



## What is bullying?



Several  
Times  
On  
Purpose

Start  
Telling  
Other  
People





# Brook Field Anti-Bullying

**BULLYING** is: **Deliberate, Targeted and Repeated**

It causes: **Distress, Upset and Pain**



## Types of **BULLYING**:

**EMOTIONAL** – Being unkind, leaving people out, taking things that are important to the victim

**PHYSICAL** – Pushing, kicking, hitting or invading someone's personal space

**ONLINE** – Threatening, intimidating, teasing, hassling and upsetting someone online when gaming, messaging or group chatting

**VERBAL** – Name calling, teasing, saying nasty things, spreading rumours



**CULTURAL** – Making fun of someone because of where they are from or what they believe in

**RACIAL** – Teasing, name calling or excluding someone based on the colour of their skin

**GENDER** – When someone is attacked because of what they like or how they feel

# BULLYING.....



# HURTS IN SO MANY WAYS



**EVERYONE has the right to feel safe and treated with **RESPECT****



**ANYONE** who bullies another needs to learn different ways to behave



If you feel that you are being **BULLIED** you must..

**ALWAYS** talk to  
someone

**Tell** a trusted adult



What happens then?

- The adult will **ALWAYS** listen to you carefully
- The adult will record it and speak to the children involved.
- In cases of bullying, parents will be informed and in serious cases be asked to come into school for a meeting to discuss the problem
- If it is very serious, the police may be asked to help
- The bullying behaviour will be looked into and the bullying **stopped quickly**.
- Adults will help the bully to change their behaviour.



