



Silloth Primary School Newsletter

23.7.26

~ Creativity ~ Respect ~ Honesty ~ Safety ~ Achievement ~

Thursday 23rd July

A message from Miss Mounsey...

As we come to the end of another truly wonderful school year, I want to take a moment to say a heartfelt thank you to all of our parents and carers for your continued support, kindness and encouragement throughout the year. Working together as a school community makes such a difference, and your partnership plays a vital role in helping every child grow in confidence, achieve their best and enjoy their learning. We are incredibly grateful for everything you do.

I would also like to express my thanks to our amazing staff team. To our teachers, teaching assistants, office staff, lunchtime supervisors, kitchen staff, janitor, volunteers and governors – thank you for your unwavering commitment, care and hard work. Every day, you go above and beyond to ensure that our children feel safe, valued, supported and inspired. Your passion, dedication and teamwork make our school such a special place, and I feel incredibly proud to work alongside you all.

Our final week has certainly been a memorable one! It was wonderful to welcome so many families to our Nursery Stay and Play Open Day on Monday. Thank you for joining us to celebrate your children's learning, admire their work and talk with their teachers about the fantastic progress they have made. Tuesday's Break the Rules Day brought plenty of smiles and laughter, while Wednesday's engaging NISCU Theatre performance, Primary Puppets, reminded us all of the importance of kindness. We also proudly wore red, white and blue to support England in the Women's World Cup semi-final. Although the result wasn't what we had hoped for, it was lovely to come together as a school community and share the excitement of the occasion. Thursday's Year 6 Leavers' Assembly was a truly moving celebration of their time with us, and today we rounded off the year with a whole-school picnic lunch in the sunshine.

*As the school year comes to a close, we also say farewell to two valued members of our team. We would like to thank **Miss Thompson** from our Early Years team for all of her care, dedication and support, and wish her every success and happiness for the future. We also say goodbye to **Mr Ainsworth**, who has worked with our Year 6 pupils over the past few weeks. Thank you for the positive contribution you have made to our school, and we wish you all the very best in your next chapter.*

*Looking ahead to September, we are delighted to welcome **Miss Rowe**, who will be joining us as our new Year 6 class teacher, and **Miss Hope**, who will be joining our Year 1 team as an Apprentice Teaching Assistant. We know they will receive a very warm Silloth Primary School welcome, and we look forward to them becoming part of our school family.*

To our wonderful Year 6 pupils, we are so incredibly proud of each and every one of you. While we will miss you greatly, we know you are more than ready for the exciting journey ahead. We wish you every success and happiness for the future, and we can't wait to hear about all that you achieve.

As one chapter closes, another exciting one begins. September will bring new opportunities, new friendships, new learning and new memories to make together, and we are already looking forward to welcoming everyone back for another fantastic year.

Until then, thank you once again for your continued support throughout the year. Please keep a look out on Class Dojo for any updates from your child's class teachers.

On behalf of everyone at the school, I wish you and your families a safe, relaxing and joyful summer holiday. We hope you enjoy making wonderful memories together, and we look forward to seeing you all in September, refreshed and ready for another exciting year ahead.









Dates for the Diary



Tuesday 1st September - INSET Day!

Wednesday 2nd September - Back to school!

Friday 4th September - Year 6 swimming starts

CUMBERLAND SCHOOL TERM & HOLIDAY DATES

2026-27 (190 pupil days)

(Dates agreed jointly by Cumberland and Westmorland & Furness Council)



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The 190 day school year identified above makes no provision for the additional 5 days non-contact time for which full-time teachers are contracted. Therefore, any INSET days should be arranged outside the above school term dates or outside pupil hours. The following dates are suggested as dates that could be used for INSET: Tuesday, 1 September 2026 & Monday, 4 January 2027, plus three others to be locally determined.

