



**SULLY PRIMARY  
SCHOOL  
NEWSLETTER  
08/05/26**

Dear Parents/Carers,

A shorter week to report on, but as usual it's been jam-packed. Please take a moment to read the highlights below.

Pupils in Years 2–6 have begun their Welsh National Tests and our in-school tracking assessments for reading and spelling. We know assessments can cause anxiety for some pupils; while they are an important part of tracking progress, we introduce them calmly and sensitively to keep the experience as relaxed as possible. These assessments will continue into next week.

Next week we will be holding the summer book fair. This will be held in the Hall on Monday and Tuesday. On Wednesday and Thursday, it will be held in the Year 5 and 6 project area. If we are lucky enough to have sunshine, it will be held outside on the bottom playground.

Wishing you a lovely weekend.

Andrea Waddington & Staff



**Our attendance this week has been 93.94%  
which is below our target of 95.1%**

## Dates for your diary...

Dates added/amended this week are in **red**

- 11-05-26 to 15-05-26 Year 6 Residential Trip to Abernant
- 12<sup>th</sup>, 13<sup>th</sup> & 14<sup>th</sup> – Scholastic Book Fayre for whole school
- 18-05-26 to 22-05-26 Careers Week (whole school unit of learning)
- 20-05-26 Y5 Beach School – 1.30pm – 3pm
- 21-05-26 Y5 Techniquetrip – **Volunteers needed – please email office**
- 22-05-26 Careers Fayre (pm)
- HALF TERM HOLIDAY 25-05-26 to 29-05-26
- 01-06-26 to 19-06-26 Year 5 Swimming (3 days per week for 3 weeks Mon - Wed - Fri)
- 03-06-25 Reception Class – NHS – Weight, height & eye test**
- 03-06-26 changed to 8<sup>th</sup> July - Y5 Beach School – 1.30pm – 3pm**
- 05-06-26 PTA Sully School Summer Fete (3.30pm-5.30pm) details below
- 04-06-26 Reading Cafes (Rec - Year 6) (9.00 - 9.45am)
- 08-06-26 Year 6 Singing Event Stanwell Music Department
- 12-06-26 Year 6 Orchestra Event Stanwell Music Department
- 19-06-26 PTA Marvellous Men Sale
- 24-06-26 Y5 Beach School – 1.30pm – 3pm
- 25-06-26 PS2 (Year 1, 2 and 3) Sports Day (9.30am - 11.30am)
- 25-06-26 PS3 (Year 4, 5 and 6) Sports Day (1.30pm - 3.00pm)
- 25-06-26 Stanwell Open Evening
- 26-06-26 Reception Sports Day (9.30am - 10.30am)
- 26-06-26 Nursery Sports Day (11.00am - 11.30am and 2.45pm - 3.15pm)
- 26-06-26 Stanwell Transition Day
- 30-06-26 Back up Sports Day Reception (9.30am – 10.30am)
- 30-07-26 Back up Sports Day Nursery (11am – 11.30am and 2.45pm – 3.15pm)
- 01-07-26 Y6 PE Day at Stanwell School – Parents drop off at 9.15am and coach return to school at 12pm
- 02-07-26 Back up Sports Day PS2 & PS3 (9.30am – 11.30am)
- 06-07-26 Y6 Expressive Arts Event at Stanwell School – Parents drop off at 9.15am and coach return to school at 12pm
- 08-07-26 Y5 Beach School – 1.30pm – 3pm**
- 13-07-26 Y5 Enterprise Event – Stanwell School – Parents drop off at 9.15am and coach return to school at 12.30pm**
- 17-07-26 – Last day of Summer Term for all pupils**

## Careers Fayre

Thank you to those who have already signed up to our Careers Fayre on 22<sup>nd</sup> May. We are still on the lookout for more people to sign up so we have a true cross section of occupations. Please sign up [here](#) or contact Mrs Harries for more information.

