



Silloth Primary School Newsletter
10.10.25

Friday 10th October

A message from Miss Mounsey...

What a busy and exciting week it has been here at Silloth Primary School – we really have been busy bees! 🐝

*Firstly, I would like to say a huge well done and thank you to everyone who joined us for our **Harvest Festival**. The children did an amazing job sharing the different symbols of harvest, singing beautifully, and reminding us all about the importance of kindness and community. Your generous donations will make a real difference to local families in need, and we are so grateful for your continued support.*

*We also want to celebrate the fantastic achievements of our **football team**, who represented our school brilliantly at the tournament on Friday. Their teamwork, determination and sportsmanship made us all extremely proud – well done, team! ⚽*

*Today, it was wonderful to see so many of our children and staff wearing **yellow** as part of our celebrations for **World Mental Health Day**. It was a powerful reminder of the importance of looking after our mental wellbeing and supporting one another. Thank you for helping us make the day so positive and meaningful. 💚*

*I am also **very proud of this week's attendance** across the school – thank you to all our families for helping children to be in school, learning and thriving every day. Every day really does count!*



*Looking ahead to next week, there's even more to be excited about. On **Monday 13th October**, we're hosting our **Nursery Stay & Play** session in the morning, followed by our **Reception–Year 6 Open Afternoon** from 2:00–5:00pm. We hope lots of you will be able to join us – more details can be found below.*

*Then on **Wednesday 15th October**, our school photographers will be in to take **individual and family photographs**. Please remember to send children in **smart full school uniform**.*

Thank you, as always, for your continued support – it's what makes our school community so special.



50/50 club

1st prize £TBC

2nd prize £TBC



Prize money will be decided once we know how many numbers have been sold. The more numbers we sell the bigger the prizes!!!!

Everyone will be notified prior to the first draw.

50% of the money will be used towards prizes and

50% will go to Friends of Silloth Primary School.

The draw will take place on the first 24th of the October and then the 24th of each month going forwards.

The money raised from this is to go towards treats for all the Children in school.

How it works

Each person pays £6.00 for draws (October 2025 to March 2026 only £1.00 per month) and is allocated a number, then once a month we will pick 2 numbers through a number generator for 1st and 2nd place.

If this is something you would like to be part of, please hand the money in a sealed envelope along with your name and telephone number and hand it back to:

- Silloth Primary School Office
- Or you can do via Paypal to nicolahenderson22@hotmail.com
(Please use Friends and Family for this and add a contact number to the notes)

Closing date for numbers is: Friday 17th October 2025



Silloth Primary School
'Where Children Come First!'

SILLOTH PRIMARY SCHOOL
2025/2026

Is your child looking to start
Nursery in January or April
2026?

We can take Nursery children, the
term after their 3rd birthday!
The application processes to apply
for next year's places are now open!
We can offer individual appointments
for parents to come and see for
yourselves what makes our school so
special.

The deadline for January 2026 Nursery starters is 26.9.25 and the deadline
for April starters is 15.1.26. Contact us on 016973 31243 or
admin@silloth.cumbria.sch.uk for more information or to make an
appointment.

Visit our website for more information
www.silloth.cumbria.sch.uk

Diary Dates

Monday 13th October - Nursery Stay & Play Morning

Monday 13th October - Reception - Year 6 Open Afternoon 2pm - 5pm

Wednesday 15th October - Individual and Family School Photographs

Wednesday 22nd October - Nasal Flu - Reception - Year 6

Friday 24th October - Finish for Half Term - 3.05pm

Friday 24th October - FOSPS Halloween Party @ Silloth Rugby Club

Monday 27th October - Friday 31st October - Half Term!



Mental Health Day 2025 - Thank You!

A huge thank you to everyone who supported our World Mental Health Day event on Friday 10th October. It was wonderful to see the school filled with yellow as we joined schools across the country to raise awareness and funds for this important cause. Your generous donations helped us contribute to the national campaign while also reminding our pupils that it's okay to talk about how we feel. The grand total will be announced next week!

*At Silloth Primary, Mental Health and Wellbeing is one of our key school priorities this year. We are working closely with a range of outside agencies to develop a **bespoke wellbeing offer** that truly meets the needs of our children and families.*

*As part of this work, we are continuing to embed the **Zones of Regulation** across the school. This approach helps children to recognise and manage their emotions, giving them strategies to regulate their feelings and support their learning. Thank you once again for your continued support as we work together to make emotional wellbeing a whole-school priority.*











Harvest Festival 2025 - Silloth's Harvest Basket!

