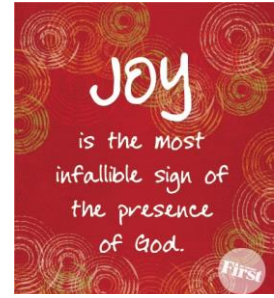




ENGLISH MARTYRS CHURCH
 Chalkhill Road, Wembley Park HA9 9EW
 Tel: 020 8904 2306 Mobile 07484680296
 – Email wembley2@rcdow.org.uk
<http://parish.rcdow.org.uk/wembleypark>



Fr Albert Ofere
14th Sunday in Ordinary Time
5th July 2026

Pope Leo's Prayer Intention for June: For the values of sports Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

Sun 5th	(Sat) 6 p.m. 9.00 a.m. 11.00 a.m.	P Mulligan O'Farrell Family; A Santos; E Da Costa M Tiernan; D Dourado; P D'Souza	No Sunday Evening Mass
Mon 6th	Feria	B Moran; E Novaes	
Tues 7th	Feria	N Kelly R.I.P.	
Wed 8th	Feria	P Lee R.I.P.; N Rachel R.I.P.	
Thurs 9th	Feria	M O'Leary Int	Exposition until 11 a.m.
Fri 10th	Feria	N Kenny R.I.P.	
Sat 11th	St Benedict	N Kelly R.I.P.	Reconciliation 10.40 a.m. & 5.15 p.m.

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A time for Rest

The invitation of Jesus to find peace in his presence is one of the most popular of his sayings. He is contrasting his message with the burdensome law, which somehow had lost the heart of religion, over-emphasising the externals of laws and rituals. He is not devaluing laws and rituals but putting them in their place. He offers an invitation that everyone can hear; and at many times of life we really need to hear it. These may be times of illness, bereavement, anxiety, depression and/or worry. It is an invitation to come into his presence, which is a loving presence. It's not just an invitation to enjoy a restful time, but to rest in the presence of love.



Any notion we have of Jesus that is harsh is false: he is 'gentle and humble in heart'. This is the atmosphere he asks us all to spread. 'Once you have received the refreshment and comfort of Christ, we are called in turn to become refreshment and comfort for our brothers and sisters, with a meek and humble attitude, in imitation of the Master' (The late Pope Francis, July 2014).

The church is a place of rest for the weary; the place where we find encouragement in the ordinary situations in our lives, where we are called to respond to those who suffer through poverty, homelessness and many other unjust social situations that are part of our world, near and far.

- **Sea Sunday 2026:** Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, hazardous conditions. Sea Sunday is Sunday 12th July. It is when the Church prays for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. You can donate in church, by visiting www.stellamaris.org.uk/donate, or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris to continue its important work, so please give generously. Retiring Collection next weekend. Thank you.

Anima Christi

Soul of Christ, sanctify us.
Body of Christ, save us.
Blood of Christ, inebriate us.
Water from the side of Christ, wash us.
Passion of Christ, strengthen us.
O Good Jesus, hear us.
Within Thy wounds hide us.
Suffer us not to be separated from thee.
From the malicious enemy defend us.
In the hour of our death call us.
And bid us come unto Thee,
That with all Thy saints,
we may praise thee
Forever and ever. Amen

Parish Finance: Last Week's Collection:

Envelope: £1280 Loose Plate £781 Thank you

To give Directly to support the church

Name of Account HSBC; WRCDT English Martyrs

Sort 40 05 20 Account 71308335

Or Scan QR code in porch to Give

- **Parish Safeguarding Representative:** Katherine Hamilton email wembley2sg@safeguard-rcdow.org.uk

- **Sunday 6.00 p.m. Mass.** There will be no Sunday evening Mass for the summer.

- **Afternoon Tea next Sunday, 12th July** for the housebound and senior parishioners. Volunteer drivers needed to transport people to and from the hall. If you can help please let us know. 07484680296
- **Invitations available in the porch.**

- Mary's Meals are with us this weekend. The charity, based in Scotland, serves nutritious school meals to children living in some of the world's poorest countries. The promise of a good meal attracts these hungry children into the classroom, giving them the energy to learn and hope for a better future. Mary's Meals will also have a special announcement to make.

- **First Reconciliation & Communion** for children in year 3 or above in September whose families are registered and worship weekly at English Martyrs. **Registration Forms are available today and for the next 2 weekends. Please return completed form to the parish by Friday 31st July.**

- **Friday 17th July at 7 p.m. "Stay with us Lord"** An evening of music, worship and adoration.

- **St Margaret Clitherow Summer Fayre** next Friday at 3 p.m.