Bank Holidays
Other Holidays
Suggested INSET

School is Closed – Our Support Continues

Although school is now closed for the summer holidays, **our support for our children and families continues**. If you need to get in touch with us during the holiday, please email:

admin@silloth.cumbria.sch.uk

*If you have a **safeguarding concern**, please contact **Cumberland Children's Advice and Support Service (CCASS)** on **0333 240 1727**.*

*For **immediate mental health and wellbeing support**, please contact **NHS 111** and select **Option 2**.*

Additional Support

-
- **Samaritans** – Available 24 hours a day, 7 days a week. Call **116 123** or visit **www.samaritans.org**
-

We wish all of our families a safe, happy and restful summer. Remember, if you need us, we're only an email away. Take care of yourselves and look out for one another.



Goodbye & Good Luck Year 6!

What an incredible journey it has been for our amazing Year 6s. ♡

We are so proud of each and every one of you—not only for your SATs results, but for the determination, resilience and hard work you've shown throughout the year. You have challenged yourselves, supported one another, and achieved so much.

As you close this chapter and begin an exciting new one, remember to believe in yourselves and never stop reaching for your dreams. We will miss your smiles, laughter and unique personalities, but we know you're ready for everything that lies ahead.

Good luck, Year 6—you've made us all so proud. ❁



Exciting News For Our Early Years!

We're delighted to share that our Nursery will be offering both **15 and 30 hours funded childcare** from **September 2026**.

If you know a family with a little one who may be starting nursery soon, please **share this post** with them so they don't miss out. ♡

Parents and carers can also find out what childcare support they may be eligible for by using the **Childcare Checker** on the **Best Start for Life** website: [Childcare & Early Years Education – Best Start in Life.](#)



Summer HAF Holiday Activities – Book Now!

Bookings are now open for the **Summer Holiday Activities and Food (HAF) Programme**.

There are **two sessions in Silloth**, **two sessions in Wigton**, as well as activities taking place at other HAF hubs across North and West Cumbria.

 **Silloth and Wigton sessions will take place on Wednesdays**, alternating each week throughout the summer holidays, beginning with **Wigton in the first week**.

 **Please note: The 5th August session in Wigton** will be delivered by **Active Cumbria**, with lots of fun physical activities planned. Other sessions will include a range of exciting indoor and outdoor games and activities as partner organisations are confirmed.

Places are **limited**, and **children eligible for Free School Meals (FSM) or who are looked after will be prioritised**.

 Book your place here:

[HAF @ The Hub · Eegu](#)

We encourage families to book early to avoid disappointment!

Can you help enhance our KS2 Playground?

Please get in touch if you can help, thank you advance!

SILLOTH PRIMARY SCHOOL

CAN YOU HELP US ENHANCE OUR KS2 OUTDOOR PLAY AREA?

LOOSE PARTS PLAY – IMAGINE, BUILD, CREATE!

We are looking to enhance our outdoor provision for KS2 by creating a rich loose parts play area. Loose parts encourage creativity, teamwork, problem-solving and imaginative play.

WE ARE LOOKING FOR:

- Tyres (various sizes)
- Crates (various sizes)
- Drainpipes and guttering
- Large pieces of fabric, tarpaulins or old curtains
- Wooden pallets (safe and in good condition)
- Tree stumps or large logs
- Buckets, tubs and large containers
- Large mixing bowls, pots and pans
- Baskets
- Small wooden ladders
- Cable reels / wooden spools
- Bricks, paving slabs or large stones
- Bamboo canes or wooden poles
- Offcuts of timber (smooth and safe)
- Plastic pipes and connectors
- Traffic cones
- Rope (thick and sturdy)
- Large cardboard tubes
- Clean car wheel trims or steering wheels
- Large reels, pulleys or other interesting engineering parts (safe and clean)

ALL DONATED ITEMS SHOULD BE CLEAN, SAFE AND IN GOOD CONDITION.

If you can help or know a business that may be able to donate, please comment below, send us a message, or get in touch with the school office.

Thank you for helping us create an exciting, creative outdoor environment where our children can learn through play!

EVERY DONATION MAKES A BIG DIFFERENCE!

Carlisle United Summer Holiday Activity Programme

Carlisle United is delighted to be offering a range of exciting activities for children and young people during the Summer Holidays.

