

Victoria Junior School - 01900 606053

Newsletter

Summer Term 2026

Week 7



Welcome back

Welcome back to the final half term of the year.

We hope you all had a lovely break and enjoyed the glorious weather.

This final half term is jam packed with events, please keep an eye on the diary dates as these are updated regularly.



A huge well done to Riley and Aoife too, who have proudly led the whole school in raising money and awareness for such an important charity.



Tourette's Awareness Day

On behalf of everyone at Victoria Junior School, Miss Fennessy would like to say a huge thank you to every single person who has supported us and donated over the last week.

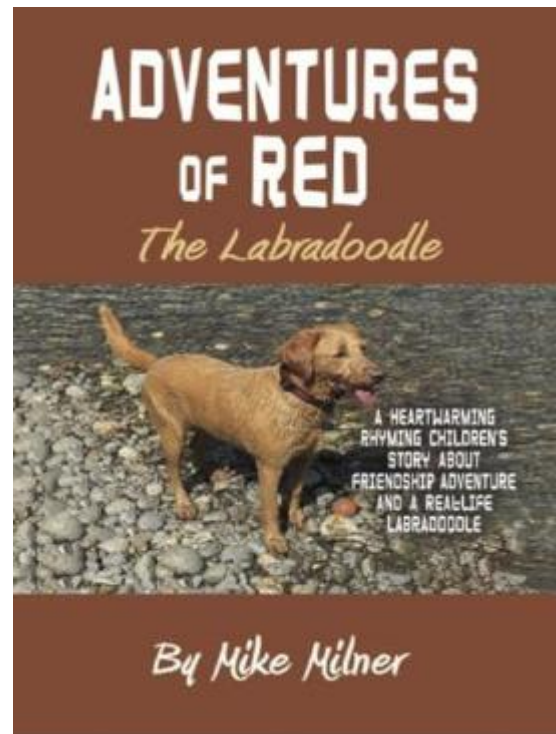
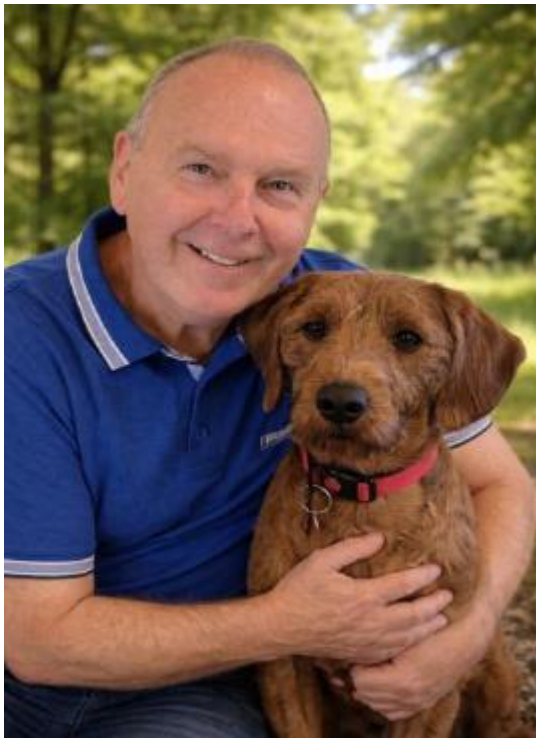
Riley and Aoife have had to make 3 batches of ribbons so far to keep up with demand! The grand total will be revealed at the end of Tourette's Awareness month.



Author Visit

Today we had a visit from our newest celebrity author - Mr Milner! Mr Milner and his dog Red came to school to share the rhyming story that he has written and had published!

Mr Milner shared some great adventures and anecdotes with the children and had us all laughing at Red's antics. Mr Milner has signed each class a copy of the book, which will be kept in the classroom. Further copies are available on Amazon - 'Adventures of Red'. We are all very proud of Mr Milner - is there no end to his amazing talents?!?!



Wellbeing Guide

While many allergies result in only mild symptoms, some can be far more dangerous, causing life-threatening episodes of anaphylaxis that require swift intervention. This week's guide helps break down the warning signs and outlines the immediate steps to take when every second counts.

