



Silloth Primary School Newsletter

Friday 5th September

What a fantastic start we have had to the new school year! It has been wonderful to welcome the children back, and I am so pleased to share how positive the first three days

have been. The children have returned to school with huge smiles, full of enthusiasm and a real readiness to learn. Classrooms have been buzzing with energy, and it has been lovely to see children so engaged and eager to get stuck into their new routines.

*At the beginning of every school year, it's important that we set the tone together. Over the past few days, we have spent time talking about our expectations as a school community. We have revisited the importance of **wearing our school uniform with pride, demonstrating excellent behaviour, and ensuring strong attendance** so that every child has the best chance to succeed. These conversations help to create a positive and purposeful atmosphere where everyone knows what is expected and feels ready to achieve their very best.*

*We are so lucky to have some **new faces join our school family too!** It has been a joy to welcome them into our community, and it's been wonderful to see how quickly they have settled in. Our existing pupils have shown great kindness and respect, making sure everyone feels included and part of our Silloth Primary School family.*

*We have also spent time focusing on our **School Values – Creativity, Respect, Achievement, Safety and Honesty**. These values are at the heart of everything we do here at Silloth Primary School, and it has been brilliant to hear the children reflect on what they mean in everyday life. Philosophy Week has provided a perfect opportunity to explore these ideas further. Through thoughtful discussions and activities, the children have especially reflected on the value of **Respect** – what it looks like, why it matters, and how it helps us to build strong, positive relationships. It has been a lovely way to reconnect with each other as a whole school community and to begin the year on such a thoughtful and supportive note.*

*Looking ahead, we are excited for the opportunities that lie ahead this term. Next week, our **Year 5 children will be taking part in Bikeability** – a brilliant programme that helps children develop the skills and confidence to cycle safely. Please do check the correspondence you have received via ParentMail to make sure your child is ready to take part.*

As we come to the end of this first week, I want to say thank you to staff, children, and families for making such a strong start to the year. Your support and positivity are greatly appreciated, and I know that, working together, we can make this a truly successful and memorable year.

Wishing you all a lovely weekend.



Silloth Primary School
'Where Children Come First!'

SILLOTH PRIMARY SCHOOL
2025/2026

Is your child looking to start Nursery in January or April 2026?

We can take Nursery children, the term after their 3rd birthday!
The application processes to apply for next year's places are now open!
We can offer individual appointments for parents to come and see for yourselves what makes our school so special.

The deadline for January 2026 Nursery starters is 26.9.25 and the deadline for April starters is 15.1.26. Contact us on 016973 31243 or admin@silloth.cumbria.sch.uk for more information or to make an appointment.

Visit our website for more information
www.silloth.cumbria.sch.uk

Diary Dates

Monday 8th September - Friday 12th September - Year 5 Bikeability

Tuesday 30th September - Year 6 @ REACT Science Show

Monday 13th October - Nursery Stay & Play Morning

Monday 13th October - Reception - Year 6 Open Afternoon 2pm - 5pm

Wednesday 15th October - Individual and Family School Photographs

Wednesday 22nd October - Nasal Flu - Reception - Year 6

Friday 24th October - Finish for Half Term - 3.05pm

Monday 27th October - Friday 31st October - Half Term!

Monday 3rd November - Back to school



School Meals

School meals are £2.90p per day (£14.50 per week), which represents very good value for money.

All food is freshly made & prepared each day on site by our own kitchen team.

Please remember to pay your child's dinner money (Nursery & Year 3 – 6 ONLY) using +Pay.

Main Meal Choices W/C 8.9.25

Monday – Meatballs, Pasta & Gravy

Tuesday - Chicken Goujons with Sweet & Sour Sauce

Wednesday - Roast Chicken, Vegetables & Yorkshire Pudding

Thursday – Cod Goujons

Friday – Pork Sausages & Chips

Nut & Egg Free School

Please remember that we are a nut & egg free school.

Your child may not bring any eggs or nuts into school as part of their packed lunches or as snacks. Breakfast bars for break time snacks are not permitted as they usually contain nuts or have been made in factories where there are nuts.



Water Bottles & Fruit - PLEASE READ VERY CAREFULLY



Nursery - Just a reminder that all children get fresh water, milk and fruit daily. Therefore children do not need to bring water in their own bottles. ***No juice/water should be brought into school.***

Reception & Key Stage 1 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. **No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Also, children get fruit daily and, therefore, there is no need to fetch snack.

