



Dair House Spring E-Letter Issue 4

Friday 6th February 2026

Spring Term

Issue 4

Head's Welcome



Dear Parents and Friends of Dair House,

Thank you to all the parents who attended the BRiYM online workshop with Jess this week. It was wonderfully well attended, and I hope you all came away with some helpful insights and practical ideas to support your children.

On Thursday, Miss Allen and Miss King went to collect a very special visitor who will be staying with us until Easter – *Humphrey the Elephant!* Humphrey is a 2ft fibreglass elephant kindly provided by Thames Hospice as part of the **Trunks Across the Thames** fundraising project that we are proud to be involved in. Over the next half-term, the children will be helping to decorate Humphrey before he returns to Thames Hospice and takes his place on the Art trail around Windsor. As part of our commitment to this project, the children will also continue to raise funds for the hospice, with our next fundraising event being a charity run around the school field organised by Mrs Bishop. For now though Humphrey is happy staying in my office!

Finally, we are delighted to be welcoming back Josh Quigley, our inspirational guest speaker from last year's Celebration Day. Josh will be working with the children next week, leading workshops that I know will be motivating, engaging and full of positivity.

Wishing you a good weekend,

Warmest wishes,

Mrs. Bull

Headteacher





Our Talented Children



Work of the week:

Year 2 - Arya for her incredible dedication to geography. Arya created a fantastic map of the UK and used Google Earth to research her local area. It's wonderful to see her so inspired by last term's topic!

Huge well done to **Zaki** for earning his Little Samurai yellow tag in Kickboxing. Great discipline!

A big splash for **Francesca**, who successfully completed her 15m backstroke in swimming.

Year 3 - Soufiane for sharing his moving and special "Moroccan Adventure." Soufiane created a beautiful book and presentation to tell the story of adopting his new baby brother. Thank you for sharing your wonderful experiences with us, Soufiane!

Year 6 - Sophie and **Bella** for their initiative and creativity. The girls put together a fantastic "Extreme Earth" presentation entirely unprompted, sparked by their interest in our current topic.

Maanya for her brilliant 3D volcano model. Maanya took it upon herself to build this at home, showing great enthusiasm for her learning.

Lulu congratulations to Lulu on receiving the Headteacher's Certificate for her impressive performance at her gymnastics competition over the weekend!









The Kindness Cup



Congratulations to Maryam in Reception who was awarded the Kindness Cup this week for kindly helping one of her friends to put his socks on after a Games lesson!



Gym Squad - Floor and Vault Competition

Our gymnastics squad took to the floor this weekend and delivered what was, without doubt, the *best performance we have ever seen from them*. Competing in the British Schools Regional South Floor and Vault Competition on Sunday, the children performed elegant floor routines to music and went full steam ahead over the vault — and what a joy they were to watch!

For the very first time, we proudly entered **two teams**. Our **mixed team** included William Saunders, Eesa, Charlie Hudson, Annabelle, Lulu and Anna, while our **girls' team** featured Diya, Ava, Paloma and Mary.

Sadly, Paloma was very unwell over the weekend and was unable to compete, which was devastating for the team. She was greatly missed, particularly knowing how much effort she had poured into perfecting her beautiful floor routine. However, out of disappointment came a wonderful moment of sportsmanship. Nova, a gymnast from another school whose team had been withdrawn at the last minute, joined our girls' team. She was welcomed warmly by our Dair House teams, and it was lovely to see her given the chance to compete after all her hard work.

The floor routines were nothing short of outstanding. Every child performed with elegance, confidence, and precision. Ava delivered the most beautifully danced routine we have ever seen from her, calm, controlled and polished, with perfectly held balances that truly showcased her hard work. Annabelle's routine was exquisitely presented, with flawless timing and six quality elements that must have left the judges struggling to find deductions. Lulu bravely battled her nerves and came out smiling, producing a beautifully danced routine with spot-on timing, her musical awareness really shone through. Mary had her first appearance on floor dancing to music and what a performance she gave, considering she has been injured for most of the training. Her timing was impeccable, something we had been working on, and her elements have improved so much in such a short amount of time.

