

Newsletter Spring Term 2026

06/02/2026

We have had a very busy and enjoyable week in school with lots to celebrate and share. The pupils have thoroughly enjoyed taking part in National story telling week and bringing their teddy to school. The pupils have taken part in lots of activities around books and have listened to a range of stories by different authors.



As part of our safeguarding curriculum the pupils in Key Stage one have had a KidSafe lesson taught every day this week by our qualified KidSafe tutors. The pupils have learned a range of skills in keeping themselves safe online and their bodies and, yukky feelings. All the information has been posted on class dojo for parents/carers to read.

Funky foods staff training was a big success at this week's staff meeting. The staff enjoyed making pizzas and working as a team. Thank you to Sue Anderson for delivering our workshops over the last few weeks both with pupils, parents, carers and staff.



Tree planting in the community. We are very proud of Red Pike who took part in the community tree planting event organised by Workington Town Council. They helped plant trees at the ranch. Well done.



Gymnastics

Victoria Infants Gymnastics team have had an outing on Wednesday to compete in Allerdale and Copeland Key Steps Competition which was held at Netherhall School.

Within the Key Steps Competition there are three gymnastic areas known as disciplines: body management, floor and vault. Routines are designed to prepare the body for gymnastics. It is performed on a small, matted area and the routines include strength, flexibility, balance and coordination skills.

Our team of gymnastics were absolutely amazing, they remembered the moves and did them with such style. Most importantly they had a great a time and had a massive smile on their faces throughout.

Well done all!





We finished the week with NSPCC number day. Thank you for supporting your child to take part. The costumes and outfits are wonderful and very creative with digits!

Next week is children's mental health week and safer internet day is on Tuesday.

 Dates for your diary Please continue to check diary dates each week for updates or changes.

Your child will bring their PE kit home for the half term.

School will finish for half term at the normal time on Friday 13th February.

UDANCE 2026

Udance 2026 is well under-way and the children are working so hard to learn the steps. A big well done to the pupils. Our dance theme for this year is 'Achieve, Believe and Learn Together' and we are celebrating our school values that allow us to feel proud, show respect, achieve together and believing in ourselves. Our songs are: Proud, Don't Stop Believing, Respect and We're All In This Together.

The show is on Tuesday 17th March. The first show will start at 3pm and the second show will start at 5pm with a 6.30pm finish.

Whole School Litter Pick:



Last week, our KS1 and Reception pupils took part in a whole-school litter pick. Our student leaders decided we should tidy up our school environment and the outdoor areas surrounding our school. Each year group had a different area to litter pick within the school. There was lots of teamwork going on and lots of rubbish was picked up! Well done to the pupils! 🗑️🟡 We can't wait for the next school litter pick!

Pupil Achievements

We would also like to hear about and share on our newsletter any pupil who is proud of something they have achieved outside of school. We will put this into our newsletter each week. Please send the details to the admin.

Little reminder if you need to contact the Headteacher please ring the office for an appointment or send an email and Mrs Hepburn-Fish will be happy to help.

Winmarleigh Hall residential

The deposits have now been paid for our Year two Winmarleigh Hall residential. Please see below the next payment schedule which is on ParentPay:

Instalment 6: £30.00 27 Feb 2026
Thank you.

Break the rules day!
Friday 13th February



BREAK THE RULES!
13.02.26

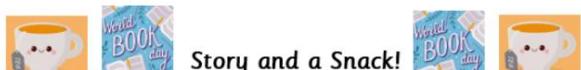
- 1 No uniform
- 2 Sit where you want in class
- 3 Longer play time
- 4 Treats at snack time
- 5 Messy hair & toy to school accessories
- 6 Bring a soft

£2.00 to participate in the day
Break as many of the above rules as you like
Pay via ParentPay

This event has been organised by the Student Leaders in order to raise proceeds to develop the KS1 outdoor areas.

WORLD BOOK DAY 2026

On Thursday 5th March your child can dress up for school as a book character to celebrate World Book Day! (If your child does not wish to dress up, please come in full uniform.)



During World Book Day week, (Monday 2nd March- Friday 6th March) we would love to see you all! We are inviting you all to come and read a story with your child and have a snack.

Tea, coffee and refreshments will be provided, and lots of books will be available to read!

Monday 2nd March- Year 2- 2:30pm in the hall

Rainbow Room, 2:30pm in the Rainbow Room.

