

Silloth Primary School Newsletter

Sunday 27th September



DATES FOR THE DIARY...

Monday 28th September - RockSteady Lessons begin!

Thursday 8th October - Wear Yellow for Children's Mental Health Day!

Thursday 15th October - Harvest Festival at Christ Church, Silloth. 1:30pm

Monday 19th October

- Nursery Stay & Play Morning (Times TBC)

- Reception - Year 6 Open Day (2pm - 5pm)

Friday 23rd October

- Halloween Fancy Dress Day & Spooky Lunch

Monday 26th October - Friday 30th October

- October Half Term

Autumn is well and truly on its way, with leaves falling and a definite change in the air!

It's been another busy week. Year 6 enjoyed a Careers Fair, while our Nursery children had their first Move to Write session, which looked very exciting! This week, Rocksteady lessons begin for those who have signed up – I can't wait to hear all about it.

As I've walked through school, I've also spotted lots of classes planning their first pieces of writing. I'm really looking forward to reading them!

I hope you're having a lovely weekend.

Miss Mounsey

HEALTHY PACKED LUNCHES

Please ensure packed lunches are healthy, balanced and clearly labelled. Include a starchy food, fruit/vegetables, protein and a dairy item.

Please do not include:

- Sweets or chocolate
- Fizzy/energy drinks
- Nuts or eggs – we are a nut and egg-free school
- Hot food in flasks

Children should not share food due to allergies. Please speak to school about any special dietary requirements. Thank you for helping us keep lunchtimes healthy and safe.

SCHOOL MENU

School meals are £3 per day (£15 per week), which represents very good value for money.

All food is freshly made & prepared each day on site by our own kitchen team.

Please remember to pay your child's dinner money (Nursery & Year 3 – 6 ONLY) using +Pay.

Main Meal Choices W/C 28.9.26

Monday - Pork Meatballs in Tomato Sauce & Pasta

Tuesday - Sweet & Sour Chicken & Rice

Wednesday - Roast Chicken with Vegetables, Potatoes and Yorkshire Pudding

Thursday - Beef Lasagne & Garlic Bread

Friday – Fishfingers & Chips



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HELL YELLOW

Let's come together to support
children and young people's
mental health!

Wednesday 8th October

Come into school dressed in



YELLOW!



We are asking for a **£1** donation
to raise money for

YOUNGmINDS

fighting for a brighter future for young people's mental health

Wear
something
yellow!

Children's
Mental Health
Day

8th October

- ♡ Bright clothes
- ♡ Yellow accessories
- ♡ Something yellow with your uniform
- ♡ Be creative!

Please note: Children's Mental Health Day is actually Friday 9th October but we are raising awareness the day before!

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Celebrations & Enrichment

Year 6 Explore Their Future Careers 🌟

Year 6 had a fantastic morning at The Nelson Thomlinson School's Careers Event! With lots of fun, hands-on activities, pupils enjoyed exploring different careers and finding inspiration for their futures.



Football Success for Years 3 & 4! ⚽🏆

A huge well done to our fantastic Year 3 and 4 children who represented our school in the inter-schools football competition!

Both teams performed brilliantly, finishing in 2nd and 3rd place! 🏅🏅 We were especially proud of the respect and resilience they showed throughout the competition. They represented our school wonderfully and were a real credit to us all! 🌟

A big thank you to Miss Braniff, Mrs Braniff and Mrs Reay for accompanying and supporting the children.

Well done, everyone – a fantastic achievement! ⚽👏



Uniform Expectations



Please see our school uniform expectations below. We greatly appreciate your support in ensuring that children arrive at school each day smartly dressed in the correct school uniform and, on PE days, wearing a PE kit that meets our school requirements.

Consistently wearing the correct uniform helps to promote a sense of pride, belonging and equality across our school community.

School Uniform

- Royal blue sweatshirt with embroidered school logo
- White polo shirt (school logo optional)
- Black or dark grey trousers, knee-length skirts, or smart school shorts in the summer
- Blue and white checked dresses may be worn in the summer
- Plain, low-heeled black school shoes, worn with socks at all times
- **Plain black training shoes are also permitted. These must be completely black, with no other colours on the footwear, including coloured logos, soles, laces or detailing.**
- Sandals are not permitted
- Tracksuit bottoms are not permitted, except as part of the school PE kit on PE days
- In winter, only black, low-heeled boots may be worn

Jewellery

- A watch may be worn; however, smart watches are not permitted.
- Only discreet stud earrings may be worn. For safety, studs should have no sharp edges.
- All earrings must be removed at home before school on PE, games and swimming days for health and safety reasons.
- Other jewellery, including rings, necklaces and bracelets, is not permitted in school for health and safety reasons.
- Pupils will be asked to remove any jewellery that does not meet these expectations.

Other Uniform Expectations

- Long hair must be securely tied back at all times. This applies to both girls and boys.
- Nail varnish and make-up are not permitted.
- A waterproof coat should be brought to school every day.
- Please ensure that all clothing and belongings are clearly labelled with your child's name.

