



SULLY PRIMARY SCHOOL NEWSLETTER 14/11/25

Dear Parents/Carers,

On Tuesday, 11th November at 11am, our whole school came together for our annual Remembrance Day Service. All children from Reception to Year 6 showed great respect and behaved impeccably throughout the event.

Throughout the week, the children have been celebrating Remembrance Day by participating in a variety of tasks and activities. Well done, boys and girls—you should be very proud of your efforts!

On Thursday, Year 6 took part in a special experience by dressing up as evacuees to learn about what life was like for children during World War II. A lot of effort went into this, and we would like to extend a huge thank you to the parents and carers who kindly helped by sourcing suitable costumes.

Today, we celebrated Children in Need. The children, in their outfits, certainly brightened up what would have been a rather a wet and miserable Friday. Thank you to everyone who supported this cause – so far, together we have raised £244.51 and are hoping for more donations by the end of the day.

Unfortunately, we have been receiving a number of complaints regarding the inappropriate parking of cars on Minehead Avenue during drop off and pick up times and politely request you park your car with the utmost consideration of the local residents and with the safety of all our children and their families in mind.

Thank you for your continued support.

Wishing you a lovely weekend.

Andrea Waddington & Staff



**Our attendance this week has been 93.54%
which is below our target of 95.1%**

Dates for your diary...

Dates added/amended this week are in **red**

03/12/25 – PS2 Christmas Concert – 1.30pm – 3pm

04/12/25 – Christmas Dinners – Please consent on Arbor

04/12/25 – PS2 Christmas Concert – 9.30am – 11am

09/12/25 - PTA Movie Night (The Grinch PG) – 3.30pm – 5.30pm – Years 1-6 on Parent Pay

10/12/25 – PS3 Christmas Concert – 1.30pm – 3pm

11/12/25 – PS3 Christmas Concert – 1.30pm – 3pm

16/12/25 – PS1 Christmas Concert – Nursery AM & Reception 10.30–11.30am

PS1 Christmas Concert – Nursery PM & Reception 2pm-3pm

16/12/25 – PTA Movie Night (Christmas Chronicles PG) – 3.30pm – 5.30pm – Years 1-6 on Parent Pay

17/12/25 – Sherman Theatre – Years 3-6 – Please consent on Arbor

18/12/25 – Chaplin's Panto – Reception to Year 2 – 8.30am – 11.15am

Message from the PTA:

 **A huge thank you** to everyone who ordered their child's personalised Christmas Cards and Gifts during the first shop opening, together we've raised an incredible **£438 so far!** 

If you missed out the first time, or if your child hasn't had a chance to submit their design yet, **don't worry, there's one last opportunity!** 

 The **final shop opening** runs from **21st November to 2nd December**, so be sure to get your orders in before it's too late. **This is your last chance to order!** 

We would like to thank Ty Cerrig and Sully Sports and Social Club Committee for donating a Christmas tree to the school this year!



Our student teacher, Molly Pickett from Cardiff Metropolitan university, is currently completing her dissertation on children's use of social media. Next week, questionnaires will be sent home for both parents and pupils in Years 3–6. It would be greatly appreciated if you could take a few minutes to complete them — your input will really help support her research. Thank you!

Sully Primary School will now be using the ARBOR MIS System for all messaging, clubs, trips and attendance.

Parent Pay will still be used for school lunches.

If not already done so, to set up your account, you just need to set a password. You can do this by going to <https://sully-primary-school.cymru.arbor.education/> clicking on '**Forgotten Password?**' and following the instructions on screen.

Your username is your email address.

If you have trouble setting up your password or have general questions, please contact Sully Primary 02920 530377.

Reporting your child's absence:

You can now report your child's absence via our new MIS system called ARBOR.

Once logged on, click on the orange box 'Quick Actions' then click attendance and then click the green box (on top right) 'Log absence' or alternatively you can email us on office@sullyschool.co.uk or telephone: 02920 530377

Please remember to cancel any pre-booked meals if your child is unwell – thank you.

Highlights of the week...

Nursery had a wonderful time exploring shadows using torches in the blackout tent. The children created a variety of exciting shapes and silhouettes with their chosen objects, before carefully tracing around the outlines.