As part of our ongoing focus on developing a love of reading, we are excited to welcome back the Scholastic Book Fair this summer. Families are invited to visit after school on the 12th, 13th and 14th of May, where you can take advantage of a special 3-for-2 offer on books. Please note that the Fair is cashless, so a valid debit or credit card will be needed for any purchases.



ASH Wales is a national charity reducing the harm caused by smoking and preventing nicotine addiction in Wales. The survey will help us understand the resources currently used to teach about smoking, vaping, and addiction, and will inform the development of future PSHE materials for schools.

We have a short survey for parents and carers to help us better understand concerns around illegal tobacco and vaping among young people. We would be grateful if you could complete the survey by clicking the link below.

**Parent survey link:** <https://forms.gle/ohDMPDdfYSYQ3Uw19>

Thank you for your time and support.

## Sully PTA Summer Fête – Friday 5th June

We are absolutely thrilled to be hosting our annual PTA Summer Fête once again, and we can't wait to welcome you all for an evening of fun, food, and community spirit! Following the fantastic success of last year's Friday evening event (and thanks to the ever-reliable Welsh weather for inspiring the change!), we're delighted to be returning to the same format this year.

This year's fête will take place on Friday 5th June 3.30-5.30pm – slightly later in the term than originally planned due to a clash with the Year 6 trip, but all the more time to get excited!

We will also be trialling a new entry system designed to make things quicker and easier for everyone. Tickets will be available to purchase via ParentPay, giving plenty of time to buy in advance.

In the week of the fête, children will be sent home with an envelope containing paper wristbands (the festival-style kind!) for all tickets purchased through ParentPay. Please bring these wristbands with you on Friday 5th June. When you collect your child, simply put on their wristband (you can put your own on before arriving), and you'll be able to head straight into the fête without needing to leave the school site or queue to re-enter.

Anyone without a wristband on the day will be asked to pay at the event, so please don't forget them. Volunteers will not have access to ParentPay records and won't be able to check purchases or replace lost wristbands. We're doing our best to reduce queues and make the experience more enjoyable for everyone, so your cooperation is very much appreciated.

We are also keen to recruit volunteers to help make the event a success. Whether you can help with pre-event preparation (such as setting up games, packaging prizes, or preparing raffle items), or support on the day with stalls, set-up, or clear-down, any time you can offer will make a huge difference. Even a small amount of help is incredibly valuable – without volunteers, events like this simply wouldn't be possible, and we are so grateful for your support.

There will be plenty on offer to enjoy, including a BBQ, hot dogs, an Indian food stall, drinks and snacks. Alongside this, we'll have our usual popular games, and weather permitting, a bouncy castle and lots more fun for everyone to enjoy!

**Tickets are now on sale via Parent Pay and are £2 each – (£2 per adult and £2 per child) , any children aged 2 and under go free.**

We can't wait to see you there for what promises to be a fantastic evening for the whole school community! ☺

**Raffle tickets are now on sale via Parent Pay for £1 each**

## Highlights of the week...

Nursery investigated ways to get animals across a river by building boats from recycled materials. They predicted if they would sink or float and then tested out their creations. As they added more animals the boats sank, much to their excitement.



Reception have been exploring different materials. They have been describing how they feel and using some new descriptive vocabulary. The children sorted a basket of everyday objects by the material they are made from.



Year 1DJ have been looking at the art of Vincent Van Gogh and using oil pastels to paint pictures of featuring the sun, moon and stars as we've been learning about why we have day and night on Earth.