We understand that there may occasionally be circumstances that make it difficult for a child to attend school in the correct uniform. If there are any difficulties with your child wearing the required school uniform, please speak to your child's class teacher so that we can work with you to resolve them.

Thank you for your continued support in helping us maintain high standards of uniform and ensuring that all of our children come to school looking smart and ready to learn.

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Important Information

PE KIT



Week commencing 7.9.26

From September 2026, children should come to school wearing their PE kit on their designated PE days (please see below). This will help to maximise learning time by reducing the need for children to change during the school day. Please note - this is a trial.

Our PE kit consists of:

- A plain white T-shirt
- Plain black or navy shorts (to the knee), jogging bottoms or leggings
- Suitable trainers
- In colder weather, children may wear either their school jumper or a plain navy zip-up top

Please note that Nike Pro shorts are not permitted as part of the school PE kit.

On PE days, PE kit is considered part of our school uniform, and we ask that children come to school looking just as smart and ready to learn as they would in their usual uniform. Wearing the correct kit helps to promote a sense of pride, belonging and equality across our school community, while ensuring that all pupils are dressed appropriately and comfortably for their learning.

For health and safety reasons, all earrings must be removed at home before school on PE, games and swimming days. Staff are unable to remove or reinsert earrings, and children who are unable to remove them may not be able to take part in these activities.

PE days may change each half term. We will let you know your child's designated PE days and inform you of any changes.

Thank you for your support in helping our children arrive smart, prepared and ready to take part.

Monday

Year 3
Year 4

Tuesday

Year 1
Year 2

Wednesday

Year 5
Year 6
Year 1

Thursday

Year 2
Year 4

Friday

Reception
Year 5
Year 3



HOW DOES WOW WORK?

WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least twice a week for a month, they get rewarded with a badge.

IT'S THAT EASY!

THE BENEFITS OF WALKING TO SCHOOL



Children feel happier and healthier



They arrive to school refreshed and ready to learn



Helps reduce congestion and pollution at the school gates

WHAT IF WE CAN'T WALK TO SCHOOL?



DRIVING?

Park and Stride! Park at least ten minutes away from the school and walk the remaining journey.



USING PUBLIC TRANSPORT?

Hop off at least ten minutes away and walk the rest (recorded as 'other' on the WOW Travel Tracker).

"Cleaner air, happier children, brighter communities"

WHAT IS A WOW BADGE?



There are **11 badges** to be earned from September 2026 – July 2027. Each badge has been designed as part of the annual WOW Badge Design Competition. A new badge can be earned every month if pupils walk/wheel, cycle, scoot or Park and Stride at least twice a week.

WOW 2026/27 encourages pupils to **Walk the Senses**, with badges depicting everything from scooters to sunflowers.

The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit: livingstreets.org.uk/recycling

Real badges. Positive change. A brighter tomorrow.



MADE FROM RECYCLED MATERIALS

Last year, over 2,000 schools enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please find more information and useful videos at: livingstreets.org.uk/wowlaunch

Healthier

Greener

Together

Let's swap those school runs for school walks.

Attendance Reminders



School Attendance Every Day Counts

Regular attendance helps children to learn, make friends and achieve their full potential.

Cumberland Council may issue a Fixed Penalty Notice for unauthorised absence.



What is a Fixed Penalty Notice (FPN)?



An FPN can be issued when a child has unauthorised absence from school, for example holidays in term time or persistent lateness.

How much is the fine?



The fine is **£80** if paid within 21 days, increasing to **£160** if paid between 22 and 28 days.

How many can be issued?



A maximum of **2** Fixed Penalty Notices can be issued to each parent, for the same child, within a **3-year period**.

What happens next?



If a third unauthorised absence occurs, or the fine is not paid, the case may be **referred to court** and you could face a larger fine or other legal action.



Need help or advice?

If you're worried about your child's attendance, contact your school as soon as possible. We are here to help.



Find out more at:

www.cumberland.gov.uk/schools-and-education/school-attendance-and-exclusion

Punctuality Matters

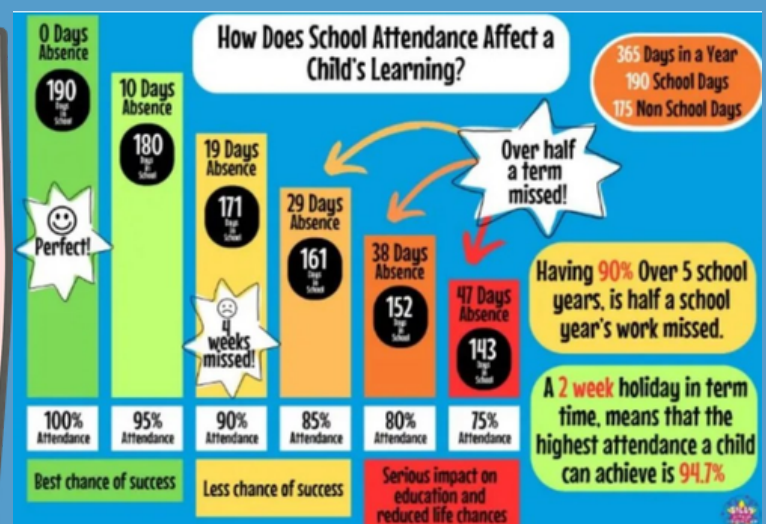
It is essential that children are in school on time, every day.

