



SULLY PRIMARY SCHOOL NEWSLETTER 30/01/26

Dear Parents/Carers,

We regret to inform you that our hot water boiler is still not functioning, and we have been advised that it is unlikely to be repaired by Monday. Consequently, the meal selection on Monday will likely remain the same as today, with baguettes being offered. We wanted to inform you in advance so that you may choose to provide your child with a packed lunch if preferred. We sincerely apologise for any inconvenience this may cause.

On a brighter note, this week has been filled with wonderful highlights! A particular success was the visits to Fonmon Castle by our Years 1, 2, and 3 pupils. They embarked on a magical journey through Welsh mythology, exploring the enchanting Folklore Story Trail. Please take a moment to view the photos below for a glimpse of the exciting activities and learning experiences your child has enjoyed.

We have also noticed an increasing number of pupils arriving at school in incorrect uniform. To support consistency and maintain our school's standards, we have attached a list of the correct school uniform items for your reference.

Children wearing incorrect uniform, including inappropriate footwear, will initially receive a friendly reminder to wear the correct uniform. Should the issue continue, a letter will be sent home requesting your support in ensuring your child attends school dressed appropriately.

We truly appreciate your cooperation in this matter. Wearing the school uniform is important as it fosters a strong sense of equity, belonging, and pride across our school community.

Thank you for your continued support.

Wishing you a lovely weekend.

Andrea Waddington



**Our attendance this week has been 92.45%
which is well below our target of 95.1%**

Winter uniform:

- Navy blue trousers, skirts, or pinafore dresses
- White polo shirt or blouse
- Navy jumper or cardigan
- Black flat heeled shoes or black trainers (flat black boots are permitted in adverse weather conditions)
- Tights or socks may be navy or white
- Navy or white headwear

Summer uniform:

- Navy blue shorts or trousers
- White polo shirt or blouse
- Summer dresses or skirts and blouses
- Tights or socks may be navy or white
- Black flat-heeled shoes or black trainers
- Open-toed sandals are not allowed
- Navy or white headwear

PE days:

- White T-shirt
- Plain navy-blue sweatshirt
- Plain navy-blue shorts, leggings or joggers
- Black or white trainers only

PLEASE NOTE MENU OPTION FOR MONDAY NEXT WEEK:

The only menu option for Monday 2nd of February will only be a choice of baguettes – tuna, ham, egg or cheese

If your child does not wish to order the above, please provide a packed lunch.

Thank you

Dates for your diary...

Dates added/amended this week are in red

31st Jan – Year 5 Atlantic College – final instalment due on Parent Pay

5th Feb – Parent Forum – 2.30pm

9th Feb – Year 5 London Trip – Please consent on Arbor asap

11th Feb - Reception Class – Sherman Theatre trip – Please make payment on Parent Pay and consent on Arbor

13th Feb – Year 6 Abernant Trip – 3rd Instalment due on Parent Pay

13th Feb – INSET DAY

23rd Feb – INSET DAY

1st Mar – Year 6 Abernant Trip – final payment due on Parent Pay

3rd Mar – Year 5 – Parent meeting for the Atlantic College trip – 3.30pm

4th Mar – PTA Silent Disco after school – **details below**

9th Mar – Open Afternoon – Year 5 & Year 6 – 1.30pm – 3pm

10th Mar – Open Afternoon – Year 4 & Year 4 – 1.30pm – 3pm

10th Mar – Year 5 Parent's Evening

11th Mar – Open Afternoon – Year 2 & Year 3 – 1.30pm – 3pm

12th Mar – Open Afternoon – Year 1 & Reception – 1.30pm – 3pm

12th Mar – Year 5 Parent's Evening

13th Mar – PTA – Wonderful Women – details to follow

17th Mar – Reception, Year 1, 2, 3, 4 & 6 Parent's Evening

17th Mar – Nursery come and play parent sessions

19th Mar – Reception, Year 1, 2, 3, 4 & 6 Parent's Evening

19th Mar – Nursery come and play parent sessions

26th Mar – Colorfoto – Class group photos

27th Mar – PTA Easter Event – details to follow

**PTA – Sully School Self Portrait Tea Towels
will be on sale next week**

Parents/Carers can order the tea towels on Parent Pay for
£5.50 each by Thursday 12th of February.

