



# SULLY PRIMARY SCHOOL NEWSLETTER 20/03/26

Dear Parents and Carers,

It is hard to believe we have just completed the penultimate week of this spring term. A big thank you to everyone who took the time to attend the spring term parent evenings last week and this week. We had an attendance rate of over 93%, which speaks volumes about how invested you are in your child's education and your partnership with us to support their continued progress and achievement.

We would also like to extend our thanks to our Nursery parents who attended the Come and Play sessions this week. This was a wonderful opportunity to see your child in their nursery environment and to discuss their social development and wellbeing with the nursery staff. We hope you found the experience valuable and insightful.

Year 5 thoroughly enjoyed their residential visit to Atlantic College this week. The weather was bright, the activities engaging and challenging, and the food was delightful. Most importantly, the children were simply outstanding—da iawn Year 5! You represented our school with great pride and were wonderful ambassadors.

Next week, we will be concluding our expressive arts-led units of learning. To celebrate this exciting period, all year groups will be holding an International Market Enterprise event on the last day of term. Pupils have been busy exploring their chosen countries and creating art, craft, and cookery items that showcase the unique cultures. We warmly invite you to join us and share in this celebration of creativity and learning. The event will take place straight after school on Friday. Weather permitting this event will be held on the bottom playground. If it is raining, it will be in the school and hall and project area. We look forward to seeing you there!

Wishing you a wonderful weekend.

Andrea Waddington & Staff



**Our attendance this week has been 92.28%  
which is well below our target of 95.1%**

## Dates for your diary...

Dates added/amended this week are in **red**

25<sup>th</sup> Mar – **CANCELLED** - Y2 ES, Y2 RT, Y2 ALB – Trip to Stanwell School

26<sup>th</sup> Mar – Colorfoto – Class group photos and Y6 Individual photos

27<sup>th</sup> Mar – PTA Easter Treat Stall – Detail to follow

27<sup>th</sup> Mar – Last day of term

13<sup>th</sup> Apr – Pupils back to school

22<sup>nd</sup> Apr – Y6 – **Crucial Crew trip – Please consent on Parent Pay**

# PHOTO DAY

Sully Primary  
School

Thursday  
26th March



## Please Note:

If your child has been diagnosed with influenza please make sure they stay away from school for 48 hours after their temperature subsides.

You can access the full guidance here:

<https://www.sullyschool.co.uk/parentsrhieni/medical-matters/guidance-on-common-illnesses-2025>

# Highlights of the week...

Nursery enjoyed exploring the Nursery with their families during our Come and Play sessions.





Reception have enjoyed finding out about Portugal. The children have shared some interesting facts they have researched about Portugal. We have designed Azulejos tiles, learned a traditional Portuguese folk dance and tasted some Pastel de Natas.



Year 1 DJ loved meeting Sophie who told them all about her life as an actress. They asked fantastic questions and learnt all about the different roles involved in the creative arts. Thank you Sophie!



Year 1-2 have had a busy week. We have had a visitor from Sophie - a real actress. She spoke to the children about how to warm up their voices and how to project their voice so everyone can hear. We've also been busy learning about Greece and preparing our crafts.



Year 2 ES had fun learning all about Greece this week. They especially enjoyed finding out about the Ancient Greek Olympics and taking part in their own Greek-style games during PE 🏃 GR





PIC•COLL



Year 2/3 & Y3 have been learning all about South Africa as part of our international inquiry. They have carried out independent research and have had the pleasure of listening to first-hand experience from our very own Mrs Bridge of what life was like growing up in South Africa. They also embraced learning to play outdoor games from South Africa and have danced the African Bend Down game constantly!



Today is the spring equinox. Year 4 have learnt that the date is determined by the Earth's tilt on its axis as it travels around the Sun and it happens twice a year - in March and in September.



Year 4 have also taken the temperature of the soil in the shade and in the sun and compared the readings. We also looked at new growth on trees and identified the different types by their twigs.





Year 5 had an amazing residential trip to Atlantic College they were great ambassadors for our school. All of the children showed resilience and team work during their activities and were very supportive of each other. Da iawn Year 5!





Year 6 have been busy making stop animation films as the taking action stage of our cycle of inquiry. They have created fantastic short films with the message #choosekind and #pethaubychain (do the small things) and can't wait to premiere our films next week!



This is available for Evenlode, Cogan, Sully  
and St Joseph's Primary Schools

# Free Welsh at Home

## Course at Ysgol Evenlode, Penarth



### Calling the parents, carers and grandparents of Ysgol Evenlode school children!

Would you like to learn Welsh to help your child/ren? Join our 15 week Learn Welsh Entry level course designed for adults to use at home with children.