Key Stage 2 - Children are to bring **empty water bottles** into school each day and fill them up in school from our water dispensers. It is very important that this is followed for safeguarding reasons. **No juice or water should be brought into school. If there are medical reasons why your child cannot drink water, please speak to Miss Mounsey regarding this.** Children can bring a piece of fruit into school for the morning breaktime. Please ensure that grapes are cut in half, lengthways.

Packed Lunches

At Silloth Primary School, we promote healthy eating to support children's growth, development, and concentration throughout the school day. To help with this, we kindly ask that all **packed lunches follow our healthy lunchbox guidelines.**

A healthy packed lunch should include:

- **A portion of starchy food** – such as bread, rolls, wraps, pasta, rice, couscous, or potatoes.
 - **At least one portion of fruit and/or vegetables** – fresh, dried, tinned (in juice), or frozen.
 - **A source of protein** – lean meat, fish, eggs, beans, pulses, hummus, or meat alternatives.
 - **A dairy item** – like cheese, yogurt, or a milk-based dessert.
 - **A healthy drink** – preferably water, or milk/100% fruit juice in moderation.
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Please do not include:

- *Chocolate bars or confectionery.*
 - *Sweets.*
 - *Fizzy or energy drinks.*
 - *Nuts or nut products (we are a **nut-free school**).*
 - *Eggs or egg-based products (we are an **egg-free school**).*
 - *Hot food in flasks (due to health and safety concerns).*
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To keep all children safe:

- ***Lunchboxes must be clearly labelled*** and may include a small ice pack, as we cannot refrigerate them.
 - *Children must **not share food** to avoid allergic reactions or cross-contamination.*
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Special Diets:

We understand that some children may require special diets for medical, religious, or cultural reasons. Please inform school if this applies to your child, and we will support you in providing a healthy, balanced alternative.

Monitoring:

Packed lunches are monitored by staff. Healthy choices are praised, and we will always work sensitively with families to support improvements where needed.

Thank you for helping us keep lunchtime healthy and safe for everyone!



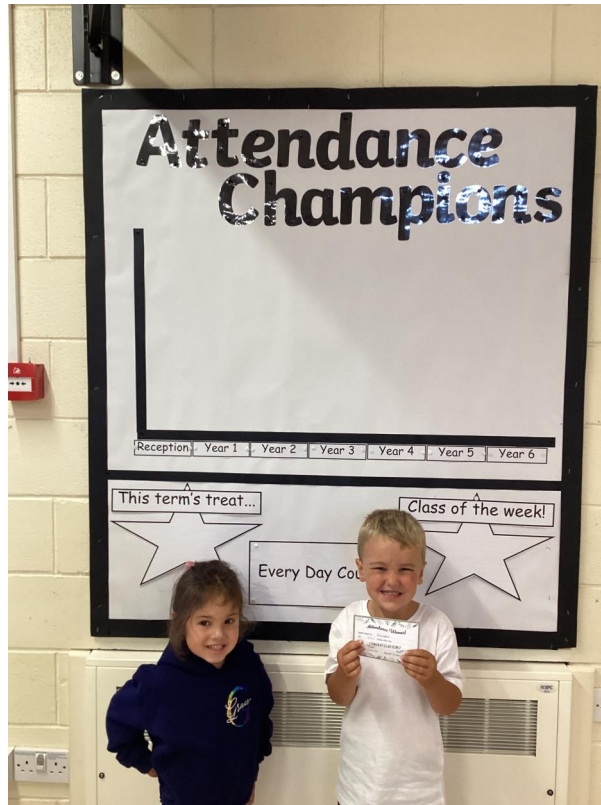
Attendance Champions!

Attendance Award Winners!

This week, we celebrated our very first Attendance Award of the year! A huge well done to Reception (with 100%) for achieving the best attendance this week.

This year we also have a sparkling new trophy which will take pride of place in the winning classroom each week.

Great attendance means great learning — keep it up everyone!



Punctuality Matters

*It is essential that children are in school **on time, every day.***

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- **Doors open: 8:30am**
 - **Registration begins: 8:35am**
 - **Registration closes: 8:45am**
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*After this time, children must enter through the **main entrance** and will be marked as **late**.
Persistent lateness not only disrupts your child's learning but also affects the whole class.
Patterns of lateness are carefully monitored and reviewed half-termly alongside attendance.*

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.

