



# SULLY PRIMARY SCHOOL

## NEWSLETTER

30/01/26

Dear Parents/Carers,

We regret to inform you that our hot water boiler is still not functioning, and we have been advised that it is unlikely to be repaired by Monday. Consequently, the meal selection on Monday will likely remain the same as today, with baguettes being offered. We wanted to inform you in advance so that you may choose to provide your child with a packed lunch if preferred. We sincerely apologise for any inconvenience this may cause.

On a brighter note, this week has been filled with wonderful highlights! A particular success was the visits to Fonmon Castle by our Years 1, 2, and 3 pupils. They embarked on a magical journey through Welsh mythology, exploring the enchanting Folklore Story Trail. Please take a moment to view the photos below for a glimpse of the exciting activities and learning experiences your child has enjoyed.

We have also noticed an increasing number of pupils arriving at school in incorrect uniform. To support consistency and maintain our school's standards, we have attached a list of the correct school uniform items for your reference.

Children wearing incorrect uniform, including inappropriate footwear, will initially receive a friendly reminder to wear the correct uniform. Should the issue continue, a letter will be sent home requesting your support in ensuring your child attends school dressed appropriately.

We truly appreciate your cooperation in this matter. Wearing the school uniform is important as it fosters a strong sense of equity, belonging, and pride across our school community.

Thank you for your continued support.

Wishing you a lovely weekend.

Andrea Waddington



**Our attendance this week has been 92.45% which is well below our target of 95.1%**

**Winter uniform:**

- **Navy blue trousers, skirts, or pinafore dresses**
- **White polo shirt or blouse**
- **Navy jumper or cardigan**
- **Black flat heeled shoes or black trainers (flat black boots are permitted in adverse weather conditions)**
- **Tights or socks may be navy or white**
- **Navy or white headwear**

**Summer uniform:**

- **Navy blue shorts or trousers**
- **White polo shirt or blouse**
- **Summer dresses or skirts and blouses**
- **Tights or socks may be navy or white**
- **Black flat-heeled shoes or black trainers**
- **Open-toed sandals are not allowed**
- **Navy or white headwear**

**PE days:**

- **White T-shirt**
- **Plain navy-blue sweatshirt**
- **Plain navy-blue shorts, leggings or joggers**
- **Black or white trainers only**

**PLEASE NOTE MENU OPTION FOR MONDAY NEXT WEEK:**

**The only menu option for Monday 2<sup>nd</sup> of February will only be a choice of baguettes – tuna, ham, egg or cheese**

**If your child does not wish to order the above, please provide a packed lunch.**

**Thank you**

## **Dates for your diary...**

**Dates added/amended this week are in red**

31<sup>st</sup> Jan – Year 5 Atlantic College – final instalment due on Parent Pay  
5<sup>th</sup> Feb – Parent Forum – 2.30pm  
9<sup>th</sup> Feb – Year 5 London Trip – Please consent on Arbor asap  
11<sup>th</sup> Feb - Reception Class – Sherman Theatre trip – Please make payment on Parent Pay and consent on Arbor  
13<sup>th</sup> Feb – Year 6 Abernant Trip – 3<sup>rd</sup> Instalment due on Parent Pay  
13<sup>th</sup> Feb – INSET DAY  
23<sup>rd</sup> Feb – INSET DAY  
1<sup>st</sup> Mar – Year 6 Abernant Trip – final payment due on Parent Pay  
3<sup>rd</sup> Mar – Year 5 – Parent meeting for the Atlantic College trip – 3.30pm  
4<sup>th</sup> Mar – PTA Silent Disco after school – **details below**  
9<sup>th</sup> Mar – Open Afternoon – Year 5 & Year 6 – 1.30pm – 3pm  
10<sup>th</sup> Mar – Open Afternoon – Year 4 & Year 4 – 1.30pm – 3pm  
10<sup>th</sup> Mar – Year 5 Parent's Evening  
11<sup>th</sup> Mar – Open Afternoon – Year 2 & Year 3 – 1.30pm – 3pm  
12<sup>th</sup> Mar – Open Afternoon – Year 1 & Reception – 1.30pm – 3pm  
12<sup>th</sup> Mar – Year 5 Parent's Evening  
**13<sup>th</sup> Mar – PTA – Wonderful Women – details to follow**  
17<sup>th</sup> Mar – Reception, Year 1, 2, 3, 4 & 6 Parent's Evening  
17<sup>th</sup> Mar – Nursery come and play parent sessions  
19<sup>th</sup> Mar – Reception, Year 1, 2, 3, 4 & 6 Parent's Evening  
19<sup>th</sup> Mar – Nursery come and play parent sessions  
26<sup>th</sup> Mar – Colorfoto – Class group photos  
**27<sup>th</sup> Mar – PTA Easter Event – details to follow**

**PTA – Sully School Self Portrait Tea Towels  
will be on sale next week**

Parents/Carers can order the tea towels on Parent Pay for £5.50 each by Thursday 12<sup>th</sup> of February.

