



What is bullying?



Several
Times
On
Purpose

Start
Telling
Other
People





Brook Field Anti-Bullying

BULLYING is: **Deliberate**, **Targeted** and **Repeated**

It causes: **Distress**, **Upset** and **Pain**



Types of **BULLYING**:

EMOTIONAL – Being unkind, leaving people out, taking things that are important to the victim

PHYSICAL – Pushing, kicking, hitting or invading someone's personal space

ONLINE – Threatening, intimidating, teasing, hassling and upsetting someone online when gaming, messaging or group chatting

VERBAL – Name calling, teasing, saying nasty things, spreading rumours



CULTURAL – Making fun of someone because of where they are from or what they believe in

RACIAL – Teasing, name calling or excluding someone based on the colour of their skin

GENDER – When someone is attacked because of what they like or how they feel



BULLYING.....

HURTS IN SO MANY WAYS



PHYSICAL
MEDIA
ANXIOUS
DOMINATE
PROD
TEASE
DEPRESSED
PERSECUTE
PUNCH
TAUJ
SCHOOL
FORCE
ONLINE
RUMORS
PINCH
TRIP
HARASS
BADGER
CYBER
DIRECT
COMPEL
RBAL
ATIONAL
INTIMIDATE
OPPRESS
KICK
PRESSURE
TYRANNIZE
COERCE
WORK
IAL
MENT
JUST
CYBER
DIRECT
COMPEL
RBAL
ATIONAL

EVERYONE has the right to feel safe and treated with **RESPECT**



ANYONE who bullies another needs to learn different ways to behave



If you feel that you are being **BULLIED** you must..

ALWAYS talk to
someone

Tell a trusted adult



What happens then?

- The adult will **ALWAYS** listen to you carefully
- The adult will record it and speak to the children involved.
- In cases of bullying, parents will be informed and in serious cases be asked to come into school for a meeting to discuss the problem
- If it is very serious, the police may be asked to help
- The bullying behaviour will be looked into and the bullying **stopped quickly**.
- Adults will help the bully to change their behaviour.