Sessions will be available across Cumbria at the following locations:

- Carlisle

- *Penrith*
 - *Wigton*
 - *Cockermouth*
 - *Maryport*
 - *Keswick*
 - *Whitehaven*
-

The programme provides a fantastic opportunity for children to stay active, develop new skills, make friends, and have fun throughout the summer break in a safe and engaging environment.

In addition to paid places, Carlisle United also has a limited number of FREE Holiday Activities and Food (HAF) places available for children who are eligible through the Free School Meals programme.

Please see the attached posters for further details about both the paid and funded sessions. Families are encouraged to book early to avoid disappointment.



Community Sports Trust

SUMMER

HOLIDAY ACTIVITIES

LOCATIONS:

Carlisle (Football & Gym and Dance)
Wigton (Football only)
Whitehaven (Football only)
Penrith (Football only)
Cockermouth (Football only)
Keswick (Football only)
Maryport (Football only)

21 July - 28 August

Book now via Abler: 

For further information
Email: Sam.Tickner@carlisleunitedcst.co.uk or Phone: 01228 554169

"Inspiring People To Participate, Develop and Achieve Their Goals Through The Power of Sport."



Community Sports Trust

SUMMER

HOLIDAY ACTIVITIES

LOCATIONS:

Carlisle (Football & Gym and Dance)
Wigton (Football only)
Whitehaven (Football only)
Penrith (Football only)
Cockermouth (Football only)
Keswick (Football only)
Maryport (Football only)

21 July - 28 August

Limited free HAF Places here: 

For further information
Email: Sam.Tickner@carlisleunitedcst.co.uk or Phone: 01228 554169

"Inspiring People To Participate, Develop and Achieve Their Goals Through The Power of Sport."

School Fundraising Success!

*Our recent fundraising events were a fantastic success, and we are incredibly grateful to everyone who supported them. From **Break the Rules Day**, **KS2 Summer Show ticket sales**,*

the **Summer Show raffle**, and the very popular **Soak the Acting Head Teacher!**, our school community came together to make a real difference.

Thanks to the generosity of our families, pupils, staff, and friends, we raised an amazing **£863.51!**

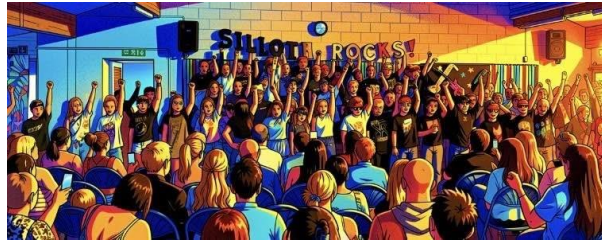
A heartfelt thank you to everyone who took part, donated, volunteered, and cheered us on.

The money raised will go towards providing **special experiences, resources, and opportunities for our children**, helping to make their time at school even more enjoyable and memorable.

 **Photos from all the events are now available on ClassDojo** – don't forget to take a look and enjoy some of the wonderful memories!

Thank you once again for your fantastic support!





School Uniform Reminder – Start of the New Term

THANK
YOU

As we begin the new school term in September, we would like to remind all families of our expectations regarding school uniform and PE kit.

Please see the information below. We greatly appreciate your support in ensuring that children arrive at school each day wearing the correct school uniform and, on PE days, a PE kit that meets our school requirements.

Wearing the correct uniform is an important part of school life. It helps to promote a sense of pride, belonging, and equality across our school community, while ensuring that all pupils are dressed appropriately for learning. We kindly ask that families adhere to our uniform policy throughout the term.

Thank you for your continued support and cooperation.

