

Dear Parents/Carers,

Another super busy week at Sully Primary School has flown by—time certainly flies when everyone is having fun! Nursery pupils have been learning about road safety and exploring materials that help us be seen in the dark. Year 4 have been discovering fascinating facts about fungi and are now much more knowledgeable in this area. We have also welcomed some furry friends into Year 2/3 and Year 3—please take a look at the photographs below to find out more.

I am pleased to attach a copy of the **Governors' Annual Report to Parents/Carers 2024-2025**. You can access this document via the link below.

https://www.sullyschool.co.uk/our-schoolein-ysgol/governance/governors-report-2024---2025

This report will also be available on our school website under the 'Our School' and 'Governance' tabs. If you would prefer a hard copy, please contact the school office.

Next week marks the start of our Christmas Concerts, with Years 1, 2, and 3 performing on Wednesday and Thursday.

Good luck to all the boys and girls—you will be brilliant!

Wishing you all a lovely weekend.

Andrea Waddington



Our attendance this week has been 92.98% which is well below our target of 95.1%

# Dates for your diary... Dates added/amended this week are in red

03/12/25 – PS2 Christmas Concert – 1.30pm – 3pm – Tickets now on sale via Parent Pay

04/12/25 - Christmas Dinners

04/12/25 – PS2 Christmas Concert – 9.30am – 11am - Tickets now on sale via Parent Pay

09/12/25 - PTA Movie Night (The Grinch PG) – 3.30pm – 5.30pm – Years 1-6 on Parent Pay

10/12/25 – PS3 Christmas Concert – 1.30pm – 3pm – Tickets now on sale on Parent Pay

11/12/25 – PS3 Christmas Concert – 1.30pm – 3pm – Tickets now on sale on Parent Pay

16/12/25 – PS1 Christmas Concert – Nursery AM & Reception 10.30–11.30am PS1 Christmas Concert – Nursery PM & Reception 2pm-3pm

16/12/25 – PTA Movie Night (Christmas Chronicles PG) – 3.30pm – 5.30pm – Years 1-6 on Parent Pay

17/12/25 – Sherman Theatre – Years 3-6 – Please consent for trip on Arbor and order baguettes (if required) on Parent Pay

18/12/25 - Chaplin's Panto - Reception to Year 2 - 8.30am - 11.15am

We would like to thank the PTA for yet again funding the Sherman Theatre and Chaplin's Panto for the children – They are all really looking forward to it!

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For the parents/carers of children who stay for PS3 rehearsals that finish at 4.15pm, please come to the PS3 playground and you will be able to walk through the hall to collect your child at 4.15pm to ensure a smooth dismissal, thank you.

### **PS2 (Years 1-3) Christmas Concert Information:**

For the PS2 Christmas Concert we would like the children to come dressed in Christmas party clothes. This means the children can wear Christmas jumpers, Christmas dresses or clothes fit for a party (please no onesies or pyjamas) with sensible shoes e.g., trainers, boots.

Please send your child into school dressed in their outfits on both Wednesday (3rd) and Thursday (4th) as this will save time on the day.

Following both performances, children will need to stay in school until 3:20pm so please do not ask to pick up your child after the performances.

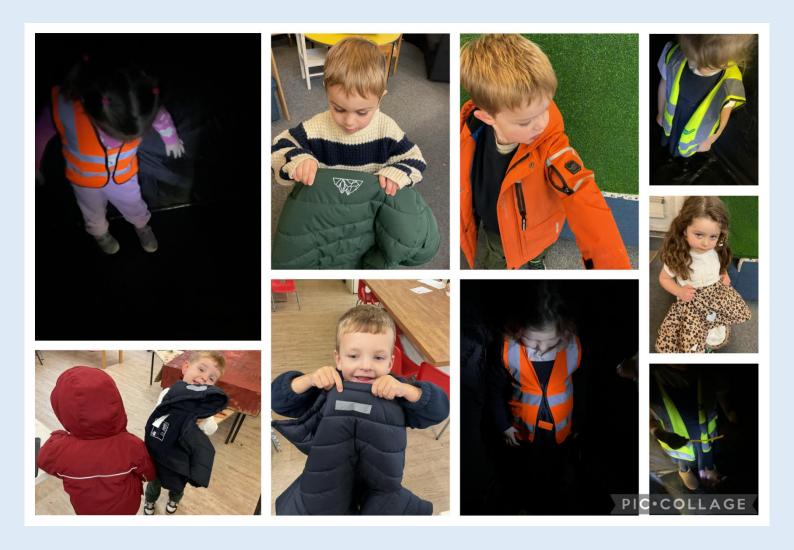
Regards
The PS2 Team



Message for Reception pupils:
Please can any pants and socks that have been borrowed be returned as they are running low, many thanks.