PIC•COLLAGE

Reception have been sharing their experiences of Bonfire Night. They have described what they saw and heard, they have danced like fireworks in the sky and produced some lovely paintings of the fireworks they saw. We have also talked about Remembrance Day. The children created their own poppies by using paint, collage materials and even play dough!



Year 1 DJ learnt all about Remembrance Day this week and created a hand print poppy reef in commemoration.



Year 1-2 commemorated Remembrance Day by making
poppies in all different ways.



Year 2 have been learning about Remembrance Day and enjoyed making poppies using different materials. They also wrote about the significance of the poppy and why we wear it. To end the week, the children looked fantastic in their own clothes for Children in Need!



This week pupils in year 2/3 and 3 learnt about the significance of the poppy and its role in Remembrance Day. They showed wonderful empathy during our discussions and thought carefully about why we wear poppies.

Inspired by 'Where the Poppies Now Grow', pupils created their own poppy artwork, resulting in a beautiful and meaningful display we are very proud of.



Year 3 Science club enjoyed the Coca Cola and mento experiment.





Year 4 have started to use tools in Nature Based Learning. Safety talks are now part of the session with the children beginning to use the safety script to teach each other how to use tools safely. We cut up the remains of the pumpkins and added seeds to help provide the birds with some food over the winter months.



Y5 have been learning how we can stand up to bullying. We talked about ways we can use our power for good and discussed how we might react to different scenarios. We are very proud of how mature the children were.





Year 6 looked amazing dressed as evacuees for our immersion day. We stepped back in time to 1940 where we packed our suitcases, travelled by steam train to our new homes, practised gas mask drills, air raid drills, had some war time lessons and played traditional games!



Vale Family Compass – Family Information Service

We are very excited to announce that we are hosting not one, but two Christmas parties on Tuesday 2 December at Barry Memo Arts Centre. 🎉
Party one is exclusively for preschool children under 3 and party two is for children of all ages. Please ensure you book tickets for the correct party. 🍪

www.ticketsource.co.uk/familyinformationservice

Rydym yn gyffrous iawn i gyhoeddi ein bod yn cynnal nid un, ond dau barti Nadolig ddydd Marwth 2 Rhagfyr yng Nghanolfan Gelfyddydau'r Memo, y Barri. 🎉

Mae un parti ar gyfer plant cyn-ysgol yn unig ac mae parti rhif dau ar gyfer plant pob oedran. Gwnewch yn siŵr eich bod yn archebu tocynnau ar gyfer y parti cywir. 🍪

www.ticketsource.co.uk/familyinformationservice



A festive poster for a Christmas Party. At the top, a string of colorful Christmas lights hangs across the width. Below the lights, the text 'Vale Family Information Service' is in a simple sans-serif font, followed by 'Christmas Party' in a large, elegant script font. To the right of the title is a circular wreath with the text 'Free to attend' in red. Below the title, it says 'At Memo Arts Centre, Barry CF62 8NA'. In the center-left, there is a cartoon illustration of Santa Claus and Mrs. Claus. To the right of the illustration are four colored boxes stacked vertically: 'Free Healthy Snacks' (purple), 'Entertainment' (yellow), 'Father Christmas' (red), and 'Christmas Crafts' (teal). Below these boxes, the date 'Tuesday 2 December 2025' is prominently displayed. Under the date, two time slots are listed: '11:00am-1:00pm Under 3s' and '3:30-5:45pm all ages'. A decorative holly leaf border separates the time slots from the text 'TICKETS ARE LIMITED AND BOOKING IS REQUIRED'. At the bottom, there are four logos: 'Santa's Gause' (with a small illustration), 'Achos Sion Goen' (with a small illustration), 'VALE of GLAMORGAN BRQ MORGANNWG' (with a stylized 'V' logo), and 'Gwasanaeth Gwybodaeth i Deuluoedd y Ffro Vale Family Information Service' (with a family icon). To the right of these logos is a QR code.

Vale Family Information Service
Christmas Party
At Memo Arts Centre, Barry
CF62 8NA

Free to attend

Free Healthy Snacks
Entertainment
Father Christmas
Christmas Crafts

Tuesday 2 December 2025
11:00am-1:00pm Under 3s
3:30-5:45pm all ages

TICKETS ARE LIMITED AND BOOKING IS REQUIRED

Santa's Gause
Achos Sion Goen

VALE of GLAMORGAN
BRQ MORGANNWG

Gwasanaeth Gwybodaeth i Deuluoedd y Ffro
Vale Family Information Service

VALE FAMILY COMPASS
CAMPANG TEULU FRO



SULLY VILLAGE

CAROL SERVICE

6 pm Sunday 21 Dec

*Refreshments & Carol Singing
at the Old School to follow*

CHRISTMAS EVE

3pm All Ages

11pm Candlelight Eucharist

CHRISTMAS DAY

11am Holy Eucharist with Carols

ALL WELCOME

at

St John the Baptist, Sully

Do you need support with your child's emotional and mental health?