Tuesday 3rd March Reception- 2:30pm in the hall

Wednesday 4th March 2's Nursery- morning pupils- 9:30am in the 2's nursery, afternoon pupils- 2:30pm in the 2's nursery.

Thursday 5th March - Nursery- morning pupils- 9:30am in the hall, afternoon pupils- 2:30pm in the hall

Friday 6th March - Year 1 and Red Pike - 2:30pm in the hall.

We hope to see you all there!



Cumberland Neurodiversity and Emotional Wellbeing Service

Cumberland Council, in partnership with local NHS services, are pleased to announce the launch of a new Neurodiversity and Emotional Wellbeing Service. The service is being piloted for an initial 12 months in the Cumberland area from November 2025, and has been developed with the support of SENDAC, the statutory parent/ carer forum for Cumbria.

The service will focus on early intervention and prevention, offering support at soon as needs are noticed. It will provide support, advice and guidance to families with children who have needs related to neurodivergence or emotional wellbeing.

This includes children from 0-19, or young people up to aged 25 who have a diagnosed special educational need or disability. The Service team is made up of two Social Prescribers, five Support Workers, a Health & Wellbeing Coach, three Emotional Resilience Nurses, a Clinical Psychologist, and an Assistant Psychologist who can provide clinical support and guidance when needed.

The service has:

A Neurodiversity and Emotional Wellbeing section on the Cumberland Family Hubs website which has information, advice, and strategies to support families if they feel they need it.

A single point of contact for parents, carers, young people, and professionals to contact the service to receive further advice and support.

A new strength and needs assessment that can be completed with families to understand each child or young person and plan the right support.

You can find out more on the service webpages, hosted on the Cumberland Family Hubs website:

<https://cumberlandfamilyhubs.org.uk/neurodiversity-and...>

Or email the team at NDandEW@cumberland.gov.uk

Pupil Premium Grant

The pupil premium is additional government funding for pupils who are eligible and have applied for Free School Meals (FSM) or at any time in the previous six years, as well as Children Looked After (CLA), adopted children (Ad) and for service families. The funding goes direct to your school and makes a real difference to the opportunities and support available to all our young people

Free School Meals

All reception, year one and year two pupil receive universal meals but some parents/carers are eligible for free school meals. Please apply now and this will entitle you to food vouchers during the school holidays and additional foodbank vouchers for Christmas. Please apply through Cumberland Council
<https://www.cumberland.gov.uk/schools-and-education/free-school-meals-clothing-vouchers-and-activities/free-school-meals-and-clothing-vouchers>



Behaviour update

The whole school have been working on updating our school rules. The student leaders held an assembly and shared the final ones with the whole school. You can watch the attached video to hear our school rules

<https://www.facebook.com/share/v/1PpusEwC8M/>



Health and safety reminders

All pupils must be brought to their entrance to their class by an adult so that they are handed over to the staff safely. Pupils must not be left at the gates or parts of the playground to walk to the class by themselves. Pupils can only be collected by one of the named adult contacts who has permission to collect. If for some reason your child will not be collected by a named contact please contact the school office so we can ensure that we are handing your child to the correct adult at the end of the day.

No dogs can be brought onto the school premises other than guide dogs.

No smoking, vaping or e cigarettes are permitted on school premises.

The main staff car park cannot be used at any time this includes dropping off for breakfast club or collecting for afterschool club.

Afterschool we request that parents/carers leave the school after collecting your child and not play on the equipment. We have a number of afterschool clubs running and we need access to the playground and the gates locked so the pupils can begin their club. Thank you



A little reminder that as the weather is colder that we ask for a coat and hat to be worn. The pupils are outside for playtimes and outdoor learning is a key part to our younger pupils.

**BRAND NEW
NAME**

The Safeguarding Hub has changed their name to **Cumberland Children Advice & Support Service**

As of 1 September 2025, the Cumberland Safeguarding Hub changed their name to **Cumberland Children Advice & Support Service (CCASS)**.

This change of name is to support the 'one front door' model, so any children requiring support from the Local Authority, whether this be extra help via the Family Hubs, or a safeguarding response, will have their needs assessed through the screening and triage services CCASS offer, this will ensure the right level of service at the right time for children.

Consultation on the new name has been undertaken with children from across Cumberland, through the Participation and Outreach Team. We are proud to hear their views and have adopted their preferred name.

How can a member of the public make a referral?