It also provides a useful overview of the most common food allergens - from milk and eggs to shellfish and sesame - as well as common non-food triggers like

insect venom, pollen, and medication. With clear guidance on recognising the symptoms of a serious reaction and the role of devices like auto-injectors, this resource can help adults feel more prepared and informed when supporting children with allergies.

Guide at the end of the newsletter.

Team Bassenthwaite

A very busy first week back for Team Bassenthwaite. I can't believe we're in our last half term of year 3!

This week as clever writers we have been using paragraphs to show the change in setting in our retells of the story, 'The River'. We have been trying hard to use some of the previously taught skills too and Team

Bassenthwaite have been very good at using expanded noun phrase and commas in a list in their retells too!

As mathematicians, we have finished our fractions unit and have moved on to look at angles. We created angle finders and have used them to identify some different angles around the classroom. On Wednesday we also took part in a VR workshop. We learned all about our bodies. This was a great recap for us after our animals including human's topic. We looked at the brain, our skeletons, our circulatory system and our digestive system.

As scientists, we have been looking at seed dispersal and adding science labels to diagrams.

On Friday we had a very special visitor to assembly! Mr Milner brought Red, his dog in and read us some parts of his new book. Red was very excited and so were we!

Have a brilliant weekend everyone.



Team Buttermere

This week in Buttermere Class, we have had another busy and exciting week of learning! In Maths, we have been learning how to identify parts and wholes in different contexts using unit fractions, as well as exploring numerators and denominators. As writers, we have been focusing on using paragraphs when the setting changes throughout our story study of A River by Max Martin. During Guided Reading, we have been enjoying Room on the Broom by Julia Donaldson and Axel Scheffler, discussing the characters and events in the story. In Science, we have been

learning about plants and exploring what they need to grow and survive. In Art, we have been creating flags to represent Year 3 and celebrate what makes our class special. We also took part in an exciting VR session where we learned about the digestive system, linking back to our previous topic, Animals Including Humans. This gave us a fantastic opportunity to revisit our learning and strengthen our retrieval skills. We've had a fantastic week in Buttermere, well done everyone!



Team Crummock

As mathematicians this week, we have been focusing on identifying parts and wholes in different contexts, using lines, sets, 2d and 3d shapes. As writers this week, we have been writing a retell of our class story, A River. We have been using paragraphs to show a change of setting. In RE, we have begun to look at how music is used in different religious. This week, we saw how choral music, hymns and modern music is used in different Christian churches. As

scientists this week, continuing our work on plants, we have been looking at the different ways that they can disperse their seeds. On Wednesday, we had a change to retrieve some of our previous knowledge, as we were lucky enough to have a VR experience which took us on a journey through the human body. We found out more information about our brains, skeletons, circulatory and digestive systems.



Team Derwentwater

It has been another fantastic week of learning in Derwentwater. Pupils have worked incredibly hard and continued to show enthusiasm across all areas of the curriculum.

In Reading, pupils have been developing their VIPERS skills, focusing on a range of comprehension activities to improve their understanding of texts and strengthen their inference and retrieval skills.

In Maths, we have been learning about improper fractions and mixed numbers. Pupils have practised converting between the two forms and have used

their understanding to solve a variety of problems.

Our PE lessons have focused on cricket. Pupils have been developing their batting, bowling and fielding skills while learning the importance of teamwork and sportsmanship.

In Computing, pupils have been programming their own games. They have enjoyed creating algorithms, debugging code and testing their projects to ensure they work effectively.

In Science, we have been learning about teeth and how to care for them. Pupils explored the different types of teeth, their functions and the importance of maintaining good oral hygiene.

Pupils have continued rehearsing for our summer production. They have been practising songs and performances with great enthusiasm, and we are looking forward to seeing the final show come together.

In Literacy, pupils have been revising and applying a range of punctuation skills to improve the accuracy and effectiveness of their writing.

This week, pupils had the exciting opportunity to use VR headsets to explore the human body. This immersive experience helped bring their learning to life and gave them a unique insight into how our bodies work.

In keyboard lessons, pupils have begun learning a new song in the C position.

They have been practising finger placement and note recognition, building their confidence as young musicians.