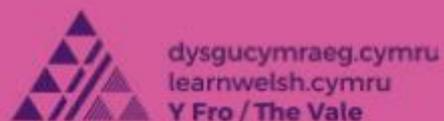
Mondays 9.15-10.45am

from 2nd of March 2026

Ysgol Evenlode School [YYF26-01-M1](#)

To find out more or to register please contact Olwen on [olm25@aber.ac.uk](mailto:olm25@aber.ac.uk)

Cyrсияu ar gyfer rhieni a theuluoedd i gefnogi plant i siarad Cymraeg.



# LISTENING Lunch



Come along to our online support group for parent and carers of children experiencing emotional wellbeing and mental health needs.



Every fourth Wednesday  
of the month, 12pm to 1pm

SCAN ME!



For more information about this service, email [CharlotteW@familylives.org.uk](mailto:CharlotteW@familylives.org.uk) or scan the QR code to sign up

**We build better family lives together**

[www.familylives.org.uk](http://www.familylives.org.uk)

 @familylives



GIG  
CENTRE  
NHS  
WALLES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

CYPF PPIT



Emotional Wellbeing  
& Mental Health  
Lles Emosiynol ac  
Iechyd Meddal

Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD



## Information Event

Hosted by ND Community Connectors CIC

Sponsored by The Open University

For parents/carers of children & young people  
on the Neurodevelopmental Service waiting list  
or with an Autism/ADHD diagnosis in The Vale

Information stalls from locally based services and support  
that can be accessed whilst waiting for an assessment or  
post diagnosis.

Supported by organisations across Local authority,  
Education and Third Sector/Charity.

**Location:** Victoria Park Community Centre, Church  
Road, Cadoxton, Barry, Vale of Glamorgan CF63 1JY

**Date:** Monday, 27th April 2026

**Time:** 10:00am - 11:30am (drop in)

The event is free of charge but please book a place  
via Eventbrite using the QR code or this link:



<https://autismadhdsupportservicesvale.eventbrite.co.uk>

CRICK  
CYMRU  
COMMUNITY  
FUND

**CADOXTON MULTICULTURAL  
VOLUNTARY COMMUNITY**  
Sub. Cadoxton Youth Project  
A non profit organisation.



Presents

A FREE Family Easter get together

Teas, Coffee & Cold Buffet

On Saturday 28th March, 2026 .....12.00pm—2.00pm

at

The Hope Church Hall.

Church Rd, Barry, CF63 1JX

Colouring in competition - Face painting  
and fancy dress competition

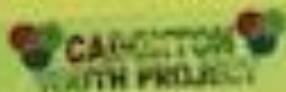
Raffle Draw - Prizes

FREE Easter Egg for all competitors

FREE food bags

\*\* Please book tickets with Rita on 07471 766523 by 27th March. \*\*

(Children under 16 yrs must be accompanied and supervised by a  
responsible adult at all times.)





## Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.

