



Silloth Primary School Newsletter

21.11.25

Friday 21st November

A message from Miss Mounsey...

This has been another exciting and vibrant week in school, filled with creativity, collaboration and plenty of hands-on learning. One of the highlights has undoubtedly been the wonderful cooking taking place across the classes. The children in Year 4 and Year 5 have been measuring, mixing and tasting with great enthusiasm, producing everything from delicious garlic flatbreads to warming vegetable soup. It has been lovely to see their confidence growing in the kitchen as they develop important life skills and take pride in what they have created.

Year 5 have also reached an exciting milestone as they began their swimming lessons at Wigton Swimming Baths. They approached their first session with great positivity, and it was wonderful to see how quickly they settled into the routines and instructions from the swimming coaches.

From the 1st of December, we also have some very exciting staffing developments taking place. Miss Banks will be job sharing with Miss Cuckson in Year 2, teaching on Thursdays and Fridays, and Mrs Taylor will be working alongside Mrs Smart in Year 6. Both staff members are really looking forward to getting to know the children in their new classes.

As the weather has turned very cold, please remember to wrap up warm. A cosy coat, hat and gloves make all the difference during playtimes and journeys to and from school.

As always, I am incredibly proud of the children's efforts and enthusiasm.



Silloth Primary School
'Where Children Come First!'

SILLOTH PRIMARY SCHOOL
2025/2026

Is your child looking to start Nursery in January or April 2026?

We can take Nursery children, the term after their 3rd birthday!

The application processes to apply for next year's places are now open!

We can offer individual appointments for parents to come and see for yourselves what makes our school so special.

The deadline for January 2026 Nursery starters is 26.9.25 and the deadline for April starters is 15.1.26. Contact us on 016973 31243 or admin@silloth.cumbria.sch.uk for more information or to make an appointment.

Visit our website for more information
www.silloth.cumbria.sch.uk

Diary Dates

Wednesday 3rd December - Times Table Rock Star Day! (More information to follow)

Thursday 4th December - FOSPS Christmas Bottle Bingo! (More information below)

Tuesday 9th December - 'A Hygge Christmas with Early Years' (More information to follow)

Thursday 11th December - FOSPS Christmas Treat 'Winter Wonderland' (More information to follow)

Tuesday 16th December - KS1 Christmas Nativity (More information to follow)

Tuesday 16th December - KS2 Christmas Carols at Christ Church - 1:30pm



Important Information - “Spy Dog”, “Spy Cat” & “Spy Pups” Books

*We wanted to make you aware of an important update regarding some children’s books by **Andrew Cope**, including the popular “Spy Dog”, “Spy Cat” and “Spy Pups” series.*

*It has recently been brought to our attention that in the **front and/or back pages of some editions** of these books, there is a web address (URL) that has been **hacked** by an unrelated third party. The domain is now being used to host **inappropriate adult content**.*

*While this website is **not part of the story, nor linked to Puffin Books or the author**, we strongly advise that children **do not attempt to visit the website listed in these books**.*

What we are doing:

- *We are **checking our school copies** of these titles and **removing any affected books** from circulation.*
 - *Penguin Random House (Puffin Books) has confirmed they have **paused sale and distribution** of the books while they work to resolve the issue.*
 - *The publisher is actively pursuing legal action to have the inappropriate site removed, but this process will take some time.*
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*If you have copies of these books at home, we recommend that you **check them carefully** and **remove any pages containing the old website link**, or temporarily remove the books from use until the issue is resolved.*

Thank you for your support in helping us keep children safe online.



Friends of Silloth Primary School – Bottle Bingo Is Back!

*Get ready for one of our favourite festive events – **Bottle Bingo is back!***

***Tickets** will be available to purchase from **Monday 10th November** via **ParentMail**.*

*The **closing date** for tickets is **Friday 28th November**, and tickets will be sent home on this day (unless sold out before).*

*We are also asking for **bottle donations of any kind** — from drinks to bubble bath!*

*All donations can be handed into the **school office**.*

Thank you for your support — we can't wait for another fantastic school community event!



Parking on School Lane

*We kindly ask that parents and carers **do not park on School Lane** during drop-off and pick-up times.*

*To help keep everyone safe, please **park on Skinburness Road, by the tennis courts**, and walk down to school with your child. This keeps the lane clear for residents, delivery drivers, and emergency vehicles, and ensures a safe environment for our children walking and cycling to school.*

Thank you for your understanding and support in keeping our school community safe and considerate.



