

Brent School Nursing Service
Reception & Year 6 National Child Measurement Programme

2025 / 2026

Parent / Carer Information

Height and weight checks for children in reception and year 6

Every year in England, school children in reception and year 6 have their height and weight checked at school. This is called the National Child Measurement Programme (NCMP). The checks are carried out by registered School Nurses or trained health and care providers. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils. You can watch the [NCMP process animation](#). The animation explains the process of the NCMP and why it is important. It will guide you through what it involves, how your child's data is collected and processed and what it will be used for.

Children's height and weight measurements are collected to build an understanding of how children are growing. The information from the NCMP is used by local councils and the NHS to plan the provision of health and leisure services for families to promote healthier growth in children. In most areas, parents receive their child's measurement data, because this can be useful information about their child's growth. It also allows us to offer support to parents when needed — details about available support will be included in the feedback letter. Your child's class will take part in this year's programme.

Invitation to register with Parent Portal

In order to access your child's measurement feedback letter, please register with SchoolScreener Parent Portal. This will enable you to see the results.

To register, please click the link below:

<https://bre020.schoolscreener.com/Portal/#/Brent/g/BR384>

Withdrawing from the Programme

Children will not be made to take part on the day if they do not want to. If you are happy for your child to be measured, you do not need to do anything.

Parents/Carers can opt-out of the NCMP once they have registered with the Parent Portal or by emailing (see below), ensuring you **clearly** state your child's name, year group and school.

If you do not register with the parent portal or email School Nursing to opt-out, your child may still be measured. Follow the portal instructions clearly and CLICK SUBMIT at least 48 hours before our visit.

Contact details

School Nursing – clcht.brentsnspaduty@nhs.net. If you have any further queries about the NCMP or do not wish your child to be measured, please contact the School Nursing service via the email above. Parent Portal – parentssupport@schoolscreener.com if you have any further queries about the portal or issues with registration or log-in.

There is more detailed information on the website.

<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/>

[National Child Measurement Programme - NHS England Digital](#)