



Silloth Primary School Newsletter 12.12.25

## **Friday 12th December**

A message from Miss Mounsey...

What a wonderfully **fun-filled and festive week** we have enjoyed in school! From Christmas trips and treats to performances and special celebrations, it has been a joy to see our children so engaged, happy, and full of Christmas spirit.

This week, we were delighted to welcome parents and carers from **Early Years** into school for our **Hygge Christmas morning**. It was so lovely to share this special time together, seeing families enjoy festive activities alongside the children in such a warm and joyful atmosphere.

I would also like to extend a huge thank you to the **Friends of Silloth Primary School** for their hard work and dedication in creating our magical **Winter Wonderland** day. The care, creativity, and effort that went into the event made it truly special for our children and created memories they will treasure.

As we head into the **final week of 2025 in school**, there is still so much to look forward to. Year 6 will be visiting the convalescent home to sing Christmas carols, spreading festive cheer in our local community.

On **Tuesday**, Key Stage 1 will perform their Knock Knock Nativity with a **9:00am start**, followed by Key Stage 2's Christmas Carols at **Christ Church at 1:15pm**.

**Wednesday** is **Christmas Dinner Day**, and children are invited to wear Christmas jumpers, dresses, or other festive clothing.

On **Thursday**, Key Stage 1 and Key Stage 2 will enjoy their Christmas party days, alongside a visit to **The Good Companions Grotto**, while our Early Years children enjoy their Christmas treat.

We will finish school for the Christmas break on **Friday at 1:00pm**.

Thank you, as always, for your continued support. It truly has been a special festive season for our school community, and I wish you all a happy, peaceful, and joyful Christmas.



## **Diary Dates**

**Tuesday 16th December -** KS1 Christmas Nativity - 9am start

Tuesday 16th December - KS2 Christmas Carols at Christ Church - 1:30pm

**Wednesday 17th December -** Christmas Dinner Day!

**Thursday 18th December** - KS1 & KS2 Christmas Party Day! Children are to come to school dressed in their party clothes!

**Thursday 18th December -** Early Years Christmas Treat - Planet Play

**Friday 19th December -** Finish school for Christmas - 1pm!

Wednesday 7th January 2026 - Back to school!



# **December Triggers**

December can be an exciting but challenging time for children, with changes to routines, increased noise, and lots of special events. Louise Saunders, Specialist Advisory Teacher, has shared the poster below which highlights some common "December triggers" that can affect children's emotions and behaviour. By understanding these, we can better support our children with calm routines, reassurance, and kindness as we move towards the festive break.



# A 'Hygge' Christmas with The Early Years

Our Hygge Christmas with the Early Years celebration was a cosy, joyful morning designed to bring families together and celebrate the festive season. Children shared Christmas songs, explored seasonal activities, and welcomed parents and carers into their learning environment. The event focused on warmth, togetherness, and creating happy memories, giving families a special opportunity to spend time with their child in school and see where they learn, play, and thrive.















KS1 Christmas Treat at Stanwix

Key Stage 1 had a fantastic festive afternoon at Stanwix for their Christmas treat. The children enjoyed bowling and Christmas crafts, with time to swap activities and explore the soft play area. A special visit from Foxy and Roxy, along with disco music and dancing, made

the afternoon extra magical. Thank you to Stanwix Park for hosting us and to Miss Larkin for organising such a wonderful event. A truly festive afternoon enjoyed by all!



























### Early Years Christmas Treat - Trip to Planet Play!

We are excited to let you know that Nursery and Reception will be visiting **Planet Play soft**play for our Christmas treat.

- We will leave school at 9:00am and return at approximately 1:15pm.
- **Nursery parents**, please collect your child at the later time of **1:15pm**.

#### Children not usually in Nursery on Thursdays

Children who do not usually attend Nursery on Thursdays are more than welcome to join the trip. **Please speak to Miss Butler** if you would like your child to take part.

#### **Food & Treats**

Children will have a morning snack and lunch at Planet Play. Lunch will include pizza, chips, and a pudding, and each child will also receive a gift.

#### **Clothing**

Children may wear a **Christmas jumper** with **sensible bottoms suitable for soft play**.

We're really looking forward to a fun-filled festive trip!



## Chance Camp!



# Friends of Silloth Primary School's Winter Wonderland

We had a truly magical day at our Winter Wonderland, full of festive fun and Christmas cheer.