A huge thank you to everyone who joined us at Christchurch for our Harvest Festival on Thursday! Our children did an amazing job taking us on a journey through the different symbols of harvest, and their singing filled the church with joy and gratitude. 🙏❤️

We are so proud of the generosity shown by our families and wider community. Thanks to your kindness, we have been able to create some wonderful Harvest Hampers to support our local food bank and families in need. Every single donation will make a real difference. 🙏

Special thanks to the staff, Miss Banks (Director) and the children too!

Moments like those truly show the strength of our Silloth community — thank you for helping us celebrate the spirit of giving and togetherness this Harvest. 🌻







Football Champions!

Today, our Year 3 and 4 pupils took part in a football tournament and showed fantastic enthusiasm, teamwork and determination throughout. They worked brilliantly together as a team, coming 1st overall – and even more impressively, didn't concede a single goal!

A special mention goes to Amalie, who received special recognition for her outstanding teamwork. They had a wonderful afternoon playing football and are so proud of every single child for their hard work, sportsmanship and brilliant team spirit .A huge thank you to Cumbria Futures Federation for organising such a brilliant event!

Thank you to Mrs Dixon and Mrs Robinson who accompanied the children today.





School Photographs – Wednesday 15 October 2025

*A quick reminder that our school photographers will be in on **Wednesday 15th October**.*

*Please make sure children come to school **smartly dressed in their full school uniform**.*

Sibling photos (for children in school) will also be taken during the day.

Family photographs (children not in school) will be taken before school. Please speak to the school office about this.

Proofs and ordering details will be sent home afterwards.

We can't wait to see everyone looking super smart and smiling for the camera!



Nursery Stay & Play Morning & Reception - Year 6 Open Afternoon

Nursery Stay & Play – 8:30am–9:30am

Parents and carers are warmly invited to come and join in the fun! Explore your child's nursery environment, take part in activities together and chat with our wonderful early years team.

Reception – Year 6 Open Afternoon – 2:00pm–5:00pm

Drop in anytime during the afternoon to visit classrooms, see the fantastic work our children have been doing, and meet their teachers.

*Miss Banks will also be in the hall throughout the afternoon, sharing information about **The Zones of Regulation** – our new whole-school initiative to support emotional wellbeing. Grab a cuppa, enjoy a biscuit, and find out more!*

We look forward to welcoming you into school and sharing all the wonderful learning that's been happening this term.



Important Information - “Spy Dog”, “Spy Cat” & “Spy Pups” Books

*We wanted to make you aware of an important update regarding some children’s books by **Andrew Cope**, including the popular “Spy Dog”, “Spy Cat” and “Spy Pups” series.*

*It has recently been brought to our attention that in the **front and/or back pages of some editions** of these books, there is a web address (URL) that has been **hacked** by an unrelated third party. The domain is now being used to host **inappropriate adult content**.*

*While this website is **not part of the story, nor linked to Puffin Books or the author**, we strongly advise that children **do not attempt to visit the website listed in these books**.*

What we are doing:

- We are **checking our school copies** of these titles and **removing any affected books** from circulation.

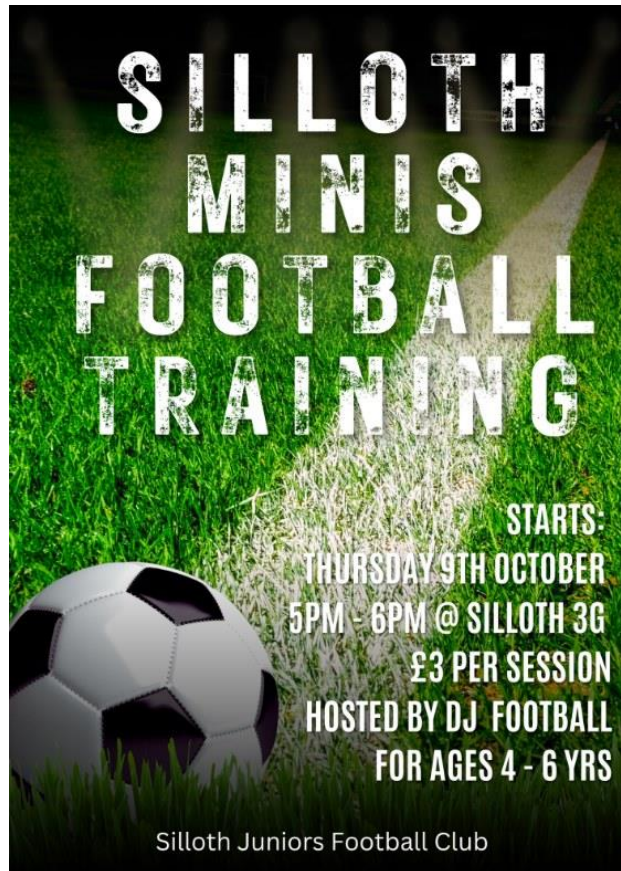
- Penguin Random House (Puffin Books) has confirmed they have **paused sale and distribution** of the books while they work to resolve the issue.
 - The publisher is actively pursuing legal action to have the inappropriate site removed, but this process will take some time.
-