Uniform Expectations

- *Royal blue sweatshirt with embroidered school logo*
 - *White polo shirt (school logo optional)*
 - *Black or dark grey trousers, knee-length skirts , or smart school shorts for summer*
 - *Blue and white checked dresses may be worn in the summer*
 - *Plain, low heeled black school shoes must also be worn with socks at all times. All black training shoes are permitted. There must be no other colour on the footwear.*
 - ***No sandals are permitted***
 - ***No tracksuit bottoms are permitted (other than on PE days)***
 - ***Only black, low heeled boots may be worn in winter***
-

Jewellery

- *A watch may be worn. Smart watches are not permitted.*
 - *ONLY discreet stud earrings can be worn and on the grounds of safety the studs should have no sharp edges. **All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.***
 - *The wearing of other jewellery, rings, necklaces, bracelets etc. is not permitted in school for health and safety reasons*
 - *Pupils will be asked to remove any jewellery.*
-

Other

-
- Long hair must be well tied back at all times. This applies to **girls and boys**.
 - Nail varnish and make-up is not permitted.
 - A waterproof coat must be brought to school every day.
 - Please ensure that all belongings are clearly labelled with your child's name.
-



PE Kit Expectations - From September 2026

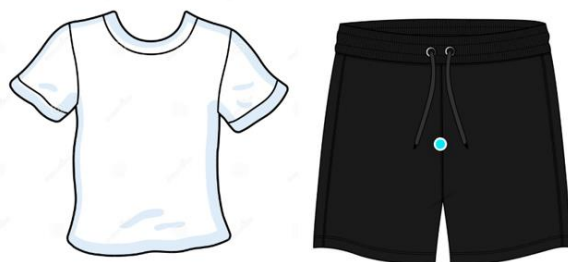
From **September 2026**, children should come to school wearing their PE kit on their designated PE days. Parents and carers will be informed of PE days via **ClassDojo**.

Our PE kit consists of:

-
- A plain white T-shirt
 - Plain black or navy shorts, jogging bottoms, or leggings
 - Suitable trainers
-

Please note that **Nike Pro shorts are not permitted** as part of the school PE kit.

For health and safety reasons, **all earrings must be removed at home before school** on PE, games, and swimming days. Staff are unable to remove or reinsert earrings, and children who are unable to remove them may not be able to take part in these activities.



Silloth Tennis Lessons

A promotional poster for Junior Tennis Coaching. The top half features the title 'JUNIOR TENNIS COACHING' in large, bold, yellow and white letters, with a tennis ball graphic. Below the title is the tagline 'Fun • Skills • Confidence • Match Play'. The middle section shows a photo of two children, a boy and a girl, holding tennis rackets and smiling. The bottom section contains text about the club, schedule, ages, and a list of activities. A yellow banner highlights 'ALL LESSONS FREE WITH £20 JUNIOR MEMBERSHIP'. At the bottom, contact information for Rob Jefferson is provided, along with a note about adult social tennis.

JUNIOR TENNIS COACHING

Fun • Skills • Confidence • Match Play

Silloth Tennis Club • Skinburness Courts

Mondays starting 20th April 2026

Ages: 5-16 Years

- ✓ 5pm to 6pm (Ages 5-9)
- ✓ 6pm to 7pm (Ages 10-16)
- ✓ Technique & Footwork
- ✓ Game Skills & Tactics
- ✓ Coordination & Fitness
- ✓ Match Confidence

ALL LESSONS FREE
WITH £20 JUNIOR MEMBERSHIP

Rob Jefferson
07503 116867

Followed by adult social tennis 7pm onwards

****Get Your Kids Involved in Cricket This Summer!****

Looking for a fun, active way to keep your children entertained while building confidence, skills, and friendships? Check out the amazing youth cricket programmes from the England and Wales Cricket Board

****All Stars Cricket (Ages 5–8)**The perfect first step into cricket!**

- *8 weeks of non-stop fun, games, and skills*
 - *Make new friends in a safe, welcoming environment*
 - *Learn the basics of cricket through play*
 - *Every child receives a personalised t-shirt, bat, ball & backpack!*
-

Find your nearest club: <https://www.ecb.co.uk/play/all-stars>

****Dynamos Cricket (Ages 8–11)**Ready for the next level? Dynamos is ideal for kids progressing from All Stars—or trying cricket for the first time!**

- *Fun, fast-paced sessions with a social focus*
 - *Build confidence and develop key cricket skills*
 - *A great way to stay active and engaged*
 - *Includes a personalised Dynamos t-shirt with name & number!*
-