Cycling & Scootering to School – A Reminder about Road Safety

*As we are encouraging more children are choosing to cycle or scooter to school, we would like to remind families about the importance of **road safety** and being considerate of others. Please take a moment to talk with your child about safe cycling and scootering so that every journey to and from school is as safe as possible.*

Key Road Safety Rules for Cyclists

-  Always wear a properly fitted helmet.
-  Ensure bikes are roadworthy with working brakes and lights.
-  Use cycle paths where available and keep to the **left-hand side** of the road.
-  Look carefully before turning or crossing a junction and signal clearly with hand signals.
 -  Obey traffic lights, road signs, and crossings.
 -  Stay visible by wearing **bright or reflective clothing**.

-  Never cycle more than two abreast, and ride in single file on narrow or busy roads.
 -  Avoid distractions such as headphones or mobile phones.
 -  Do not ride on pavements unless a shared cycle path is clearly marked.
 -  Be cautious around parked cars – check carefully before moving out into the road.
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On the School Grounds

For the safety of **all children, staff, and visitors**, riding bikes or scooters is **not permitted on school premises**. We kindly ask that children **dismount and walk** with their bikes or scooters once they enter the school gates.

Thank you for your continued support in helping us keep our school community safe.



School Meals

School meals are £2.90p per day (£14.50 per week), which represents very good value for money.

All food is freshly made & prepared each day on site by our own kitchen team.

Please remember to pay your child's dinner money (Nursery & Year 3 – 6 ONLY) using +Pay.

Main Meal Choices W/C 24.11.25

Monday – Meatballs, Pasta & Gravy

Tuesday - Sweet & Sour Chicken with Rice

Wednesday - Roast Chicken with vegetables

Thursday – Fish Goujons & Wedges

Friday – Pork Sausages & Chips

Nut & Egg Free School

Please remember that we are a nut & egg free school.

Your child may not bring any eggs or nuts into school as part of their packed lunches or as snacks. Breakfast bars for break time snacks are not permitted as they usually contain nuts or have been made in factories where there are nuts.



Stars of the Week!

A huge well done to all of our Stars of the Week! Each of these children has shone brightly, showing great effort, kindness, and enthusiasm in their learning and around school. We are

so proud of the positive attitudes they bring to school every day – keep up the fantastic work!

A special mention to the WHOLE of Year 6 who have been fantastic representatives of our school during their 10 weeks of swimming. Their behaviour and dedication has been mentioned numerous times! Well done Year 6!



Attendance Champions!

A huge well done Year 6 who achieved 95.06% attendance this week!

Great attendance means great learning — keep it up everyone!



Names in clothes, please!

Names in Clothes, Please!

Jumpers, cardigans and coats love to go on little adventures around school – but sometimes they forget where they belong!

To help them find their way back, please make sure your child's name is written clearly in *every* item of clothing, including PE kits, hats and shoes.

It makes life much easier for everyone and helps lost clothes get back home safely. Thank you for your help!



Water Bottles & Fruit - PLEASE READ VERY CAREFULLY



Nursery - Just a reminder that all children get fresh water, milk and fruit daily. Therefore children do not need to bring water in their own bottles. **No juice/water should be brought into school.**

Reception & Key Stage 1 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. **No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Also, children get fruit daily and, therefore, there is no need to fetch snack.

Key Stage 2 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. **No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Children can bring a piece of fruit into school for the morning breaktime. Please ensure that grapes are cut in half, lengthways.

Packed Lunches

At Silloth Primary School, we promote healthy eating to support children's growth, development, and concentration throughout the school day. To help with this, we kindly ask that all **packed lunches follow our healthy lunchbox guidelines.**

A healthy packed lunch should include:

- **A portion of starchy food** – such as bread, rolls, wraps, pasta, rice, couscous, or potatoes.
- **At least one portion of fruit and/or vegetables** – fresh, dried, tinned (in juice), or frozen.
- **A source of protein** – lean meat, fish, eggs, beans, pulses, hummus, or meat alternatives.
- **A dairy item** – like cheese, yogurt, or a milk-based dessert.

- *A **healthy drink** – preferably water, or milk/100% fruit juice in moderation.*
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Please do not include:

- *Chocolate bars or confectionery.*
 - *Sweets.*
 - *Fizzy or energy drinks.*
 - *Nuts or nut products (we are a **nut-free school**).*
 - *Eggs or egg-based products (we are an **egg-free school**).*
 - *Hot food in flasks (due to health and safety concerns).*
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To keep all children safe:

- ***Lunchboxes must be clearly labelled** and may include a small ice pack, as we cannot refrigerate them.*
 - *Children must **not share food** to avoid allergic reactions or cross-contamination.*
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Special Diets:

We understand that some children may require special diets for medical, religious, or cultural reasons. Please inform school if this applies to your child, and we will support you in providing a healthy, balanced alternative.

Monitoring:

Packed lunches are monitored by staff. Healthy choices are praised, and we will always work sensitively with families to support improvements where needed.

Thank you for helping us keep lunchtime healthy and safe for everyone!



Be Ready For The Weather!