Team Coniston

As clever writers, Team Coniston have been retelling the story of the Enormous Crocodile applying their knowledge of sentence endings. Everyone worked incredibly hard to also include the different skills we have been practising this year.

As mathematicians, we have been learning about a whole and parts of a whole this is leading on to our work learning about fractions. We have also been working very hard to improve our times table scores. Keep working hard Team Coniston !

As scientists, we began a new unit of work called Animals including humans. This week, as well as learning new vocabulary, we identified the different types of teeth humans have. We also enjoyed a wonderful VR session. We learned a lot about the human digestive system which will help us in future lessons.

In our geography lessons, Team Coniston have started to learn about the differences between Cumbria and the Mediterranean, looking at why both are tourist destinations. The first lesson involved learning some new vocabulary to help us understand the unit better.

In RE, we continued looking at how religions use art in their holy books and places of worship.

We continued having weekly music lessons with Mr Milner and Mr Cowper. It has been a very busy first week back.



Team Loweswater

Team Loweswater have had a busy first week back after half term. In literacy we have been retelling part of the Enormous Crocodile. We have been practicing our use of different types of punctuation. In maths this week we have been revising our knowledge of fractions. We explored parts and wholes. We also decided whether parts of a whole were equal or unequal. In our geography lesson this week we have explored the vocabulary for our new topic of holidays. In science we have been doing the same for our new topic of digestion and food chains. In art this week we have been creating wire sculptures. We learned about bending, twisting and joining wire to create a 3D sculpture.



Team Ullswater

This week we have had a very busy start to our Summer Term 2. We have begun our new unit in English and as Writers, we are looking at a picture books, adding our own dialogue and descriptions to the images provided. We have also been careful recapping writing skills and defining techniques, such as oxymoron and parenthesis, to recognise how we can develop our own writing using this.

As Historians, we are focussing on our local area and how Workington has changed over time. We will be using maps and photographs to spot the changes over the years and begin to explore the reasons for this. It will be a lot of fun to see what the street everyone lives on used to look like and how this has changed to what they recognise now!

As Mathematicians, we are using Venn Diagrams and Carroll Diagrams, like we do in Science, to sort factors and multiples of numbers, identifying prime

factors when we can. This is allowing us to use our multiplication skills and well as our understanding of factors and number recall.

Team Ullswater were very fortunate to have a VR Experience this week, learning all about the human body and functions of the different organs inside all of us. It's always such a treat to have sessions like this and really helps the children visualise and learn things in a different way. I have also sent a letter home regarding our new Science Unit for this half term. Please do read and get in touch if you have any questions about this.

We have begun to think ahead and towards the next year. Although we have learnt a lot of new skills this year, we are working hard to maintain these and secure them ready for year 6 so by completing tasks on Sats Companion, the children are learning to recognise how questions are worded and extract the information needed to be able to solve various problems in Maths, English and Science.



Team Grasmere

In Maths, we have been learning how to find an amount of a fraction. We have worked hard to apply our understanding of fractions to solve a range of problems.

In Science, we are beginning an exciting new unit on Animals Including Humans. We started the week with a VR experience, where we explored the human body and learnt about its different systems and functions.

In English, we have been studying the poem *There's a Dragon in the Garden* by Ian Bland. This inspired us to begin writing our own narrative poems based on a chosen animal. We confidently shared the opening verses of our poems with the rest of the class and enjoyed listening to each other's creative ideas. During our grammar lessons, we have been learning about different sentence types and practising how to identify them accurately in our reading and writing.

In History, we have started a new unit on Immigration. In our first lesson, we explored the impact immigration has had on Britain over the past 100 years and discussed how it has helped shape the country we live in today.

Well done Team Grasmere!