If you have copies of these books at home, we recommend that you **check them carefully** and **remove any pages containing the old website link**, or temporarily remove the books from use until the issue is resolved.

Thank you for your support in helping us keep children safe online.





Silloth Minis Football Training











Cycling & Scootering to School – A Reminder about Road Safety

*As we are encouraging more children are choosing to cycle or scooter to school, we would like to remind families about the importance of **road safety** and being considerate of others. Please take a moment to talk with your child about safe cycling and scootering so that every journey to and from school is as safe as possible.*

Key Road Safety Rules for Cyclists

-  Always wear a properly fitted helmet.
-  Ensure bikes are roadworthy with working brakes and lights.

-  Use cycle paths where available and keep to the **left-hand side** of the road.
 -  Look carefully before turning or crossing a junction and signal clearly with hand signals.
 -  Obey traffic lights, road signs, and crossings.
 -  Stay visible by wearing **bright or reflective clothing**.
 -  Never cycle more than two abreast, and ride in single file on narrow or busy roads.
 -  Avoid distractions such as headphones or mobile phones.
 -  Do not ride on pavements unless a shared cycle path is clearly marked.
 -  Be cautious around parked cars – check carefully before moving out into the road.
-

On the School Grounds

For the safety of **all children, staff, and visitors**, riding bikes or scooters is **not permitted on school premises**. We kindly ask that children **dismount and walk** with their bikes or scooters once they enter the school gates.

Thank you for your continued support in helping us keep our school community safe.



School Meals

School meals are £2.90p per day (£14.50 per week), which represents very good value for money.

All food is freshly made & prepared each day on site by our own kitchen team.

Please remember to pay your child's dinner money (Nursery & Year 3 – 6 ONLY) using +Pay.

Main Meal Choices W/C 13.10.25

Monday – Meatballs, Pasta & Gravy

Tuesday - Creamy Chicken Korma with Rice

Wednesday - Roast Chicken, Vegetables & Yorkshire Pudding

Thursday – Cheese & Tomato Pizza & Wedges

Friday – Breaded Fish & Chips

Nut & Egg Free School

Please remember that we are a nut & egg free school.

Your child may not bring any eggs or nuts into school as part of their packed lunches or as snacks. Breakfast bars for break time snacks are not permitted as they usually contain nuts or have been made in factories where there are nuts.



Attendance Champions!

A huge well done Year 3, Year 4 AND Year 5 who ALL achieved 100% attendance this week!

Our sparkling new trophy will take pride of place in their winning classrooms this week.

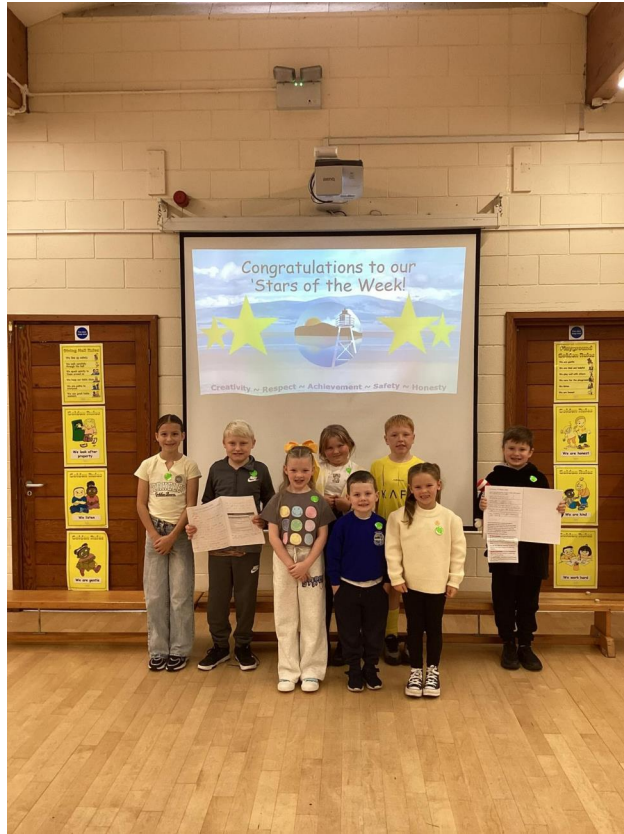
This is an amazing week for attendance and I think it is the first time three classes have had 100%!