If a member of the public is concerned about a child, they can make a referral to CCASS. They can do this in a number of ways:

- Call the **Cumberland Children Advice & Support Service** on 0333 240 1727 during office hours (Monday to Thursday, 9am – 5pm, and Friday, 9am – 4.30pm).
- Discuss their concerns with someone who works with children, young people and their families, such as a Health Visitor, Social Worker, School Nurse or School Designated Safeguarding Lead.
- Submit a **Single Contact Form**, selecting 'I am an adult with concerns about a child'.
 - [Cumberland Single Contact Form](#)

If members of the public have a concern outside of office hours, which will not wait until the next working day, they should contact the Children's Emergency Duty Team on 0333 240 1727 and provide them with as much information as possible.

Lunch Time Menu

Our Lunch time menu is on a two-week rolling rota. Each week we will put a copy of the following weeks menu on the bottom of the newsletter. Please note this can be subject to change depending on supplier's availability.

Earrings

Earrings that have just been newly pierced must be covered each day. After 8 weeks the earrings need to be removed. We have a number of pupils who are wearing hoops/ fashion earrings and covering these over. These must be removed. Thank you.

Baby Rainbows

Baby Rainbows runs every Thursday at 1:30pm – 3:00pm for under Two-year olds. Come and join us for a cake and a cuppa with other parents/carers



MATTERS- PUNCTUALITY MATTERS

If your child's attendance during the school year...	Your child would have lost approximately...	Or they would have missed approximately...
Was 95%	9 Days from School	50 Lessons
Was 90%	19 Days from School	100 Lessons
Was 85%	29 Days from School	150 Lessons
Was 80%	38 Days from School	200 Lessons
Was 75%	48 Days from School	250 Lessons

You should not take your child on holiday during term time. Please encourage punctuality to maintain school attendance.

*Remember
Absence = Lost Opportunity*

Absence

It is parents/carers responsibility to report your child as absent, please contact the school before 8.45am and leave a message on the automated service using option 1, Failure to report absences will result in a phone call and a text from the school to explain the absence. If we are not informed about child's attendance our first day contact procedures are followed. This includes a home visit and after this if we cannot make contact to find out the reason for the absence the police will be contacted as the child will be classed as missing.

Absence due to reported Illness / Appointments

If you have reported your child absent due to illness then school will contact you on the 3rd consecutive day of absence with a welfare call. On the 3rd day of illness we would be advising parents to seek medical advice as a prolonged period of illness would generally require medical attention. Where the illness continues into a 4th day and school have no supporting medical evidence such as a GP appointment then a home visit will be carried out to see the child.

If your child has a medical appointment then school are required to ask for evidence of all appointments to authorise the absence. This could be in the form of a letter, appointment card or screenshot of text message etc...

Wake up Wednesday

AI is becoming a familiar part of young people's online experiences, with a growing number of school tools and entertainment platforms now using it 🤖🌟. This [**#WakeUpWednesday**](#) guide breaks down what AI really is, helping adults explain it clearly and realistically so children don't overestimate its abilities or trust it unquestioningly.

With Safer Internet Day coming up on 10th February, it's the perfect moment to start meaningful conversations about how AI systems work, where they appear online, and why understanding them matters for safe, confident digital use.

Download your FREE copy here >>
<https://vist.ly/4qaac>

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and well-being. Developed by our online Safety, these guides now address under topics and themes. For further guides, hints and tips, please visit [notionalcollege.com](https://www.thenationalcollege.org.uk)

10 Top Tips for Parents and Educators

SUPPORTING SAFE USE OF AI

Artificial Intelligence (AI) is increasingly woven into young people's digital lives. It can offer some educational benefits and day-to-day assistance; however, it also raises concerns about misinformation, privacy, fairness, and safety. This guide provides parents and educators with practical strategies to support young people to navigate AI tools responsibly, and to use them safely and with discernment.

1 DEMYSTIFY WHAT AI REALLY IS

Children encounter AI in most online places. Encourage them to ask questions about AI in school first. Explain that AI uses patterns from past experiences to predict what people might think or feel like humans. Use age-appropriate language to explain how AI can help you or your family. Encourage them to build understanding and prevent misconceptions about AI being all knowing or alive.

2 TALK ABOUT RISKS OF MISINFORMATION

AI can create convincing false information, including deepfake videos, photos, and fake 'facts'. Encourage children to be critical of what they see and need. Teach them to double-check information from multiple sources and images and videos carefully, and to ask on what if something doesn't seem right.