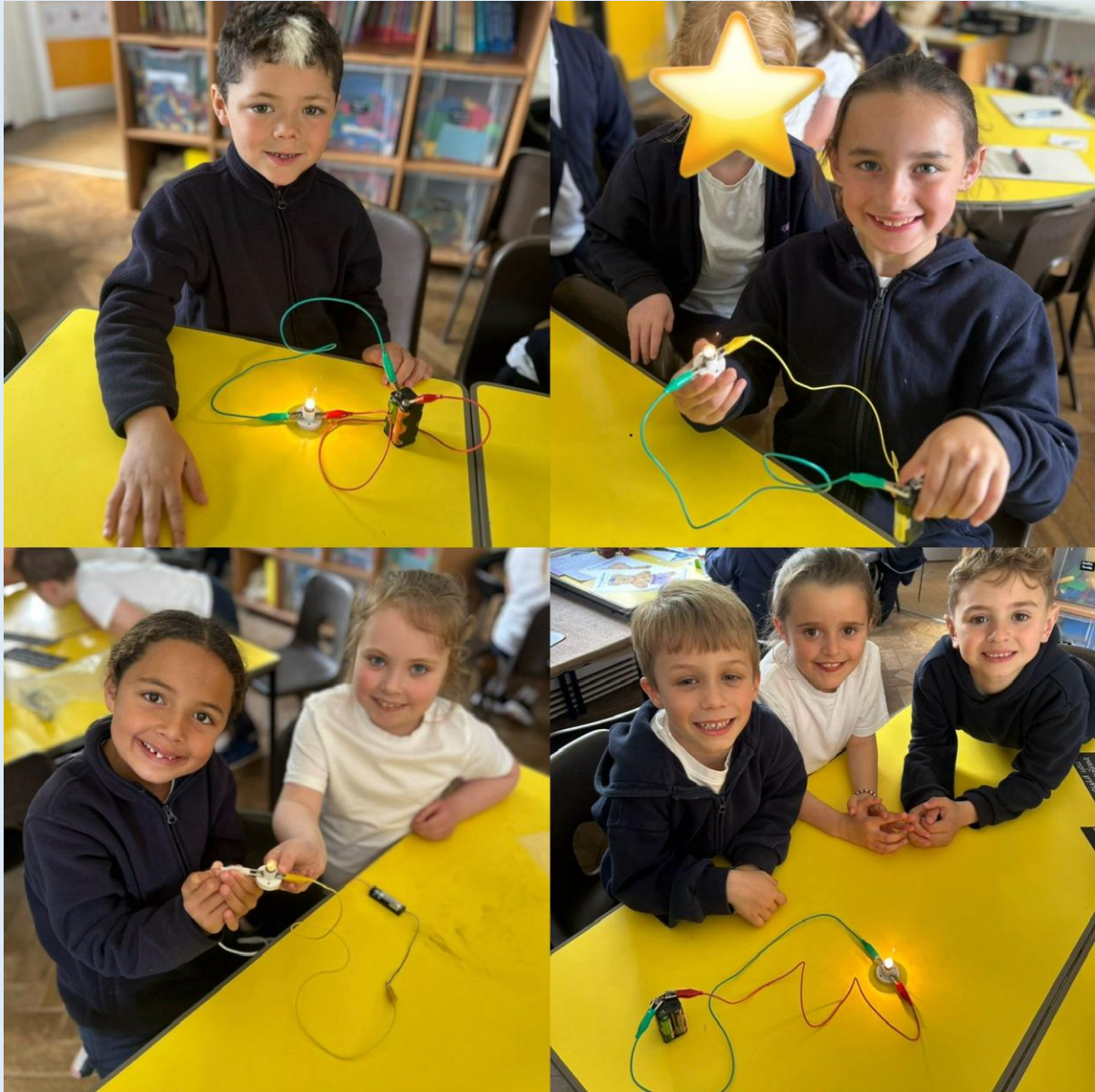


Year 1-2 had a very exciting indoor PE lesson using the blue apparatus. The children loved trying to climb the ropes and ladders. Some even slid down the fireman's pole. Then outside we used our bike skills to navigate around a course showing great resilience.