Find your nearest club: <https://www.ecb.co.uk/play/dynamos-cricket>



Packed Lunches

*At Silloth Primary School, we promote healthy eating to support children's growth, development, and concentration throughout the school day. To help with this, we kindly ask that all **packed lunches follow our healthy lunchbox guidelines.***

A healthy packed lunch should include:

- **A portion of starchy food** – such as bread, rolls, wraps, pasta, rice, couscous, or potatoes.
 - **At least one portion of fruit and/or vegetables** – fresh, dried, tinned (in juice), or frozen.
 - **A source of protein** – lean meat, fish, beans, pulses, hummus, or meat alternatives.
 - **A dairy item** – like cheese, yogurt, or a milk-based dessert.
 - **A healthy drink** – preferably water, or milk/100% fruit juice in moderation.
-

Please do not include:

- *Chocolate bars or confectionery.*
- *Sweets.*
- *Fizzy or energy drinks.*

- Nuts or nut products (we are a **nut-free school**).
 - Eggs or egg-based products (we are an **egg-free school**).
 - Hot food in flasks (due to health and safety concerns).
-
-

To keep all children safe:

- **Lunchboxes must be clearly labelled** and may include a small ice pack, as we cannot refrigerate them.
 - Children must **not share food** to avoid allergic reactions or cross-contamination.
-
-

Special Diets:

We understand that some children may require special diets for medical, religious, or cultural reasons. Please inform school if this applies to your child, and we will support you in providing a healthy, balanced alternative.

Monitoring:

Packed lunches are monitored by staff. Healthy choices are praised, and we will always work sensitively with families to support improvements where needed.

Thank you for helping us keep lunchtime healthy and safe for everyone!



HEALTHY PACKED LUNCH POSTER

Eat Well • Feel Great • Learn Better!



Your Packed Lunch Should Include:

Starchy Food (1 Portion)

Bread, wraps, rolls,
pasta, rice,
couscous, or
potatoes.



Fruit & Vegetables (At Least 1 Portion)

Fresh, dried,
tinned or
frozen.



Healthy Drink

• Water is best!
• Milk or
100% fruit
juice.



Protein

Lean meat, fish,
beans, pulses,
or hummus.



Dairy

Cheese, yogurt,
or milk dessert.



Healthy Drink

• Water is best!
• Milk or 100%
fruit juice.



Please **DO NOT** Bring:

✗ Chocolate bars
or sweets



✗ Fizzy or energy drinks



✗ Nuts or
Nut Products

Nut-Free School



✗ Nuts or Nut Products

Nut-Free School



✗ Eggs or Egg Products

Egg-Free School



✗ Hot Food
in Flasks

No Hot Food



★ Thank You For Helping Keep Our School Healthy & Safe! ★

Rainbows & Brownies



'We play loads of fun games, do activities and challenges and sometimes get badges'

Matilda

Rainbows
Silloth
Tuesday 6pm to 7pm

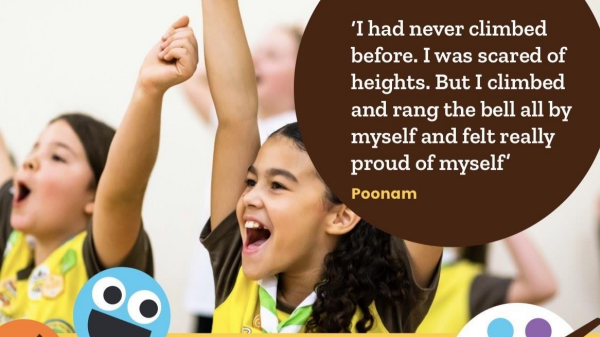
Girls play, learn and have tons of fun
for ages 4 to 7

At Rainbows, we welcome all girls to play, learn and have fun in a creative, safe space for all abilities.



Registered charity number: 306016

Join a local Rainbows group girlguiding.org.uk/joinus



'I had never climbed before. I was scared of heights. But I climbed and rang the bell all by myself and felt really proud of myself'

Poonam

Brownies
Silloth
Tuesday 6pm to 7pm

Girls have nonstop fun, learning and adventure
for ages 7 to 10

At Brownies, we welcome all girls to explore their creative side, get out into the great outdoors and start to learn to look after themselves, others and the world we live in.