*As the weather is becoming increasingly unpredictable, please ensure that children bring a **coat to school every day**. We aim to get outside in the fresh air as much as possible, even if it's a little chilly or damp, so having a suitable coat means your child can enjoy playtimes and outdoor learning comfortably.*



Punctuality Matters

*It is essential that children are in school **on time, every day**.*

- **Doors open: 8:30am**
 - **Registration begins: 8:35am**
 - **Registration closes: 8:45am**
-

*After this time, children must enter through the **main entrance** and will be marked as **late**.
Persistent lateness not only disrupts your child's learning but also affects the whole class.
Patterns of lateness are carefully monitored and reviewed half-termly alongside attendance.*

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.

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Poor attendance or frequent lateness can significantly affect life chances. Missing even a few days each term quickly adds up to large gaps in learning, making it harder for your child to

keep up. Arriving late has the same impact — children miss vital teaching and the start of the school day, which sets the tone for learning.

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.



Uniform Expectations

- *Royal blue sweatshirt with embroidered school logo*
 - *White polo shirt (school logo optional)*
- *Black or dark grey trousers, skirts, or smart school shorts for summer*
- *Blue and white checked dresses may be worn in the summer*
- *Plain, low heeled black school shoes must also be worn with socks at all times.*
 - ***No sandals are permitted***
 - ***No tracksuit bottoms are permitted***
- *Only black, low heeled boots may be worn in winter*

- *No training shoes are permitted (other than for PE)*
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Jewellery

- *A watch may be worn. Smart watches are not permitted.*
 - *ONLY discreet stud earrings can be worn and on the grounds of safety the studs should have no sharp edges. All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.*
 - *The wearing of other jewellery, rings, necklaces, bracelets etc. is not permitted in school for health and safety reasons*
 - *Pupils will be asked to remove any jewellery.*
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Other

- *Long hair must be well tied back at all times. This applies to **girls and boys**.*
 - *Nail varnish and make-up is not permitted.*
 - *A waterproof coat must be brought to school every day.*
 - *Please ensure that all belongings are clearly labelled with your child's name.*
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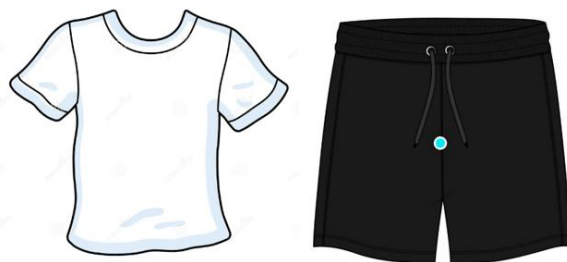
PE Kit Expectations

Please ensure that your child brings their PE kit into school every Monday and then it is in school for the week.

Our PE kit consists of a plain white t-shirt and black/navy shorts or jogging bottoms.

Nike Pro shorts are not permitted.

All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.



Living Streets' WOW - The Walk To School Challenge - Starts on Monday!

Living Streets' WOW – the walk to school challenge is back to help encourage as many children as possible to experience the benefits of walking and wheeling to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least twice a week for a month, they get rewarded with a badge. This is for Year 1-Year 6 children... but everyone can get involved! It's that easy!

What are the benefits of walking to school?

- Children feel happier and healthier*
- They arrive to school refreshed and ready to learn*
- Helps reduce congestion and pollution at the school gates*

What if we can't walk to school?

If driving, 'Park and Stride' to help your child earn their WOW badges. Park at least ten minutes away from the school and walk the remaining journey.

If using public transport, hop off at least ten minutes away and walk the rest (recorded as 'other' on the WOW Travel Tracker).

What is a WOW badge?

There are 11 badges to be earned from September 2025 – July 2026. Each badge has been designed by a pupil as part of our annual WOW Badge Design Competition. A new badge can be earned every month if pupils walk/wheel, cycle, scoot or Park and Stride at least twice a week.

WOW 2025/26 encourages pupils to Walk with Joy, with badges depicting everything from jumping in puddles to painting.

The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit:

livingstreets.org.uk/recycling

Last year, around 2,100 schools and over 540,000 pupils enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please find more information and useful videos at: livingstreets.org.uk/wowlaunch



Smoking & Vaping

A gentle reminder to all parents and carers: smoking and vaping are strictly prohibited on school premises at all times. This policy is in place to ensure a safe, healthy environment for all our children, staff, and visitors. Please refrain from smoking or vaping anywhere on school grounds, including car parks and entrances. Your support helps us maintain a clean, respectful space where all children can thrive. Thank you for helping us keep our school a smoke-free zone.



Contact Us

If you have any further questions or queries, please do not hesitate to contact us.

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Visit us on the web at www.silloth.cumbria.sch.uk or visit our [Facebook!](#)

