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Fruit Yoghurt served with Fruit Slices

Wednesday

Main meal: Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Cheese & Crackers served with Fruit Slices

Thursday

Main meal: Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baked Beans & Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

23/6/25, 21/7/25, 22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



the **BIG**
FRESH
Catering
company



**Allergen information to accompany this menu
is held in the Kitchen and available upon request.**

**Please contact your school for a special diet request form if your child has
specialist dietary needs.**

We aim to provide a healthy balanced school meal for every pupil.