Registered charity number: 306016

Join a local Brownies group girlguiding.org.uk/joinus

Water Bottles & Fruit - PLEASE READ VERY CAREFULLY



Nursery - Just a reminder that all children get fresh water, milk and fruit daily. Therefore children do not need to bring water in their own bottles. **No juice/water should be brought into school.**

Reception & Key Stage 1 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is **very important that this is followed for safeguarding reasons. No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Also, children get fruit daily and, therefore, there is no need to fetch snack.

Key Stage 2 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is **very important that this is followed for safeguarding reasons. No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Children can bring a piece of fruit into school for the morning breaktime. Please ensure that grapes are cut in half, lengthways.

Parking on School Lane and in the school carpark

We kindly ask that parents and carers **do not park on School Lane or on the school carpark** during drop-off and pick-up times.

To help keep everyone safe, please **park on Skinburness Road, by the tennis courts**, and walk down to school with your child. This keeps the lane clear for residents, delivery drivers, and emergency vehicles, and ensures a safe environment for our children walking and cycling to school.

Thank you for your understanding and support in keeping our school community safe and considerate.



Silloth Share & Support



**Silloth
Share & Support**

Your Community Food Hub
We are open to **everyone** living in the CA7 area.

Need support?
email us on...
silloth_hub@yahoo.com

 Christ Church,
Criffel Street,
Silloth

 3rd Wednesday
of every month
12- 2:30PM

Buy food at low prices

- We're asking for £5 donation per bag
- No appointment or referral needed
- If you are unable to pay, you won't be turned away

Join us for **tea, cake** and
a **welcoming space.**
& support and advice!



Upcoming dates:

- 15th April
- 20th May
- 17th June
- 15th July
- 19th August
- 16th Sept
- 21st Oct
- 18th Nov
- 16th Dec

Chance Camp

CHANCE CAMP

Keep your child Active, Confident,
Smiling & Healthy in 2026

WWW.CHANCECAMP.CO.UK

DATES

INVASION GAMES	17 th Feb - 19 th Feb
MULTI SPORTS	30 th March - 2 nd April
	21 st July - 24 th July
OLYMPICS (Individual)	27 th July - 31 st July
OLYMPICS (Team)	3 rd Aug - 7 th Aug
STRIKING & FIELDING	10 th Aug - 12 th Aug
INVASION SPORTS	17 th Aug - 19 th Aug



SCAN TO BOOK
Ages 4 - 14. DBS checked
& fully qualified coaches

**FLEXIBLE
BOOKING
SYSTEM IN
PLACE**



Attendance Draw Winners!

*Every week, children who achieve **100% attendance** are entered into our attendance prize draw. Last week, five lucky winners were selected and received their prizes. Congratulations to all of our winners!*

*A reminder that **every day in school counts**, and regular attendance plays a vital role in children's learning, progress and wellbeing.*

*Over the summer, our **revised Attendance Policy** will be shared with all parents and carers. We encourage everyone to take the time to read the updated policy ahead of the new school year.*



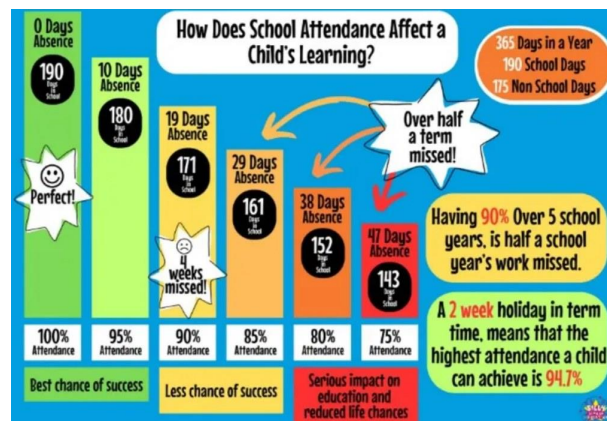
Congratulations to our 100% Attendance Champions!