Diya was truly sensational, earning the highest floor score for the girls' team. She covered the floor with confidence and flair, and her moonwalk had the whole room cheering! Anna achieved the highest floor score for the mixed team, delivering an outstanding routine with fabulous dance timing and impressive elements, including a perfectly landed aerial (a cartwheel with no hands!). I don't think I have ever cheered so loudly.

Our boys were equally impressive. Performing without music can be a daunting task, but William opened strongly, holding his balances beautifully and producing the best bridge we've ever seen from him, where did that shoulder flexibility come from! Eesa followed with a well-presented routine full of strength, flexibility and balance (balancing on your head is no easy feat!) Eesa also has the most wonderful bridge which he seems to do with ease! They were an absolute delight to watch.

The vault performances were just as exciting. Mary, our powerhouse, returned from injury with just two weeks of vault practice and produced the fastest, most powerful vaults which even blew the judge away! Diya, who had found vault challenging in training, absolutely nailed both of her vaults — easily her best performances to date. Ava tackled the hardest vault in the girls' team, a straddle over, and performed it brilliantly, landing cleanly with fantastic control.

William, Charlie, Annabelle and Lulu were outstanding on vault, stretching a long distance onto the vault and lifting beautifully to land strongly on the other side. Anna also performed the straddle over, which demands exceptional flexibility and coordination. Anyone who can sprint full speed at a stack of wooden boxes and glide over them gracefully, toes pointed, head up and landing without a step is truly incredible!

I could not be prouder of both teams. The dedication they have shown, training through half term and Christmas holidays, late Friday nights at a local gymnastics club, and every Monday after school, has been exceptional. Their commitment was rightly recognised with **Headteacher Awards** presented in assembly on Monday morning.

They should be immensely proud of themselves and feel inspired as we head towards our final competition of the year in July. **Watch this space!**

Well done, Gym Squad — **Dair House School is incredibly proud of you all.**





IAPS Swimming Gala - Qualifying Round

On Tuesday evening, a number of our swim squad took part in an IAPS Swimming Qualifying Round at Multmans Green School. This was an extremely serious and high-standard competition, with professional judges overseeing all starts, finishes, handovers, and stroke technique, making it a very different experience from a typical swimming gala.

Sophie, Bella, Annabelle and Kaysha formed the U11 Girls' team; William and Alex represented the U11 Boys; and Evie, Anna, Ava H, Liyaa, Mary and Jojo competed as the U10

Girls' team. Every swimmer gave their absolute best, swimming their hearts out and showing great determination throughout the evening.

The relay races were particularly challenging, but the Dair House swimmers showed tremendous resilience. Even when they found themselves behind, they never gave up, finishing their races with their heads held high. In the individual events, several swimmers finished as high as third place. While final qualification is based on times from swimmers across the country rather than race positions, it was incredibly impressive to see our swimmers up there competing so confidently.

For some, the event was especially daunting as races were grouped with older swimmers, including those in the U13 age group, to allow the competition to run more efficiently. Although they were not directly competing against these swimmers, it can still be quite an experience racing someone who is older, taller, and more physically developed. This really highlighted just how demanding the event was and how high the overall standard stood.

I am immensely proud of all the swimmers who were selected to take part in this prestigious competition. They should be extremely proud of themselves for embracing such a challenging experience and showing what can be achieved when you step outside your comfort zone and give something your all.



[U10/U11 Football v Claires Court](#)

It was a thrilling afternoon of football on Wednesday as our U10/U11 squads took on Claires Court. Both teams showed immense character, proving that the final whistle is the only thing that matters.

A Team:

The A Team match was truly a game of two halves. After a tough opening period, we found ourselves trailing 3-0 at the break. However, the second half saw a complete shift in momentum as our side played with renewed energy and grit.

The Highlights: The comeback sparked to life when Nishaan struck an amazing volley. Shortly after, Zaydan found the back of the net with an excellent finish, bringing the score to a nail-biting 3-2.

The Result: Despite a dominant second-half performance and several close calls in the dying minutes, the match ended **3-2**.