Great attendance means great learning — keep it up everyone!



Stars of the Week!

A huge well done to all of our Stars of the Week! Each of these children has shone brightly, showing great effort, kindness, and enthusiasm in their learning and around school. We are so proud of the positive attitudes they bring to school every day – keep up the fantastic work!



Names in clothes, please!

Names in Clothes, Please!



Jumpers, cardigans and coats love to go on little adventures around school – but sometimes they forget where they belong!



To help them find their way back, please make sure your child's name is written clearly in *every* item of clothing, including PE kits, hats and shoes.



It makes life much easier for everyone and helps lost clothes get back home safely. Thank you for your help!

Water Bottles & Fruit - PLEASE READ VERY CAREFULLY



Nursery - Just a reminder that all children get fresh water, milk and fruit daily. Therefore children do not need to bring water in their own bottles. **No juice/water should be brought into school.**

Reception & Key Stage 1 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. **No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Also, children get fruit daily and, therefore, there is no need to fetch snack.

Key Stage 2 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. **No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Children can bring a piece of fruit into school for the morning breaktime. Please ensure that grapes are cut in half, lengthways.

Packed Lunches

*At Silloth Primary School, we promote healthy eating to support children's growth, development, and concentration throughout the school day. To help with this, we kindly ask that all **packed lunches follow our healthy lunchbox guidelines.***

A healthy packed lunch should include:

- ***A portion of starchy food** – such as bread, rolls, wraps, pasta, rice, couscous, or potatoes.*
 - ***At least one portion of fruit and/or vegetables** – fresh, dried, tinned (in juice), or frozen.*
 - ***A source of protein** – lean meat, fish, eggs, beans, pulses, hummus, or meat alternatives.*
 - ***A dairy item** – like cheese, yogurt, or a milk-based dessert.*
 - ***A healthy drink** – preferably water, or milk/100% fruit juice in moderation.*
-

Please do not include:

- *Chocolate bars or confectionery.*
 - *Sweets.*
 - *Fizzy or energy drinks.*
 - *Nuts or nut products (we are a **nut-free school**).*
 - *Eggs or egg-based products (we are an **egg-free school**).*
 - *Hot food in flasks (due to health and safety concerns).*
-

To keep all children safe:

- ***Lunchboxes must be clearly labelled** and may include a small ice pack, as we cannot refrigerate them.*
 - *Children must **not share food** to avoid allergic reactions or cross-contamination.*
-

Special Diets:

We understand that some children may require special diets for medical, religious, or cultural reasons. Please inform school if this applies to your child, and we will support you in providing a healthy, balanced alternative.

Monitoring:

Packed lunches are monitored by staff. Healthy choices are praised, and we will always work sensitively with families to support improvements where needed.

Thank you for helping us keep lunchtime healthy and safe for everyone!



Be Ready For The Weather!

*As the weather is becoming increasingly unpredictable, please ensure that children bring a **coat to school every day**. We aim to get outside in the fresh air as much as possible, even if it's a little chilly or damp, so having a suitable coat means your child can enjoy playtimes and outdoor learning comfortably.*



Punctuality Matters

*It is essential that children are in school **on time, every day**.*

- **Doors open: 8:30am**
 - **Registration begins: 8:35am**
 - **Registration closes: 8:45am**
-

*After this time, children must enter through the **main entrance** and will be marked as **late**.
Persistent lateness not only disrupts your child's learning but also affects the whole class.
Patterns of lateness are carefully monitored and reviewed half-termly alongside attendance.*

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.