3 DISCUSS DATA AND PRIVACY

Explore how AI systems learn by analysing lots of personal data. Help young people to be mindful of what they share online and why protecting personal data is important. Encourage them to think about what they share online and what they don't share online. Explain that AI systems learn from what you share online. If you share something that's influenced by your interests the AI sees it.

4 ENCOURAGE CREATIVE USE OF AI

Support children, when using AI tools, to explore ideas, make art, or build something that uses AI for fun, imagination, and independent thinking. When children are given the time to play positively with AI, they are more likely to stay engaged and make thoughtful choices.

5 USE AGE-APPROPRIATE AI TOOLS

Not all AI platforms are suitable for children. Choose tools designed to support children's learning and development. Review terms of use and privacy settings, and help children to understand what they mean. For example, some chatbot tools might automatically collect personal data without guidance and boundaries in place.

6 USE AI TOGETHER

Explaining AI tools together can help children to understand how AI can help and spot potential issues. Try co-writing a story with an AI tool. This encourages curiosity, helps you stay interested and interested in tools, and allows you to reinforce safe and responsible use while modelling critical thinking.

7 SET BOUNDARIES FOR AI USE

Establish where, when, and how AI tools can be used, just as you would with any other tool. Set boundaries for AI use, such as not to use AI to complete school assignments or to use AI to help with chores. Encourage the responsible and safe use of voice assistants. Consistent boundaries help encourage positive and safe AI use.

8 WATCH FOR OVERRELIANCE

Some AI tools, like homework help apps, can be useful for children to support their learning. Encourage them to use AI to support their thinking, not replace it. Children should be encouraged to think for themselves and to use AI as a tool to support their learning, not as a replacement. Reinforce that mistakes are part of learning and that relying too heavily on AI can limit their understanding.

9 TEACH DIGITAL ETHICS AND LITERACY

Model digital ethics and literacy, where it might be blessed, and why critical thinking matters. Building digital literacy and digital ethics into the curriculum ensures children engage with AI critically, not just automatically. Encourage them to consider that not all people use AI for legitimate purposes, and that AI can be used for malicious purposes. Encourage questions about fairness, privacy, and safety, and how AI can be used to protect tools, talk about algorithms, echo-chambers, and the impact of automation on daily life.

10 STAY CURIOUS AND INVOLVED

AI is developing rapidly, and staying informed helps you support the young people in your life. Encourage them to ask questions and keep the conversation going. If a child brings up a question you don't know the answer to, encourage them to ask a teacher or another adult. Encourage them to learn about it together, showing interest builds trust and strengthens digital resilience.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their own professional development. Our expert members help all phases and types of setting make standards, save time, reduce risk, and build a culture of improvement.

The National College

X @wake_up_weds f /www.thenationalcollege i @wake.up.wednesday d @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.02.2025

Well-being

Looking for ways to support your own and your family's wellbeing?

Please take a moment to explore our school Wellbeing Information Resource-it signposts you to useful contacts, and resources that are available to help!

More information and resources are available on the school and Cumberland Council Websites.

<https://www.victoriaschool.org.uk/school>

[Homepage | Cumberland Family Hubs](#)

[Wellbeing support and resources | Cumberland Council](#)

We offer an open-door policy at Victoria School. Please do not hesitate to contact us for further support or guidance.

Victoria School

Life has its ups and downs, and sometimes, a little support can make all the difference.

Young Minds
You are not alone
we are here to help
www.youngminds.org.uk

NSPCC
Call if you need help on 0808 800 5000
www.nspcc.org.uk

Every life matters ...
Action against suicide in Cumbria
www.every-life-matters.org.uk

kooth
Get free, safe, anonymous support
www.kooth.com

Child Bereavement UK
Get advice on coping with bereavement
www.childbereavementuk.org.uk

Cumbria Family Support
Our charity offers support for children and families who are experiencing stress or difficulties
www.cumbriafamilysupport.org.uk

SEND Drop-in sessions



SEND drop in sessions
The last Friday in the month

Mrs Humble and Mrs Collins will be hosting SENCO drop in sessions on the last Friday of the month. Cup of tea, Biscuit and a very warm welcome.

Are you and your child on a SEND journey?
Are you overwhelmed with new jargon?
Do you need guidance on where to go for help?

For any SEND related issues or questions we will aim to help, signpost you to the right resources and support you with any referral processes you are unaware of.

9 am-10.00 am Located in after school club.