Parent Pay will be set up separately for the following:
Nursery
Reception, Years 1, 2 & 3
Years 4, 5 & 6

They will be given to children that have ordered on Friday 13th
of March as part of our annual Wonderful Women celebration.

**PTA – Silent Disco – Weds 4th March
will be on sale next week**

Tickets will be on sale on Parent Pay for £6 each, this includes
the disco, a hot dog, and a drink.

Years 1, 2 & 3 – 3.30pm – 4.30pm
Years 4, 5 & 6 – 4.45pm – 5.45pm

**Sully Primary School will now be using the ARBOR
MIS System for all messaging, clubs, trips and
attendance.**

Parent Pay will still be used for school lunches.

If not already done so, to set up your account, you just need to set a password. You can do this by going to <https://sully-primary-school.cymru.arbor.education/> clicking on '**Forgotten Password?**' and following the instructions on screen.

Your username is your email address.

If you have trouble setting up your password or have general questions, please contact Sully Primary 02920 530377.

Reporting your child's absence:

You can now report your child's absence via our new MIS system called ARBOR.

Once logged on, click on the orange box 'Quick Actions' then click attendance and then click the green box (on top right) 'Log absence' or alternatively you can email us on office@sullyschool.co.uk or telephone: 02920 530377

Please remember to cancel any pre-booked meals on Parent Pay if your child is unwell – thank you.

Please send all other communication to our email address at office@sullyschool.co.uk not via our Arbor messaging system, thank you.

Highlights of the week...

Nursery had a lot of fun exploring musical instruments, discovering sound patterns, counting beats and making some wonderful (and noisy) sounds. We definitely have some budding musicians in the making.





Reception have been exploring weight this week. The children have been using a variety of scales to find out which objects are heavier or lighter. The children have been encouraged to predict which object is heavier or lighter and then finding out if they were correct.



On Monday Year 1 DJ went to Fonmon Castle. We had the best time learning about Welsh myths and exploring the story trail and of course... the dinosaurs



Year 1-2 have loved making story stages as part of our inquiry - how do we tell stories through drama.





Year 2 ES had a fantastic trip to Fonmon Castle this week. We loved walking around the beautiful grounds and exploring the dinosaur and story trail 🦖 The children especially enjoyed immersing themselves in a wonderful performance and listening to a traditional Welsh tale, brilliantly led by Rhys Downing. It was a magical experience that brought stories to life! 📖

A huge thank you to all the parent volunteers who joined us!





This week, Year 2 and 3's highlight of the week has to be their exciting visit to Fonmon Castle. The children listened to the story of the legendary Welsh dragon where the talented actor, Rhys Downing, brought the story to life through drama and imagination.

👂 They were also lucky enough to take part in an exciting drama workshop.

They loved exploring the castle grounds together and sharing lots of laughter along the way. It was a magical day full of adventure, creativity and fun! 🏰 🚩 ✨





Year 4 have had a fantastic end to the week with a wonderful poetry workshop lead by local poet, Rhiannon Oliver. Children listened, wrote and performed a variety of poems. Thank you to the family members who were able to end our performance 🎭



Year 5 have been getting artsy in their sketchbooks creating artist studies focusing on famous Welsh artists that inspire them 🎨



Year 6 are loving their weekly rugby sessions with Josh from the WRU, showing lots of enthusiasm and developing their skills brilliantly 🏉



LISTENING Lunch



Come along to our online support group for parent and carers of children experiencing emotional wellbeing and mental health needs.



Every fourth Wednesday
of the month, 12pm to 1pm

SCAN ME!



