



BRENT HEALTH MATTERS



- THE -
**ROMAN CATHOLIC CHURCH OF
ENGLISH MARTYRS**

HEALTH & WELLBEING EVENT

- FREE NHS HEALTH CHECKS: BLOOD PRESSURE, BMI (HEIGHT AND WEIGHT), BLOOD SUGAR, DIABETES RISK ASSESSMENT, CLINICAL CONSULTATIONS
- EMOTIONAL WELLBEING SUPPORT
- HEALTHY EATING ADVICE
- HOUSING ISSUE ADVICE AND ESCALATION SUPPORT
- CHILDREN AND YOUNG PEOPLE TEAM

Wembley Park,
Chalkhill Road,
HA9 9EW

SUNDAY 23 NOVEMBER
12:00 PM - 3:00PM