Da iawn ti 👍



This week, Year 2 ES having been learning about electrical circuits and the different components needed to make one work. They investigated whether using more batteries made the bulb brighter and enjoyed testing their predictions and discussing their results 💡





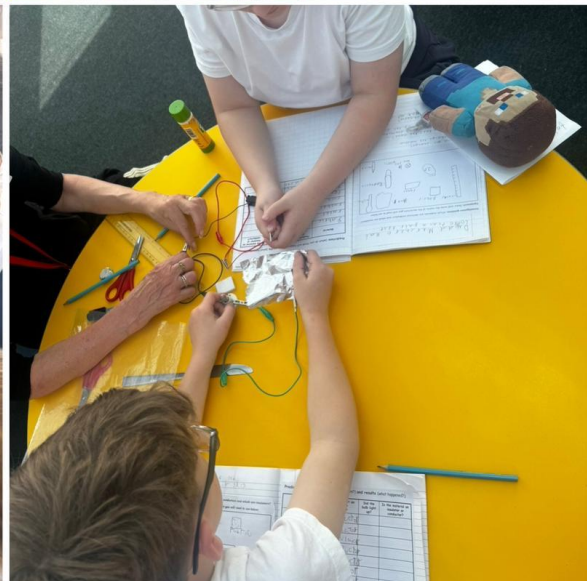
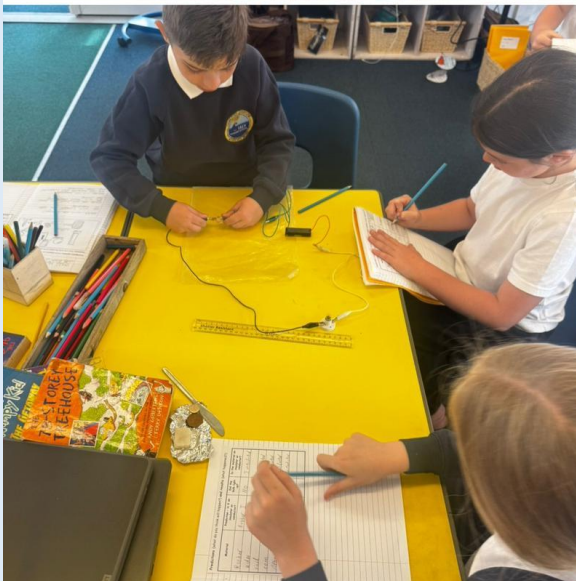
PIC-COLLAGE

This week, Year 2/3 and Year 3 became expert knot-makers! They learned how to tie a variety of useful knots, with the excellent help of some expert Year 4 children, developing patience, concentration, and fine motor skills along the way. The children showed great teamwork as they helped one another practise and improve their techniques. It was wonderful to see their confidence grow as they mastered each new challenge and discovered how knot-tying can be both practical and fun.



Year 4 have been whittling tent pegs from wood and have practised tying the 3 main knots when making a ridgeline.

We have also planned and conducted a fair test on what materials are insulators and conductors. What did we think water would be?



Y5 have been applying their knowledge of food chains, food webs and simple ecosystems. They made connections with creatures that live in rockpools during our beach visit and built food chains and webs of their own. They also had opportunities to create collaborative beach art and took part in orienteering activities.



Year 6 have continued their work on adaptations by completing a “Battle of the Beaks” science experiment. We chose different utensils and tested which one was best to pick up a range of foods, linking back to our exploration of Darwin’s Finches 🐦





## 🌈 Summer Programme 🌈

A friendly neurodiverse youth group for young people aged 9–13 (Years 4, 5, 6 & 7)

### What is Spectrum Squad?

Spectrum Squad is a welcoming, inclusive youth group where neurodiverse young people can **be themselves**, make friends, and enjoy spending time with others who understand their experiences. We create a relaxed, supportive environment focused on **connection, confidence and fun**, especially supporting young people as they transition between primary and secondary school.