Team Ennerdale

Ennerdale have had another fantastic week of learning. In English, the pupils have thoroughly enjoyed writing descriptive pieces based on *The Depth of the Lake* and *the Height of the Sky* by Jihyun Kim, using ambitious vocabulary to bring the boy's journey to life. In Maths, we have been learning how to calculate volume using cubic centimetres (cm^3) and applying the formula to find the volume of cuboids. On Tuesday, the children took part in an exciting Virtual Reality session focused on the human body, which provided an engaging and interactive learning experience. In PE, Kane introduced our new athletics unit and the class showed great enthusiasm, although Thursday's lesson had to be completed indoors due to the weather. In Science, we have started our new topic on changes to the human body, with this week's lesson focusing on human development from a fetus to 12 years old. Over the coming weeks, we will continue to explore how our bodies

change as we grow older. There was no Reading Heroes Competition winner this week as we broke up for half-term on Thursday. Well done to Favour, our Class Dojo Draw winner. Finally, we would like to wish Favour every success and happiness at his new school. Thank you for being a valued member of Ennerdale - we will miss you and wish you the very best for the future.



Team Thirlmere

It's been a busy first week back for Team Thirlmere.

In English, we have been writing a recount of our trip to London, our time at school or our half term. We enjoyed reminiscing on a wonderful time. We have been using time conjunctions, first person and paragraphs to organise our writing.

As mathematicians, we have completed some mystery cases - using a variety of maths skills to find clues and work out who owned the mouldy lunchbox and who stole the sports day trophy.

We started a new topic in Science, this half term we are learning about the human body. In our first lesson we had an introduction to the circulatory system and what the functions of the heart and blood vessels are. Linked to our science we took part in a VR session about the human body learning about the digestive, skeletal and circulatory system.

On Thursday, we took part in a mental health workshop with 'Always Another Way'.

We have enjoyed computing with Mr Couper and music with Mr Milner, we have been learning some new things about the summer show.

Well done Team Thirlmere, you've worked hard this week, keep it up!



Team Windermere

We have started our final half term in Year 6. It has been quite unusual to have a pretty normal week after SATs and our London residential. If you

haven't managed to see our photos or the video, have a look on dojo.

In English, we have been writing a recount based on our time either at school in the last week of Summer 1 or in London. I've been really pleased with the level of detail in writing, it was great to read about what everyone enjoyed on their trip.

In Maths, pupils have been taking part in two maths challenges. Each challenge had a number of problems to solve from a range of topics. For each stage of the challenge there were clues to find, leading to a final answer at the end, once the code had been cracked.

In Science, we started our new topic on Animals and Humans, this term we will be learning about different organs in the body, this week we were learning about the heart.

On Tuesday, we had a Phunky Food session where pupils made pizzas, they looked delicious!

We are currently reading 'The First Year' by Matt Goodfellow.

Another busy week in Windermere.



**Please note:
Diary dates are subject to
change - please check back
weekly for updates**

- 8th - Build a Bot - Primary Electronics
- 9th - PCSO to meet with Mini Police
- 9th - Clay work - Oceans Y3
- 10th - Clay work - Oceans Y6
- 11th - Class Photographs
- 11th - Year 6 to Levels
- 12th - Year 5 to Levels
- 12th - Workington Academy to visit Y6
- 15th - 19th - Sports Week
- 16th - Phunky Foods Y5
- 16th - 17th - EXCEL Sport activities
- 17th - Football Tournament Y3 and Y4
- 18th - Year 6 Blackpool trip
- 19th - Sports Day (Weather Permitting)
- 22nd - Build a Bot - Primary Electronics
- 23rd - Phunky Foods Y6
- 23rd - 24th Ian Douglas, Story Telling Workshops Y6
- 25th - Phunky Foods Y3
- 25th - Victoria's Got Talent
- 30th - Y2 Transition Day

July

- 1st - Cricket competition
- 2nd - Year 5 Phunky Foods
- 3rd - Year 5/6 Girls Football tournament
- 3rd - Romeo and Juliet - Years 5 & 6 in Vulcans Park
- 8th - Summer Show at Carnegie Theatre
- 9th - End of year discos
- 10th - Enterprise Day
- 13th - Year 4 Phunky Foods
- 14th - Year 6 Prom
- 15th - Year 6 Leavers Assembly
- 17th - Break up for Summer 1pm

**Do you have concerns
about a child in Cumberland?**



If you are worried that a child is at risk of immediate harm please contact:

**Cumberland Safeguarding Hub on
0333 240 1727**

Email: safeguarding.hub@cumberland.gov.uk

(PLEASE PASSWORD PROTECT THE EMAIL AND SEND THE PASSWORD
IN A FURTHER EMAIL)