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Poor attendance or frequent lateness can significantly affect life chances. Missing even a few days each term quickly adds up to large gaps in learning, making it harder for your child to

keep up. Arriving late has the same impact — children miss vital teaching and the start of the school day, which sets the tone for learning.

Please support your child by ensuring they arrive on time and ready to learn. A prompt start helps them settle quickly, feel confident, and make the very best of every school day.



Philosophy Week 2025 - 'Big Questions, Little Thinkers!'

Over the course of this week, as well as settling back into our new routines, we have been focusing on philosophical thinking skills. Our students embarked on an exciting journey of exploration, critical thinking, and self-reflection, which proved to be both enriching and inspiring for everyone involved.

There is a lot of research to show that developing philosophical thinking skills in children can have a positive impact on learning across all areas of the curriculum and this will be an ongoing focus this year, especially within our RE lessons.

Throughout Philosophy Week, our curious students engaged in thought-provoking activities that encouraged them to ask deep questions, consider multiple perspectives, and express their thoughts confidently. From lively classroom discussions to hands-on projects, our young philosophers explored a variety of fascinating topics, including ethics, fairness, and the nature of knowledge.

We were especially proud to see how enthusiastically the students embraced these challenges, demonstrating maturity and creativity in their thinking. We concluded our week by joining up with different classes to share our learning with them and also by celebrating each classes 'Thinker of the week' in assembly.

An amazing start to the year, we are all so proud of you all!



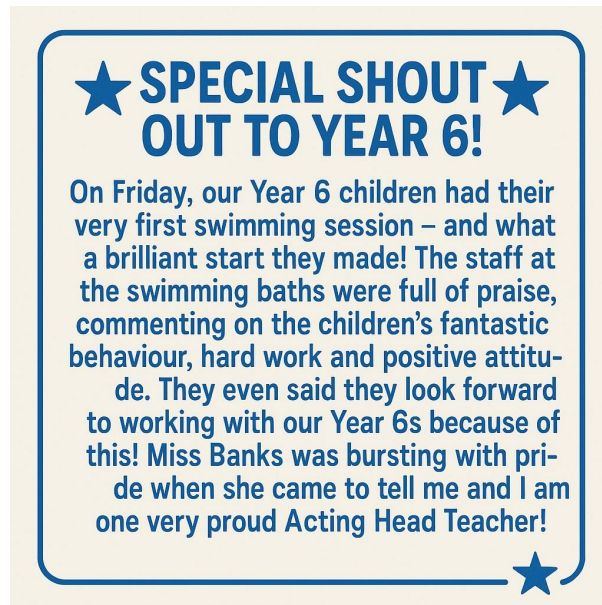
1 - 'Our Thinkers of the Week'







Special Shout Out to Year 6!



Uniform Expectations

- *Royal blue sweatshirt with embroidered school logo*
 - *White polo shirt (school logo optional)*
- *Black or dark grey trousers, skirts, or smart school shorts for summer*
- *Blue and white checked dresses may be worn in the summer*
- *Plain, low heeled black school shoes must also be worn with socks at all times.*
 - *No sandals are permitted*
 - *No tracksuit bottoms are permitted*
- *Only black, low heeled boots may be worn in winter*
- *No training shoes are permitted (other than for PE)*

Jewellery

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- *A watch may be worn. Smart watches are not permitted.*
 - *ONLY discreet stud earrings can be worn and on the grounds of safety the studs should have no sharp edges. All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.*
 - *The wearing of other jewellery, rings, necklaces, bracelets etc. is not permitted in school for health and safety reasons*
 - *Pupils will be asked to remove any jewellery.*
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Other

- *Long hair must be well tied back at all times. This applies to **girls and boys**.*
 - *Nail varnish and make-up is not permitted.*
 - *A waterproof coat must be brought to school every day.*
 - *Please ensure that all belongings are clearly labelled with your child's name.*
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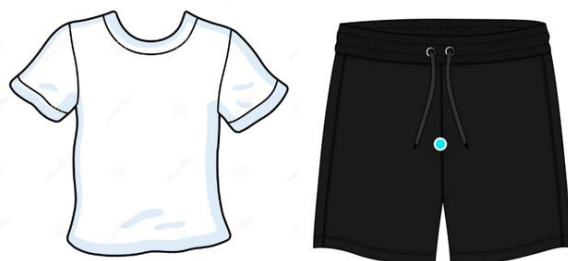
PE Kit Expectations

Please ensure that your child brings their PE kit into school every Monday and then it is in school for the week.