Parent Pay will be set up separately for the following:  
Nursery  
Reception, Years 1, 2 & 3  
Years 4, 5 & 6

They will be given to children that have ordered on Friday 13th of March as part of our annual Wonderful Women celebration.

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**PTA – Silent Disco – Weds 4<sup>th</sup> March  
will be on sale next week**

Tickets will be on sale on Parent Pay for £6 each, this includes the disco, a hot dog, and a drink.

Years 1, 2 & 3 – 3.30pm – 4.30pm  
Years 4, 5 & 6 – 4.45pm – 5.45pm

**Sully Primary School will now be using the ARBOR MIS System for all messaging, clubs, trips and attendance.**

**Parent Pay will still be used for school lunches.**

If not already done so, to set up your account, you just need to set a password. You can do this by going to <https://sully-primary-school.cymru.arbor.education/> clicking on '**Forgotten Password?**' and following the instructions on screen.

Your username is your email address.

If you have trouble setting up your password or have general questions, please contact Sully Primary 02920 530377.

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#### **Reporting your child's absence:**

You can now report your child's absence via our new MIS system called ARBOR.

Once logged on, click on the orange box 'Quick Actions' then click attendance and then click the green box (on top right) 'Log absence' or alternatively you can email us on [office@sullyschool.co.uk](mailto:office@sullyschool.co.uk) or telephone: 02920 530377

**Please remember to cancel any pre-booked meals on Parent Pay if your child is unwell – thank you.**

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Please send all other communication to our email address at [office@sullyschool.co.uk](mailto:office@sullyschool.co.uk) not via our Arbor messaging system, thank you.

# Highlights of the week...

Nursery had a lot of fun exploring musical instruments, discovering sound patterns, counting beats and making some wonderful (and noisy) sounds. We definitely have some budding musicians in the making.





Reception have been exploring weight this week. The children have been using a variety of scales to find out which objects are heavier or lighter. The children have been encouraged to predict which object is heavier or lighter and then finding out if they were correct.



► PIC•COLLAGE

On Monday Year 1 DJ went to Fonmon Castle. We had the best time learning about Welsh myths and exploring the story trail and of course... the dinosaurs



Year 1-2 have loved making story stages as part of our inquiry - how do we tell stories through drama.





Year 2 ES had a fantastic trip to Fonmon Castle this week. We loved walking around the beautiful grounds and exploring the dinosaur and story trail 🦖 The children especially enjoyed immersing themselves in a wonderful performance and listening to a traditional Welsh tale, brilliantly led by Rhys Downing. It was a magical experience that brought stories to life! 📖

A huge thank you to all the parent volunteers who joined us!





This week, Year 2 and 3's highlight of the week has to be their exciting visit to Fonmon Castle. The children listened to the story of the legendary Welsh dragon where the talented actor, Rhys Downing, brought the story to life through drama and imagination.  They were also lucky enough to take part in an exciting drama workshop. They loved exploring the castle grounds together and sharing lots of laughter along the way. It was a magical day full of adventure, creativity and fun!   





Year 4 have had a fantastic end to the week with a wonderful poetry workshop lead by local poet, Rhiannon Oliver. Children listened, wrote and performed a variety of poems. Thank you to the family members who were able to end our performance 🎉



Year 5 have been getting artsy in their sketchbooks creating artist studies focusing on famous Welsh artists that inspire them 🎨



Year 6 are loving their weekly rugby sessions with Josh from the WRU, showing lots of enthusiasm and developing their skills brilliantly ⚪





# LISTENING Lunch



Come along to our online support group for parent and carers of children experiencing emotional wellbeing and mental health needs.



**Every fourth Wednesday  
of the month, 12pm to 1pm**

SCAN ME!



For more information about this service, email [CharlotteW@familylives.org.uk](mailto:CharlotteW@familylives.org.uk) or scan the QR code to sign up

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Cardiff and Vale  
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# Sully residents needed for research!

I am local resident **Jackie Strawbridge**, a final year MSc Occupational Therapy student at Cardiff University.

I need **adult volunteers (18+)** living in **Sully, Vale of Glamorgan** to complete a short online questionnaire for my research project.

## What's it about?

How **winter affects our everyday activities** — from self-care, to leisure, to work. Do our routines change with the seasons? Do we enjoy activities less in winter?

## Why does it matter?

This study has been developed in response to a call from Public Health Wales to better understand the link between winter and wellbeing.