- Doors open: 8:30am
- Registration: 8:35am
- Registration closes: 8:45am

Children arriving after 8:45am must enter through the main entrance and will be marked as late.

Regular lateness means lost learning time and can quickly add up. Attendance and punctuality are monitored closely.

Please help your child arrive on time and ready to learn.



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School HARVEST Appeal 2026

HELP SUPPORT YOUR LOCAL COMMUNITY
WITH A FOOD HARVEST COLLECTION

PLEASE HELP

Our school appeal this year is called

SHARING Together

Nothing makes a community stronger
when we look out for one another.

Please help by donating any of the
food items listed.



Please help if
you can.
THANK YOU!

HARVEST SHOPPING LIST

Milk UHT full fat
Fruit Juice UHT 1 litre
Tinned Meat
Dried Pasta (500g)
Dried Rice (500g)
Sponge Pudding
Tinned Tuna
Tinned Fruit
Jam
Tinned Veg
Tinned pasta e.g. Ravioli
Pasta Sauce
Tinned Custard
Tinned Rice Pudding
Baked Beans
Cereals (300 to 500g)
Instant Mash (single packets)

North Lakes Foodbank, Lorton Street Methodist Church, Lorton Street, Cockermouth CA13 9RH.

For more information contact Stuart Christian

email: stuart@thefoodbank.org.uk Tel: 07733338352

Charity Number: 1067541

Need help with food? Go to www.thefoodbank.org.uk/get-help



Please bring your donations into school.

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Drinks & Snacks

For safeguarding reasons, no water or juice should be brought into school in bottles. If your child cannot drink water for medical reasons, please speak to Miss Mounsey. We can provide juice for children with your permission.



A Gentle Reminder – Playground Equipment



To help us keep everyone safe, we kindly ask that children do not use the play equipment on the KS1 and KS2 playgrounds during morning drop-off and afternoon collection times.

The equipment is available for children to enjoy during the school day when school staff are present to supervise its use.

Thank you for your understanding and support in helping us keep our playgrounds safe for everyone.



Autumn Dates

Here are the main Autumn dates that we have in the diary so far. Please note, events may be changed/ added throughout the term.

Thursday 8th October

- Wear Yellow for Children's Mental Health Day!

Wednesday 14th October

- Individual and Family Photographs

Thursday 15th October

- Harvest Festival at Christ Church, Silloth. 1:30pm (Reception - Year6)

Monday 19th October

- Nursery Stay & Pzlay Morning (Times TBC)
- Reception - Year 6 Open Day (2pm - 5pm)

Friday 23rd October

- Halloween Fancy Dress Day & Spooky Lunch

Monday 26th October - Friday 30th October

- October Half Term

Monday 2nd November

- Reception - Year 6 - Nasal Flu

Wednesday 5th November

- Bonfire Night Lunch

Wednesday 9th December

- KS1 Christmas Nativity (9am start)

Tuesday 15th December

- KS2 Christmas Carols at Christ Church, Silloth - 1:30pm

Thursday 10th December

- Christmas Dinner & Christmas Jumper Day!

Wednesday 16th December

- EYFS - Festive Family Morning (More information to follow)
- Year 1 - Year 6 Christmas Trip

Thursday 17th December

- Christmas Party Day!

Friday 18th December

- Finish for Christmas - 1pm



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SILLOTH PRIMARY SCHOOL



DECORATED PUMPKIN COMPETITION

FRIDAY 23RD OCTOBER

**£1 PER
ENTRY!**

**PRIZES TO
BE WON!**



**BRING YOUR DECORATED PUMPKIN INTO THE HALL ON THE
MORNING OF FRIDAY 23RD OCTOBER, VIA THE MAIN ENTRANCE.**

**REMEMBER, YOU CAN DRESS UP FOR
HALLOWEEN AND THERE WILL BE A
SPOOKY LUNCH TOO!**

ALL MONEY RAISE WILL GO INTO THE SCHOOL FUND!

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School Reminders

PARKING ON SCHOOL LANE & SCHOOL CAR PARK

Please do not park on School Lane or in the school car park at drop-off or pick-up. Please park on Skinburness Road, by the tennis courts, and walk to school.

Thank you for helping us keep our children safe, access clear and respect for our neighbours.



SMOKE & VAPE-FREE SCHOOL

A reminder that smoking and vaping are not permitted anywhere on school grounds, including entrances and car parks.

Thank you

CONTACT US

If you have any further questions or queries, please do not hesitate to contact us.

Class Dojo is regularly updated with more up-to-date information. Please make sure that you have access to this.

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Visit us on the web at

www.silloth.cumbria.sch.uk

or visit our Facebook!



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