We offer support and a listening ear to help you navigate your families wellbeing and mental health.

We provide:

- Free confidential one to one support from a trained parent volunteer over 6 to 8 weeks
- Advice, guidance and signposting as well as access to online services and group support



SCAN ME
FOR SELF-REFERRAL

For more information about this service, please email CharlotteW@familylives.org.uk or call on 07739 788115

We build better family lives together

www.familylives.org.uk



@familylives



GIG
Cymru
NHS
Wales

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

CYPF PPIT



Emotional Wellbeing
& Mental Health
Llysoedd Emosiynol a'r
Iechyd Meddal

Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No. 10777722.
Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD



Cardiff & The Vale Parent Carer Wellbeing Support Service

Online Workshops - Autumn 2025

During the Autumn term, Family Lives Cardiff & The Vale service will be running a series of free workshops aimed at helping parents support their children's emotional wellbeing and mental health.

Empowering Parents

Wednesday 15th October, 10:30am - 11:30am

A workshop for parents and carers to help find ways to feel empowered in their self and parenting abilities.

Digital Safety

Monday 3rd November, 12pm - 1pm

A workshop for parents and carers that want to gain insight into ways on how to keep children safe online.

Neurodivergence and Mental Health

Wednesday 12th November, 12:30pm - 1:30pm

A workshop for parents and carers who want to gain insight into understanding neurodivergence and mental health

Reducing Conflict

Monday 24th November,
11:00am - 12:00pm

A workshop for parents and carers struggling with conflict within their family life, to understand causes and seek support towards resolution.

Simply scan the QR code to register your interest, and a MS Teams link will be sent to you a few days before your chosen workshop.

If you have any questions, or need an alternate route to register, please contact Charlotte Wilton on CharlotteW@familylives.org.uk.



SCAN ME

We build better family lives together

www.familylives.org.uk

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Vale of Glamorgan – The Inclusion Service - September 2025

Dear Parents and Carers.

Welcome to the first term of the new academic year. We hope you all enjoyed a lovely summer holiday, and the children are refreshed and looking forward to a new year of learning.

We will be sending you termly newsletters via your school communication system to update you with attendance reminders, support that you can access and any updates you need to be aware of.

The Welsh Government have been clear that any child who has attendance below 90% is persistently absent from school. This means that any child with attendance below 90% in July will have missed a minimum of 19 school days.

Regular school attendance is vital to ensure your child does not miss out on lessons, support and social activities held within the school day. Missing school can also impact your child's future earnings. Data has shown that persistently absent pupils in secondary school could earn £10,000 less at age 28 compared to pupils with near-perfect attendance. For each additional day of absence between Years 7 to 11, the typical pupil could miss out on an average of £750 in future lifetime earnings.

This year, in line with other Local Authorities in Wales, any unauthorised holiday taken in term time could result in a Fixed Penalty Notice of a £60 fine per child per parent. We support schools not authorising holidays due to the impact of lost learning and the opportunity to enjoy family days in school holidays.

We have launched our new parent Padlet which will help parents/carers understand more about our service as well as what support is available if you need it. Lots of advice and guidance can also be found – please scan the QR code to access the Padlet.



We hope your child settles into the new school year and enjoys all the lovely opportunities our schools have to offer. Don't forget to speak to your child's teacher/head of year if you have any concerns.

Best wishes



SINGING LESSONS

Partner/ small group lessons in Sully Primary School during the school day, working towards exams and performances.

Only £10/week!

www.AscendenceTheatreArts.co.uk
AscendenceTheatreArts@gmail.com



Harp lessons from Year 2 and up:
If you would like your child to take part in harp lessons please contact Eluned on:

elunedtheharpist@btinternet.com

We also have a school harp for pupils to practice with.