*A huge well done to these children, who achieved **100% attendance throughout the entire school year**. Their outstanding commitment, punctuality and dedication to learning is something to be incredibly proud of.*

Thank you to our families for your continued support in helping your children attend school every day. We hope you enjoy celebrating this fantastic achievement!



Attendance Reminders...



PENALTY NOTICE FINES FOR SCHOOL ATTENDANCE IS CHANGING

FIRST OFFENCE

1 The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be:
£160 per parent per child if paid within 28 days. Reduced to £80 per parent per child if paid within 21 days

SECOND OFFENCE (WITHIN 3 YEARS)

2 The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be £160 per parent per child to be paid within 28 days. No reduced rate will be offered

The changes to Penalty Notice Fines will come into force for those issued after 19th August 2024

THIRD OFFENCE AND ANY FURTHER OFFENCES (WITHIN 3 YEARS)

3 The third time an offence is committed for Term Time Leave or Irregular Attendance a Penalty Notice will not be issued and the case will be presented straight to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent per child. Cases found guilty in Magistrates' Court can show on a parent's future DBS certificate, due to failure to safeguard a child's education.

10 SESSIONS (5 DAYS) OF UNAUTHORISED ABSENCE IN A 10-WEEK PERIOD

Penalty Notice Fines will be considered when there has been 10 sessions of unauthorised absence in a 10-week period

Ref: DfE Working Together to Improve School Attendance document

Punctuality Matters

It is essential that children are in school on time, every day.

- **Doors open: 8:30am**
- **Registration begins: 8:35am**

- **Registration closes: 8:45am**
-

*After this time, children must enter through the **main entrance** and will be marked as **late**.
Persistent lateness not only disrupts your child's learning but also affects the whole class.
Patterns of lateness are carefully monitored and reviewed half-termly alongside attendance.*

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.

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Poor attendance or frequent lateness can significantly affect life chances. Missing even a few days each term quickly adds up to large gaps in learning, making it harder for your child to keep up. Arriving late has the same impact — children miss vital teaching and the start of the school day, which sets the tone for learning.

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.



NHS Virtual Clinics

Self Esteem	Low Mood	Bullying	Behaviour	Toileting	Sleep
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Virtual Clinics for children aged 5-11 Years

Emotional Health & Resilience Clinic

We can help your child feel heard, build resilience, and grow with confidence if they are struggling emotionally.

School Nurse Clinic

We're here to help with any concerns about your child's sleep, toileting, diet, or development—supporting them to grow feeling comfortable, confident, and happy.

Ring or email to book a consultation on
0300 304 9029
hdft.spoc@nhs.net
19cumberland@nhs.net

Anger Anxiety Worry Diet Development

Cycling & Scootering to School – A Reminder about Road Safety

*As we are encouraging more children are choosing to cycle or scooter to school, we would like to remind families about the importance of **road safety** and being considerate of others. Please take a moment to talk with your child about safe cycling and scootering so that every journey to and from school is as safe as possible.*

Key Road Safety Rules for Cyclists

-  Always wear a properly fitted helmet.

-  Ensure bikes are roadworthy with working brakes and lights.
 -  Use cycle paths where available and keep to the **left-hand side** of the road.
 -  Look carefully before turning or crossing a junction and signal clearly with hand signals.
 -  Obey traffic lights, road signs, and crossings.
 -  Stay visible by wearing **bright or reflective clothing**.
 -  Never cycle more than two abreast, and ride in single file on narrow or busy roads.
 -  Avoid distractions such as headphones or mobile phones.
 -  Do not ride on pavements unless a shared cycle path is clearly marked.
 -  Be cautious around parked cars – check carefully before moving out into the road.
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On the School Grounds

For the safety of **all children, staff, and visitors**, riding bikes or scooters is **not permitted on school premises**. We kindly ask that children **dismount and walk** with their bikes or scooters once they enter the school gates.

Thank you for your continued support in helping us keep our school community safe.



School Meals - The New School Menu is Here!

Please note - From September 2026, the daily cost of a school meal will increase to £3.00.

