

Newsletter Autumn Term Week 13  
Friday 5th December 2025



Holy Family Catholic Primary School

*Jesus said "Let the children come to me"  
We live and learn and love in his way.*

Spotlight on Year 4







*Jesus said "Let the children come to me."  
We live and learn and love in his way.*

## Catholic Life and Mission

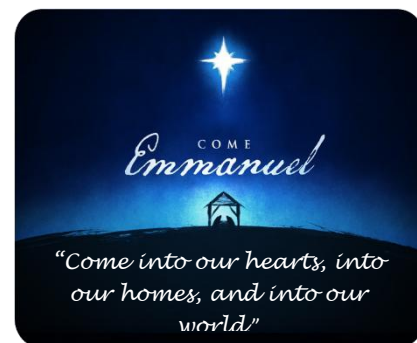
**This week's Mission:**

**We prepare for Advent!**



**First Sunday of Advent**

This week we celebrated the first week of Advent. We held our special Advent assembly, where we lit our 1st candle on our wreaths, the candle of Hope. We decorated our tree with our home-made recycled decorations and reflected on the true meaning of Christmas as we created our precious Crib.



We prayed:

*Dear Jesus, we look forward to your coming at Christmas and the chance it brings us to grow ever closer to you.  
May our activity during this Advent prepare us for the Hope and joy of Christmas. Amen*



### **Thank you Cardinal Newman**

We would like to thank Cardinal Newman for their kind donation of Advent Calendars for some of our children. We were delighted to see one of our past pupils delivering them.



### **Poppy Appeal**

Thank you to all that kindly donated to this year's Poppy appeal we raised a fantastic amount of £390.05

### Kind donation



I would like to say a big thank you to Mrs Hollingsworth, one of our parents, who has kindly donated a beautiful set of wooden nativity crib figures to our school. I have placed this in the main reception area for you all to enjoy. Thank you very much for thinking of us, it is much appreciated.

### Cardinal Newman School for Anti-Bullying

On Thursday 4th December, our school was invited to attend Cardinal Newman School for 'Anti-Bullying Ambassador' training led by the Diana Award. Eight of our Peacemakers were selected and attended alongside Mrs Twycross. What an amazing day it was. The children received training on what bullying is - repeated, negative and Intentional behaviour - and what to do if we find out that bullying behaviour is happening. They also learned about how to support pupils, both targets and perpetrators. It was an informative and fun day, but most importantly, they learnt so much that they want to share with the other children. Well done to Ellie-Mai, Annie, Matilda, Lola, Emmie, Damien, Dominic and Victoria for their hard work and dedicated attitude. We look forward to seeing what you'll do with your training in school. And a thank you to Cardinal Newman School for hosting such a great day.



### Non Perishable Foods



### Reverse Advent - Father Hudson's Care & Coventry Food bank

Throughout Advent, we are asking each child and member of staff to bring in at least one item of non-perishable food. These items will be donated to Fr Hudson's Caritas (our Birmingham Diocesan Charity) and Coventry food bank. Please see attached poster.



### Parish Christmas Fayre – Sunday 7<sup>th</sup> December

We look forward to seeing you all on Sunday for our Parish Christmas Fayre. Thank you to all that bought tickets for Santa's grotto. Tickets can also be purchased on the day £2.50 each.

[Please click this link for the Wednesday word](#)  
[Link for Parish newsletter](#)

### Year 5 PCSO

This week the year 5 children have had fun with the local PCSO's that work with them. They reconstructed a court case and enjoyed playing the parts for the case. Let's hope we don't end up in court with you! Well done Year 5.





## Afterschool Activities

Please see the below table showing the date of the **last session** for each activity.

Monday	Tag Rugby - Monday 8th December
Tuesday	Girls Football Squad & Multi Skills 2nd December
Wednesday	KS1 Gymnastics & KS2 Football 3rd December
Thursday	Dodgeball – 11th December Football Squad Training – 4th December Netball Squad Training – <b>Update Extended date 11th December</b>
Friday	Choir – 11th December Laser Tag – 19th December

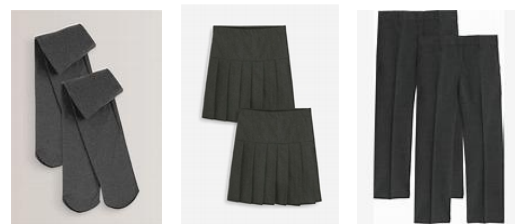
## Staffing update

We would like to inform you that Mrs Ward, Class teacher in Y4, will be reducing her working days after Christmas to and Mrs Twycross will then teach on the other days.

## Uniform

Please can we remind parent's that child should be wearing Grey tights, Skirts or trousers **not black**.

Our school policy states the correct uniform should be worn. If you have any difficulties purchasing these items they can be found in a number of super stores for example [click here](#)



## Christmas updates

Please see below poster for updates for all our upcoming Advent & Christmas Events to get the dates in your diary.

## Friends of Holy Family 'Christmas Disco' Y1-Y6

Thank you to all that has purchased tickets for this year's Christmas disco we look forward you the children coming together on Tuesday **9<sup>th</sup> December**.