Noah took home man of the match for his performance as goalie and showing brilliant leadership on the pitch.

B Team:

The B Team faced a formidable Claires Court side that jumped out to a 7-0 lead. While many teams would have let their heads drop, we showed fantastic spirit.

The Highlights: The persistence paid off in the second half when we broke through the Claires Court defence to slot home a well-deserved goal.

The Result: The match finished **7-1**. While the score line favoured the opposition, the second-half improvement was a huge positive for the squad.

Cameron was named Man of the Match for his outstanding work rate and refusal to give up under pressure.

A huge well done to all the players for their sportsmanship and determination!

Y5 Assembly

Year 5 treated us to a truly out-of-this-world assembly this week, transporting the audience into a lively interplanetary gameshow where the planets battled it out for the title of “Top Planet.” Each planet proudly showcased its unique characteristics, while poor Pluto kept trying to sneak into the competition, only to be reminded (more than once!) that it’s no longer officially a planet. In a twist worthy of prime-time TV, Pluto somehow managed to run away with the prize after all! Well done to Year 5 for a hugely entertaining performance packed with brilliant acting, energetic singing, and plenty of classic dad jokes.





Kickboxing

A few of our KS1 students stepped onto the mats this week for an action-packed introduction to kickboxing. We were blown away by their focus, energy, and sportsmanship!

What Our Little Ninjas Mastered:

The session wasn't just about moving fast; it was about moving with control. Here's what the children achieved:

- The "Ready Stance": Everyone learned how to stand strong like a mountain, showing they were ready to listen and learn.
- Precision Punching: We practiced "jabs" and "crosses," focusing on keeping our hands up to protect our faces (the "guard").
- Balance & Power: The highlight was definitely the Front Kick. It takes a lot of core strength for a 6-year-old to stand on one leg and kick a foam pad without falling over—and they nailed it!
- Reaction Games: We played "Ninja Reflexes," where the children had to duck and jump over soft noodles, developing their agility and timing.

★ Star Moments

It wasn't just about the physical moves. We saw some incredible character building:

- Resilience: When a move was tricky, the children kept trying until they got it.
- Encouragement: We heard so many "Good job!" and "Well done!" shouts to partners during pad work.







Children's Mental Health Week

Next week we will be supporting Place2Be's Children's Mental Health Week. The theme this year is This is my Place.

During Children's Mental Health Week, we will be talking about how we can help everyone feel like they belong. We will explore the theme, This is my Place, so we can learn from each other what makes us feel happy. We'll learn how to be kind, include others, and make sure no one feels left out. Because everyone deserves to feel like they have a place where they are accepted, cared for, and loved.

During Children's Mental Health Week, we would like all our children to be able to say – and believe - "This is my Place."

Throughout the week the children will take part in PSHEE lessons to explore the theme of This is my Place. They will develop their awareness of the importance of belonging.

Place2Be believe every child should have easy access to mental health support whenever they need it. They create safe spaces in schools where students can open up without pressure, arming them with emotional skills to help deal with everything life throws at them. As a charity, Place2Be rely heavily on the generosity and support of the community to continue their essential work in the future and to reach children before it's too late.

On **Wednesday 11th February** we will be having a '**Dress to Express**' day, where we would like children to wear clothes which they either feel most comfortable in (pyjamas and lounge wear allowed!), clothes to reflect different emotions or an outfit which embraces a hobby they love (football/ sports kits, favourite club uniforms/outfits welcomed). This is to celebrate what makes us all unique, comfortable and happy. All children are encouraged to make a £2 donation to Place2Be to help raise money for this fantastic charity.