This increase is necessary due to the rising cost of food supplies and to ensure that we continue to meet the required School Food Standards, providing pupils with nutritious, freshly prepared, high-quality meals each day.

All food is freshly made and prepared on site each day by our own kitchen team.

Please remember to pay your child's dinner money (Nursery and Years 3–6 only) through the 'Shop' section on your ParentMail account.

Main Meal Choices W/C 31.8.26

Wednesday - Pork Meatballs in Gravy & Pasta

Thursday – Mild Smokey Chicken Fajita Wraps with Rice

Friday – Pork Sausages & Chips

Nut & Egg Free School

Please remember that we are a nut & egg free school.

Your child may not bring any eggs or nuts into school as part of their packed lunches or as snacks. Breakfast bars for break time snacks are not permitted as they usually contain nuts or have been made in factories where there are nuts.



Names in clothes, please!

Names in Clothes, Please!



Jumpers, cardigans and coats love to go on little adventures around school – but sometimes they forget where they belong!



To help them find their way back, please make sure your child's name is written clearly in *every* item of clothing, including PE kits, hats and shoes.



It makes life much easier for everyone and helps lost clothes get back home safely. Thank you for your help!

Be Ready For The Weather!

*As the weather is becoming increasingly unpredictable, please ensure that children bring a **coat to school every day**. We aim to get outside in the fresh air as much as possible, even if it's a little chilly or damp, so having a suitable coat means your child can enjoy playtimes and outdoor learning comfortably.*



Living Streets' WOW - The Walk To School Challenge - Starts on Monday!

Living Streets' WOW – the walk to school challenge is back to help encourage as many children as possible to experience the benefits of walking and wheeling to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least twice a week for a month, they get rewarded with a badge. This is for Year 1-Year 6 children... but everyone can get involved! It's that easy!

What are the benefits of walking to school?

- Children feel happier and healthier*
- They arrive to school refreshed and ready to learn*
- Helps reduce congestion and pollution at the school gates*

What if we can't walk to school?

If driving, 'Park and Stride' to help your child earn their WOW badges. Park at least ten minutes away from the school and walk the remaining journey.

If using public transport, hop off at least ten minutes away and walk the rest (recorded as 'other' on the WOW Travel Tracker).

What is a WOW badge?

There are 11 badges to be earned from September 2025 – July 2026. Each badge has been designed by a pupil as part of our annual WOW Badge Design Competition. A new badge can be earned every month if pupils walk/wheel, cycle, scoot or Park and Stride at least twice a week.

WOW 2025/26 encourages pupils to Walk with Joy, with badges depicting everything from jumping in puddles to painting.

The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit:

livingstreets.org.uk/recycling

Last year, around 2,100 schools and over 540,000 pupils enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please find more information and useful videos at: livingstreets.org.uk/wowlaunch



Smoking & Vaping

A gentle reminder to all parents and carers: smoking and vaping are strictly prohibited on school premises at all times. This policy is in place to ensure a safe, healthy environment for all our children, staff, and visitors. Please refrain from smoking or vaping anywhere on school grounds, including car parks and entrances. Your support helps us maintain a clean, respectful space where all children can thrive. Thank you for helping us keep our school a smoke-free zone.



Our Mission Statement

Nurturing, empowering and supporting the 'whole child' today, to flourish into successful, happy and resilient lifelong learners who positively contribute to the global community of tomorrow.

Our Vision

At Silloth Primary School we are committed to nurturing every child's potential in a supportive, safe and inclusive environment.

We aim to cultivate curious, compassionate, and confident learners who are equipped to thrive in a modern global community,

We embrace diversity, encourage critical thinking, creativity and foster a lifelong love of learning.

By integrating innovative teaching practices with a focus on empathy and global awareness, we aim to prepare our students to become responsible, resilient and active citizens of the world.

Together we empower our children to make a positive impact on their communities and beyond.

Contact Us

If you have any further questions or queries, please do not hesitate to contact us.

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Visit us on the web at www.silloth.cumbria.sch.uk or visit our [Facebook!](#)