# Highlights of the week...

Nursery have been exploring road safety this week. In our blackout tent, the children used torches to discover how different reflective materials shine in the dark. They also checked their own coats to find out whether they had reflective stripes/symbols to help keep them visible.

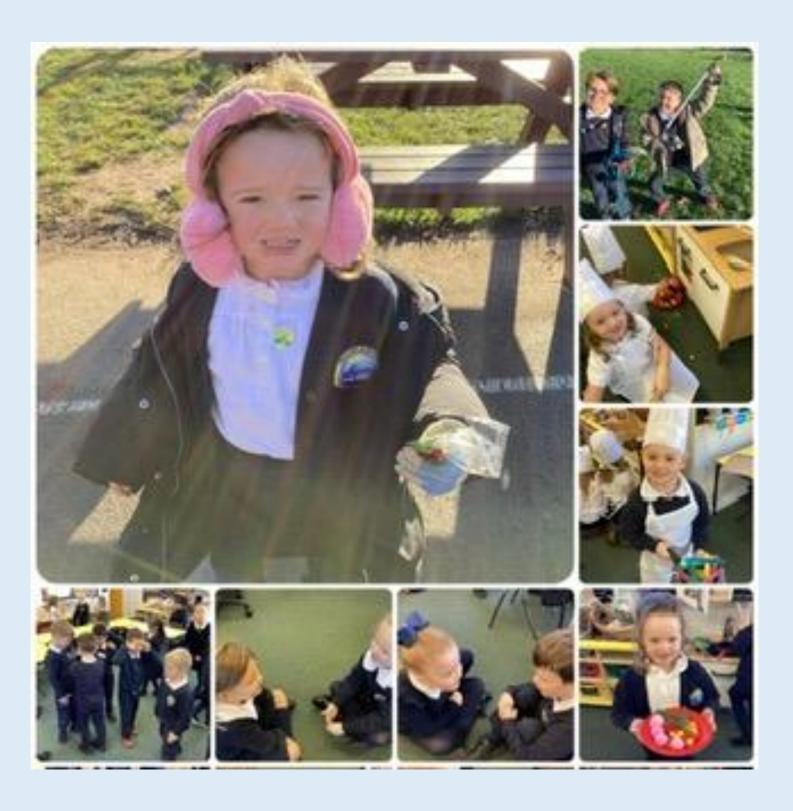


Reception has enjoyed exploring the school grounds looking for circles and triangles. We have been sorting circles and triangles, talking about their properties and printing with them!





Year 1 DJ have had a very busy week. We've been using our voices in different ways playing drama games, using role play and having conversations. We also learnt about the problems with plastic pollution and helped clean our school grounds using litter pickers.



Year 1-2 have enjoyed learning Mandarin with our new teacher.



This week, Year 2 pupils discussed why litter is harmful to this environment and the effects This week, Year 2 pupils discussed why litter is harmful to this environment and the effects it can have. They finished by taking action and working together to litter pick around the school yard and help keep our space clean!



This week, pupils in year 2/3 ALB and year 3 JE welcomed three news furry friends into their classrooms - Hallie the Highland Cow, Remi the Red Panda and Sunnie the Sloth! They have bought so much joy and comfort to our days this week.

Whether pupils want a cosy morning hug on these chilly starts, or a quiet moment to help them feel calm and ready to learn, our new buddies have been a lovely boost for everyone's wellbeing.





Year 4 had a fun time finding out about fungi! We found fungi in our school grounds, identified what type they were using the Seek app and then sketched them. We found out about the mycelium network and how they communicate with each other too. Then it was Tool Talk time and practising our skills using loppers and palm drills to make some resources for our exciting craft ideas!





Year 5 have been using their powers of persuasion to create tourism leaflets for Barry, Sully & Penarth or Cardiff Bay. They have worked super hard to convince people why they should travel to Wales as part of our inquiry work.



Year 6 have been working hard on their division skills this week and are also writing stories based on the short story 'The Tunnel' by Pie Corbett. We can't wait to read the finished writing!



#### **Vale Family Compass – Family Information Service**

We are very excited to announce that we are hosting not one, but two Christmas parties on Tuesday 2 December at Barry Memo Arts Centre. Party one is exclusively for preschool children under 3 and party two is for children of all ages. Please ensure you book tickets for the correct party.

www.ticketsource.co.uk/familyinformationservice

Rydym yn gyffrous iawn i gyhoeddi ein bod yn cynnal nid un, ond dau barti Nadolig ddydd Marwth 2 Rhagfyr yng Nghanolfan Gelfyddydau'r Memo, y Barri.