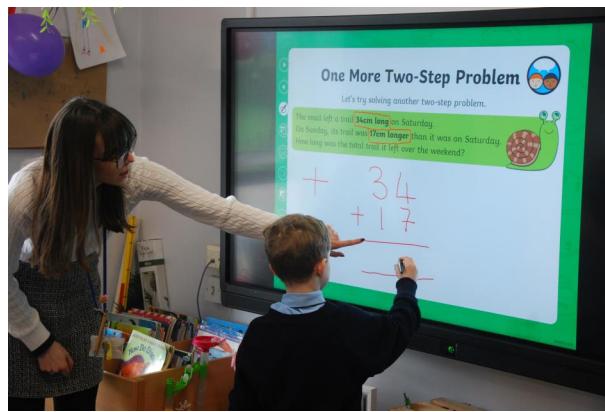
Below are two links with useful information and resources to aid and support parents:

<https://www.childrensmentalhealthweek.org.uk/families>

<https://parentingsmart.place2be.org.uk/>



Pictures Of The Week









Reminders for the week ahead

Monday 9th February: Y3/Y6 Cross Country @ The Marist School - 3:30pm

Tuesday 10th February: Y3/4 Netball v St Bernards @ St Bernards - 2:15pm

Wednesday 11th February: Dress to Express Day, Mental Health Week (**see the article above for more details**)

Wednesday 11th February: Josh Quigley Visit to Whole School

Wednesday 11th February: Y5/6 Netball v St Bernards @ Dair House - 2:15pm

Thursday 12th February: Y1 Visit to Windsor Castle

Upcoming Events

Monday 16th February - Friday 20th February: Half Term Holiday

Wednesday 25th February - Parents' Evening 5-8pm

uKids February Holiday Camp

Last Call: Half Term Fun Starts NEXT WEEK!

The wait is almost over! We are officially in the **final countdown** for our February Half Term Multi-Activity Holiday Camp with @usportsxukids.

If you haven't secured a spot yet, now is the time to act. We're gearing up for a week packed with:

- **Super Sports:** High-energy games to keep them moving.
- **Operation Outdoors:** Fresh air and adventure.
- **Crazy Crafts:** Unleashing their inner artist.
- **Brain Busters:** Fun challenges to keep those young minds sharp.

It's the ultimate experience for **ages 3–11** to stay active, social, and inspired while school is out.

⚡ Don't Miss Out

Spaces are now **limited** as we head into the final few days of prep. Don't leave it to the last minute!

Secure your spot here: u-kids.co.uk/camps/south-bucks-holiday-club



Next Week's Menu

WEEKLY MENU				
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack Cheese & Crackers Fruit & Milk	Morning Snack Bagels & Butter, Fresh Fruit & Milk	Morning Snack Blueberry Cake Fresh Fruit & Milk	Morning Snack Croissants, Fruit & Milk	Morning Snack Oat & Lemon Cookie, Fresh Fruit & Milk
Vegetarian Day Main Vegetarian Lasagna served with green beans & roasted peppers (V, Ve)	Main Dish Beef Cottage Pie, served with sweetcorn, peas & gravy Halal Option Available	Main Dish Green & Chicken Fricassee, served with rice & mixed vegetables Halal Option Available	Main Dish Penne Beef Bolognese, Green Beans & Red Peppers Halal Option Available	Main Dish Ham & Peppers Pizza Served With Seasoned Potato Wedges & Buttered Corn On The Cob Halal Option Available
Vegetarian Dish Plant Based Vegetarian Lasagna served with green beans & roasted peppers (V, Ve)	Vegetarian Dish Vegan Pasta, served with new potatoes, sweetcorn, peas & gravy	Vegetarian Dish Burrata & sweet potato gratin served with mixed vegetables (V, Ve) Vegan Option Available	Vegetarian Dish Vegan Pasta Bolognese, Carrots & Green Beans (V, Ve)	Vegetarian Dish Margarita Pizza Served With Seasoned Potato Wedges & Buttered Corn On The Cob Vegan Option Available
Dessert Jelly Fresh Fruit Pots, Yoghurt	Dessert Apple Crumble & Custard Fresh Fruit Pots, Yoghurt, Jelly	Dessert Banoffee Pie Fresh Fruit Pots, Yoghurt, Jelly	Dessert Carrot Cake Fresh Fruit Pots, Yoghurt, Jelly	Dessert Mash Up Friday Fresh Fruit Pots, Yoghurt, Jelly

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.



Contact



If you have any questions, comments or achievements to feature in the newsletter please contact the School Office:

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