Week One Menu

Choice	Monday	Tuesday	Wednesday	Thursday	Friday
Main One	Margherita Pizza Or Pepperoni Pizza	Bolognese	Roast Turkey Joint	Turkey Burger	Fish Cakes
Main Two	Fish Fingers	Homemade cheese pie Or Handmade sausage roll	Beef Grill	Chicken breast in gravy	Chicken mini fillets
Main Three	Cheese Ham Or Tuna Sandwich	Cheese Ham Or Tuna Sandwich	Cheese Ham Or Tuna Sandwich	Cheese Ham Or Tuna Sandwich	Cheese Ham Or Tuna Sandwich
Sides & Vegetables	Smile Faces, Rice AND Baked Beans, Garden Peas	Mash potato, Spaghetti AND Green Beans, Sweetcorn	Mash Potato, Roast Potato AND Carrots, Garden Peas Yorkshire Pudding, Gravy	Oven Chips, Pasta Spirals AND Cauliflower, Garden Peas	Mash Potato, Oven Chips AND Sweetcorn, Spaghetti hoops
Salad Bar	Lettuce, Cherry Tomatoes, Boiled Egg, Cucumber, Peppers, Beetroot, Coleslaw, Carrot Batons, Pasta Salad, Red Onion, Grated Cheese, Fresh bread	Lettuce, Cherry Tomatoes, Boiled Egg, Cucumber, Peppers, Beetroot, Coleslaw, Carrot Batons, Pasta Salad, Red Onion, Grated Cheese, Garlic bread	Lettuce, Cherry Tomatoes, Boiled Egg, Cucumber, Peppers, Beetroot, Coleslaw, Carrot Batons, Pasta Salad, Red Onion, Grated Cheese, Fresh bread	Lettuce, Cherry Tomatoes, Boiled Egg, Cucumber, Peppers, Beetroot, Coleslaw, Carrot Batons, Pasta Salad, Red Onion, Grated Cheese, Fresh bread	Lettuce, Cherry Tomatoes, Boiled Egg, Cucumber, Peppers, Beetroot, Coleslaw, Carrot Batons, Pasta Salad, Red Onion, Grated Cheese, Fresh bread
Dessert	Iced sponge Or Carrot cake	Shortbread Or Chocolate crunch, Served with Custard	Rice pudding, Peaches Or Chocolate chip cookie	Ginger bread Or Crispy cake, Served with Custard	Ice-cream Or Jelly
Daily Options	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt

*Items are subject to change. *Dietary options are available each day.



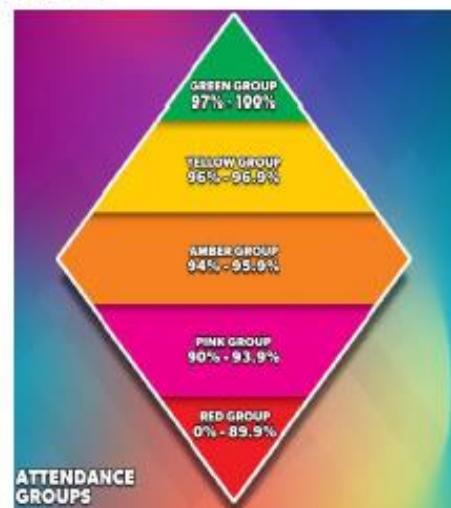
Whole School Attendance Week Ending 06/02/2026

School Attendance Matters (SAM)

Class	Last Week	This Week	Trend
Rainbow Nursery	67.7%	70.6%	▲
Piglet AM	92.9%	84.5%	▼
Piglet PM	80.4%	85.5%	▲
Eeyore	95.5%	90.4%	▼
Tigger	88.7%	81.5%	▼
Roos	91.5%	91.7%	▲
Blencathra	93.1%	94.7%	▲
Great Gable	94.0%	97.9%	▲
Helvellyn	93.4%	98.3%	▲
Catbells	93.8%	97.2%	▲
Red Pike	95.2%	93.1%	▼
Scafell Pike	93.7%	96.7%	▲
Skiddaw	98.4%	93.9%	▼
Rainbow Room	100.0%	97.6%	▼
Whole School	92.80%	93.20%	▲

Our attendance target is 96%

If your child has had 100% attendance this week then they will receive a prize draw ticket for the end of term draw. The more weeks they have 100% attendance the more chances they have to win.