Our PE kit consists of a plain white t-shirt and black/navy shorts or jogging bottoms.

Nike Pro shorts are not permitted.

All earrings must be removed (at home) during PE, games and swimming for health and safety reasons.

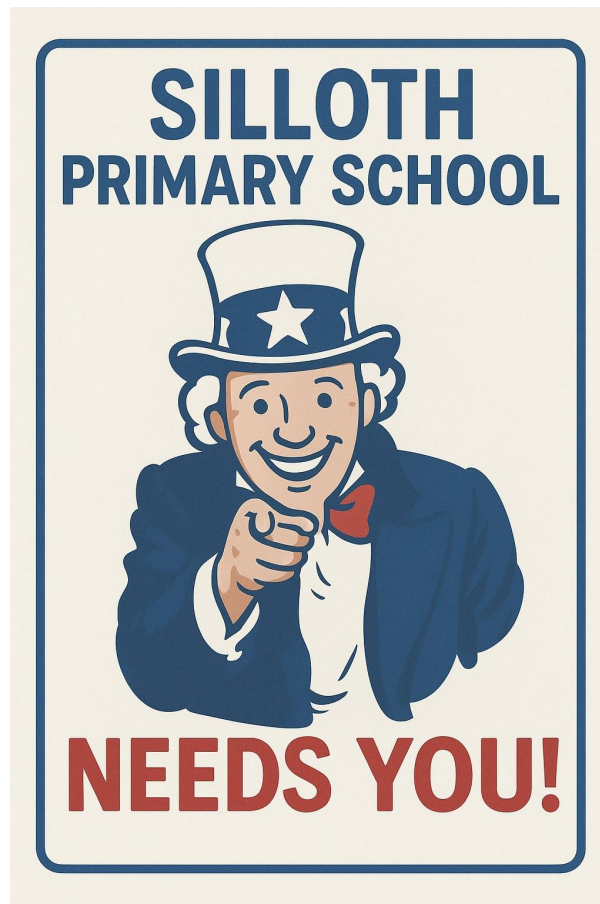


Shout Out for Volunteers!

*We are looking for **parents, carers, grandparents and family members** to get involved with school life. We'd love volunteers to:*

- ***Accompany children and school staff** at upcoming sports competitions, helping with supervision, encouragement and cheering on our teams.*
 - ***Support reading in school** by listening to children read and helping to build their confidence and love of books.*
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If you're interested in volunteering in either (or both!) of these ways, please contact the school office to discuss this further — we'd love to have you join us.



Living Streets' WOW - The Walk To School Challenge - Starts on Monday!

Living Streets' WOW – the walk to school challenge is back to help encourage as many children as possible to experience the benefits of walking and wheeling to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least twice a week for a month, they get rewarded with a badge. This is for Year 1-Year 6 children... but everyone can get involved! It's that easy!

What are the benefits of walking to school?

- *Children feel happier and healthier*
- *They arrive to school refreshed and ready to learn*
- *Helps reduce congestion and pollution at the school gates*

What if we can't walk to school?

If driving, 'Park and Stride' to help your child earn their WOW badges. Park at least ten minutes away from the school and walk the remaining journey.

If using public transport, hop off at least ten minutes away and walk the rest (recorded as 'other' on the WOW Travel Tracker).

What is a WOW badge?

There are 11 badges to be earned from September 2025 – July 2026. Each badge has been designed by a pupil as part of our annual WOW Badge Design Competition. A new badge can be earned every month if pupils walk/wheel, cycle, scoot or Park and Stride at least twice a week.

WOW 2025/26 encourages pupils to Walk with Joy, with badges depicting everything from jumping in puddles to painting.

The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit:

livingstreets.org.uk/recycling

Last year, around 2,100 schools and over 540,000 pupils enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please find more information and useful videos at: livingstreets.org.uk/wowlaunch



Smoking & Vaping

A gentle reminder to all parents and carers: smoking and vaping are strictly prohibited on school premises at all times. This policy is in place to ensure a safe, healthy environment for all our children, staff, and visitors. Please refrain from smoking or vaping anywhere on school grounds, including car parks and entrances. Your support helps us maintain a clean, respectful space where all children can thrive. Thank you for helping us keep our school a smoke-free zone.



Contact Us

If you have any further questions or queries, please do not hesitate to contact us.

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Visit us on the web at www.silloth.cumbria.sch.uk or visit our [Facebook!](#)

