



**ENGLISH MARTYRS CHURCH**  
 Chalkhill Road, Wembley Park HA9 9EW  
 Tel: 020 8904 2306 Mobile 07484680296  
 – Email [wembley2@rcdow.org.uk](mailto:wembley2@rcdow.org.uk)  
<http://parish.rcdow.org.uk/wembleypark>



**Fr Albert Ofere**  
**5th Sunday in Ordinary Time**  
**8th February 2026**

**Pope Leo's Prayer Intention for February** for children with incurable diseases: Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

<b>Sun 8th</b>	(Sat) 6 p.m. 9.00 a.m. 11.00 a.m.	J Burns R.I.P.; People of the Parish M P H Cahillane R.I.P.; P Dubrey R.I.P.; Baby Robyn. B Howley R.I.P.; V Okafor R.I.P.; Ysabella Int	No Evening Mass
<b>Mon 9th</b>	Feria	A Yeung R.I.P.; Bishop Anthony; P D'Souza Int	
<b>Tues 10th</b>	St Scholastica	B Howley R.I.P.	
<b>Wed 11th</b>	Feria	B Howley R.I.P.; R Vaz Int	
<b>Thurs 12th</b>	Feria	P Pinto R.I.P.; Peiris Family; G Da Silva Int	First Communion Children 6 p.m.
<b>Fri 13th</b>	Feria	F & M Kelly Int; Barbara R.I.P.	
<b>Sat 14th</b>	Sts Cyril & Methodius	B Howley R.I.P.	Reconciliation 10.40 a.m. & 5.15 p.m.

Mass Book: Order of the Mass: Page 7 – 5th Sun in Ord Time - Prayers & Readings: Page 133

### ***Salt for the Eucharist***

In Galilee around the time of Jesus, there was a flourishing fishing industry. Peter, James and John were part of it, and they were big-time fishermen. Fish from Galilee went all over the then known empire, and to Rome along the trade route, which went through Galilee. It was kept fresh, as much food was, as we kept food fresh for years before freezers - by salting it. The word of God is kept fresh within us by prayer; otherwise our Christian life may become weak and tasteless.

A big food of Jesus is the Eucharist. His bread of life can go stale unless we 'salt' it. We salt the Eucharist by our lives. We keep the Mass alive by the way we live. The Eucharist is entrusted to us. God gives us his Son, his food, and leaves it to us how we live by it.

Jesus invites us to be the 'salt of the earth' - to be people whose lives are centred on helping others and making the places around us places of kindness, compassion, hope, fun and life. We don't say 'You're salt of the earth', if someone just receives communion. We are the salt of the earth if we live out our communion. The bread of Jesus is salted with the goodness of men and women, young and old, everywhere.

Our response then links in with the first reading - if we feed, shelter, clothe and help our neighbour, we are 'the light that rises in the darkness'.

*Recall when you helped someone recently.*

*Give thanks you could do this.*

*Lord may your kingdom come in every part of the world.*

- **Fr Albert** will be available on Monday 6.00 p.m. – 7.30 p.m.

- **Planned Giving Drive** will continue today and concludes next week-end. Today one of our parishioners will speak at all masses. She will tell us how we can all support the church in different ways. Thank you to every parishioner who has supported the parish over the years.

- **Roddy O'Connor R.I.P.** Reception on Thursday, 12th February at 6 p.m. Requiem Mass for Roddy on Friday 13th at 11 a.m.
- **May he rest in peace.**
- **Link for Mass below -**
- <https://www.churchservices.tv/wembley2>

**Parish Administrator** required to work 12 hours per week at Dollis Hill parish. For more information, including a full job description please visit <https://jobs.rcdow.org.uk/parish-administrator-job-ref-825-dollh/>  
Closing date Thursday 19th February.

#### **Anima Christi**

Soul of Christ, sanctify us.  
Body of Christ, save us.  
Blood of Christ, inebriate us.  
Water from the side of Christ, wash us.  
Passion of Christ, strengthen us.  
O Good Jesus, hear us.  
Within Thy wounds hide us.  
Suffer us not to be separated from thee.  
From the malicious enemy defend us.  
In the hour of our death call us.  
And bid us come unto Thee,  
That with all Thy saints,  
we may praise thee  
Forever and ever.  
AMEN

- **Parish Finance: Last Week's Collection:**  
**Envelope:** £762 Loose Plate £1108  
*You can donate to the parish by scanning the QR code in the porches.*  
**Thank you.**

- **Parish Safeguarding Representative:** Katherine Hamilton email [wembley2sg@safeguard-](mailto:wembley2sg@safeguard-)

- **Confirmation 2026:** Candidates will meet on Wednesday, 25th February at 7 p.m.

#### **Act of Spiritual Communion:**

*My Jesus,  
I believe that you are present in the  
Holy Sacrament of the altar.  
I love you above all things  
and I passionately desire to receive you  
into my soul.  
Since I cannot now receive you sacramentally,  
come spiritually into my soul  
so that I may unite myself wholly to you  
now and forever.  
Amen*

**ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY,** Westminster Cathedral, Saturday 23rd May, 2:30pm. The Archbishop is inviting to this Mass all couples in the Diocese, who are celebrating their 5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2026. If you are celebrating an anniversary, please send the following details: husband and wife's names, wedding date, full postal address and email (or phone number, if no email), to the parish office. email [wembley2@rcdow.org.uk](mailto:wembley2@rcdow.org.uk) telephone 020 8904 2306