Victoria School **Nursery, Infant and Junior Term Dates 2025/2026**

Autumn Term 2025

Starts: Wednesday 3rd September 2025

Half Term: Monday 27th - Friday 31st October 2025

Ends: Friday 19th December 2025

Spring Term 2026

Starts: Tuesday 6th January 2026

Half Term: Monday 16th - Friday 20th February 2026

Ends: Friday 27th March 2026

Summer Term 2026

Starts: Monday 13th April 2026

Half Term: Friday 22nd May - Friday 29th May 2026

Ends: Friday 17th July 2026

Good Friday: 3rd April

Easter Sunday: 5th April

Easter Monday: 6th April

May bank holiday: Monday 4th May 2026

INSET DAYS FOR ACADEMIC YEAR 2025-2026

INSET are determined locally

Please note these may differ from Cumbria County Council term dates

Victoria School Nursery, Infant and Junior Term Dates 2026/2027

Autumn Term 2026

Starts: Wednesday 2nd September 2026

Half Term: Monday 26th - Friday 30th October 2026

Ends: Friday 18th December 2026

Spring Term 2027

Starts: Tuesday 5th January 2027

Half Term: Monday 15th - Friday 19th February 2027

Ends: Thursday 25th March 2027

Summer Term 2027

Starts: Monday 12th April 2027

Half Term: Friday 28th May - Friday 4th June 2027

Ends: Friday 16th July 2027

Good Friday: 26th March

Easter Sunday: 28th March

Easter Monday: 29th March

May bank holiday: Monday 3rd May 2027

INSET DAYS FOR ACADEMIC YEAR 2026-2027

INSET are determined locally

Please note these may differ from Cumberland Council term dates

Dairy Dates

Spring term 2026 Victoria School, Infants and Nursery

Please check weekly as they can be updated and dates may change.

Monday 9 th February	Children's Mental Health week.	
Tuesday 10 th February	Safer internet day.	
Tuesday 10 th February	PSCO Internet safety talk for pupils.	
Wednesday 11 th February	Udance practice until 4pm.	
Thursday 12 th February		
Friday 13 th February	Break the rules day.	
Friday 13 th February	School breaks up at normal time for February half-term.	
Monday 16 th February – Friday 20 th February	SCHOOL CLOSED February half-term	
Monday 23 rd February	Pupils return to school.	
Tuesday 24 th February		
Wednesday 25 th February		
Thursday 26 th February		
Friday 27 th February		
Monday 2 nd March	World Book Week	
Monday 2 nd March	Year Two story and snack at 2:30pm in the school hall.	
Monday 2 nd March	Rainbow Room story and snack at 2:30pm in the Rainbow room.	
Tuesday 3 rd March	Reception story and snack at 2:30pm in the school hall.	
Wednesday 4 th March	Two-year-old nursery story and snack in the nursery:	

	AM pupils at 9:30am PM pupils at 2:30pm.	
Wednesday 4 th March	PSCO Assembly	
Wednesday 4 th March	Udance practice	
Thursday 5 th March	World Book Day Your child can dress up as a character from a book. If your child does not wish to dress up please wear full school uniform.	
Thursday 5 th March	Three-year-old nursery story and snack in the school hall: AM pupils at 9:30am PM pupils at 2:30pm.	
Friday 6 th March	Year One and Red Pike story and snack at 2:30pm in the school hall.	
Monday 9 th March		
Tuesday 10 th March		
Wednesday 11 th March	Udance practice	
Thursday 12 th March		
Friday 13 th March		
Monday 16 th March		
Tuesday 17 th March	Udance show: First show 3pm Second show 5pm.	
Wednesday 18 th March		
Thursday 19 th March		
Friday 20 th March		

FREE Parent Carer Sensory Processing Training On Tour 2026!

(With Free Lunch)



- ✓ **FREE** sensory processing training session for parent carers.
- ✓ Delivered by **NHS Occupational Therapist Zena Cassels**.
- ✓ For parents of children with additional needs/ disabilities. (your child does **not** need a diagnosis for you to attend)

Zena Cassels -
Children's Occupational Therapist



Choose **one** of the following dates - ALL 10:00 am - 2:30pm

 **Seascale | 3rd March**
The Windscale Club

 **Wigton | 9th March**
The Market Hall

 **Maryport | 11th March**
Crosscanonby
Community Centre

 **Carlisle | 16th March**
Harraby Catholic Club

 **Penrith | 17th March**
Penrith Cricket Club

 **Whitehaven | 18th March**
Whitehaven Football Club

NHS
North Cumbria
Integrated Care
NHS Foundation Trust

SENDAC
— Cumbria's
SEND voice —

Hosted by SENDAC



Booking required
-
Limited spaces!