**Out of working hours – contact the
Emergency Duty Team on 0300 373 2724**

**To speak to a Local Authority Designated Officer
(LADO) for advice call**

0300 303 3892

or email lado@cumbria.gov.uk

To speak to the Cumberland Early Help Team call

0300 303 3896

Or email early.help@cumberland.gov.uk

Please place Uniform orders by the 26th June 2026 or before

To enable us to deliver your main school uniform orders
before the last day of the summer term

Please could you advise parents to register on the home page for a Access code
www.oneidentity.co.uk



Scan to Order

Orders after this date will be delivered when the school reopens in September
there is the option of paying for home delivery.

We aim to deliver all home delivery orders to UK mainland addresses within 14 days between
15th August to 15th September please order before if possible

Victoria School Nursery, Infant and Junior Term Dates 2025/2026

Autumn Term 2025

Starts: Wednesday 3rd September 2025

Half Term: Monday 27th - Friday 31st October 2025

Ends: Friday 19th December 2025

Spring Term 2026

Starts: Tuesday 6th January 2026

Half Term: Monday 16th - Friday 20th February 2026

Ends: Friday 27th March 2026

Summer Term 2026

Starts: Monday 13th April 2026

Half Term: Friday 22nd May - Friday 29th May 2026

Ends: Friday 17th July 2026

Good Friday: 3rd April

Easter Sunday: 5th April

Easter Monday: 6th April

May bank holiday: Monday 4th May 2026

INSET DAYS FOR ACADEMIC YEAR 2025-2026

INSET are determined locally

Please note these may differ from Cumbria County Council term dates

What Parents & Educators Need to Know about ALLERGIES & ANAPHYLAXIS

An allergy is an overreaction of the immune system to a food or substance that's usually harmless. Symptoms can be mild, but for some people they can be very serious. This is known as anaphylaxis.

HOW TO SAY ANAPHYLAXIS: ANA-FIL-AX-IS

ALLERGIES AND ANAPHYLAXIS

- Mild allergy symptoms are treated with antihistamines.
- Anaphylaxis is treated with adrenaline, which is administered via an adrenaline device, injected into the outer upper thigh or using a nasal device.
- Anaphylaxis is a medical emergency and a threat to life.



WHAT ADRENALINE DOES

Adrenaline reduces swelling, opens the patient's airways and raises their blood pressure. Patients must go to hospital for monitoring, as the reaction could return.



TWO DOSES:
0.15 mg or 0.3 mg

ANAPHYLAXIS SYMPTOMS

AIRWAY

Symptoms include swelling in the throat, tongue or upper airways; tightening of the throat; a hoarse voice; and difficulty swallowing.



BREATHING

Symptoms include persistent cough; sudden onset of wheezing; breathing difficulty; and noisy breathing.



CIRCULATION

Symptoms include pale and clammy skin; dizziness; feeling faint; sudden sleepiness; tiredness; confusion; and loss of consciousness.



In extreme cases of anaphylaxis, there could be a dramatic fall in the patient's blood pressure. The patient may become weak and floppy, and have a sense of something terrible happening. Any of the ABC symptoms listed above may lead to collapse and unconsciousness and, on rare occasions, be fatal.

TOP 14 FOOD ALLERGENS:

(however, be aware people can be allergic to anything.)



CELERY



FISH



CRUSTACEANS



EGGS



MILK



SOYA



LUPIN



CEREALS



TREE NUTS



SESAME



MUSTARD



MOLLUSCS



PEANUTS



SULPHITES

NON-FOOD ALLERGENS:



POLLIN



PET HAIR/DANDER



INSECT VENOM



MEDICATION/DRUGS

LINKS TO FURTHER RESOURCES - scan the QR codes to find out more



AllergyWise+



EpiPen



Jext



ADRENALINE AND AAD+

Meet Our Expert

Anaphylaxis UK is the only UK-wide charity providing advice for the growing number of people at risk of serious allergic reactions and anaphylaxis. While there's no treatment or cure for anaphylaxis, we believe that by providing information, training and support, there's a brighter future for people living with severe allergies.



The National College

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Some of this guide's co- or authors' names do not appear in this version. Current as of the date of release: 12.01.2024