### What happens in sessions?

Each session has a **gentle theme**, with lots of **free-choice activities**, including:

- 🧱 LEGO challenges
- 🎨 Arts and crafts
- 🎮 Games and social activities
- 🍪 Making snacks
- 😌 Relaxed hang-out time

### Summer term dates

Sessions will run in Room 1 of Penarth Methodist Church, Woodland Place, Penarth, CF64 2EX from 18:15 – 19:30:

20 April ✅ First session FREE (to try it out)      11 May 📅 £30 per young person for the term

1 June

15 June

29 June

### Who runs Spectrum Squad?

Sessions are led by a **qualified youth worker**, supported by **trained, DBS-checked volunteers** with experience of working with neurodiverse young people.

### Want to find out more?

For a friendly, no-pressure chat, contact **Hannah Woods**

☎️ 07896 863174

✉️ [hannah@outofthewoods.ltd.uk](mailto:hannah@outofthewoods.ltd.uk)

👉 Or join our **Spectrum Squad Facebook Group** [here](#) for updates and information.

Free swimming times for Under 16s at Penarth Leisure Centre. They also offer two extra sessions during the school holidays.

School Holiday times: Monday, 14:00 to 15:00, Wednesday, 14:00 to 15:00.



**PENARTH**  
**LEISURE CENTRE**

**Nofio am ddim**  
**Free Swimming times**

**O dan 16**  
**Under 16**

**Dydd Sul 11:30 - 12:30**  
**Sunday 11:30 - 12:30**

*Legacy Leisure yn gweithio  
mewn partneriaeth â Bro Morgannwg*  
Legacy Leisure working in  
partnership with the Vale of Glamorgan

# Ymunwch â'n gwersi Nofio

O 3 mis oed hyd at oedolion

## Join our Swimming lessons

From 3 months old to adults

Sign up online or call our team  
on 01446 403 000

PENARTH  
LEISURE CENTRE



PENARTH  
LEISURE CENTRE

## ROOKIE LIFEGUARD INTENSIVES

Monday - Wednesday  
25/26/27 May

2 - 3pm

Sign up online or speak to the team on  
01446 403000

[LeisureCentre.com](http://LeisureCentre.com)



PENARTH  
LEISURE CENTRE

## DISTANCE DAY

2 - 3pm

Friday 29 May

Join us to complete your distance  
swims from 25m+ and earn your  
badges and certificates with our  
qualified swimming instructors

Sign up online or speak to the team on  
01446 403000

[LeisureCentre.com](http://LeisureCentre.com)



## MAY HALF TERM INTENSIVE COURSES

25 - 29 May

Monday - Friday

Wave 5&6 - 8:30am

Wave 4 - 9am

Wave 3 - 9:30am

Wave 2 - 10am

Wave 1 - 10:30am

Sign up online or speak to the team on  
01446 403000

[LeisureCentre.com](http://LeisureCentre.com)





## New Starters

SAVE 10%

VALID UNTIL 31 JULY 26

Save 10% with code **INTAKE26** at checkout



SHOP NOW AT  
[www.myclothing.com](http://www.myclothing.com)

\*offer excludes bundles, clearance items and events hoodies



## SAVE 15% ON BULK ORDERS



USE CODE  
**SCHOOLBULK15**

This is available for Evenlode, Cogan, Sully  
and St Joseph's Primary Schools

# Free Welsh at Home

## Course at Ysgol Evenlode, Penarth



### Calling the parents, carers and grandparents of Ysgol Evenlode school children!

Would you like to learn Welsh to help your child/ren? Join our 15 week Learn Welsh Entry level course designed for adults to use at home with children.

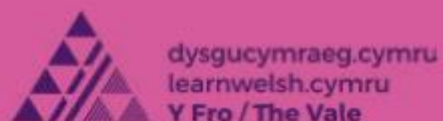
Mondays 9.15-10.45am

from 2nd of March 2026

Ysgol Evenlode School [YYF26-01-M1](#)

To find out more or to register please contact Olwen on [olm25@aber.ac.uk](mailto:olm25@aber.ac.uk)

Cyrsiau ar gyfer rhieni a theuluoedd i gefnogi plant i siarad Cymraeg.