4.00pm-5.00pm Y1 & Y2 in KS2 Hall Entrance via KS2 playground into KS2 Hall

5:30pm - 6:30pm KS2 (Y3, Y4, Y5 & Y6) Entrance via KS2 playground into KS2 Hall

Tickets: £2.50

## Christmas Dinner

Please see attached poster for this year's School Christmas Dinner, please can we ask that all meals are ordered via the school food united app before Friday 12<sup>th</sup> December. Please contact the school office if you child has an allergen and would like to have a school meal if they haven't already been on school dinners.

## Family Hubs

Please see the latest Timetable for the Family Hubs. This has all the free activities taking place over the Christmas period.

## HAF Programme

The Holiday Activities and Food (HAF) programme is back for the December holidays, and the booking system is live. HAF Holiday Activities are free for children who receive Benefit Related Free School Meals. There are also some paid activities for children who are not eligible.

View the activity programme here: [www.coventry.gov.uk/haf](http://www.coventry.gov.uk/haf)

The HAF activities can be filtered by the following categories:

- 'Universal Provision with SEND Support'
- 'Specialist SEND Provision'
- 'Universal provision'

If you have any further questions or queries about bookings, please contact [HAF@coventry.gov.uk](mailto:HAF@coventry.gov.uk)

MHST

Please see attached poster for more information to help support for wellness

### Music Appreciation

This week's music appreciation was a new song from the new film Wicked '**For Good**' You may have already had the children coming home and singing this song, they have certainly enjoyed singing along in class!

If you would like to have a listen please click this link <https://youtu.be/GIUhxKSL21M>





Have a lovely weekend.

Mrs G Griffiths

Headteacher

  			
Y1P/T	NATHAN	Y6CT	OLIVIA
Y3N	SENZO	Y5M	THANDI
Y3C	EMELIA	Y6ST	LENA
Y6ST	DARCY	Y3C	ETHAN
WE HOPE YOU ALL HAVE A LOVELY BIRTHDAY			

 <h3>Attendance &amp; Punctuality for this week</h3> <h4>Whole School attendance 92%</h4> 							
	YR	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Attendance	89.3%	88%	89.3 %	96.8 %	95.3 %	94.7%	94.5%
Well done to Y3 for 96.8% the highest attendance this week!							

Holy Family Catholic Primary School, Penny Park Lane, Coventry, CV6 2GU Tel: 02476-333631

Email: [admin@holyfamly.coventry.sch.uk](mailto:admin@holyfamly.coventry.sch.uk)

Website: [www.holyfamily.coventry.sch.uk](http://www.holyfamily.coventry.sch.uk)



# HEAD TEACHERS MERIT

## **Y6 Mrs Tompkins**

Antonia Maleska  
Belle McCloskey



## **Y6 Miss Thompson**

Jack McTigue  
Karessa Opuku

## **Y5 Mrs Corr-Wilson**

Leia Ward  
Oliver Kirkland

## **Y5 Mrs Mariadoss**

Annie Corr-Wilson  
Caelan Dunne

## **Y4 Mr Richardson**

Philomene Dombebe  
Ogochukwu Nnatube

## **Y4 Mrs Ward**

Isabella Bada-Olicks  
William Kirkland

## **Y3 Mrs Nicholls & Mrs Newman**

Edythe Collins  
Sophia Jukes

## **Y3 Miss Clyde**

Kavan Thandi  
Helana Sutharson

## **Y2 Mrs Marlowe**

Ezra Lucas  
Chimereze Nnatube

## **Y2 Mr Newell**

Marcel Lesien  
Victor Sawicki

## **Y1 Mrs Parkes &**

**Mrs Twycross**  
Poppy Broom  
Oba Adedipe

## **Y1 Miss Brown**

Serena Rock  
Leo Chroscinski

## **Nursery Superstars**

Molly Kearney  
Tj Young

*Well done to all of you for  
your hard work this week!*



## ADVENT & CHRISTMAS EVENTS

Date	Event
Sunday 7 <sup>th</sup> December	Parish Christmas Fayre & Santa's Grotto 11am - 2pm
Week of 8 <sup>th</sup> December	Christmas plays – see below
Tuesday 9 <sup>th</sup> December	'Christmas Disco' - 4.00pm-5.00pm Y1 & Y2, 5:30pm - 6:30pm KS2
Thursday 11 <sup>th</sup> December	Nursery Bedtime story 5 - 6pm
Tuesday 16 <sup>th</sup> December	KS2 Carol Service 6.00pm - No tickets required as this is in Church
Wednesday 17 <sup>th</sup> December	Christmas Lunch
Friday 19 <sup>th</sup> December	Whole School Advent Mass 9.15am – led by Y3C

### Christmas Performances

Parents and grandparent are warmly invited to come and watch. Information has been sent out this week for YN,YR, Y1 & Y2. Tickets will be limited to two tickets per child initially.