Week 1

Monday

Main Meal: Cheesy Pasta Bake served with a Medley of Green Vegetables & Garlic Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding of the day: Welsh Yogurt served with Fruit Slices

Tuesday

Main Meal: Pork Meatballs in Gravy or Veggie Balls in Gravy served with Mashed Potato, Carrots, Peas & Cabbage

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: BBQ Chicken topped with Cheese or BBQ Quorn Fillet topped with Cheese served with Mixed Grain Savoury Rice, Sweetcorn, Broccoli & Salad with Crusty Bread

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly and Fruit Slices

Thursday

Main Meal: Roast Beef or Quorn Fillet served with New & Roast Potatoes, Carrots, Cauliflower, Broccoli & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream & Peach Slices

Friday

Main meal: Fish Fingers or Fishless Fingers served with Potato Smiles, Baked Beans, Peas or Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.
Unlimited wholemeal bread available daily.

Week Commencing

2/6/25, 30/6/25, 1/9/25, 29/9/25, 24/11/25, 5/1/26, 2/2/26, 2/3/26



Week 2

Monday

Main meal: Cheese & Tomato Pizza served with Potato Wedges, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Bolognaise or Vegetarian Bolognaise served with Pasta, Broccoli & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad

Pudding: Chocolate Cake with Fruit Slices

Wednesday

Main meal: Homemade Chicken Curry or Vegetable & Lentil Curry served with Multi Grain Rice & Peas

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Pork Sausage or Quorn Sausage served with Mashed & Roast Potatoes, Carrots, Green Beans, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: American Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with Mashed Potato, Baked Beans, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Crispy Cake served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

9/6/25, 7/7/25, 8/9/25, 6/10/25, 3/11/25, 1/12/25, 12/1/26, 9/2/26, 9/3/26



Week 3

Monday

Main meal: Tomato Pasta Bake served with Peas, Sweetcorn & Side Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Meatballs in Gravy or Vegan Meatballs in Gravy served with Wholemeal Pasta, Broccoli, Carrots & Cauliflower

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Oat Cookie or Shortbread served with Fruit Slices

Wednesday

Main meal: Pork Sausage or Vegetarian Sausage, Omelette, Beans, Tomato, Hash Brown & Mushrooms

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Fruit Jelly served with Fruit Slices

Thursday

Main meal: Slow Cooked Beef or Diced Quorn with Carrots in a Yorkshire Pudding served with Mashed & Roast Potatoes, Green Beans, Cabbage & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Ice Cream served with Fruit Slices

Friday

Main meal: Harry Ramsden's Fish Fillet or Quorn Fishless Fingers served with Chips, Peas, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with Side Salad & Coleslaw

Pudding: Date & Orange Brownie served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

16/6/25, 14/7/25, 15/9/25, 13/10/25, 10/11/25, 8/12/25, 19/1/26, 16/2/26, 16/3/26



Week 4

Monday

Main meal: Neapolitan Pasta Bake served with Cheese, Broccoli & Green Beans

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Welsh Yoghurt served with Fruit Slices

Tuesday

Main meal: Beef Burger or Veggie Burger served with Chips, Sweetcorn, Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Fruit Yoghurt served with Fruit Slices

Wednesday

Main meal: Beef Chilli or Vegetarian Chilli served with Mixed Grain Rice & Potato Wedges served with Salad & Coleslaw

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad & Coleslaw

Pudding: Cheese & Crackers served with Fruit Slices

Thursday

Main meal: Roast Turkey or Quorn Fillet served with Mashed & Roast Potatoes, Carrots, Cabbage, Cauliflower & Gravy

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Pancake served with Peach Slices

Friday

Main meal: Salmon Bites or Quorn Dippers served with New Potatoes, Peas, Baked Beans & Salad

Alternative: Assorted Baguettes or Filled Jacket Potato served with a Side Salad

Pudding: Chocolate Sponge & Custard served with Fruit Slices

Daily Dessert alternatives of Yoghurt or Fresh Fruit.

Unlimited wholemeal bread available daily.

Week Commencing

23/6/25, 21/7/25, 22/9/25, 20/10/25, 17/11/25, 15/12/25, 26/1/26, 23/2/26, 23/3/26



**Allergen information to accompany this menu
is held in the Kitchen and available upon request.**

**Please contact your school for a special diet request form if your child has
specialist dietary needs.**

We aim to provide a healthy balanced school meal for every pupil.