# LISTENING Lunch



Come along to our online support group for parent and carers of children experiencing emotional wellbeing and mental health needs.



Every fourth Wednesday  
of the month, 12pm to 1pm

SCAN ME!



For more information about this service, email [CharlotteW@familylives.org.uk](mailto:CharlotteW@familylives.org.uk) or scan the QR code to sign up

**We build better family lives together**

[www.familylives.org.uk](http://www.familylives.org.uk)

 @familylives



GIG  
CENTRE  
NHS  
WALLES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

CYPF PPIT



Emotional Wellbeing  
& Mental Health  
Lles Emosïynol ac  
Iechyd Meddal

Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD



## Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.



We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes

# EVERY SCHOOL DAY COUNTS

Don't miss out on the education you deserve.





## **SINGING LESSONS**

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

[www.AscendanceTheatreArts.co.uk](http://www.AscendanceTheatreArts.co.uk)  
[AscendanceTheatreArts@gmail.com](mailto:AscendanceTheatreArts@gmail.com)



Harp lessons from Year 2 and up:  
If you would like your child to take part in harp lessons please contact Eluned on:

[elunedtheharpist@btinternet.com](mailto:elunedtheharpist@btinternet.com)

We also have a school harp for pupils to practice with.

## Week 1

### Monday

**Main Meal:** Cheesy Pasta Bake served with a Medley of Green Vegetables & Garlic Bread

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding of the day:** Welsh Yogurt served with Fruit Slices

### Tuesday

**Main Meal:** Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Oat Cookie or Shortbread served with Fruit Slices

### Wednesday

**Main meal:** BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly and Fruit Slices

### Thursday

**Main Meal:** Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Ice Cream & Peach Slices

### Friday

**Main meal:** Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Sponge & Custard with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**  
**Unlimited wholemeal bread available daily.**

**Week Commencing**

**2/6/25, 30/6/25, 1/9/25, 29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26**

## Week 2

### Monday

**Main meal:** Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Bolognese or Vegetarian Bolognese served with Pasta, Broccoli & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with Side Salad

**Pudding:** Chocolate Cake with Fruit Slices

### Wednesday

**Main meal:** Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi Grain Rice & Peas

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly served with Fruit Slices

### Thursday

**Main meal:** Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes, Carrots, Green Beans, Cauliflower & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** American Pancake served with Peach Slices

### Friday

**Main meal:** Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Crispy Cake served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**

**Unlimited wholemeal bread available daily.**

Week Commencing

9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3/26

## Week 3

### Monday

**Main meal:** Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Oat Cookie or Shortbread served with Fruit Slices

### Wednesday

**Main meal:** Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly served with Fruit Slices

### Thursday

**Main meal:** Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Ice Cream served with Fruit Slices

### Friday

**Main meal:** Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips, Peas, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw

**Pudding:** Date & Orange Brownie served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**

**Unlimited wholemeal bread available daily.**

Week Commencing

16/6/25, 14/7/25, 15/9/25, 13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26



## Week 4

### Monday

**Main meal:** Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Fruit Yoghurt served with Fruit Slices

### Wednesday

**Main meal:** Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Cheese & Crackers served with Fruit Slices

### Thursday

**Main meal:** Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Pancake served with Peach Slices

### Friday

**Main meal:** Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baked Beans & Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Sponge & Custard served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**

**Unlimited wholemeal bread available daily.**

Week Commencing

23/6/25, 21/7/25, 22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



the **BIG**  
**FRESH**  
Catering  
company



**Allergen information to accompany this menu  
is held in the Kitchen and available upon request.**

**Please contact your school for a special diet request form if your child has  
specialist dietary needs.**

**We aim to provide a healthy balanced school meal for every pupil.**