YN	Reception	Y1 & Y2
Wednesday 10 <sup>th</sup> December 10.45am	Thursday 11 <sup>th</sup> December 2.15pm	Monday 8 <sup>th</sup> December 2.15pm
	Friday 12 <sup>th</sup> December 9.30am	Tuesday 9 <sup>th</sup> December 9.30am





# FESTIVE MENU

★ Wednesday

Traditional Roast Turkey  
with Pig in a Blanket,  
Roast Potatoes, Peas and Fresh  
Carrots with Gravy,  
Decorated Cookie  
(from the North Pole workshop)  
Berry Yoghurt

Enjoy!





# MERRY Christmas

**HOLY FAMILY CHRISTMAS  
DISCO  
TUESDAY 9<sup>TH</sup> DECEMBER**

**4.00pm-5.00pm Y1 & Y2 in KS2 Hall  
Entrance via KS2 playground into KS2 Hall**

**5:30pm - 6:30pm KS2 (Y3,Y4,Y5 & Y6)  
In KS2 Hall  
Entrance via KS2 playground into KS2 Hall  
Tickets: £2.50  
Pre Paid  
event only**



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# HOLY FAMILY PARISH CHRISTMAS

## FAYRE

TOMBOLA

SANTA'S GROTTO

RAFFLE PRIZES

FACE PAINTING

CHRISTMAS CAKE

CAKE SALE

PIETY STALL

FREE  
ENTRY

REFRESHMENTS

TO BUY

CHILDREN JUICE & BISCUIT FREE

**7TH DECEMBER 2025**

11.00AM UNTIL 2.00PM

PARISH HALL

Holy Family Catholic Primary School, Penny Park Lane, Coventry, CV6 2GU Tel: 02476-333631

Email: [admin@holyffamily.coventry.sch.uk](mailto:admin@holyffamily.coventry.sch.uk)

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## Mental Health in Schools Team Tips For Wellness



### Sleep

Our bodies need sleep and rest to help us function every day. When we are sleeping, it gives our brain and body time to repair and regenerate, re-energise and improve our motivation. We also need sleep to be able to process information, problem solve, learn new things and concentrate (you might notice you find it particularly difficult to focus at school after a bad night's sleep!) Sleep also benefits our mental wellbeing, by helping us to regulate our emotions and mood.

It is important to find time for our brain to completely 'switch off' and rest, to take some time out of our busy day to stop, take a break and do something that promotes our wellbeing!

#### Our tips for improving sleep:

1. **Maintain a regular sleep schedule** – this includes going to bed around the same time every night, as well as waking up at a similar time every morning (even on weekends!) Sleeping in later than normal can disrupt the body's circadian rhythm, which can lead to more tiredness.
2. **Create a calming environment** - dim the lights an hour before bed. Keep the room dark, if possible, try using an eye mask or black out blinds. A cool bedroom and slight drop in body temperature can help us to go to sleep.
3. **Reduce electronics** – using electrical devices before bedtime is one of the main reasons we have sleep difficulties. The light exposure on the screens can trick our brain into thinking it is still daytime, which stops our body from being able to wind down and feel tired! Turn devices on night mode or leave outside your bedroom to limit temptation.
4. **Minimise daytime naps** – napping during the day can make it harder to fall asleep at night, they also break up sleep (which means lower quality sleep and fewer benefits).
5. **Complete homework after school** – getting stuck into homework tasks before bed can delay tiredness, as our brains are busy trying to concentrate! Try to do activities that relax you before bed, to help you switch off from schoolwork.
6. **Spend time relaxing** – you may want to have a shower or run a warm bath, listen to calming music, read a book, journal or keep a diary from the day, stretch, meditate, or spend time with a pet.
7. Scan the QR code for more helpful information and **sleep tips!**



**In Coventry and Warwickshire, for any urgent mental health concerns, contact the Children and Young People's Mental Health Crisis support available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.**

**MHST are available to support you and your school throughout the school year including term time and school holidays.**

**Please contact your school's Mental Health Lead for information and advice.**

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# Christmas Holiday Timetable

22 December 2025 -  
2nd January 2026

Find out about the **FREE** activities, workshops and sessions for children, young people and their families in Coventry during the Christmas holiday.

## For more information

If you require help and support during this time, please **drop into any of our Family Hubs** or call the free telephone number on **08008870545** and a member of the team will be there to help you.

Please note, activities are correct at the time of print. Please see social media for updates. **You can follow your local Family Hub on Facebook.**



SCAN FOR FULL  
TIMETABLES



# Coventry Family Hubs

## Family Hub Christmas opening times

Family Hubs are open as normal on **23<sup>rd</sup> and 24<sup>th</sup> December 2025** and, with the exception of The Moat family Hub, **2<sup>nd</sup> January 2026**

The following Family Hubs will be open on **29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup> December 2025**:

**Families For All Family Hub**  
454 Foleshill Road, Foleshill, CV6 5LB

**Park Edge Family Hub**  
Roseberry Ave, Bell Green, CV2 1NE

**Wood Side Family Hub**  
Upper Ride, Willenhall, CV3 3GL

**Mosaic Family Hub**  
Jardine Crescent, Tile Hill, CV4 9PL