



St Margaret Clitherow Primary School
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13.2.26

Dear Parents and Carers,

We are pleased to invite parents and carers of children in Nursery, Reception and Year 1 to take part in an **8-week Parenting Circle**, a peer-to-peer support group designed to offer a safe, reflective, and supportive space for parents to come together. This group will be run by myself and Miss Ela.

The Parenting Circle will be a series of guided discussion sessions, led in a supportive and non-judgemental way, where parents can share experiences, reflect on challenges, and learn from one another. The aim is to support parents in thinking about different aspects of parenting and family life, while building confidence and connection.

Topics covered during the sessions will include:

- Building positive relationships
- Boundary setting
- The importance of play
- Managing conflict

Sessions can be tailored to the needs of different age groups and shaped by the dynamics and interests of the group, ensuring discussions feel relevant and meaningful for everyone involved.

We also hope that, on completion of the guided sessions, parents will feel encouraged to continue meeting as a peer support group, creating a lasting and valuable network of support.

The sessions will run on Fridays from 8.45 am to 10.00 am and will commence from Friday the 13th of March. If you can commit to attending all sessions and feel this group could benefit you, please sign the form below and return by Monday the 23rd of February as spaces are limited. and we will contact you with further details.

If you have any questions in the meantime, please do not hesitate to get in touch.

We hope you will consider joining us for this supportive and collaborative opportunity.

Kind regards,
Mrs Baalla

Year 6 Teacher/ Curriculum and Assessment Lead

(If you require this letter to be translated into your own language please do not hesitate to ask at the office or email me directly : kbaalla@clitherow.brent.sch.uk)

I would like to join the Parenting Circle Group.

Signed..... Child's Name and Class.....

Print name..... Date.....



We live to love, learn, respect and follow Jesus who says,
"Love one another as I have loved you."