For more information about this service, email CharlotteW@familylives.org.uk or scan the QR code to sign up

We build better family lives together

www.familylives.org.uk

 @familylives



GIG
CENTRE
NHS
WALLES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

CYPF PPIT



Sully residents needed for research!

I am local resident **Jackie Strawbridge**, a final year MSc Occupational Therapy student at Cardiff University.

I need **adult volunteers (18+) living in Sully, Vale of Glamorgan** to complete a short online questionnaire for my research project.

What's it about?

How **winter affects our everyday activities** — from self-care, to leisure, to work. Do our routines change with the seasons? Do we enjoy activities less in winter?

Why does it matter?

This study has been developed in response to a call from Public Health Wales to better understand the link between winter and wellbeing.

Who can take part?

- Adults aged 18+
- Living in Sully (>50% of the year)

Please scan the QR code or follow the link to complete the survey!

<https://forms.office.com/e/Eg99w82i4B>

Any questions/concerns, please contact
strawbridgej1@cardiff.ac.uk





sign up here!



- Top quality instrumental and vocal tuition in schools across Cardiff and the Vale of Glamorgan
- More than 15 ensembles for every ability and instrument
- Whole class projects at primary and secondary level
- Young Musicians' Academi



Mae cofrestru ar gyfer 2025-26 nawr ar agor!

Enrolment for 2025-26 is now open!

Contact us: cfmusiceducation@cardiff.gov.uk

www.cfmusiceducation.co.uk

Meet your instrument Day

A CHANCE TO TRY OUT YOUR NEW INSTRUMENT - FOR FREE!

- 1 CHOOSE WHICH INSTRUMENT YOU WOULD LIKE TO TRY**
Bassoon, Cello, Clarinet, Cornet, Flute, Oboe, Recorder, Trombone, Trumpet, Viola, Violin
- 2 SIGN UP THROUGH THE CF MUSIC EDUCATION WEBSITE**
- 3 TRY OUT YOUR INSTRUMENT AND PLAY WITH OUR STARTERS ENSEMBLE**

Whitchurch High School, Lower School Site.
Thursday 26th February 4.15-5.15pm
For all enquiries please email us at cfmusiceducation@cardiff.gov.uk



Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.



We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes



SINGING LESSONS

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

www.AscendanceTheatreArts.co.uk
AscendanceTheatreArts@gmail.com



Harp lessons from Year 2 and up:
If you would like your child to take part in harp lessons please contact Eluned on:

elunedtheharpist@btinternet.com

We also have a school harp for pupils to practice with.

Week 1

Monday

Main Meal: Cheesy Pasta Bake served with a Medley of Green Vegetables & Garlic Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding of the day: Welsh Yogurt served with Fruit Slices

Tuesday

Main Meal: Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly and Fruit Slices

Thursday

Main Meal: Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream & Peach Slices

Friday

Main meal: Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing

2/6/25, 30/6/25, 1/9/25, 29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26

Week 2

Monday

Main meal: Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Bolognese or Vegetarian Bolognese served with Pasta, Broccoli & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad

Pudding: Chocolate Cake with Fruit Slices

Wednesday

Main meal: Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi Grain Rice & Peas

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes, Carrots, Green Beans, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: American Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Crispy Cake served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3/26

Week 3

Monday

Main meal: Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream served with Fruit Slices

Friday

Main meal: Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips, Peas, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw

Pudding: Date & Orange Brownie served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

16/6/25, 14/7/25, 15/9/25, 13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26

Week 4

Monday

Main meal: Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Fruit Yoghurt served with Fruit Slices

Wednesday

Main meal: Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Cheese & Crackers served with Fruit Slices

Thursday

Main meal: Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baked Beans & Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

23/6/25, 21/7/25, 22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



the **BIG**
FRESH
Catering
company



**Allergen information to accompany this menu
is held in the Kitchen and available upon request.**

**Please contact your school for a special diet request form if your child has
specialist dietary needs.**

We aim to provide a healthy balanced school meal for every pupil.