Punctuality Matters

*It is essential that children are in school **on time, every day**.*

-
- ***Doors open: 8:30am***
 - ***Registration begins: 8:35am***
 - ***Registration closes: 8:45am***
-

*After this time, children must enter through the **main entrance** and will be marked as **late**.
Persistent lateness not only disrupts your child's learning but also affects the whole class.
Patterns of lateness are carefully monitored and reviewed half-termly alongside attendance.*

Poor attendance or frequent lateness can significantly affect life chances. Missing even a few days each term quickly adds up to large gaps in learning, making it harder for your child to keep up. Arriving late has the same impact — children miss vital teaching and the start of the school day, which sets the tone for learning.

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.



[An invitation from our friends at The Good Companions](#)



Uniform Expectations

- *Royal blue sweatshirt with embroidered school logo*
 - *White polo shirt (school logo optional)*
 - *Black or dark grey trousers, skirts, or smart school shorts for summer*
 - *Blue and white checked dresses may be worn in the summer*
 - *Plain, low heeled black school shoes must also be worn with socks at all times.*
 - ***No sandals are permitted***
 - ***No tracksuit bottoms are permitted***
 - ***Only black, low heeled boots may be worn in winter***
 - ***No training shoes are permitted (other than for PE)***
-

Jewellery

- *A watch may be worn. Smart watches are not permitted.*
 - *ONLY discreet stud earrings can be worn and on the grounds of safety the studs should have no sharp edges. All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.*
 - *The wearing of other jewellery, rings, necklaces, bracelets etc. is not permitted in school for health and safety reasons*
 - *Pupils will be asked to remove any jewellery.*
-

Other

- *Long hair must be well tied back at all times. This applies to **girls and boys**.*
 - *Nail varnish and make-up is not permitted.*
 - *A waterproof coat must be brought to school every day.*
 - *Please ensure that all belongings are clearly labelled with your child's name.*
-



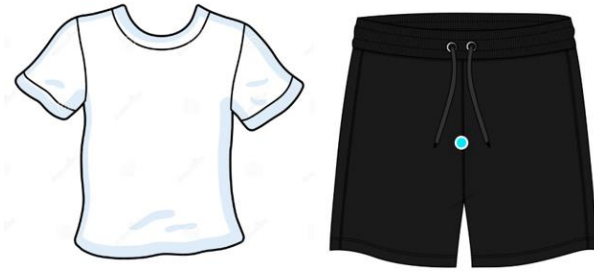
PE Kit Expectations

Please ensure that your child brings their PE kit into school every Monday and then it is in school for the week.

Our PE kit consists of a plain white t-shirt and black/navy shorts or jogging bottoms.

Nike Pro shorts are not permitted.

All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.



Living Streets' WOW - The Walk To School Challenge - Starts on Monday!

Living Streets' WOW – the walk to school challenge is back to help encourage as many children as possible to experience the benefits of walking and wheeling to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least twice a week for a month, they get rewarded with a badge. This is for Year 1-Year 6 children... but everyone can get involved! It's that easy!

What are the benefits of walking to school?

- *Children feel happier and healthier*
- *They arrive to school refreshed and ready to learn*
- *Helps reduce congestion and pollution at the school gates*

What if we can't walk to school?

If driving, 'Park and Stride' to help your child earn their WOW badges. Park at least ten minutes away from the school and walk the remaining journey.

If using public transport, hop off at least ten minutes away and walk the rest (recorded as 'other' on the WOW Travel Tracker).

What is a WOW badge?

There are 11 badges to be earned from September 2025 – July 2026. Each badge has been designed by a pupil as part of our annual WOW Badge Design Competition. A new badge can be earned every month if pupils walk/wheel, cycle, scoot or Park and Stride at least twice a week.

WOW 2025/26 encourages pupils to Walk with Joy, with badges depicting everything from jumping in puddles to painting.

The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit:

livingstreets.org.uk/recycling

Last year, around 2,100 schools and over 540,000 pupils enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please find more information and useful videos at: livingstreets.org.uk/wowlaunch



Smoking & Vaping

A gentle reminder to all parents and carers: smoking and vaping are strictly prohibited on school premises at all times. This policy is in place to ensure a safe, healthy environment for all our children, staff, and visitors. Please refrain from smoking or vaping anywhere on school grounds, including car parks and entrances. Your support helps us maintain a clean, respectful space where all children can thrive. Thank you for helping us keep our school a smoke-free zone.



Contact Us

If you have any further questions or queries, please do not hesitate to contact us.

Silloth Primary School

Liddell Street,

Silloth,

Wigton,

Cumbria, CA7 4DR

016973 31243

admin@silloth.cumbria.sch.uk

Visit us on the web at www.silloth.cumbria.sch.uk or visit our [Facebook!](#)