The children loved the crafts, hot chocolate, colourful paper chains, treat bags, and the beautiful personalised baubles to take home. Thank you to the Friends of Silloth Primary School for all your hard work, kindness, and creativity. Your dedication brings so much joy to our children and helps make our school community so special.































## Parking on School Lane

We kindly ask that parents and carers **do not park on School Lane** during drop-off and pickup times.

To help keep everyone safe, please **park on Skinburness Road, by the tennis courts,** and walk down to school with your child. This keeps the lane clear for residents, delivery drivers, and emergency vehicles, and ensures a safe environment for our children walking and cycling to school.

Thank you for your understanding and support in keeping our school community safe and considerate.



# Cycling & Scootering to School – A Reminder about Road Safety

As we are encouraging more children are choosing to cycle or scooter to school, we would like to remind families about the importance of **road safety** and being considerate of others. Please take a moment to talk with your child about safe cycling and scootering so that every journey to and from school is as safe as possible.

### **Key Road Safety Rules for Cyclists**

- Always wear a properly fitted helmet.
- Ensure bikes are roadworthy with working brakes and lights.
- Look carefully before turning or crossing a junction and signal clearly with hand signals.

  - Stay visible by wearing **bright or reflective clothing**.

- Never cycle more than two abreast, and ride in single file on narrow or busy roads.
  - Avoid distractions such as headphones or mobile phones.
  - Do not ride on pavements unless a shared cycle path is clearly marked.
- Be cautious around parked cars check carefully before moving out into the road.

#### On the School Grounds

For the safety of **all children, staff, and visitors**, riding bikes or scooters is **not permitted on school premises**. We kindly ask that children **dismount and walk** with their bikes or scooters once they enter the school gates.

Thank you for your continued support in helping us keep our school community safe.



### School Meals

School meals are £2.90p per day (£14.50 per week), which represents very good value for money.

All food is freshly made & prepared each day on site by our own kitchen team.

Please remember to pay your child's dinner money (Nursery & Year 3 – 6 ONLY) using +Pay.

### Main Meal Choices W/C 15.12.25

Monday – Meatballs, Pasta & Gravy

Tuesday - Chicken Korma & Rice

Wednesday - CHRISTMAS DINNER DAY!

Thursday – Cheese & Tomato Pizza & Potato Wedges

Friday – Picnic Lunch

### **Nut & Egg Free School**

Please remember that we are a nut & egg free school.

Your child may not bring any eggs or nuts into school as part of their packed lunches or as snacks. Breakfast bars for break time snacks are not permitted as they usually contain nuts or have been made in factories where there are nuts.



# Wigton Baths - Festive Opening Times



## Stars of the Week!

A huge well done to all of our Stars of the Week! Each of these children has shone brightly, showing great effort, kindness, and enthusiasm in their learning and around school. We are so proud of the positive attitudes they bring to school every day – keep up the fantastic work!



A huge well done Year 2 who achieved 97% attendance this week!

Great attendance means great learning — keep it up everyone!



## Names in clothes, please!



### Water Bottles & Fruit - PLEASE READ VERY CAREFULLY



**Nursery** - Just a reminder that all children get fresh water, milk and fruit daily. Therefore children do not need to bring water in their own bottles. **No juice/water should be brought** into school.

Reception & Key Stage 1 - Children are to bring empty water bottles into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this. Also, children get fruit daily and, therefore, there is no need to fetch snack.

Key Stage 2 - Children are to bring empty water bottles into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this. Children can bring a piece of fruit into school for the morning breaktime. Please ensure that grapes are cut in half, lengthways.

### Packed Lunches

At Silloth Primary School, we promote healthy eating to support children's growth, development, and concentration throughout the school day. To help with this, we kindly ask that all packed lunches follow our healthy lunchbox guidelines.

### A healthy packed lunch should include:

- **A portion of starchy food** such as bread, rolls, wraps, pasta, rice, couscous, or potatoes.
- **At least one portion of fruit and/or vegetables** fresh, dried, tinned (in juice), or frozen.
  - **A source of protein** lean meat, fish, eggs, beans, pulses, hummus, or meat alternatives.
    - **A dairy item** like cheese, yogurt, or a milk-based dessert.
  - A healthy drink preferably water, or milk/100% fruit juice in moderation.

#### Please do not include:

- Chocolate bars or confectionery.
  - Sweets.
  - Fizzy or energy drinks.
- Nuts or nut products (we are a **nut-free school**).
- Eggs or egg-based products (we are an egg-free school).
- Hot food in flasks (due to health and safety concerns).