Mae un parti ar gyfer plant cyn-ysgol yn unig ac mae parti rhif dau ar gyfer plant pob oedran. Gwnewch yn siŵr eich bod yn archebu tocynnau ar gyfer y parti cywir.

www.ticketsource.co.uk/familyinformationservice



# **SULLY VILLAGE**

# **CAROL SERVICE**

6 pm Sunday 21 Dec Refreshments & Carol Singing at the Old School to follow

# **CHRISTMAS EVE**

3pm All Ages 11pm Candlelight Eucharist

# **CHRISTMAS DAY**

11am Holy Eucharist with Carols

ALL WELCOME

at

St John the Baptist, Sully

# Do you need support with your child's emotional and mental health?





We offer support and a listening ear to help you navigate your families wellbeing and mental health.

# We provide:

- Free confidential one to one support from a trained parent volunteer over 6 to 8 weeks
- Advice, guidance and signposting as well as access to online services and group support



SCAN ME

For more information about this service, please email CharlotteW@familylives.org.uk or call on 07739 788115

# We build better family lives together

www.familylives.org.uk



GIG Bundd lechyd Prifysgol Caerdydd a'r Fro NHS Cardiff and Visle University Health Soard CYPF PPIT





@familylives

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# Cardiff & The Vale Parent Carer Wellbeing Support Service

Online Workshops - Autumn 2025

During the Autumn term, Family Lives Cardiff & The Vale service will be running a series of free workshops aimed at helping parents support their children's emotional wellbeing and mental health.

#### **Empowering Parents**

## Wednesday 15th October, 10:30am -

A workshop for parents and carers to help find ways to feel empowered in their self and parenting abilities.

#### Neurodivergence and Mental Health

#### Wednesday 12th November, 12:30pm - 1:30pm

A workshop for parents and carers who want to gain insight into understanding neurodivergence and mental health

#### Digital Safety

#### Monday 3<sup>rd</sup> November, 12pm - 1pm

A workshop for parents and carers that want to gain insight into ways or how to keep children safe online.

#### **Reducing Conflict**

#### Monday 24th November, 11:00am - 12:00pm

A workshop for parents and carers struggling with conflict within their family life, to understand causes and seek support towards resolution.

Simply scan the QR code to register your interest, and a MS Teams link will be sent to you a few days before your chosen workshop.

If you have any questions, or need an alternate route to register, please contact Charlotte Wilton on CharlotteW@familylives.org.uk.

#### SCAN ME

### We build better family lives together

www.familylives.org.uk

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Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.



We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes



# **SINGING LESSONS**

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

www.AscendanceTheatreArts.co.uk AscendanceTheatreArts@gmail.com



Harp lessons from Year 2 and up: If you would like your child to take part in harp lessons please contact Eluned on:

elunedtheharpist@btinternet.com

We also have a school harp for pupils to practice with.





#### Monday

Main Meal: Cheesy Pasta Bake served with a Medley of Green Vegetables
& Garlic Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding of the day: Welsh Yogurt served with Fruit Slices

#### Tuesday

Main Meal: Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

#### Wednesday

Main meal: BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad Pudding: Fruit Jelly and Fruit Slices

#### Thursday

Main Meal: Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad Pudding: Ice Cream & Peach Slices

#### Friday

Main meal: Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing 2/6/25, 30/6/25, 1/9/25,29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26





#### Monday

Main meal: Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Welsh Yoghurt served with Fruit Slices

#### Tuesday

Main meal: Beef Bolognaise or Vegetarian Bolognaise served with Pasta, Broccoli & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad

Pudding: Chocolate Cake with Fruit Slices

#### Wednesday

Main meal: Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi
Grain Rice & Peas

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

#### Thursday

Main meal: Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes,
Carrots, Green Beans, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: American Pancake served with Peach Slices

#### Friday

Main meal: Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Crispy Cake served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing 9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3,26





#### Monday

Main meal: Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

#### Tuesday

Main meal: Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

#### Wednesday

Main meal: Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

#### Thursday

Main meal: Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream served with Fruit Slices

#### Friday

Main meal: Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips,
Peas, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw

**Pudding:** Date & Orange Brownie served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing 16/6/25, 14/7/25, 15/9/25,13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26





#### Monday

Main meal: Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans
Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad
Pudding: Welsh Yoghurt served with Fruit Slices

#### Tuesday

Main meal: Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad Coleslaw

Pudding: Fruit Yoghurt served with Fruit Slices

#### Wednesday

Main meal: Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad Coleslaw

Pudding: Cheese & Crackers served with Fruit Slices

#### Thursday

Main meal: Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Pancake served with Peach Slices

#### Friday

Main meal: Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baker Beans & Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing 23/6/25, 21/7/25,/22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



Allergen information to accompany this menu is held in the Kitchen and available upon request.

Please contact your school for a special diet request form if your child has specialist dietary needs.

We aim to provide a healthy balanced school meal for every pupil.