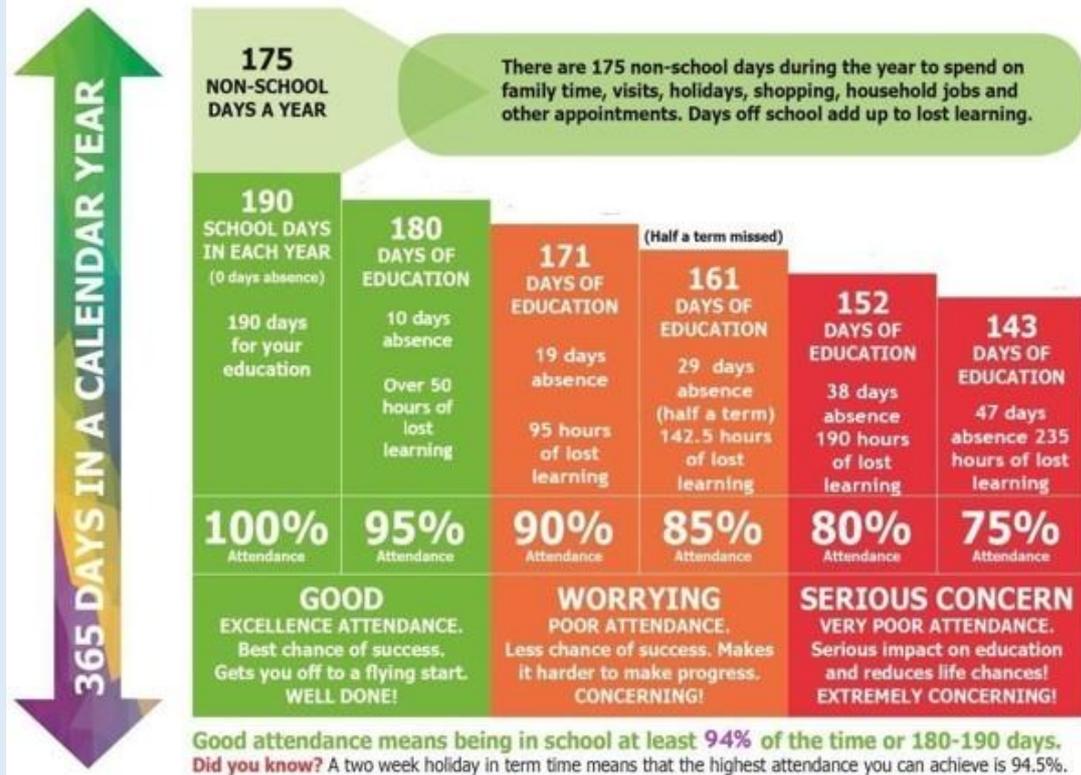


We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes

# EVERY SCHOOL DAY COUNTS

Don't miss out on the education you deserve.





## SINGING LESSONS

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

[www.AscendanceTheatreArts.co.uk](http://www.AscendanceTheatreArts.co.uk)  
[AscendanceTheatreArts@gmail.com](mailto:AscendanceTheatreArts@gmail.com)



Harp lessons from Year 2 and up:  
If you would like your child to take part in harp lessons please contact Eluned on:

[elunedtheharpist@btinternet.com](mailto:elunedtheharpist@btinternet.com)

We also have a school harp for pupils to practice with.

## Week 1

### Monday

**Main Meal:** Cheesy Pasta Bake served with a Medley of Green Vegetables & Garlic Bread

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding of the day:** Welsh Yogurt served with Fruit Slices

### Tuesday

**Main Meal:** Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Oat Cookie or Shortbread served with Fruit Slices

### Wednesday

**Main meal:** BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly and Fruit Slices

### Thursday

**Main Meal:** Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Ice Cream & Peach Slices

### Friday

**Main meal:** Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Sponge & Custard with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**  
**Unlimited wholemeal bread available daily.**

**Week Commencing**

**2/6/25, 30/6/25, 1/9/25, 29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26**

## Week 2

### Monday

**Main meal:** Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Bolognese or Vegetarian Bolognese served with Pasta, Broccoli & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with Side Salad

**Pudding:** Chocolate Cake with Fruit Slices

### Wednesday

**Main meal:** Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi Grain Rice & Peas

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly served with Fruit Slices

### Thursday

**Main meal:** Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes, Carrots, Green Beans, Cauliflower & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** American Pancake served with Peach Slices

### Friday

**Main meal:** Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Crispy Cake served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**

**Unlimited wholemeal bread available daily.**

Week Commencing

9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3/26

## Week 3

### Monday

**Main meal:** Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Oat Cookie or Shortbread served with Fruit Slices

### Wednesday

**Main meal:** Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Fruit Jelly served with Fruit Slices

### Thursday

**Main meal:** Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Ice Cream served with Fruit Slices

### Friday

**Main meal:** Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips, Peas, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw

**Pudding:** Date & Orange Brownie served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**

**Unlimited wholemeal bread available daily.**

Week Commencing

16/6/25, 14/7/25, 15/9/25, 13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26

## Week 4

### Monday

**Main meal:** Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Welsh Yoghurt served with Fruit Slices

### Tuesday

**Main meal:** Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Fruit Yoghurt served with Fruit Slices

### Wednesday

**Main meal:** Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

**Pudding:** Cheese & Crackers served with Fruit Slices

### Thursday

**Main meal:** Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Pancake served with Peach Slices

### Friday

**Main meal:** Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baked Beans & Salad

**Alternative:** Assorted Baguettes or Filled Jacket Potato served with a Side Salad

**Pudding:** Chocolate Sponge & Custard served with Fruit Slices

**Daily Dessert alternatives of Yoghurt or Fresh Fruit.**

**Unlimited wholemeal bread available daily.**

Week Commencing

23/6/25, 21/7/25, 22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



the **BIG**  
**FRESH**  
Catering  
company



**Allergen information to accompany this menu  
is held in the Kitchen and available upon request.**

**Please contact your school for a special diet request form if your child has  
specialist dietary needs.**

**We aim to provide a healthy balanced school meal for every pupil.**