### To keep all children safe:

- **Lunchboxes must be clearly labelled** and may include a small ice pack, as we cannot refrigerate them.
  - Children must **not share food** to avoid allergic reactions or cross-contamination.

#### **Special Diets:**

We understand that some children may require special diets for medical, religious, or cultural reasons. Please inform school if this applies to your child, and we will support you in providing a healthy, balanced alternative.

### **Monitoring:**

Packed lunches are monitored by staff. Healthy choices are praised, and we will always work sensitively with families to support improvements where needed.

Thank you for helping us keep lunchtime healthy and safe for everyone!



As the weather is becoming increasingly unpredictable, please ensure that children bring a coat to school every day. We aim to get outside in the fresh air as much as possible, even if it's a little chilly or damp, so having a suitable coat means your child can enjoy playtimes and outdoor learning comfortably.



# **Punctuality Matters**

It is essential that children are in school on time, every day.

• Doors open: 8:30am

• Registration begins: 8:35am

• Registration closes: 8:45am

After this time, children must enter through the **main entrance** and will be marked as **late**.

Persistent lateness not only disrupts your child's learning but also affects the whole class.

Patterns of lateness are carefully monitored and reviewed half-termly alongside attendance.

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.

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Poor attendance or frequent lateness can significantly affect life chances. Missing even a few days each term quickly adds up to large gaps in learning, making it harder for your child to keep up. Arriving late has the same impact — children miss vital teaching and the start of the school day, which sets the tone for learning.

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.



# **Uniform Expectations**

- Royal blue sweatshirt with embroidered school logo
  - White polo shirt (school logo optional)
- Black or dark grey trousers, skirts, or smart school shorts for summer
  - Blue and white checked dresses may be worn in the summer
- Plain, low heeled black school shoes must also be worn with socks at all times.
  - No sandals are permitted
  - No tracksuit bottoms are permitted
  - Only black, low heeled boots may be worn in winter
  - No training shoes are permitted (other than for PE)

### Jewellery

- A watch may be worn. Smart watches are not permitted.
- ONLY discreet stud earrings can be worn and on the grounds of safety the studs should have no sharp edges. All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.
- The wearing of other jewellery, rings, necklaces, bracelets etc. is not permitted in school for health and safety reasons
  - Pupils will be asked to remove any jewellery.

### Other

- Long hair must be well tied back at all times. This applies to girls and boys.
  - Nail varnish and make-up is not permitted.
  - A waterproof coat must be brought to school every day.
- Please ensure that all belongings are clearly labelled with your child's name.



Please ensure that your child brings their PE kit into school every Monday and then it is in school for the week.

Our PE kit consists of a plain white t-shirt and black/navy shorts or jogging bottoms.

Nike Pro shorts are not permitted.

All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.



Living Streets' WOW - The Walk To School Challenge - Starts on Monday!

Living Streets' WOW – the walk to school challenge is back to help encourage as many children as possible to experience the benefits of walking and wheeling to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least twice a week for a month, they get rewarded with a badge. This is for Year 1-Year 6 children... but everyone can get involved! It's that easy!

#### What are the benefits of walking to school?

- Children feel happier and healthier
- They arrive to school refreshed and ready to learn

• Helps reduce congestion and pollution at the school gates

### What if we can't walk to school?

If driving, 'Park and Stride' to help your child earn their WOW badges. Park at least ten minutes away from the school and walk the remaining journey.

If using public transport, hop off at least ten minutes away and walk the rest (recorded as 'other' on the WOW Travel Tracker).

#### What is a WOW badge?

There are 11 badges to be earned from September 2025 – July 2026. Each badge has been designed by a pupil as part of our annual WOW Badge Design Competition. A new badge can be earned every month if pupils walk/wheel, cycle, scoot or Park and Stride at least twice a week.

WOW 2025/26 encourages pupils to Walk with Joy, with badges depicting everything from jumping in puddles to painting.

The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit:

livingstreets.org.uk/recycling

Last year, around 2,100 schools and over 540,000 pupils enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please find more information and useful videos at: livingstreets.org.uk/wowlaunch



# **Smoking & Vaping**

A gentle reminder to all parents and carers: smoking and vaping are strictly prohibited on school premises at all times. This policy is in place to ensure a safe, healthy environment for all our children, staff, and visitors. Please refrain from smoking or vaping anywhere on school grounds, including car parks and entrances. Your support helps us maintain a clean, respectful space where all children can thrive. Thank you for helping us keep our school a smoke-free zone.



If you have any further questions or queries, please do not hesitate to contact us.

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