## Who can take part?

- Adults aged 18+
- Living in Sully (>50% of the year)

**Please scan the QR code or follow the link to complete the survey!**

<https://forms.office.com/e/Eg99w82i4B>

Any questions/concerns, please contact  
[strawbridgej1@cardiff.ac.uk](mailto:strawbridgej1@cardiff.ac.uk)





Cardiff and Vale Music  
Education/Addysg Gerdd Caerdydd a'r Fro



@cerddcf



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sign up  
here!

- Top quality instrumental and vocal tuition in schools across Cardiff and the Vale of Glamorgan
- More than 15 ensembles for every ability and instrument
- Whole class projects at primary and secondary level
- Young Musicians' Academy



Mae cofrestru ar  
gyfer 2025-26 nawr  
ar agor!

Enrolment for  
2025-26 is now  
open!

Contact us: [cfmusiceducation@cardiff.gov.uk](mailto:cfmusiceducation@cardiff.gov.uk)

[www.cfmusiceducation.co.uk](http://www.cfmusiceducation.co.uk)



Meet your  
instrument  
Day

A CHANCE TO TRY OUT  
YOUR NEW INSTRUMENT -  
FOR FREE!

1 CHOOSE WHICH INSTRUMENT  
YOU WOULD LIKE TO TRY

Bassoon, Cello, Clarinet, Cornet, Flute, Oboe,  
Recorder, Trombone, Trumpet, Viola, Violin

2 SIGN UP THROUGH THE CF  
MUSIC EDUCATION WEBSITE

3 TRY OUT YOUR INSTRUMENT  
AND PLAY WITH OUR  
STARTERS ENSEMBLE



Whitchurch High School, Lower School Site.

Thursday 26th February 4.15-5.15pm

For all enquiries please email us at  
[cfmusiceducation@cardiff.gov.uk](mailto:cfmusiceducation@cardiff.gov.uk)



## Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.



We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes



## SINGING LESSONS

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

[www.AscendanceTheatreArts.co.uk](http://www.AscendanceTheatreArts.co.uk)  
[AscendanceTheatreArts@gmail.com](mailto:AscendanceTheatreArts@gmail.com)



Harp lessons from Year 2 and up:  
If you would like your child to take part in harp lessons please contact Eluned on:

[elunedtheharpist@btinternet.com](mailto:elunedtheharpist@btinternet.com)

We also have a school harp for pupils to practice with.

## Week 1



### Monday

**Main Meal:** Cheesy Pasta Bake served with a Medley of Green Vegetables & Garlic Bread

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding of the day:** Welsh Yogurt served with Fruit Slices

### Tuesday

**Main Meal:** Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Oat Cookie or Shortbread served with Fruit Slices

### Wednesday

**Main meal:** BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly and Fruit Slices

### Thursday

**Main Meal:** Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Ice Cream & Peach Slices

### Friday

**Main meal:** Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Sponge & Custard with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**

**Unlimited wholemeal bread available daily.**

**Week Commencing**

**2/6/25, 30/6/25, 1/9/25, 29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26**



## Week 2

### Monday

**Main meal:** Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Bolognese or Vegetarian Bolognese served with Pasta, Broccoli & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with Side Salad

**Pudding:** Chocolate Cake with Fruit Slices

### Wednesday

**Main meal:** Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi Grain Rice & Peas

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly served with Fruit Slices

### Thursday

**Main meal:** Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes, Carrots, Green Beans, Cauliflower & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** American Pancake served with Peach Slices

### Friday

**Main meal:** Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Crispy Cake served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.  
Unlimited wholemeal bread available daily.**

Week Commencing

9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3/26



## Week 3



### Monday

**Main meal:** Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad  
**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad  
**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower  
**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad  
**Pudding:** Oat Cookie or Shortbread served with Fruit Slices

### Wednesday

**Main meal:** Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms  
**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad  
**Pudding:** Fruit Jelly served with Fruit Slices

### Thursday

**Main meal:** Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy  
**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad  
**Pudding:** Ice Cream served with Fruit Slices

### Friday

**Main meal:** Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips, Peas, Salad & Coleslaw  
**Alternative:** Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw  
**Pudding:** Date & Orange Brownie served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.  
Unlimited wholemeal bread available daily.**

Week Commencing

16/6/25, 14/7/25, 15/9/25, 13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26



## Week 4



### Monday

**Main meal:** Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans  
**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Fruit Yoghurt served with Fruit Slices

### Wednesday

**Main meal:** Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Cheese & Crackers served with Fruit Slices

### Thursday

**Main meal:** Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Pancake served with Peach Slices

### Friday

**Main meal:** Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baked Beans & Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Sponge & Custard served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.  
Unlimited wholemeal bread available daily.**

Week Commencing

23/6/25, 21/7/25, 22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



**Allergen information to accompany this menu  
is held in the Kitchen and available upon request.**

**Please contact your school for a special diet request form if your child has  
specialist dietary needs.**

**We aim to provide a healthy balanced school meal for every pupil.**